

# Tiger Rank

## My Tiger Jungle

### Included in the Box:

- Laminated Requirements
- String
- Rulers
- Small Notebooks
- Pencils
- Magnifying Glasses
- Birds of MA Field Guide
- Basil Seeds

### Items to be Returned with the Box:

- Laminated Requirements
- String
- Rulers
- Unused Notebook Papers
- Pencils
- Magnifying Glasses
- Birds of MA Field Guide

### Items You Keep:

- Any used papers
- Seeds

### Requirements:

#### ***Complete requirement 1 plus at least two others.***

1. Go for a walk outside and pick out two or more sights or sounds of “nature” around you. Discuss with your den.
2. Take a 1-foot hike. Make a list of the living things you find on your 1-foot hike. Discuss these plants or animals with your den.
3. Point out two different kinds of birds that live in your area. With your den, find out more about these birds.
4. Be helpful to nature by planting a plant, shrub, or tree. Learn more about the needs and growth of the item you have planted.

*Den Leaders/Parents will need to provide the pot/container and soil for planting the seeds*

### **1-Foot Hike Instructions**

Head out into the wild and find a section of ground with lots of different plants. For each scout:

1. Use a piece of string to make a square that is 1ft long on each side.
2. Give each scout a magnifying glass and have them look closely as to what is inside their square.
3. Have each scout write down the things they find inside their square. If they have a camera they can take pictures of them as well.

### **Questions for the Birds You See**

- What color is the bird?

- How big is it?
- If you find a nest, what does it look like?
- What is it made out of? Do you see any eggs or babies?
- What sounds do the birds make?
- Be sure to use your Birds of MA to identify the birds you see!

## **Basil Plant and Care Instructions**

### **PLANTING**

Choose a sunny position with at least six hours of sunlight and prepare the soil by digging through lots of compost or organic matter. Use a dibbler or large stick to make holes about 30cm apart. Carefully put a seedling in each hole and press the soil around the root ball. Water them and cover the soil with mulch.

Sweet basil grows really well in containers but they need to be at least 30cm deep because they produce quite a strong rootball. Fill the pot with premium potting mix and water the seedlings after they have been planted. Make sure that the container gets plenty of sunlight.

Some people try to grow herbs such as sweet basil in small pots on the window sill but this is not often successful as there's just not enough room for them to grow. If possible, grow them outside in the fresh air.

### **CARE AND MAINTENANCE**

Sweet basil loves to be harvested but the more it is harvested, the more it should be fed with liquid fertiliser as this will give it the energy it needs to grow more leaves. Water the plants well so that they don't dry out.

Sweet basil bushes will last all the way through to the middle of autumn but as they get older they tend to harden up and not produce as many leaves. To stop this from happening, lightly trim some of the stems and this will encourage new ones to grow.

The flower heads of sweet basil should be removed because the plant will put more effort into growing them than it will leaves. Once they are removed, more leaves will grow.

### **HARVESTING**

Sweet basil loves to be harvested so start using it as soon as it is large enough. Harvest the leaves by picking off the larger ones first with your fingers. The softer green stems can also be cut as these can be chopped up for stews and casseroles.

Bunches of sweet basil can also be cut and kept in a vase of water on the kitchen bench or in the fridge so that the leaves can be used as they are needed.

# Tiger Rank Tigers in the Wild

## **Included in the Box:**

- Laminated Requirements
- Cub Scout 6 Essentials
  - First Aid Kit
  - Filled Waterbottle
  - Flashlight (check the batteries)
  - Whistle
  - Sun protection
  - Trail Food
- Outdoor Code Pocket Cards
- Laminated Leave No Trace for Kids
- Laminated Animal Tracks Sheet
- Laminated Dangerous Animals Sheet
- Run-Ons Booklet
- Scout Skits Booklet
- Cub Scout Songbook
- Laminated Tree Info Packet

## **Items to be Returned with the Box:**

- Laminated Requirements
- Cub Scout 6 Essentials
  - First Aid Kit
  - Filled Waterbottle
  - Flashlight (check the batteries)
  - Whistle
  - Sun protection
  - Trail Food
- Laminated Leave No Trace for Kids
- Laminated Animal Tracks Sheet
- Laminated Dangerous Animals Sheet
- Run-Ons Booklet
- Scout Skits Booklet
- Cub Scout Songbook
- Laminated Tree Info Packet

## **Items You Keep:**

- Outdoor Code Pocket Cards

## **Requirements:**

### ***Complete requirements 1-3 plus at least one other.***

1. Together Name and collect the Cub Scout Six Essentials you need for a hike. Discuss what you would need to add to your list to prepare for rain.
2. Go for a short hike with your den and carry your own gear. Show how you get ready for this hike.
3. Do the Following
  - a. Go Over the Outdoor Code. Talk about how you can be clean in your outdoor manners.

- b. Discuss the Leave No Trace Principles for Kids. Discuss why you should “Trash Your Trash”
  - c. Apply the Outdoor Code and Leave No Trace Principles for Kids on your den and pack outings.  
After one outing, share what you did to demonstrate the principles you discussed.
4. While on the hike, find 3 different kinds of plants, animals, or signs that animals have been on the trail. Record your observations in the Tiger Handbook
  5. Participate in an outdoor pack meeting or pack campfire. Sign a song or act out a skit with your Tiger den as part of the program.
  6. Find 2 different trees and 2 different types of plants that grow in your area. Record what you find in your Tiger Handbook.
  7. Visit a nature center, zoo, or another outside place with your family or den. Learn more about 2 animals, and write down 2 interesting things about them in your Tiger Handbook.

## Tiger Rank Tiger-iffic

### **Included in the Box:**

- Laminated Requirements
- 6 Empty Bottles
- 10 Blindfolds
- Barrel of Monkeys Game
- 2 Sets of Checkers
- 2 Laminated Tic, Tac, Toe Board and pieces
- 4 Tennis Balls
- 3 Decks of Cards
- 1 Soccer Ball (Deflated)
- Hand Pump for the Ball

### **Items to be Returned with the Box:**

- Laminated Requirements
- 6 Empty Bottles
- 10 Blindfolds
- Barrel of Monkeys Game
- 2 Sets of Checkers
- 2 Laminated Tic, Tac, Toe Board and pieces
- 4 Small Soft Balls
- 3 Decks of Cards
- 1 Soccer Ball (Deflated)
- Hand Pump for the Ball

### **Requirements:**

#### ***Complete requirements 1-3 plus at least one other.***

1. Play at least 2 different games by yourself; one may be a video game.
2. Play a board game or another inside game with one or more members of your den.
3. Play a problem-solving game with your den.
4. With their guardian's permission, do the following:
  - a. Play a video game with family members or den members in a tournament.
  - b. List at least three tips that would help someone who was learning how to play your favorite video game.
  - c. Play an appropriate video game with a friend for 30minutes
5. With other members of your den, invent a game, OR change the rules of a game you know, and play the game.
6. Play a team game with your den.

### **Indoor Bowling Instructions**

1. Line up the 6 plastic bottles at the end of a hallway in a triangle ( 1 bottle, 2 bottles, 3 bottles)
2. You can weigh them down by adding a bit of water in the bottom of each bottle, just make sure the lids are closed tightly.
3. Make a line about 12-15ft away from the "pins" to act as the starting line.
4. Grab the soccer ball and start bowling!

## **Seven Up Instructions**

This game needs a smooth wall with no windows and a tennis ball for each scout participating (in that round). The goal is to bounce the ball against the wall in different ways. Each type of bounce is done a set number of times.

- Sevensies:
  - Throw the ball against the wall seven times and catch it each time before it hits the ground
- Sixies:
  - Throw the ball against the wall. Let it bounce once on the ground. Then catch it.
- Fivesies
  - Bounce the ball on the ground 5 times and catch it.
- Foursies:
  - Throw the ball against the wall. Clap your hands twice. Then catch the Ball. Do this 4 times.
- Threesies:
  - Throw the ball against the wall. Then use your palm to hit the ball against the wall. Let it bounce once, then hit it again. Do this three times.
- Twosies:
  - Throw the ball under your leg and bounce it off the wall. Then Catch it. Do this twice.
- Onesie:
  - Toss the ball against the wall. Spin in a circle, and catch the ball before it touches the ground.

Next time: to make the game harder, add a clap between bounces!

## **Line Up Instructions**

Each Tiger will get a blindfold. Once all the scouts have their blindfolds on, the den leader will whisper a number to each scout from 1 - (the total number of participants). Once all the scouts have their numbers, the game begins and they must find a way to safely line up in numerical order. The most important rule for the game is: NO TALKING ALLOWED!