D-bar-A
Scout Ranch



SUMMER CAMP 2023
GREENHORN PROGRAM





D-Bar-A Scout Ranch Summer Camp 2023 Greenhorn Program

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AM CLASS SCHEDULE

Day	Program Session A 9:00 am	Program Session B 10:00 am	Program Session C 11:00 am
Monday	Tenderfoot = 1c. Second Class = 1b. First Class = 1b.	Tenderfoot = 2b., 2c. Second Class =2a., 2b.	Second Class = 2c., 2d. First Class = 2a., 2b., 2c.
Tuesday	Tenderfoot = 3a., 3b. Second Class = 2f. First Class = 3a., 3b.	Tenderfoot = 3c., 3d. Second Class = 2g. First Class = 3c., 3d.	Second Class = 3a., 3c., 3d. First Class = 4b.
Wednesday	Tenderfoot = 5a., 5b., 5c. Second Class = 4.	First Class = 5a., 5b.	First Class = 5c., 5d.
Thursday	Tenderfoot = 7a. Second Class = 8a., 8b.	Service Project	Service Project
Friday	Make up day. This is a day for anyone who wants to work on requirements or skills to come in and receive instruction and help.		

PM CLASS SCHEDULE

Day	Program Session D 2:00 pm	Program Session E 3:00 pm	Program Session F 4:00 pm
Monday	Tenderfoot = 4a.	Tenderfoot = 4b., 4c. Second Class = 6b., 6c.	Second Class = 6a.
Tuesday	Second Class = 6d., 6e. First Class = 7a.	First Class = 7b., 7c.	First Class = 7d., 7e., 7f.
Wednesday	Second Class = 5a., 5d.	Second Class = First Class =	Second Class = 5b., 5c.
Thursday	First Class = 6a. 6b.	First Class = 6c., 6d., 6e.	Service Project
Friday	Make up day. This is a day for anyone who wants to work on requirements or skills to come in and receive instruction and help.		



Tenderfoot Rank Requirements

CAMPING AND OUTDOOR ETHICS

1c. Explain how you demonstrated the Outdoor Code and Leave No Trace on a campout or outing.

COOKING

2b. While on a campout, demonstrate the appropriate method of safely cleaning items used to prepare, serve, and eat a meal.

2c. Explain the importance of eating together as a patrol.

TOOLS

- 3a. Demonstrate a practical use of the square knot
- 3b. Demonstrate a practical use of two half-hitches.
- 3c. Demonstrate a practical use of the taut line hitch.
- 3d. Demonstrate proper care, sharpening, and use of the knife, saw, and ax. Describe when each should be used.

FIRST AID AND NATURE

4a. Show first aid for the following:

- Simple cuts and scrapes
- Blisters on the hand and foot
- Minor (thermal/heat) burns or scalds (superficial, or first degree)
- Bites or stings of insects or ticks
- Venomous snakebite
- Nosebleed
- Frostbite and sunburn
- Choking

4b. Describe common poisonous or hazardous plants, identify any that grow in your local area or campsite location. Tell how to treat for exposure to them.

4c. Tell what you can do on a campout or other outdoor activity to prevent or reduce the occurrence of injuries or exposure listed in Tenderfoot requirements 4a and 4b.

HIKING

5a. Explain the importance of the buddy system as it relates to your personal safety on outings and where you live. Use the buddy system while on a troop or patrol outing.

- 5b. Explain what to do if you become lost on a hike or campout.
- 5c. Explain the rules of safe and responsible hiking, both on the highway and cross-country, during the day and at night.

CITIZENSHIP

7a. Demonstrate how to display, raise, lower, and fold the U.S. flag.

Second Class Rank Requirements

CAMPING and OUTDOOR ETHICS

1b. Recite the principles of Leave No Trace from memory. Explain how you follow them on all outings.

COOKING and TOOLS

- 2a. Explain when it is appropriate to use a fire for cooking or other purposes and when it would not be appropriate to do so.
- 2b. Use a pocketknife, and a saw or axe if needed, to prepare tinder, kindling, and fuel wood for a cooking fire.
- 2c. Using a minimum-impact method, and at an approved outdoor location and time, use the tinder, kindling, and fuel wood from Second Class requirement 2b to demonstrate how to build a fire. Unless prohibited by local fire restrictions, light the fire. After allowing the flames to burn safely for at least two minutes, safely extinguish the flames with minimal impact to the fire site. Properly dispose of the ashes and any charred remains.
- 2d. Explain when it is appropriate to use a lightweight stove and when it is appropriate to use a propane stove. Set up a lightweight stove or propane stove. Unless prohibited by local fire restrictions, light the stove. Describe the safety procedures for using these types of stoves.
- 2f. Demonstrate tying the sheet bend knot. Describe a situation in which you would use this knot.
- 2g. Demonstrate tying the bowline knot. Describe a situation in which you would use this knot.

NAVIGATION

- 3a. Demonstrate how a compass works and how to orient a map. Use a map to point out and tell the meaning of five map symbols.
- 3c. Describe some hazards or injuries that you might encounter on your hike and what you can do to help prevent them.
- 3d. Demonstrate how to find directions during the day and at night without using a compass or an electronic device.

NATURE

4. Identify or show evidence of at least ten kinds of wild animals (such as birds, mammals, reptiles, fish, mollusks) found in your local area or camping location. You may show evidence by tracks, signs, or photographs you have taken.

AQUATICS

- 5a. Tell what precautions must be taken for a safe swim.
- 5b. Demonstrate your ability to pass the BSA beginner test. Jump feetfirst into water over your head in depth, level off and swim 25 feet on the surface, stop, turn sharply, resume swimming, then return to your starting place.
- 5c. Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects.
- 5d. Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible. Explain why and how a rescue swimmer should avoid contact with the victim.



Second Class Rank Requirements

FIRST AID

6a. Demonstrate first aid for the following:

- Object in the eye
- Bite of a warm blooded animal
- Puncture wounds from a splinter, nail, and fishhook
- Serious burns (partial thickness, or second degree)
- Heat exhaustion
- Shock
- Heatstroke, dehydration, hypothermia, and hyperventilation
- 6b. Show what to do for "hurry" cases of stopped breathing, stroke, severe bleeding, and ingested poisoning.
- 6c. Tell what you can do while on a campout or hike to prevent or reduce the occurrence of the injuries listed in Second Class requirements 6a and 6b.
- 6d. Explain what to do in case of accidents that require emergency response in the home and the backcountry. Explain what constitutes an emergency and what information you will need to provide to a responder.
- 6e. Tell how you should respond if you come upon the scene of a vehicular accident.

Second Class Rank Requirements

CITIZENSHIP

- 8a. Participate in a flag ceremony for your school, religious institution, chartered organization, community, or Scouting activity.
- 8b. Explain what respect is due the flag of the United States.



First Class Rank Requirements

CAMPING & OUTDOOR ETHICS

1b. Explain the potential impacts of camping, both on the environment and on other outdoor users. Explain why the Outdoor Code and Leave No Trace principles are important for protecting the outdoors.

COOKING

- 2a. Help plan a menu for one of the above campouts that includes at least one breakfast, one lunch, and one dinner and that requires cooking at least two of the meals. Tell how the menu includes the foods from MyPlate or the current USDA nutritional model and how it meets nutritional needs for the planned activity or campout.
- 2b. Using the menu planned in First Class requirement 2a, make a list showing a budget and the food amounts needed to feed three or more youth. Secure the ingredients.
- 2c. Show which pans, utensils, and other gear will be needed to cook and serve these meals.

TOOLS

- 3a. Discuss when you should and should not use lashings.
- 3b. Demonstrate tying the timber hitch and clove hitch.
- 3c. Demonstrate tying the square, shear, and diagonal lashings by joining two or more poles or staves together.
- 3d. Use lashings to make a useful camp gadget or structure.

NAVIGATION

4b. Demonstrate how to use a handheld GPS unit, GPS app on a smartphone or other electronic navigation system Demonstrate how to use a handheld GPS unit, GPS app on a smartphone, or other electronic navigation system while on a campout or hike. Use GPS to find your current location, a destination of your choice, and the route you will take to get there. Follow that route to arrive at your destination. Use a GPS to find your current location, a destination of your choice, and the route you will take to get there. Follow that route to arrive at your destination.

NATURE

- 5a. Identify or show evidence of at least 10 kinds of native plants found in your local area or campsite location. You may show evidence by identifying fallen leaves or fallen fruit that you find in the field, or as part of a collection you have made, or by photographs you have taken.
- 5b. Identify two ways to obtain a weather forecast for an upcoming activity. Explain why weather forecasts are important when planning for an event.
- 5c. Describe at least three natural indicators of impending hazardous weather, the potential dangerous events that might result from such weather conditions, and the appropriate actions to take.
- 5d. Describe extreme weather conditions you might encounter in the outdoors in your local geographic area. Discuss how you would determine ahead of time the potential risk of these types of weather dangers, alternative planning considerations to avoid such risks, and how you would prepare for and respond to those weather conditions.



First Class Rank Requirements

AQUATICS

- 6a. Successfully complete the BSA swimmer test.
- 6b. Tell what precautions must be taken for a safe trip afloat.
- 6c. Identify the basic parts of a canoe, kayak, or other boat. Identify the parts of a paddle or an oar.
- 6d. Describe proper body positioning in a watercraft, depending on the type and size of the vessel. Explain the importance of proper body position in the boat.
- 6e. With a helper and a practice victim, show a line rescue both as tender and rescuer. (The practice victim should be approximately 30 feet from shore in deep water.)

FIRST AID AND EMERGENCY PREPAREDNESS

7a. Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone.

7b. By yourself and with a partner, show how to:

- Transport a person from a smoke-filled room
- Transport for at least 25 yards a person with a sprained ankle.
- 7c. Tell the five most common signals of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR)
- 7d. Tell what utility services exist in your home or meeting place. Describe potential hazards associated with these utilities, and tell how to respond in emergency situations.
- 7e. Develop an emergency action plan for your home that includes what to do in case of fire, storm, power outage, and water outage.
- 7f. Explain how to obtain potable water in an emergency.