

	Day 1	Day 2	Day 3	Day 4
Breakfast		French Toast Sliced ham Scrambled Eggs Oatmeal, Cold Cereal Juice, Milk, Coffee Hand Fruit, Yogurt	Scrambled Eggs Sausage Links Potato Wedges Oatmeal, Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt	Breakfast Sandwich Toasted English Muffin Egg Patty & Cheese Sauasage Patty Oatmeal, Cold Cereal Juice, Milk, Coffee Hand Fruit Yogurt
Lunch		Chicken Chunks Potato Wedge Fries Vegetable Juice, Milk, Coffee Hand Fruit Salad Jello	Kielbasa Mac & Cheese Peas Rice Pudding/ Cookies Juice, Milk, Coffee Hand Fruit Salad Jello	
Dinner	Pot Roast Rice Carrots Rolls and Butter Pudding Juice, Milk, Coffee Hand Fruit Salad	Roasted Turkey Mashed Potatoes Dressing Corn Cookies Juice, Milk, Coffee Hand Fruit Salad	Baked Ham Baby Carrots Bread/Sticks Pudding Juice, Milk, Coffee Hand Fruit Salad	



The Michigan Crossroads Council operates **NUT FREE** dining facilities.



Peanut butter substitute (soy) and jelly is available at all meals upon request.

Salad Bar: May include mixed lettuce, tomatoes, olives, peppers, pickles, beets, chick peas, banana peppers, cucumbers, eggs, diced ham, cheese, croutons, bacon bits, cottage cheese, macaroni/pasta salad, fruit (pineapple, pears, peaches, mandarin oranges), dressings (Ranch, Italian, French, Thousand Island)

Hand Fruit: May include apples, oranges, bananas, or grapes

Drinks: May include 1% milk, coffee, tea, water, gatorade, fruit punch, lemonade, apple juice, or orange juice

Dessert: May include cookies, jello, krispie treat, brownie, cakes, pie, cobbler, ice cream, popcicle, pudding, or fruit snacks

* Menu is Subject to Change