SCOUTS BSA RESIDENT CAMP





GREAT LAKES SAILING ADVENTURE



2024 SAILING SEASON

Ahoy sailors!

The Great Lakes Sailing Adventure Committee and the Michigan Crossroads Council are delighted to introduce you to one of Michigan's most exciting and unique sailing experiences – the GREAT LAKES SAILING ADVENTURE aboard the S/V RETRIEVER

For several decades, the GLSA has provided an educational and high adventure voyage through the norther Great Lakes, and we would like to welcome you and your group aboard! Please take time to read through this informational guide. It contains a wealth of information for those planning a GLSA voyage through the beautiful Straits of Mackinac and the northern Great Lakes. If you have any questions or would like more information, please contact us and we will be happy to help!

Sincerely, Great Lakes Sailing Adventure Committee

RISK ADVISORY STATEMENT

The Great Lakes Sailing Adventure is a liveaboard sailing program with inherent risks of remote aid, weather and exposure to the environmental conditions. Participants must be in excellent physical condition and must meet the BSA height/weight guidelines on the BSA Health and Medical Record. The vessel contains steep ladders, narrow passageways and confined spaces. Because of U.S. Coast Guard regulations, individuals with medical conditions, including mobility limitations that prevent full participation in emergency drills and procedures, will not be allowed to sail.

In this Promotion & Planning Guide you will find sections devoted to:

- Welcome Aboard the Great Lakes Sailing Adventure
- Trip Planning Timeline
- Upon Arrival Day
- Boarding, Departing, & Crewing Information
- Food Planning
- Policies
- Youth Protection
- State Laws of Michigan
- Medical Information
- U.S. Coast Guard Drug Screening
- Forms and Resources
 - ☐ Crew Orientation Check-In
 - ☐ End of Session Checkout Report
 - Personal Gear
 - ☐ Emergency Procedures
 - ☐ Code of Conduct
 - Notes
 - ☐ Training Appendix (Subject to update)
- Retriever Ship Store



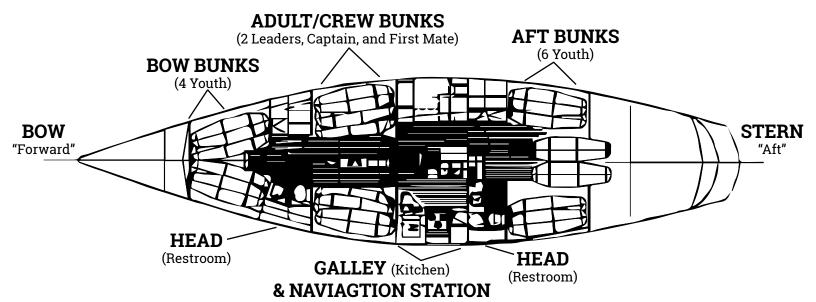
WELCOME ABOARD THE GREAT LAKES SAILING ADVENTURE

Ahoy! Come set sail aboard Michigan Crossroads Council's sailing vessel **Retriever!**

Retriever, an Alden 52' ketch, is an offshore sail training program where youth will learn the fundamentals of sailing, including sail trim, helmsmanship, navigation, marine safety and skills used by seasoned sailors!



Retriever is designed to accommodate a maximum of ten (10) youth, two (2) adults, and a Captain and First Mate. Co-ed crews are welcome, but the advisor must contact the council in advance to discuss co-ed separate accommodation procedures and logistics.





- Programs are available for any BSA Troop, Team, Crew or Ship. Non-BSA registered groups must contact the Michigan Crossroads Council to explore reservation options.
- All participants must be at least 13 years of age by September 1st of the year they participate
 in the program. Everyone who sails Retriever must meet the BSA High-Adventure height and
 weight requirements listed on the BSA's Annual Health and Medical Record form. This important
 safety measure is to comply with U.S. Coast Guard regulations.
- Units are limited to a total of 12 participants, including at least two BSA registered adult leaders.
 Units must always follow BSA Youth Protection practices, including during transportation to the program. All participants must be registered members of the Boy Scouts of America.

TRIP PLANNING TIMELINE

All BSA and **GREAT LAKES SAILING ADVENTURE** forms can be found at: www.michiganscouting.org/outdooradventures/great-lakes-sailing-adventure

More information and to register: https://scoutingevent.com/272-GLSA24

See the program in action! Troop 1705's Sailing Adventure

FEBRUARY

- First Payment to MCC: See online payment schedule.

MARCH

- Second Payment to MCC: See online payment schedule.
- Complete BSA Health and Medical Record, parts A, B and C.

APRIL

- All Michigan participates age 21 and older obtain a MDHHS Central Registry Clearance using this form.
- Non-Michigan Residents must obtain their clearance following the directions on this form.
- Adults submit enrollment form for the U.S. Coast Guard required randomized drug screening on this form.

A MONTH BEFORE TRIP

- Third Payment to MCC: See online payment schedule. (**DUE IN MAY**)
- All participants complete Scout Swim test.
- Complete the menu with the GLSA Staff
- Communicate with assigned captain regarding voyage prep

Two weeks before arrival – verify all information is in a 3-ring binder ready to give the First Mate upon arrival. Please have the binder broken down into these organized sections:

- Roster with proof of BSA Membership
- Current BSA Health Form
- BSA Youth Protection (REQUIRED FOR 18+)
- Central Registry Background (REQUIRED FOR 21+)
- BSA Swim Test Record
- Trip Menu

Check out our GLSA Crew Apparel at https://shop.michiganscouting.org/product-category/mcc-gear/camp-ap-parel/great-lakes-sailing-adventure or contact scoutshop@michiganscouting.org for more information.



WHEN YOU ARRIVE

Please provide the First Mate the following items organized in a 3-ring binder:

- 1. Proof of BSA membership registration for all participants
- 2. BSA Health and Medical Record (No. 680-001) for all crew members. Verify all are signed by parent/guardian and physician and include a photocopy of health insurance card. Download current form here: http://www.scouting.org/scoutsource/HealthandSafety/ahmr. aspx
- 3. Evidence that all adults have completed Youth Protection Training within the last 2 years
- 4. Michigan Department of Human Services (DHS) Central Registry Background Check, or equivalent form from the adult leader's state of residence. https://michiganscouting.org/outdooradventures/forms/
- 5. Documentation of all participants completing the Scout Swim Test. Download form here: https://michiganscouting.org/wp-content/uploads/2022/04/430-122.pdf
- 6. Cruise menu approved by the High Adventure Director



BOARDING, DEPARTING, & CREW INFORMATION

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NO TO THE

Home Port (where groups board and disembark): Straits State Harbor 409 S. Huron Ave. Mackinaw City, MI 49701

If circumstances prevent Retriever from returning to home port, leaders will be notified of alternate harbors.

WEEKEND CRUISES

Boards Friday afternoon/evening and disembarks lunchtime Monday. Final schedule determined for each group with GLSA staff.

WEEK LONG CRUISES

Boards as early as noon Sunday and disembarks noon Friday.

PORTS OF CALL

Part of the adventure of "Retriever" is that each itinerary is different! With the weather forecast and port availability in mind, the Captain and First Mate work with you to develop your itinerary on Sunday night of the sail. In addition to the sample itinerary below, ports on your voyage may include Cheboygan, St. Ignace, Hessel, and other ports in the region.



CREW ASSIGNMENTS - DUTY ROUTINE

Each group coming aboard the ship will be divided into two crews. Each crew will have duties and those duties will change daily.

EXPLANATION OF DUTIES

Deck Crew : Helm	.sman, sail handling,	tend lines, lookout	and watch, tend dock lines
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and fenders, clean heads, stow vessel gear, fill water tanks, plug in or stow

power cords, navigation, and clean topsides.

Galley Crew: Clean below deck, stow vessel gear (sails, cleaning equipment, etc.)

Prepare and serve meals, wash dishes and clean galley.

	CREW 1	CREW 2
ADULT		
CREW MEMBER		

RETRIEVER CREW ROTATION (WEEKLONG PROGRAM)

WEEK OF	UNIT #
WEEK 01	O1111 //

	MONDAY	TUEDAY	WEDNESDAY	THURSDAY	FRIDAY
Deck Crew					
Gallery Crew					

FOOD PLANNING GUIDELINES

Be prepared to bring enough food for the Captain, First Mate and all participants.
Cooking – When underway, all cooking will be done on a 3-burner propane stove and oven. Keep this in mind when planning meals that require high heat and boiling water.
Units may choose to bring their own food, or for an additional charge, you may order meals from the Cole Canoe Base Commissary. More information on food service will be presented during the spring informational webinar.
Refrigeration – The Retriever does have refrigerator and freezer capacity and can accommodate 9"x13" pans (freezer size; 20x20x20, refrigerator; 20x18x30). The refrigerator must be kept shut while underway to maintain temperature. Freezing milk and other items is recommended to preserve freshness. The freezer is large enough to hold a lasagna sized pan.
Dry Goods Storage – There is storage for canned goods. Please do not bring glass containers.
No Glass Permitted Onboard!
Some ports may have access to grocery and convenience stores, however it is not recommended to rely on these as a source of provisions. Your captain will be able to provide you with more information.
Eating Utensils – Provided. Bring plastic drinking cup or Lexan style water bottle.
Cooking Gear – Furnished on board. A microwave is not available onboard.
Charcoal Grill – Available at some marinas (check with the captain). Bring your own charcoal.
Consumables Required to be Supplied by the Unit
 Aluminum Foil Food Storage Bags
 Plastic Food Wrap Paper towels
 Participants should bring their own water bottles

DISCUSS MEAL PREPARATION WITH CAPTAIN BEFORE YOUR ARRIVAL. ONCE YOUR MENU IS FINALIZED, PLEASE SEND A COPY TO THE CAPTAIN AND HighAdventure@MichiganScouting.org Remember, this is a camping trip on water. Storage space is limited. Pack light!!

COOKING EQUIPMENT SUPPLIED:

- Cast Iron Skillet
- Ladles
- Large Pots
- Percolator
- Serving Spoons
- 2-Quart Pots
- Non Stick Skillet
- Paring Knife
- Large Knife
- 5-gallon Igloo water cooler

- Metal forks, knives, spoons
- Plastic plates (medium weight)
- Spatulas
- Bread Knife
- Serrated Knife
- Colander
- Large Mixing Bowls
- Small Mixing Bowls
- Measuring Cups and Spoons
- Dish Rags

- Two Pitchers
- Vegetable Peeler
- Can Opener
- Pot Holders
- Funnels
- Cutting Board
- Toaster
- Large Griddle (110V plug-in, onshore cooking only)

SAMPLE MEALS

Breakfast - (Quick and easy for early sailing)

- Cold Cereal
- Fresh Fruit
- Instant Oatmeal
- Hot Chocolate Coffee

Breakfast - (for later departure times)

- Pancakes
- French toast
- Eggs (Fried or Scrambled)
- · Bacon, Ham or Sausage
- Fruit juices
- · Hot Chocolate & Coffee

Lunches

- Sandwiches
 - Grilled Cheese
 - PB&J
 - Deli Meats when available
 - · Tuna or Chicken salad
- Chips
- Fruit
- Cookies
- Soups
- Trail Food Summer sausage and cheese; crackers with smoked meats; nuts
- GLSA Crew and Unit adult leadership
 must ensure planned meals are sufficient
 in quantity and meet or exceed current
 nutritional guidelines as set forth by the
 U.S. Department of Health and Human
 Services/U.S. Department of Agriculture,
 Dietary Guidelines for Americans 2005. Per
 State of Michigan guidelines, please email
 a copy of your crew's planned menu to
 HighAdventure@MichiganScouting.org.
- Units must plan for at least three meals each day of travel. Breakfast, to be served between approximately 7:30 am and 9:30 am; Lunch, to be served between approximately 11:30 am and 1:30 pm; and Dinner, to be served between approximately 5:00 pm and 7:00 pm.

Dinners

Remember there is limited refrigerator space

- · Beef Stew
- Chicken & Dumplings
- Canned Vegetables
- Hamburgers
- Canned Ham
- Salad
- Fresh or Canned Fruit
- Hot Dogs
- Frozen food dinners
 - Lasagna
 - Mac & cheese
 - Etc.

NOTE: 9"x13" meals-in-a-pan fit in the freezer and go right into the oven.



- GLSA Crew and Unit adult leadership will
 do their best to accommodate campers
 who are lactose intolerant, gluten-free,
 kosher, etc. In the event that they cannot
 accommodate a special dietary request,
 Scouts with a highly regulated diet will
 sometimes need to coordinate with
 their Unit leaders to bring their own
 food to Retriever, per the instructions of
 the participant's parents/guardian or a
 physician.
- A copy of the cruise's planning menu (https://michiganscouting.org/wp-content/ uploads/2017/01/GLSA-Meal-Planning-Form.pdf) will be kept with the GLSA crew, per State of Michigan guidelines.

MENU PLANNING SHEET

WEEK OF	UNIT #

	MEAL	MENU ITEMS (STEW, DRINK, DESSERT, ETC.)	PREPARATION ITEMS (CONDIMENTS, WATER FOR DRINK, ETC.)
Day 1	DINNER		
Day 2	BREAKFAST		
	LUNCH		
	DINNER		
	BREAKFAST		
Day 3	LUNCH		
	DINNER		
	BREAKFAST		
Day 4	LUNCH		
_	DINNER		
	BREAKFAST		
Day 5	LUNCH		
	DINNER		
Day 6	BREAKFAST		
	LUNCH		

PERSONAL GEAR PACKING LIST

Duffle bag 11"h x 19.75"w x 9.75"d	Sleeping bag – mid-weight for most trips
Fleece jacket	Sunscreen
Pair long pants-no blue jeans-polyester preferred *Due to its obsorbancy, please try to avoid blue jeans or other cotten-based clothing	Swim suit Please review the GLSA PARTICIPANT DRESS CODE on page 17
T-shirts (UVB protection recommended)	Rain gear (not ponchos) jacket
3-4 pair socks	Camera
3-4 pair underwear	Motion Sickness Pills (Dramamine)
2 pair deck shoes or tennis shoes	Sunglasses
- MUST BE NON-MARKING SOLES	 ☐ Cards
2 pair shorts	☐ Nalgene Bottle
Cap with brim	☐ Bug Repellant
Towels, washcloth & toilet kit	Shower shoes
OPTIONAL ITEMS	STORAGE FOR PERSONAL GEAR
*Long Underwear (no cotton, prefer polypropylene)	Each person will have a very small
*Heavy Jacket or Heavy Vest	area to store their personal gear on
*Cap (wool-stocking)	their bunks during the day. Gear must
Gloves (Usually for Spring & Fall Cruises)	be brought in duffel bags – NO hard
Cell phone - Must be stowed and is not allowed on dec There are 12 USB ports for cell phone charging	ck. suitcases. Gear can be stored on the
Sailing Gloves	floor at night.
*For early or late season trips.	
ITEMS TO LEAVE AT HOME	
Flip-flops, sandals, and open-toe shoes (safety issue o	on deck)
Drugs and Controlled Substances	
Firearms	
Fireworks	_
☐ Video Games	
DVD Players	
Headphones (safety issue)	
Fishing Tackle	
Fire Starters/Lighters	
☐ Electronic Games	
	1
	Great Lakes Sailing Adventure 1

MEDICAL INFORMATION

RISK ADVISORY STATEMENT

The Great Lakes Sailing Adventure is a liveaboard sailing program with inherent risks of remote aid, weather and exposure to the environmental conditions. Participants must be in excellent physical condition and must meet the BSA height/weight guidelines on the BSA Health and Medical Record. The vessel contains steep ladders, narrow passageways and confined spaces. People with medical conditions, including mobility conditions that prevent full active participation in the Great Lakes Sailing Adventure will not be allowed to participate.

Height/Weight Restrictions

If you exceed the maximum weight for height as explained in the following chart and your planned high-adventure activity will take you more than 30 minutes away from an emergency vehicle/accessible roadway, you may not be allowed to participate.

Maximum weight for height:

Height (inches)	Max. Weight						
60	166	65	195	70	226	75	260
61	172	66	201	71	233	76	267
62	178	67	207	72	239	77	274
63	183	68	214	73	246	78	281
64	189	69	220	74	252	79 and over	295

All Scouts and adults participating in Great Lakes Sailing Adventure must have parts A, B, and C of the BSA Annual Health and Medical Record within 12 months. The "BSA Annual Health and Medical Record" is available for download on the national website. Use this form for all youth and adult physicals. http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx.

The State of Michigan Camp Licensing requirements require us to keep on file for three (3) years all youth health forms for Boy Scout Resident Camp - please make sure that Scouts bring a PHOTOCOPY of their health form to camp this summer as they will not be returned.

Medication must come in its original container and only the dosage for the time at camp is needed. All medication, except for life saving medication (inhalers, Epinephrine shots, heart medication), will be kept by the troop leaders in lockboxes as stated by National Camp Accreditation Program (NCAP) Standard HS-508. Medications needing refrigeration may be turned into the Health Officer/First Mate.

Items which may keep a person from sailing:

- Height and weight restrictions must be strictly enforced, no exceptions. This is a requirement from the U.S. Coast Guard to ensure the safety of everyone onboard.
- All should be aware of conditions that exist on a sailing vessel which do not normally have to be considered. All participants must be able to access upper bunks and enter/exit through all hatches.
- There is considerable moisture around a sailing vessel. Plaster casts deteriorate rapidly. We have had
 incidents in the past where crew members have had their casts fall apart in the middle of a cruise.
 The experience was both painful and dangerous.
- Also, Retriever may heel rough seas. When the vessel is rolling and pitching, it can be challenging for
 a participant who has no limitations to move about the vessel. It is almost impossible for a person
 who does not have full use of all limbs, hands, and legs to maneuver safely.
- If an emergency should occur, it is mandatory that every crew member be able to act with full capacity. Persons with casts and/or crutches cannot act with capacity.
- The Captain has full responsibility for the safety and comfort of the vessel and for this reason may
 exclude inviduals from participating.
- Due to these factors, persons with mobility issues, including any kind of cast, splint or crutches will
 not be able to sail on Retriever.



Effective January 1, 2010 the only health form that we are allowed to accept is the BSA Annual Health & Medical Record. Please visit the following link for the current health form: http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx

Parts A, B (both sides), and C MUST be completed including ALL required signatures for all participants. Sports physicals and/or any other physical forms will not be accepted. Participants arriving without the proper health form will be expected to complete the proper form at their expense before boarding the boat - no exceptions!

Adults without Part C will not be permitted access to camp - no exceptions! Adult leaders will also be required to go through a health check with the unit at check-in.

Any camper arriving to camp, who does not possess a valid BSA Health Form, will not be admitted onto camp property. There will be no refunds for anyone who is not admitted to camp due to an invalid health form.

All health forms must be renewed annually for both youth and adults. The BSA Health Form is valid until the last day of the month one year after it was issued (i.e. if your health form is dated June 6, 2021 - it is valid until June 30, 2022).

Per State of Michigan policy, all Health Forms must be kept on file at Camp - HEALTH FORMS WILL NOT BE RETURNED - please bring a photocopy to camp - we are not able to provide a copy of your Health Form to you.

TETANUS SHOTS

For the benefit of individual health, as well as that of the community in general, it is the Boy Scouts of America national policy that members of the organization adhere to the joint recommendations of the Advisory Committee on Immunization Practices, the American Academy of Pediatrics, and the American Academy of Family Physicians with regard to obtaining age-appropriate immunizations.

When attending Boy Scouts of America programs or activities that require an annual health and medical record or specialty physical exam to be completed, it is required to have current tetanus immunization!

Exceptions to tetanus immunization will be accepted for medical, religious, or philosophical reasons. Those who choose not to receive the tetanus immunization are required to fill out a form releasing the Boy Scouts of America from liability. This form must be attached to your medical form upon your arrival to camp. A copy of this form can be found at the following link: https://filestore.scouting.org/filestore/pdf/680-451.pdf

Scouts and adult leaders who arrive to camp without an up-to-date tetanus vaccination or signed vaccination exemption form MUST go and receive one in town at their own expense. Failure to have an up-to-date tetanus vaccination can result in removal from camp.

MENTAL, EMOTIONAL, AND SOCIAL HEALTH (MESH)

Our MESH initiative is in conjunction with the National Camp Accreditation Program and curriculum via the American Camps Association. We aim to craft community, culture, creativity, and a summer of fun. The tools and structure to support mental health outcomes are created through the lens of an emotionally safe environment for people at every level in every program. We encourage a team-based and growth mindset. Our Mental Health outcomes are centered on the balance of a healthy mind and body. We exercise this by teaching through our activities the importance of perseverance, leadership, vulnerability, and compassion.

As a part of our Health Services we have a designated seasonal staff member who supports MESH needs for Campers and Staff in conjunction with our Health Officers. This role is to support the mental, emotional, and social health of all participants and staff. They can relate effectively to diverse groups of people, assist our staff in responding to urgent and/or elevated behavioral or emotional situations, build trusting relationships with participants and staff, and assist in staff training. We utilize our health forms to inquire about mental health issues prior to attending camp to help identify specific support systems.

The following hotline numbers are available to all staff and participants:

ORGANIZATION	CONTACT TYPE	CONTACT NUMBER
Michigan Suicide & Crisis Lifeline	CALL	988
Crisis Text Line	TEXT	SIGNS to 741741
National Alliance on Mental Illness	CALL & TEXT	C: 1-800-950-6264 T: 62640
National Mental Health Hotline	CALL	1-866-903-3787
GREAT LAKES SAILING ADVENTURE - CHEBOYGAN & MACKINAC		
North Country Community Mental Health	CALL	1-877-470-4668
Northeast Michigan Community Mental Health Authority	CALL	1-800-968-1946
Upper Peninsula Suicide Prevention Coalition	CALL & TEXT	1-800-562-7622 & (906) 356-3337
COLE CANOE BASE - OGEMAW COUNTY		
The Coalition of HOPE Crisis Line	CALL	1-844-865-5569

YOUTH PROTECTION & 2-DEEP LEADERSHIP

The Boy Scouts of America believes that its top priority is to protect the safety of children. The BSA has developed "Barriers to Abuse Within Scouting" that create safer environments for young people involved in Scouting activities. All Scout leaders must comply with these policies. Violations of these policies put Scouts at risk and will result in disciplinary action, including expulsion from camp and revocation of membership. All crew members are required to understand these policies and report any suspected violations as directed by the Michigan Crossroads Council.

TWO-DEEP LEADERSHIP ON ALL OUTINGS REQUIRED.

A minimum of two registered adult leaders, or one registered leader and a participating Scout's parent, or another adult is required for all trips and outings. One of these adults must be 21 years of age or older.

ADULT SUPERVISION/COED ACTIVITIES:

Male and female adult leaders must be present for all overnight coed Scouting trips and outings, even those including parent and child. Both male and female adult leaders must be 21 years of age or older, and one must be a registered member of the BSA.

The BSA now requires that <u>ALL</u> adults who wish to overnight as part of their camp stay <u>MUST</u> be a registered member of the BSA! Any adults who wish to stay on any Michigan Crossroads Council property overnight, that cannot show proper registration with the BSA, must leave the property - no refund!

ONE-ON-ONE CONTACT BETWEEN ADULTS AND YOUTH MEMBERS IS PROHIBITED.

In situations requiring a personal conference, such as a Scoutmaster conference, the meeting is to be conducted with the knowledge and in view of other adults and/or youth.

TWO-DEEP LEADERSHIP AND NO ONE-ON-ONE CONTACT BETWEEN ADULTS AND YOUTH MEMBERS INCLUDES DIGITAL COMMUNICATION.

Leaders may not have one-on-one private online communications or engage one-on-one in other digital activities (games, social media, etc.) with youth members. Leaders should copy a parent and another leader in digital and online communication, ensuring no one-on-one contact exists in text, social media, or other forms of online or digital communication.

AGE-APPROPRIATE AND SEPARATE
ACCOMMODATIONS FOR ADULTS AND SCOUTS
ARE REQUIRED.

TENTING:

- Separate tenting arrangements must be provided for male and female adults as well as for male and female youth.
- Youth sharing tents must be no more than two years apart in age.
- In Cub Scouting, parents and guardians may share a tent with their family.
- In all other programs, youth and adults tent separately.
- No adult may share a tent with a person of the opposite sex unless he or she is that adult's spouse; spouses may share tents.

LODGING / CABIN ACCOMODATIONS:

Whenever possible, separate cabins or lodging should be provided for male and female adults as well as for male and female youth. Where separate accommodations cannot be provided due to group size or limited availability, modifications may be made. Where completely separate accommodations are not available, additional supervision is required.

- If adults and youth of the same gender occupy singleroom accommodations, there must be a minimum of two adults and four youth, with all adults being Youth Protection trained.
- Physical separation by other means, including temporary barriers or space, should be used only when no other arrangements are possible.
- These modifications are limited to single-gender accommodations.

SHOWER FACILITIES:

Whenever possible, separate shower and latrine facilities should be provided for male/female adults and male/female youth. If separate facilities are not available, separate shower times should be scheduled and posted.

THE BUDDY SYSTEM SHOULD BE USED AT ALL TIMES.

The buddy system is a safety measure for all Scouting activities. Buddies should know and be comfortable with each other. Self-selection with no more than two years age or significant differences in maturity should be strongly encouraged. When necessary, a buddy team may consist of three Scouts. No youth should be forced into or made to feel uncomfortable by a buddy assignment.

PRIVACY OF YOUTH IS RESPECTED.

Adult leaders and youth must respect each other's privacy, especially in situations such as changing clothes and taking showers at camp. Adults may enter youth changing or showering areas only to the extent that health and safety requires. Adults must protect their own privacy in similar situations.

BSA/MCC CAMP POLICIES

YOUTH PROTECTION REPORTING POLICY

Any suspicion or belief that any child is or has been physically, emotionally or sexually abused, exploited or exposed to any form of violence, threat, pornography or obscene material should be reported to the local authorities AND to the Scout Executive. At summer camp, the Camp Director serves as the designee for the Scout Executive.

State of Michigan policies on youth protection can be found on page 32 of this guide.

The Michigan Department of Health and Human Services hot line number is 855-444-3911. This toll-free number allows you to report abuse or neglect of any child or adult any time day or night.

DRUGS & ALCOHOL

The Michigan Crossroads Council and the Boy Scouts of America are committed to providing a safe, healthy, and productive camp and camping experience. Accordingly, the possession or use of, or being under the influence of, illegal drugs (as classified under federal, state or local laws), including marijuana, and / or the possession of drug paraphernalia, will not be tolerated on any properties (including camps) of the Michigan Crossroads Council or the Boy Scouts of America.

Smoking is only permitted in the designated smoking area, away from campers and guests. Cigarettes, cigars, pipes, e-cigs, vapes, snuff, chew, and other tobacco products/nicotine delivery devices are not permitted outside of the designated smoking area.

Possession, consumption, or being under the influence of alcohol, including beer, will not be tolerated on the properties of the Michigan Crossroads Council or the Boy Scouts of America.

Violation of this policy will result in immediate removal from camp (with no refund) and may also result in legal prosecution.

While the proper use of prescribed medication by a patient under the care of a physician is permitted, such prescription medications must be dispensed by a designated Unit Leader in accordance with the rules of the Boy Scouts of America. Medications needing refrigeration may be given to the Health Officer/First Mate for onboard refrigeration.

Michigan Crossroads Council Camps are "Drug & Alcohol Free Zones"

For purposes of this policy, marijuana is an illegal drug and is not a prescribed medication.

ILLEGAL, IMMORAL, AND/OR UNACCEPTABLE ACTS

As a character building organization caring for other people's children in camp, illegal, immoral or other activities generally considered unacceptable by society have no place in the Boy Scouts of America. This includes all forms of hazing and unit initiations.

LIVING QUARTERS

The Michigan Crossroads Council and the Boy Scouts of America reserve the right to enter quarters (not limited to but including tents) during reasonable hours, when necessary, in order to provide for efficient service, repairs, improvements, maintenance, fire safety inspections, or enforcement of Michigan Crossroads Council and Boy Scouts of America regulations and policies.

GLSA PARTICIPANT DRESS CODE

The Michigan Crossroads Council encourages our participants to dress comfortably while they are at camp. Participants should use their best judgment to dress appropriately and not wear anything that would make other campers feel uncomfortable. When packing for camp, the following dress code items should be adhered to:

- Clothing should not include profanity or images that do not support the Scout Oath and Law
- Proper undergarments should be worn
- · Pants and shorts must
 - · Completely cover undergarments
 - Not allow for exposure of the buttocks
 - Stay up wtihout the use of hands
- · All shirts must
 - Have wide straps or cover the sholders no "spaghetti straps"
 - Not be see-through or expose the side of the body
 - Be worn at all times when not bathing
- Closed-toed shoes must be worn by participants at all times, except while showering or in their bunks
- Swimwear must be modest
 - For males, tight fitting swim briefs or swim bottoms short enough to allow for exposure are not allowed - no speedos
 - For females, bikinis are not allowed, modest tankinis or one-piece swimsuits are appropriate



PERSONAL EQUIPMENT. FIREARMS. FIREWORKS. AND AMMUNITION

Michigan Crossroads Council policy DOES NOT allow for any of the following personal items / safety equipment to be brought onto camp property:

Firearms*: Rifles, shotguns, pistols (including off-duty law enforcement), bows, crossbows, etc.

Shooting Sports*: Wrist rockets, slingshots, tomahawks, throwing knives, etc.

Ammunition*: Bullets, slugs, shot-shells, BBs, arrows, etc.

(Ammunition is never allowed outside of the range area in any form)

Fireworks*: Poppers, firecrackers, fountains, mortars, etc.

Climbing: Harnesses, helmets, gloves, carabiners, belay devices, rope, etc.

Aquatics: Lifejackets, personal watercraft + paddles & oars, lifesaving equipment, etc.

Skilled Trades: Welding jacket, welding gloves, welding helmets, hand tools, etc.

*Violations will result in immediate removal from camp - no refund. The MCC maintains a "zero-tolerance" policy on firearms, shooting sports, ammunition, and fireworks violations.

All of our MCC Camps provide adequate equipment to serve your unit's shooting sports, climbing, and other program needs. All personal equipment should be left at home and not brought with you to camp.

Campers that have any of the above listed items (including service pistols) will be given the opportunity to turn them in to the Camp Office upon Sunday check-in. There, they will be stored under lock and key until the end of the week. You **MAY NOT** lock any personal equipment in your vehicle (including service pistols). Personal equipment will then be returned to you upon your departure from camp. Personal equipment will **NOT** be allowed to be used on camp property. Failure to turn in personal equipment will result in your immediate removal from camp - no refund!

The GLSA Committee strongly advises Unit Leaders to thoroughly review the BSA Height / Weight restrictions with their crews well in advance to avoid disappointment at boarding time. Participants must be in excellent physical condition and must meet the BSA height/weight guidelines on the BSA Health and Medical Record

U.S. COAST GUARD DRUG SCREENING

The S/V **Retriever** and the Great Lakes Sailing Adventure is classified by the United States Coast Guard as a "school ship", defined as a sail training program. In order for the program to operate efficiently, from both the staff and the participant perspective, the BSA leaders aboard are considered members of the crew for the purposes of "watch shifts". For this reason, the USCG requires that 2 adults from each crew be enrolled in a drug screening program. This will be facilitated by the Michigan Crossroads Council.

FORMS AND RESOURCES

The following pages are designed to help your crew with the planning and paperwork organization required to participate in the Great Lakes Sailing Adventure. You will also be able to find these via the Great Lake Sailing Adventure Forms and Resources Section of the MCC website.

https://michiganscouting.org/outdooradventures/great-lakes-sailing-adventure/





GREAT LAKES SAILING ADVENTURE CREW ORIENTATION - CHECK IN

UNIT#	UNIT LEADERS
CRUISE DATE	
Initial when com	pleted
ALL MEDICA	AL AND PARTICIPANT FORMS SUBMITTED TO THE FIRST MATE
BOAT TOUR, A	ABOVE DECK ORIENTATION, STOWING GEAR PROCEDURES
GALLEY	
COOKING GEA	AR
FREEZER	<u> </u>
HEAD - INSTI	RUCTIONS ON HOW TO USE
LIFE JACKETS	3
☐ IMMERSION S	BUITS
FIRE EXTINGU	JISHERS
WATER SUPPI	LY
SAILS	
SAILING TERM	MS
HEALTH RE	-CHECK
■ MEDICATIONS	S CHECKED-IN
UNIT ROSTI	ER
FIRST MATE \	VERIFY MANIFEST WITH HIGH ADVENTURE DIRECTOR
BUDDY SYS	STEM
☐ TRAVEL ON S	HORE (MINIMUM OF TWO PEOPLE)
CHECKOUT	
☐ CURFEW	
SAFE SWIM	I DEFENSE PLAN-FIRST MATE WILL ORIENT ADULT LEADERSHIP
■ NO SWIMMIN	G OR DIVING OFF OF THE BOAT OR IN MARINAS
\square COLLISION EN	MERGENCY PROCEDURES
FIRE- EMERG	ENCY PROCEDURE
MAN OVERBO	DARD-PROCEDURE
DONNING IMN	MERSION SUITS
SEVERE WEAT	THER-PROCEDURE
☐ MEDICAL EMI	ERGENCY

ABANDON SHIP PROCEDURE BOAT DRILLS FIRE DRILL MAN OVERBOARD DRILL SEVERE WEATHER DRILL ABANDON SHIP DRILL	
DOCKING PROCEDURES ROLE OF THE CREW KNOTS CASTING LINES	
LIFE JACKET USE	
STOVE SAFETY ADULTS IGNITE STOVE AND REMAIN WITH LIT STOVE AT BURNERS NEED TO BE TURNED OFF WHEN FLAME GOES	
RADIO USE CAPTAIN, FIRST MATE OR PERSONS AUTHORIZED BY THE	E CAPTAIN ONLY
CHARTS AND NAVIGATION - ELECTRONICS CAPTAIN, FIRST MATE OR PERSONS AUTHORIZED BY THE	CAPTAIN ONLY
SLEEPING CURFEW AT CAPTAIN'S DISCRETION APPAREL QUARTERS-AT CAPTAIN'S DISCRETION / IF YOUTH ARE A AS WELL	BOVE DECK ADULTS MUST BE
☐ BIKES AND FISHING POLES ARE NOT PERMITTED ON THE	BOAT
ASSIGNMENT OF TWO CREW ROTATION GALLEY CREW DECK CREW	
CODE OF CONDUCT- WE REPRESENT THE BOY SCOUTS OF ON SHORE: WE ARE GUESTS OF THE COMMUNITIES WE VESSEL SAFETY: ORDERS FROM CAPTAIN OR FIRST MATE INAPPROPRIATE LANGUAGE/BEHAVIOR WILL NOT BE TO I	ISIT E ARE MANDATORY
First Mate's Signature:	Date:
Captain's Signature:	
Unit Leader's Signature:	Date:
Unit Leader's Signature:	Date:

GREAT LAKES SAILING ADVENTURE END OF SESSION CHECKOUT

UNIT#UNIT LEADERS	
CRUISE DATE	
Initial when completed	
TOP SIDE Clean deck / hose boat down Anchors (deck) Winch handles - stowed below Coil lines Forward / Aft Hatches Secured BELOW DECK Sweep cabin floor Trash removed Bunks cleaned Storage under berths cleaned	 Wash deck Dock Lines (bunks) Vessel secure Anchor secured Shore power cord attached Clean & disinfect heads Trash liners replaced Storage shelves cleaned Scrub deck Remove Cabin floorboards - Vacuum bilge area
GALLEY Stove Shut Off Clean Freezer Clean Oven Trash removed	☐ Clean Refrigerator ☐ Clean Stove Top ☐ Clean Shelves ☐ Trash liners replaced
ENGINE Check fuel level Top off water tanks Pump out holding tank	
UNIT ITEMS Return any medicine to Unit Leader Return books to ships library Complete and turn in Evaluations	
First Mate's Signature:	Date:
Captain's Signature:	Date:
Unit Leader's Signature:	Date:
Unit Leader's Signature:	Date:

EMERGENCY PROCEDURES

FIRE

Fire extinguisher locations are posted on bulkhead bulletin board

- 1. The person who observes smoke, odor or flames shouts "Fire! Fire!" and then name location such as "In the Galley" and send someone to alert the Captain.
- 2. Captain takes command of situation from helm, turns boat into the wind to slow and broadcasts a PAN-PAN emergency call to alert U.S. Coast Guard and other vessels in the vicinity if under way.
- Persons make use of closest firefighting device(s) (note fire extinguisher locations). Apply directly to the bottom of the fire.
- 4. Begin issuing life jackets.
- 5. If the fire:
 - is in the galley stove, turn the Master Valve on the propane fuel tank to "off". If grease associated with cooking, catches fire, use the fire extinguisher. Water is not appropriate for a grease fire and could spread the fire.
 - involves electrical equipment turn switch off at battery compartment, or turn the master electrical switch off.
 - involves a person's clothing, have the person STOP, DROP, deck & ROLL. Smother the blaze or wrap in fire blanket (note blanket location).
 - is in the engine compartment, an automatic fire suppression device is located there.

 Operational information is posted on the engine cover to port of the mid ship companionway.
 - After the fire appears to be out, set up a watch in case fire restarts.

Notify U.S. Coast Guard as soon as possible.

MEDICAL EMERGENCY

1. When a medical emergency occurs, notify the Captain and First Mate.

SEVERE STORM or SQUALL

- 1. The Captain will determine if the sails need to shorten or come down.
- 2. The crew will be directed to go below deck or remain in cockpit with foul weather gear on.
- 3. The captain will direct the crew to put life jackets on, if they are not already.

MAN OVERBOARD

Please ensure crew watches this LifeSling instructional video.: http://youtu.be/VnhjOhWD4j0

- 1. Person(s) who see the Man Overboard (MOB) call out "Man Overboard Port/Left or Starboard/Right Side" and position relative to boat. That person then becomes the Spotter pointing at MOB until rescue is accomplished.
- 2. Person(s) closest deploy throwable device and MOB pole.
- 3. Captain will instruct deployment of LifeSling®.
- 4. Captain will start engine if not underway already and instruct crew as Captain sees fit.
- 5. Captain instructs crew to trim in sails if needed and steers vessel toward MOB.
- 6. Captain pushes MOB button on GPS and broadcasts a PAN-PAN emergency call to alert U.S. Coast Guard and other vessels in the vicinity.

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- 7. Once MOB has LifeSling®, crew deploys ladder and hoisting devices at aft of vessel.
- 8. Crew then instructs MOB to don LifeSling® and MOB is hoisted to deck. Crew assists MOB if necessary.
- 9. MOB is treated for any conditions needing first aid.

COLLISION

- 1. If a collision appears imminent, stand clear and brace for impact. Never put body parts where they may be impacted.
- Once the collision takes place, inspect for damage above and below waterline. If vessel is taking on water alert Captain and First Mate.
- Damage below the water line must be attended to immediately. Captain assess the condition of *Retriever* and decides if an abandon ship call should be made.
- 4. Activate the bilge pumps and retrieve the "Gusher" pump from the aft lazerette.
- 5. Treat any injuries resulting from the collision.
- Once the situation on *Retriever* is stabilized, proceed to offer aid to the other vessels as required.

ABANDON SHIP

- In the event of a major fire, collision or foundering at sea, get everyone in life jackets and ensure that life jackets are secured.
- Captain instructs crew to don Immersion Suits or deploy emergency life rafts as assigned.
- 3. Captain sends a Mayday radio message on channel 16 with lat/lon coordinates.
- 4. Captain instructs deployment of EPIRB.
- 5. Keep close together. Get into assigned emergency life rafts.
- 6. Once in the raft, watch for signs of hypothermia. Assume a near fetal position and keep near to reduce heat loss.
- 7. Use the life raft mirrors, radios, radar reflectors, flares and flashlights to signal when vessels or aircraft appear to be near.



STATE OF MICHIGAN REGULATIONS FOR 2024

DHHS CENTRAL REGISTRY CLEARANCE REQUIREMENT All campers and visitors over the age of 21 are required to comply

The State of Michigan requires all adults (21 and older) that are on camp property to go through a Central Registry Clearance with the Department of Health & Human Services of Michigan (DHHS). Although the rule states that this pertains to "staff", the state defines "staff" as either a paid employee OR a volunteer who has responsibility for the direct care or supervision of campers or who has unsupervised contact with campers. The State of Michigan requires us to document that EVERY individual aged 21 and older on camp property be cleared by the Central Registry / State of Michigan.

All campers and visitors are required to get a new letter **ANNUALLY!** Previous year's letters are NOT valid.

Both CAMPERS and VISITORS 21+ years of age who plan to attend OR visit any MCC Summer Camp this summer must:

1. APPLY: Submit a <u>State of Michigan Request for Central Registry Clearance Form</u> – there is no cost associated with this process.

DO NOT REQUEST TO MAIL YOUR RESULTS TO THE CAMP!!! Results must be mailed or emailed to the individual requesting clearance.

- 2. OBTAIN AND COPY: Upon approval, the individual seeking clearance will receive a form letter, DHHS 1910, from the State of Michigan showing that they have been cleared. The individual will need to make a **copy** of this letter for **each** camp they plan to attend / visit during the summer season.
- 3. SUBMIT: For Campers a copy of each camper's DHHS Clearance Letter must be submitted to the camp office upon their arrival to camp. For **full-time** campers, this will need to be turned in during the Unit's check-in process. For **part-time** campers, this can either be turned in during the Unit's check-in process of can be presented by the individual when they check in to camp.

Campers who cannot provide a DHHS Clearance Letter will not be granted access to the property – no refunds will be given to individuals who cannot access camp due to not having a Clearance Letter.

<u>For Visitors</u> – a copy of each visitor's DHHS Clearance Letter must be submitted to the camp office upon check-in. Visitors who cannot submit a DHHS Clearance Letter must agree to be always escorted by a cleared individual while on the property OR will not be granted access to the property.

Units will be responsible for providing escorts to Uncleared individuals from their unit – camps will not provide an escort for any visitors.

To ensure that your Unit family & friends who will be visiting you this summer do not get turned away or delayed, please notify your unit families of this State of Michigan rule.

https://bit.ly/DHHS-SoMLARA-Clearance

ADULTS ATTENDING CAMP FROM OUT OF STATE should contact their Camp Director for more specific instructions.

STATE OF MICHIGAN LAWS/ADMINISTRATIVE RULES

Public Act 116 of 1973 provides for the licensing of children's camps. Administrative rules require written procedures on the following items be provided to every staff member and leader:

Rule 113 No camper shall be deprived of food or sleep, be placed alone without staff supervision, observation and interaction, or be subjected to ridicule, threat, corporal punishment, hazing or excessive physical exercise.

Rule 115 It is mandatory that any crew member or volunteer report to the program administrator any actual or suspected case of child abuse or neglect immediately. The administrator shall immediately report by phone to the Centralized Intake at 855-444-3911 and file a written report within 72 hours. "This is the responsibility of all staff members and volunteer leaders."

The camp staff members shall ensure confidentiality of the information and only involve those necessary according to the reporting procedures. In addition, If the alleged abuse occurred at camp, the camp director shall ensure the alleged perpetrator is separated from the campers until the incident is resolved, until the threat is removed, or as long as necessary to protect the safety and welfare of the campers.

Rule 119 Each staff member and volunteer leader must be alert at all times to each camper's physical state. Any observed change should be reported to the Camp Director for the appropriate action. This can most easily be done during swim checks (cuts, bruises, etc.) and at meal times for behavioral patterns.

Rule 123 The camp shall hold all prescription and nonprescription drugs and medications in locked storage unless medically contraindicated.

Rule 400.11111 A camp shall ensure that the ratio of adult staff members to campers at any one time is as follows:

- 1. For campers below the age of 13, during their awake hours there shall be 1 adult staff member for every 10 campers or a fraction thereof beyond the first 10.
- For campers below the age of 13, during their sleeping hours there shall be 1 adult staff member for every 14 campers or a fraction thereof beyond the first 14.
- For campers 13 years of age or older, there shall be 1 adult staff member for every 14 campers or a fraction thereof beyond the first 14.

- 4. For campers with disabilities, during their awake hours there shall be 1 adult staff member for every 3 campers or a fraction thereof beyond the first 3.
- For campers with disabilities, during their sleeping hours there shall be 1 adult staff member for every 6 campers or a fraction thereof beyond the first 6.
- The minimum number of staff on duty and in camp is 2 adult staff members

In a camp that has more than 50 campers, the camp director shall not be included in determining the staff member-camper ratio and shall not serve full-time as the health officer or as an aquatics supervisor.

MCL 722.113f Child care organization receiving notice of high-risk special investigation; notification to parent or legal guardian;

- There is also a written notification that is required. See Statute "MCL 722.113f(2): Except as provided in subsection (5), within 24 hours after a child care organization receives notice that a high-risk special investigation is being conducted by the department, the child care organization shall make a good-faith effort to make oral notification to each parent or legal quardian of 1 or more of the following: Children who were under the child organization's the the care at site and time incident investigated the being occurred. b) If the individual being investigated is still present at the child care organization at the time of the investigation, children who have or will come into contact with the individual being investigated as long as that individual is present at the child care organization.
- 2. The child care organization shall send written notification within 1 business day after the initial goodfaith attempt under subsection (1) at oral notification. For the purpose of this subsection, written notification shall be given by 1 of the following:
 - (a) Mail service.
 - (b) Facsimile transmission.
 - (c) Electronic mail.



CAMP BEHAVIORAL POLICIES

YOUTH AND/OR ADULT VIOLENT BEHAVIOR

The directors and staff at our camps are coached in preventative measures when it comes to youth and/or adult violent behavior. We are not trained, nor do we have the ability, to handle situations relating to violent behavior. If these types of situations should arise at camp, we will immediately contact local authorities for professional assistance. The youth and/or adult will be sent home to seek professional guidance - no refund. Please keep us apprised of any discipline/behavior problems you may experience during the week. The Michigan Crossroads Council maintains a zero-tolerance policy for violent behavior.

DISCIPLINE POLICY:

Our campers' safety is our first and foremost priority. Actions taken by any camper that puts another's safety at risk, such as Youth Protection violations, allegations of abuse, self-harm, verbal or physical assault, and other actions clearly defined in Scouting's Barriers to Abuse and the Guide to Safe Scouting will result in immediate action by the camp administration. This action will include a discussion with the Unit Leader at camp and may result in expulsion from camp based on the degree of the action.

EXPULSION POLICY - REMOVING A CAMPER FROM CAMP:

If, in our judgement, any camper's behavior places the wellbeing of others at risk of injury, we will act quickly and decisively to resolve the situation:

- · Closer supervision
- · Redirection to more appropriate activities
- · Removal from tense situations
- · Firm and consistent limit-setting
- Provision of alternative outlets for the expression of feelings

The camper code of conduct states that Scouts and Adult Leaders that visit our camp properties for their summer camp experience will adhere to the rules, policies, and procedures of the specific camp they are attending, the Michigan Crossroads Council, and the Boy Scouts of America. By signing you or your Scout up for a summer camp experience, you are agreeing to adhere to these rules, policies, and procedures.

If we are unable to achieve positive change, our goal is to connect the camper with the professional supports needed for their success, while maintaining a safe environment. If inappropriate or unsafe behavior has not been resolved within a reasonable amount of time, despite our efforts, expulsion from Camp may be appropriate.

In the event that a participant will need to be removed from the program, our staff will work as a team with unit leadership and the parents/guardians of youth participant for the best care plan for them. A teamwork approach is the only way to correct repeated inappropriate behavior. Parents patience, support, and follow through are not only appreciated, but also necessary. Expulsion from the program will be considered in extreme situations, or when dictated by Scouting's Barriers to Abuse and/or the Guide to Safe Scouting. This includes, but is not limited to, physical altercations, discriminatory language, and failure to follow program, council, or national policies and procedures.

When a unit registers a participant to join the GLSA program, the unit understands that they are responsible for the transportation of ALL participants. Expulsion from the boat or program will be facilitated by the Camp Administration through the Unit Leader.





CREW CODE OF CONDUCT GREAT LAKES SAILING ADVENTURE

- 1. Life aboard a vessel is rather confining and requires the thoughtful judgment of responsible young adults in living and working together as a team.
- 2. The purpose of this sailing adventure is to teach basic seamanship, sail-handling, and cooperative team effort in a high adventure setting.
- 3. Onboard **Retriever**, the crew safety and welfare is first priority. This means using common sense in maintaining maximum physical and mental fitness in organizing his or her affairs in a tidy and practical relationship with others on board.
- 4. <u>In a harbor</u> we are guests first and adventurers secondly. We are expected to comply with port regulations regarding noise, or unlawful activity. In our case this means treating the harbor convenience facilities with care and keeping the premises tidy. The conduct of the crew in the harbor will affect our relationship with various ports that *Retriever* visits. Like any Scout group, we will leave our "campsite" better than we found it.
- 5. On shore we are subject to the civil authority of the community involved. It also should be reasonable to expect that the image of Scouting and Venturing be dignified by the crew of **Retriever** while visiting every community. Crew members should always log in with their leaders as to where they intend to go and for how long. It is advisable to travel in groups for safety and to make an effort to inform your leaders of any change in plans. The "buddy system" always applies.

LEADER CODE OF CONDUCT

- 1. The Captain is in charge of the vessel, its operation and the welfare of all others on board. The First Mate serves as the administrator and health officer. The adult leaders, under the supervision of the Captain, are responsible for the young adults. Leaders should become familiar with the duties, authority and the methods by which the crew carry out their assignments.
- On shore, the adult leaders as well as the Captain and First-Mate are subject to the same rules
 of conduct as expressed for the crew of *Retriever*. In addition, the adult leaders are expected to
 supervise the members of the crew while off the vessel in such a way as to uphold the character
 and image of the BSA

[[Print this page and distribute to each participant]]

NOTES

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