

## What to Bring to Alpha Lupus Winter Camp

**Be sure to mark everything you bring with your name or Troop#**

### Clothing

- 2 pair loose fitting wool, polar fleece, or wind pants
- 3 T-shirts (moisture wicking if possible)
- 2 large, loose fitting, long sleeve shirts, sweaters or 2-3 sweatshirts (large)
- Several pairs of wool or polypropylene socks or 4-5 pair of socks (moisture wicking)
- 2 or more pair of long underwear
- Warm coat with optional hood
- Many** pair of mittens & gloves, **bring extra**
- 2 stocking caps
- Face mask
- Good snow boots
- Large baggy outer shell layer such as snowmobile suit or winter coveralls
- Tennis shoes or moccasins (**for wearing in the dining hall ONLY**)

### Sleeping

- Liner bag or thin blanket, helps to retain body heat
- 2 different sized sleeping bags with water repellent **stuff sack**.  
(liner inside high degree sleeping bag inside low degree sleeping bag. Low degree bag should be water repellent)
- 2 or more sleeping pads - closed cell-NOT INFLATABLE-(for insulation between you and the ground)
- Plastic ground sheet - large tarp (6X8or larger blue tarp good) to keep gear dry
- Larger tarp to make shelter
- Rope

### Other Items

- Water bottle (quart size) with string to tie around neck - **must be leak proof – Nalgene recommended**
- Headlamp or flashlight, extra batteries
- Lip balm
- Sun glasses
- "Otter type" sled to carry gear -**MUST HAVE**- bungee tie downs or rope to tie gear to sled
- Backpack
- Seat cushion (hot seat or garden kneeling pad)
- Camping chair
- Small snow shovel

**Scoutmasters, parents please make a copy of this list for each scout coming to Alpha Lupus. We look forward to camping with you.**

**Alpha Lupus Staff**