

## The Basic Bedroll

The humble bedroll is one of those gems from history that we shouldn't ever forget. Over the years, we have seen Candidates show up with a myriad of different ways to carry their gear for their Ordeal night so we want to help make things easy for each Candidate. That is why it's important to pick up some of the camping and woodcraft tricks of our more recent ancestors, and learn how to turn the stuff we have into the things we need.

This bedroll is the best way to transport your gear for your Ordeal night so please bring it prepared.

Items you will need: Ground cloth or poly tarp, foam sleeping pad or a couple of blankets (insulation from the ground), sleeping bag (minimum 20 degree, borrow one if yours is not 20 degree or lower), change of clothes/under garments, jacket, rain gear, clothes to keep warm. For some reason, there is a belief that sleeping in your clothes should keep you warmer, FALSE – top layers of clothes should be removed to stay warm in a sleeping bag.

To make your bedroll you will simply lay out your tarp (folded in half, or quarters if it is large). Then lay your sleeping mat or blankets on top of the tarp, your sleeping bag on the blankets and then any additional clothing items (they could also be laid out inside the sleeping bag; a microfiber blanket could also be an option for inside the sleeping bag). Fold the tarp in (on the long axis) to cover the edges of the sleeping bag and then the ends. Roll up the tarp with all the contents on the long axis together. Tie the bedroll securely with short lengths of cord in at least three spots to be secure (near the ends and in the middle). The easiest way to carry this bedroll is around your neck.

