

| | Day 1 | Day 2 | Day 3 | Day 4 | Day 1 | Day 2 | Day 3 | Day 4 |
|-----------|--|--|--|---|--|---|---|---|
| Breakfast | | French Toast Sliced Ham Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt | Scrambled Eggs Sausage Links Hashbrowns Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt | Breakfast Sandwich: Biscuits, Egg Patty, Sausage Patty, Cheese Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt | | Biscuits & Gravy Sausage Links Muffins / Toast Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt | Pancakes Sliced Ham Scrambled Eggs Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt | Waffles Sliced Ham Scrambled Eggs Muffins / Toast Oatmeal Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt |
| Lunch | | Chicken Chunks Potato Wedges Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad Bar | Hot Dogs Mac 'n Cheese Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad Bar | | | Soft Tacos: Ground Beef Lettuce, Tomato, Cheese, Salsa, Sour Cream Juice, Milk, Coffee Hand Fruit Salad Bar | Chicken Tenders Roasted Red Potato Wedges Dessert Juice, Milk, Coffee Hand Fruit Salad Bar | |
| Dinner | Pizza Chips Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad Bar | Roasted Turkey Mashed Potatoes Stuffing Corn Dessert Juice, Milk, Coffee Hand Fruit Salad Bar | Baked Ham Baby Carrots Breadsticks Dessert Juice, Milk, Coffee Hand Fruit Salad Bar | | Pulled Pork Sandwich Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad Bar | Pot Roast Rice Dessert Juice, Milk, Coffee Hand Fruit Salad Bar | Pasta with Meatballs Garlic Bread Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad Bar | |



The Michigan Crossroads Council operates **NUT FREE** dining facilities.

Peanut butter substitute (soy) and jelly is available at all meals upon request.



Salad Bar: May include mixed lettuce, tomatoes, olives, peppers, pickles, beets, chick peas, banana peppers, cucumbers, eggs, diced ham, cheese, croutons, bacon bits, cottage cheese, macaroni/pasta salad, fruit (pineapple, pears, peaches, mandarin oranges), dressings (Ranch, Italian, French, Thousand Island)

Hand Fruit: May include apples, oranges, bananas, or grapes

Drinks: May include 1% milk, coffee, tea, water, gatorade, fruit punch, lemonade, apple juice, or orange juice

Dessert: May include cookies, jello, krispie treat, brownie, cakes, pie, cobbler, ice cream, popcicle, pudding, or fruit snacks

* Menu is Subject to Change