

**EQUIPMENT CHECKLIST FOR  
BASIC ADULT LEADER OUTDOOR ORIENTATION (BALOO) AND  
INTRODUCTION TO OUTDOOR LEADER SKILLS (IOLS)**

Welcome to the Mahican District BALOO and/or IOLS Training session. To be adequately equipped for your weekend training and camping experience, you should bring the following items with you to camp. Please note, the entire training is conducted outdoors and there is no enclosed structure on the site

**Basic Equipment**

- Tent or Tarp, and all necessary poles, stakes
- Waterproof ground cloth or plastic sheeting to place under your tent
- Sleeping bag, air mattress/pad/cot (make sure it fits in your tent)<sup>A</sup>
- Pillow
- Camp chair
- Unbreakable drinking cup, bowl, plate and a mess bag to hold them. (You can bring a mess kit)
- Re-usable knife, fork, spoon
- Re-fillable water bottle (Bring filled) <sup>B</sup>

**Toiletry Kit (only port-a-johns available)**

- Toothbrush/paste
- Washcloth/Towel
- Soap with container
- Bag for toiletry items

**Miscellaneous**

- Flashlight with extra batteries <sup>B</sup>
- Compass
- Pocket Knife (Simple Multi-tool)
- Small First Aid Kit <sup>B</sup>
- Sunscreen <sup>B</sup>
- Insect repellent (Minimum 20 % DEET)

<sup>A</sup> If you would be comfortable sleeping in your bag inside a house, you may want to bring a blanket to put inside your bag.

**Clothing** (Below is a basic suggested list, adjust for expected outdoor temperatures during your training)

- Scout Uniform
- Change of clothes
- Change of underwear
- Several changes of sox
- Sleep wear (you do not want to sleep in your outside clothing)
- Durable and waterproof shoes or boots
- Hat of some type
- Jacket or sweatshirt/sweater – depending on coldest expected temperature during training.
- Gloves

(If cold weather is expected, you may want to bring a watch cap and gloves to wear while sleeping)

- Rain gear (no umbrella)

**Extras**

- A couple large garbage bags (rain protection for tent contents, if necessary)
- Watch
- Whistle <sup>B</sup>
- Snacks <sup>B</sup>
- Appropriate Scout Handbook (i.e., Wolf, Webelos, Scouts BSA)

<sup>B</sup> Denotes the Cub Scout Six Essentials