

	Day 1	Day 2	Day 3	Day 4	Day 1	Day 2	Day 3	Day 4
Breakfast		French Toast Sliced Ham Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt	Scrambled Eggs Sausage Links Hashbrowns Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt	Breakfast Sandwich Biscuits, Egg Patty Sausage Patty, Cheese Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt		Biscuits & Gravy Sausage Links Muffins/Toast Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt	Pancakes Sliced Ham Scrambled Eggs Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt	Waffles Sliced Ham Scrambled Eggs Muffins/ Toast Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt
Lunch		Chicken Chunks Potato Wedges Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad Bar	Hot Dogs Mac 'n Cheese Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad Bar			Soft Tacos: Ground Beef Lettuce, Tomato, Cheese, Salsa, Sour Cream Juice, Milk, Coffee Hand Fruit Salad Bar	Chicken Tenders Roasted Red Potato Wedges Dessert Juice, Milk, Coffee Hand Fruit Salad Bar	
Dinner	Pizza Chips Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad Bar	Fried Chicken Mashed Potatoes Corn Dessert Juice, Milk, Coffee Hand Fruit Salad Bar	Baked Ham Baby Carrots Breadsticks Dessert Juice, Milk, Coffee Hand Fruit Salad Bar		Pulled Pork Sandwich Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad Bar	Pot Roast Rice Dessert Juice, Milk, Coffee Hand Fruit Salad Bar	Pasta with Meatballs Garlic Bread Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad Bar	



The Michigan Crossroads Council operates **NUT FREE** dining facilities.

Peanut butter substitute (soy) and jelly is available at all meals upon request.



Salad Bar: May include mixed lettuce, tomatoes, olives, peppers, pickles, beets, chick peas, banana peppers, cucumbers, eggs, diced ham, cheese, croutons, bacon bits, cottage cheese, macaroni/pasta salad, fruit (pineapple, pears, peaches, mandarin oranges), dressings (Ranch, Italian, French, Thousand Island)

Hand Fruit: May include apples, oranges, bananas, or grapes

Drinks: May include 1% milk, coffee, tea, water, gatorade, fruit punch, lemonade, apple juice, or orange juice

Dessert: May include cookies, jello, krispie treat, brownie, cakes, pie, cobbler, ice cream, popcicle, pudding, or fruit snacks

* Menu is Subject to Change