

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast		Pancakes Sausage Oatmeal Apple Sauce Cut Fruit Raisins Granola/Cereal Drink	Breakfast Burrito Oatmeal Salsa Cut Fruit Raisins Granola/Cereal Drink	French Toast Sausage Patties Oatmeal Strawberry Topping Cut Fruit Raisins Granola/Cereal Drink	Mile High Biscuits & Gravy Oatmeal Cut Fruit Raisins Granola/Cereal Drink	Scrambled Eggs w/Bacon Yogurt Cups Oatmeal Salsa Cut Fruit/Raisins Granola/Cereal Drink	Cinnamon Rolls Waffles Oatmeal Hand Fruit Drink
	GF/DF/EF	Grain Free Oatmeal GF Pancake Veggie Sausage	Grain Free Oatmeal Unegg Burrito GF/DF Egg White Cups	Grain Free Oatmeal GF French Toast	Grain Free Oatmeal Biscuits & Gravy	Grain Free Oatmeal Uneggs Veggie Pattie	Grain Free Oatmeal GF Waffles GF Cinnamon Rolls
Lunch		Cold Cut Sandwiches Chips Carrots Cheese Cut Fruit Salad Bar Drink	McGerblets (BBQ Sammie) Jo Jos BBQ Sauce Coleslaw Salad Bar Drink	Sloppy Joes Tater Tots Cottage Cheese 3 Bean Salad Salad Bar Drink	Pulled Pork on Bun Texas Slaw Pineapple Cowboy Caviar Salad Bar Drink	Chili Dogs Chips Salad Bar Drink	
	GF/DF/EF	GF Bun	GF Bun/Veggie Shreds	GF Bread	Jack Shred/GF Bun	Undog/GF Bun	
Dinner		Baked Ham Scalloped Potatoes Green Beans Rolls/butter Dessert Salad Bar Drink	Walking Tacos Mexican Rice Taco Salad Setup Dessert Station Salad Bar Drink	Burgers Brats Potato Salad Side Salad Dessert Station Drink	Meatloaf Mac & Cheese Peas/Carrots Salad Bar Dessert Drink	BBQ Chicken Coleslaw Potato Salad Cornbread Dessert Drink	
	GF/DF/EF - GF Gravy	Baked Potato	Cheez/TVP Meat	vegie burger	Veggie Loaf/GF Mac&Cheese	GF Cornbread/margerine	



The Michigan Crossroads Council operates **NUT FREE** dining facilities.



Peanut butter substitute (soy) and jelly is available at all meals upon request.

Salad Bar: May include mixed lettuce, tomatoes, olives, peppers, pickles, beets, chick peas, banana peppers, cucumbers, eggs, diced ham, cheese, croutons, bacon bits, cottage cheese, macaroni/pasta salad, fruit (pineapple, pears, peaches, mandarin oranges), dressings (Ranch, Italian, French, Thousand Island)

Hand Fruit: May include apples, oranges, bananas, or grapes

Drinks: May include 1% milk, coffee, tea, water, gatorade, fruit punch, lemonade, apple juice, or orange juice

Dessert: May include cookies, jello, krispie treat, brownie, cakes, pie, cobbler, ice cream, popcicle, pudding, or fruit snacks

* Menu is Subject to Change