

COLE CANOE BASE FIRST CLASS EMPHASIS SCHEDULE OF REQUIREMENTS



Please note; CCB Staff do not sign off requirements as 'complete' in a participant's Scout Book. Rather, at the end of the week, your Unit will receive a list of all the requirements your Scouts attended at the First Year Camper program. This allows your Unit leadership to review the materials with your Scout to ensure the requirement is complete. If you have any questions, feel free to speak to our FYC Staff. If your Unit's has adult leaders interested in assisting our program, it really helps the staff to have additional help!

The programs is subject to change due to weather or updates from the National or Council Advancement Committees.

Monday Morning

- Repeat from memory the Scout Oath, Scout Law, Scout motto, and Scout slogan. In your own words, explain their meaning. (**Scout 1a**)
- Explain what Scout spirit is. (**Scout 1b**)
- Demonstrate the Scout sign, salute, and handshake. Explain when they should be used. (**Scout 1c**)
- Describe the First Class Scout badge and tell what each part stands for. Explain the significance of the First Class Scout badge. (**Scout 1d**)
- Repeat from memory the Outdoor Code. List the seven principles of Leave No Trace. Explain the difference between the two. (**Scout 1e**)
- Describe how the Scouts in the troop provide its leadership. (**Scout 2a**)
- Describe the four steps of Scout advancement. (**Scout 2b**)
- Describe what the Scouts BSA ranks are and how they are earned. (**Scout 2c**)
- Describe what merit badges are and how they are earned. (**Scout 2d**)
- Explain the patrol method. Describe the types of patrols that are used in your troop. (**Scout 3a**)

Monday Afternoon

- Teach how to tie and explain the practical uses of the square knot, two half-hitches, taut-line hitch, sheet bend, and bowline. (**Scout 4a, Tenderfoot 3a, 3b, and 3c, and Second Class 2f and 2g**)
- Describe the steps in Scouting's Teaching EDGE method. Use the Teaching EDGE method to teach another person how to tie the square knot. (**Tenderfoot 8**)
- Discuss when you should and should not use lashings. (**First Class 3a**)
- Demonstrate tying the timber hitch and clove hitch. (**First Class 3b**)

- Demonstrate tying the square, shear, and diagonal lashings by joining two or more poles or staves together. (**First Class 3c**)
- Identify two ways to obtain a weather forecast for an upcoming activity. Explain why weather forecasts are important when planning for an event. (**First Class 5b**)
- Describe at least three natural indicators of impending hazardous weather, the potential dangerous events that might result from such weather conditions, and the appropriate actions to take. (**First Class 5c**)
- Describe extreme weather conditions you might encounter in the outdoors in your local geographic area. Discuss how you would determine ahead of time the potential risk of these types of weather dangers, alternative planning considerations to avoid such risks, and how you would prepare for and respond to those weather conditions. (**First Class 5d**)

Monday 8:00 PM

Totin' Chip

This certification grants a Scout the right to carry and use woods tools. The Scout must show their Scout leader, or someone designated by their leader, that the Scout understands their responsibility to do the following:

1. Read and understand woods tools use and safety rules from the Scouts BSA handbooks.
2. Demonstrate proper handling, care, and use of the pocketknife, ax, and saw.
3. Use knife, ax, and saw as tools, not playthings.
4. Respect all safety rules to protect others.
5. Respect property. Cut living and dead trees only with permission and good reason.
6. Subscribe to the Outdoor Code.

The Scout's "Totin' Rights" can be taken away if they fail in their responsibility.

Tuesday Morning & Afternoon

- Using a compass and map together, take a 5-mile hike (**Second Class 3b**)
 - **This hike will take place over both morning and afternoon periods, including lunch**
 - **Please inform the First Class Emphasis Staff of any dietary restrictions on Monday so that accommodations can be prepared.**
 - Scouts must have a water bottle before leaving for the hike.
 - Please arrive by 10:10 AM to be included on the hike. We will return before the end of the afternoon session.
- Identify or show evidence of at least 10 kinds of wild animals (such as birds, mammals, reptiles, fish, or mollusks) found in your local area or camping location. (**Second Class 4**)
- Identify or show evidence of at least 10 kinds of native plants found in your local area or campsite location. (**First Class 5a**)
- Explain the importance of the buddy system as it relates to your personal safety on outings and where you live. Use the buddy system while on a troop or patrol outing. (**Tenderfoot 5a**)
- Describe what to do if you become lost on a hike or campout. (**Tenderfoot 5b**)
- Explain the rules of safe and responsible hiking, both on the highway and cross-country, during the day and at night. (**Tenderfoot 5c**)
- Explain why it is important to hike on trails or other durable surfaces, and give examples of durable surfaces you saw on your outing. (**Tenderfoot 5d**)

Wednesday Morning

- Show first aid for the following: (**Tenderfoot 4a**)
 - Simple cuts and scrapes
 - Blisters on the hand and foot
 - Minor (thermal/heat) burns or scalds (superficial, or first-degree)

- Bites or stings of insects and ticks
- Venomous snakebite
- Nosebleed
- Frostbite and sunburn
- Choking
- Describe common poisonous or hazardous plants; identify any that grow in your local area or campsite location. Tell how to treat for exposure to them. (**Tenderfoot 4b**)
- Tell what you can do while on a campout or other outdoor activity to prevent or reduce the occurrence of injuries or exposure listed in Tenderfoot requirements 4a and 4b. (**Tenderfoot 4c**)
- Demonstrate first aid for the following: (**Second Class 6a**)
 - Object in the eye
 - Bite of a warm-blooded animal
 - Puncture wounds from a splinter, nail, and fishhook
 - Serious burns (partial thickness, or second-degree)
 - Heat exhaustion
 - Shock
 - Heatstroke, dehydration, hypothermia, and hyperventilation
- Show what to do for “hurry” cases of stopped breathing, stroke, severe bleeding, and ingested poisoning. (**Second Class 6b**)
- Tell what you can do while on a campout or hike to prevent or reduce the occurrence of the injuries listed in Second Class requirements 6a and 6b. (**Second Class 6c**)
- Tell the five most common signals of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR). (**First Class 7c**)
- Explain the potential impacts of camping, both on the environment and on other outdoor users. Explain why the Outdoor Code and Leave No Trace principles are important for protecting the outdoors. (**First Class 1b**)

Wednesday Afternoon

- Demonstrate how a compass works and how to orient a map. Use a map to point out and tell the meaning of five map symbols. (**Second Class 3a**)
- Demonstrate how to find directions during the day and at night without using a compass or an electronic device. (**Second Class 3d**)
- Using a map and compass, complete an orienteering course that covers at least one mile and requires measuring the height and/or width of designated items (tree, tower, canyon, ditch, etc.). (**First Class 4a**)
- Demonstrate how to use a handheld GPS unit, GPS app on a smartphone, or other electronic navigation system. Use GPS to find your current location, a destination of your choice, and the route you will take to get there. Follow that route to arrive at your destination. (**First Class 4b**)

Wednesday 7:00 PM

Firem'n Chit

This certification grants a Scout the right to carry fire-lighting devices (matches, lighters, etc.) to build campfires. The Scout must show their Scout leader, or someone designated by their leader, an understanding of the responsibility to do the following:

1. I have read and understand use and safety rules from the *Scouts BSA Handbook*.
2. I will build a campfire only when necessary and when I have the necessary permits (regulations vary by locality).
3. I will minimize campfire impacts or use existing fire lays consistent with the principles of Leave No Trace. I will check to see that all flammable material is cleared at least 5 feet in all directions from fire (total 10 feet).

4. I will safely use and store fire-starting materials.
5. I will see that fire is attended to at all times.
6. I will make sure that water and/or a shovel is readily available. I will promptly report any wildfire to the proper authorities.
7. I will use the cold-out test to make sure the fire is cold out and will make sure the fire lay is cleaned before I leave it.
8. I follow the Outdoor Code, the *Guide to Safe Scouting*, and the principles of Leave No Trace and Tread Lightly!

The Scout's "Fireman's Rights" can be taken away if they fail in their responsibility.

Thursday Morning

- Participate in a flag ceremony for your school, religious institution, chartered organization, community, or Scouting activity. (**Second Class 8a**)
- Explain what respect is due the flag of the United States. (**Second Class 8b**)
- Participate in two hours of service through one or more service projects approved by your Scoutmaster. Tell how your service to others relates to the Scout Oath. (**Second Class 8e**)

Thursday Afternoon

Meet at Aquatics

- Tell what precautions must be taken for a safe swim. (**Second Class 5a**)
- Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. (**Second Class 5c**)
- Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible. Explain why and how a rescue swimmer should avoid contact with the victim. (**Second Class 5d**)
- Tell what precautions must be taken for a safe trip afloat. (**First Class 6b**)
- Identify the basic parts of a canoe, kayak, or other boat. Identify the parts of a paddle or an oar. (**First Class 6c**)
- Describe proper body positioning in a watercraft, depending on the type and size of the vessel. Explain the importance of proper body position in the boat. (**First Class 6d**)

Friday Morning

9:00-12:00 Make up Day

- Scouts will be able to make up any of the requirements they missed, except for the 5-mile hike from Tuesday.
- Weather permitting, we should be able to make up any requirements missed at Aquatics, but the Scouts are encouraged to attend the Thursday afternoon session.

