

	Day 1	Day 2	Day 3	Day 1	Day 2	Day 3	Day 1	Day 2	Day 3
Breakfast		French Toast Sliced ham Scrambled Eggs Oatmeal, Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt	Scrambled Eggs Sausage Links Potato Wedges Oatmeal, Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt		Pancakes Sausage Links Scrambled Eggs Muffins/Toast Oatmeal, Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt	Waffles Sliced Ham Scrambled Eggs Muffins/Toast Oatmeal, Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt		Biscuits and Sausage Gravy Scrambled Eggs Sausage Muffins/Toast Oatmeal, Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt	Breakfast Sandwich Toasted English Muffin Egg Patty & cheese Sausage Patty Muffins/Toast Oatmeal, Cold Cereal Juice, Milk, Coffee Hand Fruit, Yogurt
Lunch		Chicken Chunks Potato Wedge Fries Broccoli Juice, Milk, Coffee Hand Fruit Salad	Pulled Pork Sandwich Potato Salad/ Cole Slaw Corn Dessert Juice, Milk, Coffee Hand Fruit Salad		Pizza Chips Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad	Mac & Cheese Kielbasa Peas Dessert Juice, Milk, Coffee Hand Fruit Salad		All Beef & Pork Corn Dogs Mac & Cheese Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad	Pizza Chips Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad
Dinner	Pot Roast Rice Broccoli Bread Dessert Juice, Milk, Coffee Hand Fruit Salad	Pasta Meatballs Garlic Bread/ sticks Peas Dessert Juice, Milk, Coffee Hand Fruit Salad		Baked Ham w/Pineapple Au-Gratin Potatoes Corn Rolls and Butter Dessert Juice, Milk, Coffee Hand Fruit Salad	Chicken Tenders Roasted Red Potato Wedges Vegetable Dessert Juice, Milk, Coffee Hand Fruit Salad		Roasted Pork Loin Rice Pilaf Green Beans Dessert Juice, Milk, Coffee Hand Fruit Salad	Roasted Turkey Mashed Potatoes Dressing Corn Dessert Juice, Milk, Coffee Hand Fruit Salad	



The Michigan Crossroads Council operates **NUT FREE** dining facilities.
Peanut butter substitute (soy) and jelly is available at all meals upon request.



Salad Bar: May include mixed lettuce, tomatoes, olives, peppers, pickles, beets, chick peas, banana peppers, cucumbers, eggs, diced ham, cheese, croutons, bacon bits, cottage cheese, macaroni/pasta salad, fruit (pineapple, pears, peaches, mandarin oranges), dressings (Ranch, Italian, French, Thousand Island)

Hand Fruit: May include apples, oranges, bananas, or grapes

Drinks: May include 1% milk, coffee, tea, water, gatorade, fruit punch, lemonade, apple juice, or orange juice

Dessert: May include cookies, jello, krispie treat, brownie, cakes, pie, cobbler, ice cream, popcicle, pudding, or fruit snacks

* Menu is Subject to Change