

Webelos Aquanaut - AOL Swimming Electives

(Class size limited to 15 Scouts. Cost \$9.00 6:25 pm - 7:55 pm, including locker room time. Participants allowed 15 minutes before and after class for locker room) Class is open to Webelos and Arrow of Lights, boys and girls.

This class is conducted over three (3) Wednesdays, Oct 1st, Oct 8th and Oct 15th at Annapolis High School, Dearborn Heights. Participants must attend all three weeks to complete the requirement. All participants will receive a special Corps 5 patch at the completion of the Class. (Passing the Swim Test in this class is not good for Summer Camp Swim Classification)

Webelos and AOL Learn to Swim

(Class size limited to 12 Scouts. Cost \$19.00 6:25 pm - 7:55 pm, including locker room time. Participants allowed 15 minutes before and after class for locker room) Class is open to Webelos and Arrow of Lights, boys and girls. Participants will have the opportunity to learn to swim and improve their swim strokes. Class is open to swimmers and non-swimmers. Staff will work with non-swimmers to develop their swimming ability. A "Swim Test" will be administered on the first night of class Oct 22nd at Annapolis High School, Dearborn Heights. Class meets every Wednesday, Oct 22nd to Jan 7th at Annapolis High School, Dearborn Heights. The Class will not cover the requirements for either the Webelos or AOL Swim Elective. See **Webelos Aquanaut - AOL Swimming Electives Class.**

(Passing the Swim Test in this class is not good for Summer Camp Swim Classification)

Scouts BSA Swim Stroke Improvement

(Class size limited to 12 Scouts. Cost \$19.00 7:25 pm - 8:55 pm, including locker room time. Participants allowed 15 minutes before and after class for locker room) Program is open to Scouts BSA (Troops, Crews and Ships) boys and girls. This class is for non-swimmers and those Scouts who need skill improvement to pass either the BSA Beginner or Swimmer's Tests. Staff will work with participants to develop their swimming ability. A "Swim Test" will be administered on the first night of class to determine swimming ability. Class meets every Wednesday, Oct 1st to Jan 7th at Annapolis High School, Dearborn Heights. (Passing the Swim Test in this class is not good for Summer Camp Swim Classification)

Scouts BSA Swimming Merit Badge

(Class size limited to 12 Scouts. Cost \$19.00 6:50 pm - 8:50 pm, including locker room time. Participants allowed 15 minutes before and after class for locker room) Class is open to Scouts BSA (Troops, Crews and Ships) boys and girls. Must be a swimmer and able to pass the BSA Swimmer's Test as a Swimmer Classification, which will be administered on the first night of the class. This is not "a learn to swim" class. (If a Scout cannot complete the Swim Test, the Staff, solely at its' option and if space allows, transfer the Scout into the Stroke Improvement Class if the Scout wishes. There are no "retests"). Class meets every Wednesday, from Oct 1st to Jan 7th at Annapolis High School, Dearborn Heights. Scouts are expected to have a current Swimming Merit Badge Booklet and an approved "Blue Card" from their Leader. (Completed Class requirements will not be posted to Scoutbook by Corps 5 Staff. Passing the Swim Test in this class is not good for Summer Camp Swim Classification)

General Information applicable to all classes:

Youth Protection

The required number of Leaders must be maintained during the class; Parent/Adult accompanying any youth <u>must remain on site during the class</u>. Pool Staff is NOT considered part of the required adult leadership for any Scout Unit or individual Webelos/AOL or Scout.

The privacy of the Youth and Adults will be protected at all times. Adults will only enter youth changing or showering areas only to the extent that health and safety require and will announce their presence prior to entering.

Participants are expected to change in the Locker Rooms only. Participants shall NOT change in the public restrooms in the School Hallway. These Restrooms are for bathroom purposes of non-participants and Adult Staff.

Swim Apparel, Equipment, Dressing for Class

No street clothes will be allowed in the pool. All participants shall wear a swim suit. Swim wear shall be modest. Participants not appropriately attired may be refused class participation that night.

Males: Tight fitting swim briefs or swim bottoms short enough to allow for exposure are not allowed. No speedo type suits.

Females: No bikinis. Modest tankinis or one-piece swimsuits are appropriate.

Participants must be able to change into Swimming Attire without Adult assistance. If this is not possible, participants may wear their swimming attire to and from class.

Swim suit colors. It is strongly suggested that swim suit colors follow the chart below for Pools so that the suit is visible in the pool.





Everyone must have a towel; No personal equipment is supplied by the Staff. Googles that only cover the eyes are allowed, no full face googles; No flipper/scuba fins.

Recommended Equipment/Apparel

It is recommended that all participants have a towel, goggles that just cover the eyes and a light weight TShirt or Swim shirt for warmth while in the pool and on the pool deck. (No water absorbing material)

(Continued)

Locker/Changing Rooms

Locker/Changing Room/Shower Facility is limited to the first and last 15 minutes of class time. *Time limits will be strictly adhered to for youth protection reasons.* It is suggested participants wear their swimsuit under street clothes to class and bring appropriate clothing for changing at the pool after class.

BSA Swimmer Test Requirements (Swimmer Classification necessary for Swimming Merit Badge Class and when offered, Lifesaving Merit Badge)

- All participants are designated as swimmers, beginners, or nonswimmers based on swimming ability confirmed by standardized BSA swim classification tests.
- Swimmers must pass this test: Jump feet first into water over the head in depth. Level off and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating.
- **Beginners pass this test:** Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before and return to the starting place.
- Anyone who has not completed either the beginner or swimmer tests is classified as a nonswimmer.

Instructor Contact

Instructors may be available for discussions after 9:00 pm. Before this time, they may have other classes or responsibilities while at the pool. It is best to call or email them. All staff can be reached at MahicanCorps5@gmail.com

More Good Stuff:

- Registration is only through the Michigan Crossroads Website registration system. No walk-ins
 or telephone registration will be accepted.
- Classes are cancelled when the School is closed. While we will try to notify participants of
 cancelations via Email only, we apologize as these closure are usually out of our control and we
 may not have sufficient time to notify participants of the closure. It is suggested that in the winter
 months, if you are in doubt of cancelation, check the status of the school directly.
- Participants are expected to be "ON TIME." Classes will not be delayed until everyone is present and will commence at the posted times.
- Late arrivals may have to wait to use the locker room if it is being used by either staff or older Scouts.
- No adult or youth, including parents or siblings, not currently registered with the Boy Scouts of America will not be allowed to assist with any class. (Proof of such registration will be requested)
- Parents and siblings are not allowed on the pool deck or to assist unless Staff requests such.
- When the participants are in the locker room, on the pool deck or in the pool, they will be under the supervision and control of the Staff; Parents/Leaders are expected to maintain supervision and control of the participants and siblings in the other areas around the pool.
- Everyone is encouraged to put a name and unit or other identifying marking on their personal items. Lockers will accept locks; combination locks are suggested with a duplicate combination written down and kept with an adult or leader. We do not maintain a "lost and found." Left

items will remain at the School and may be retrieved the following week. (In case of a necessary item is left, contact Corps 5)

- There is no Smoking in the School Building and Pool Area.
- Firearms, knifes, etc., are not permitted on the site.
- Abusive or Bullying behavior is not acceptable.
- Participants must have a current BSA Annual Health Form Parts A and B. (Bring to first night of class; cannot participate without this form).
- Class sizes have been determined by BSA Policies and the ability to properly instruct the registered participants. Do not ask to add youth or switch classes. We cannot accommodate these requests. We do plan on offering more classes in the future.
- Participants and Parents/Leaders are expected to follow all of the Pool Rules detailed below.
- Please remember that these classes are totally staff by volunteers, all of whom are registered Scouters. Please treat them accordingly.

Pool Rules

- All classes start on time, plan accordingly. Participants arriving after the class starting time are
 to report to the Check-In Table or to the Pool Balcony if there is no adult at the check-in table.
 Do not go directly into the changing/showering area. Participants arriving late may have to
 wait to use the Locker Rooms as they may be in use by Adults or other age group.
- Participants shall not use the public restrooms in the School Hallway for changing
- All participants must shower, in swimsuit, before entering pool
- No running, pushing or horseplay on pool deck or in the pool
- Swearing or abusive language is NOT to be used
- No googles that cover the nose; no scuba style googles
- All participants must wear a modest style swimsuit
- Corps 5 does not provide any personal equipment or towels
- No toys are allowed in the pool or on the pool deck
- Only participants and staff are allowed on the pool deck
- No food, except water bottles, allowed on the pool deck
- Do not touch or play with any equipment around the pool unless told to do so
- The privacy of the Youth and Adults will be protected at all times. Adult Staff will only enter
 youth changing or showering areas only to the extent that health and safety require and will
 announce their presence prior to entering. Parents and siblings are NOT allowed in the
 changing/shower areas for any reason
- Locker Room times must be followed so we can move staff and participants in and out of the pool area.
- When the participants are in the locker room, on the pool deck or in the pool, they will be under the supervision and control of the Staff; Parents/Leaders are expected to maintain supervision and control of the participants and siblings in the other areas around the pool and building.
- The required number of Leaders must be maintained during the class; Parent/Adult
 accompanying any youth must remain on site during the class. Pool Staff is NOT considered
 part of the required adult leadership for any Scout Unit or individual Webelos/AOL or Scout.
- Restrooms for non-participants are provided in the School Entrance Hallway only
- Instructors may be available for discussions after 9:00 pm. Before this time, they may have other classes or responsibilities while at the pool. Best to email them at **MahicanCorps5@gmail.com**

• Any Participant violating these rules or the policies of the Boy Scouts of American may be removed from the class.

School location:

Annapolis High School (Use Athletic Entrance at Clippart/Annapolis) 4650 Clippart Street Dearborn Heights, Michigan 48125

For questions or more information, please email: MahicanCorps5@gmail.com or DTamsen@aol.com