



Arrowhead District

## **2026 Scout Beargrease Derby Adult Leader's Guide and Registration Packet**

Saturday February 28, 2026

Cloquet Forestry Center

175 University Road.

Cloquet MN 55720

**Check-in from 7:30- 8:15 am. Flag Ceremony at 8:30 am.**

**No admittance prior to 7:15am.)**

**Event expected to end about 4:45pm**

5 fun stations and a race against the clock! This outdoor winter event will challenge your most seasoned scouts and engage your newest recruits with fun skills practice and team building activities.

We are EXCITED for this year as it will be patrol method focused! The station leader will tell teams their task and they have to figure out how to complete it using what is on their sled or found in nature. SPL leadership, delegation, teamwork and good overall communication will be needed.

We will award nuggets instead of points, and the most nuggets at the end of the day will win the Derby! This year's 1st place winner will have the privilege of being on next year's sticker. Your unit's legacy will live on forever in this sticker. Teams will receive nuggets at the start, but bandits will ask them trivia questions along the trail. Giving incorrect answers will cost nuggets, correct ones won't. There will be opportunities to earn more nuggets along the trail. A nugget pouch will be provided. This year's event will be in two parts. The morning session will be for earning nuggets by learning/practicing Scout skills & team building. Then we will have lunch together. You bring the bag lunches, and we bring out the hot soup. The afternoon session will put your Scouts' skills to the test overcoming the obstacles of first aid, fire building, and lashing during a sled race. Stations will require materials supplied by your unit. NO nuggets will be given in the afternoon.

**Please read the entire Leader's Guide to ensure a successful event for your Scouts.**

**Registration closes at 11:59 pm on Sunday Feb 22, 2026 OR when we have reached the maximum capacity for attendees/units, whichever comes first. Registering as early as possible is recommended.**

### **Cost**

**\$15 per Scout (price increases to \$25 Feb 14th)**

**Staff / Adult Unit Leaders: \$0**

**(At least 2 Adult Unit Leaders must be registered with each team)**

**No Walk-Ins! All Participants Must Be Pre-Registered**

**Arrowhead District - Beargrease Derby**  
**Adult Leader's Guide and Registration Packet**

Each of the 5 stations has a different activity or challenge. Some stations will require materials supplied by the unit.

Please read this section carefully so that your scouts have the supplies they need to be successful.

**What To Bring- Program Supplies**

- ☐ 1 Sled per team. (6-8 Scouts is the recommended team size)
- ☐ Adequate clothing for an outdoor winter event (see below)
- ☐ Completed Medical forms A & B - (one per participant) and any personal medical supplies. (keep forms on sled in waterproof bag or binder)
- ☐ Team flag (Scouting appropriate) - 1 per sled.
- ☐ Bag Lunch for each scout - We will provide hot soup. There will not be enough time for teams to cook lunch. Please plan accordingly with pre-made lunches for your unit.
- ☐ 1 can basic chicken soup or broth per participant. Please **NO** cream soups.
- ☐ Full Water Bottle- one per attendee.
- ☐ Scout book in a zippered (waterproof) bag - 1 per sled.
- ☐ 1 basic first aid/survival kit that must also have a **splint and Ace Bandage** inside for AM and PM activities. (These are used for mock situations)
- ☐ At least one compass per sled. (2 is one and 1 is none)
- ☐ Materials to build two fires that will burn for 15 minutes ea. (**No Liquid fuels or store bought fire tinders allowed!**)
- ☐ Metal fire pan for under your fires
- ☐ Matches and/or lighter (extra nuggets may be awarded for successfully achieving ignition without matches or a lighter i.e. ferro rod or flint and steel)
- ☐ Snow Shovel - 1 per sled.
- ☐ Five - 10 ft. sections of cordage for lashing ( $\frac{1}{4}$  in dia recommended)- one set per sled. Don't waste it as it will be needed several times.
- ☐ Two 5 foot poles and one 3 ft pole (1  $\frac{1}{2}$ " - 2" dia) for building a travois)

**Note: We love our small units! If you are a small unit and cannot make a team of 5-8, you may access [this shared Google Sheet](#) and list your unit number, unit leader name and contact info and how many Scouts need a team. All unit leaders, please check this spreadsheet. This will help all units communicate to help each other work out putting two or more units together as one for this event.**

**Two (2) Adult Unit leaders must be registered and on trail with each sled during the morning session. In the instance of an injury that requires leaving the team, one adult can be sent with a second, non-injured Scout, while still leaving an adult and team to complete the remainder of the race.**

**During the afternoon race, Adult Unit leaders will line the race course to cheer and encourage teams as they race by.**

**Arrowhead District - Beargrease Derby  
Adult Leader's Guide and Registration Packet**

**What To Bring - Winter Gear**

In winter conditions, dressing correctly can do more than keep you comfortable, it can keep you safe. Dress in layers so you can add or remove articles of clothing to regulate your temperature and be sure to include layers that wick away moisture, block wind and keep you warm. (Bring a day-pack for removed layers)

- ❖ **Wick** - Your innermost (base) layer should be made of material that draws moisture away from your body. **NO COTTON**
- ❖ **Warm** - Your middle layer or layers should trap the heat your body generates.
- ❖ **Wind/Rain** - Your outermost layer should block the wind, rain and snow.

Avoid cotton when possible, especially in your base layer (where it has the potential to hold moisture and make you feel colder).

Here is a recommended list of clothing articles to bring:

- o Long-sleeved shirt
- o Long pants
- o Sweater (fleece or wool)
- o Long underwear (polypropylene recommended)
- o Hiking boots, winter boots (wet snow, water or mud will be on trail)
- o Socks (wool or synthetic) extra pairs are encouraged
- o Warm parka or jacket & snow pants
- o Stocking cap/ hat (fleece or wool)
- o Mittens or gloves (fleece or wool and preferably with water-resistant shells)
- o Scarf
- o Rain gear for rain or wet snow conditions (could also double as wind breaker)

**Morning Session Stations**

Take a look at this station list and think about what activities might be involved. Your unit should take some time to practice some of the listed skills prior to the event!

- 'Scout Down' (first aid for knee injuries)
- 'Where there's smoke there's s...' (sustainable fire building)
- 'Ship Travois' (lashing a strong travois)
- 'Got any 3's? Go Fish' (catch the infamous snow pike; lashing skills needed)
- 'No Scout Left Behind' (obstacle course)

**Lunch Together**

We will all gather at Missy's Corner out on the trail where teams can socialize and eat their bag lunch and hot soup (bowls, spoons and the soup will be brought out to the lunch location and served).

**Afternoon Race**

Teams will race their sled against the clock after lunch. On board each sled you will need the following gear for the race obstacles.

- ☐ First Aid Kit/survival kit containing an Ace bandage and a splint
- ☐ Fire kit and supplies to make fire that will last 10-15 minutes (sustainable)
- ☐ Fire Pan
- ☐ Two 5 ft poles and the one 3 foot pole for a travois
- ☐ Lashing cordage

While the sled is in motion, **all team members must be in contact with the sled**. One Scout must be the musher on the back and the others pull the rope in front. This will be timed and the fastest time will have bragging rights. Race time may be used as a tie breaker for the event.

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**General Details**

- ★ This event is designed around an average patrol size of 5-8. If you will have greater than 10, please consider splitting into two teams of 5-6 or if less than 5 Scouts, in your unit, use this [Google Sheet](#) to locate other teams to combine with in order to form a full team.
- ★ You will be given a rotation/patrol number at check-in. Please follow the rotation schedule for your patrol.
- ★ Arrow of Light Scouts who are actively visiting Troops for potential crossovers are welcome to join this event. Scoutmasters of the Troop being visited must include visiting Arrow of Light Scouts, and their parents, in their unit's registration. NO teams consisting of just AOLs allowed, AOLs must register with a troop.
- ★ Please have all documents - roster(s), health forms, etc - ready at check-in. Unit vehicles should arrive together. All team members must be present before checking in. SPL of the team should be the only one in the building to check in. The rest of the team should wait outside.
- ★ Please read the "What to Bring" section to note items needed for a successful event for your unit.
- ★ Each attendee should bring a bag lunch. Hot soup will be served to supplement lunch.
- ★ Fires may only be started in fire pans and off trail.
- ★ All Scouts must be properly clothed for winter weather. Dress in layers, warm coats, water-proof boots, snow pants, gloves/mittens, etc. **No Cotton! No tennis shoes!**
- ★ Scouts should bring a day pack to hold shedded layers if warm out and to hold water bottles etc.
- ★ No flammable fluids, explosives, or items not permitted by Scouting America.
- ★ The definition of "fuel" for fires is wood not gas. See the Guide to Safe Scouting for more details.
- ★ Please remember to have each Scout bring a full water bottle. *Remember to have Scouts prepared with water bottles that can stay under their coat to prevent freezing.*
- ★ A map of the stations and schedule will be provided at check-in.
- ★ Units not following the guidelines will be asked to leave.
  
- ★ Please contact Doug Setterstrom with any questions: [dougsetterstrom@gmail.com](mailto:dougsetterstrom@gmail.com)

**Two (2) Adult Unit leaders must be registered and on trail with each sled during the morning session. In the instance of an injury that requires leaving the team, one adult can be sent with a second, non-injured Scout, while still leaving an adult and team to complete the remainder of the race.**

**During the afternoon race, Adult Unit leaders will line the race course to cheer and encourage teams as they race by.**

**Help!!**

***The Beargrease Derby is a labor-intensive volunteer-planned and run event. Now that the event is a Council-wide event, the need for help has grown exponentially.***

***Your Beargrease planning committee is working hard to create a fun and engaging experience. We are excited to see you all at the 2026 event. We will need your help on the day of the event.***

***Please contact Doug before the event if you can help, and we will find a place for you. Thank you!***

# Arrowhead District – Beargrease Derby – Roster / Check-In Sheet

Circle One: Boy Troop / Girl Troop

District: \_\_\_\_\_

Unit #: \_\_\_\_\_

Sled / Team Name: \_\_\_\_\_

If you are an AOL Den Leader, with which Troop are you affiliated ? \_\_\_\_\_

All units require Two-Deep Leadership. If your unit is a linked troop and both young men and women are present, both a male and female leader is needed (Guide to Safe Scouting).

A completed Roster Form must be turned in by the SPL at Check-in on the day of the Beargrease. Medical Forms will be checked

Scoutmaster
Asst Scoutmaster/Adult Leader
Asst Scoutmaster/Adult Leader

Senior Patrol Leader
Scouts
1
2
3
4
5
6
7
8
9

## Payment Detail

\_\_\_\_\_ scouts @ \$15.00 ea = \$ \_\_\_\_\_

\_\_\_\_\_ scouts @ \$25.00 ea = \$ \_\_\_\_\_

Total Paid \$ \_\_\_\_\_

## For Use By Registration Staff:

Check-in Paperwork Complete: YES NO

Health AB Forms for ea Scout		
Completed Team Roster		

## Unit Leader's Contact Info

Street: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Arrowhead District  
2026  
Scout Beargrease Derby  
Senior Patrol Leader Information

We are EXCITED for this year as it will be patrol method focused! The station leader will tell you your task and you have to figure out how to complete it using what is on your sled or found in nature. SPL leadership, delegation, teamwork and good overall communication will be needed.

We will award nuggets instead of points, and the most nuggets at the end of the day will win the Derby! This year's 1st place winner will have the privilege of designing next year's sticker. Your legacy will live on forever in this sticker. You will receive nuggets at the start, but watch out for bandits who will ask you trivia questions along the trail. All answers can be found in your Scout Handbook. Giving incorrect answers will cost you nuggets, correct ones won't. There will be opportunities to earn more nuggets along the trail. A nugget pouch will be provided. This year's event will be in two parts. Morning session will be for earning nuggets by learning/practicing Scout skills and team building. Then we will have lunch together. You bring the bag lunch and we bring out the hot soup. Afternoon session will put your skills to the test overcoming the obstacles of first aid, fire building, and lashing during a sled race. Stations will require materials supplied by your unit. No nuggets will be given out in the afternoon. Please have all documents - roster(s), health forms, etc - ready at check-in. SPL of the team should be the only one in the building to check in. The rest of the team should wait outside. All team members must be present before checking in.

Please read this section carefully so that you have the supplies you need to be successful. Don't forget to bring the required gear or it may cost you nuggets to buy the gear on site.

**What To Bring- Required Supplies**

- ☐ 1 Sled per team. (6-8 Scouts is the recommended team size)
- ☐ Adequate clothing for an outdoor winter event (see below)
- ☐ Completed Medical forms A & B - (one per participant) and any personal medical supplies (keep forms in waterproof bag).
- ☐ Team flag - 1 per sled.
- ☐ Bag Lunch for each scout - We will provide hot soup. There will not be enough time for you to cook lunch. Please plan accordingly with pre-made lunches for your unit.
- ☐ 1 can basic chicken soup or broth per participant. Please **NO** cream soups.
- ☐ Full Water Bottle- one per attendee kept in jacket to stay thawed.
- ☐ Scout book in a zippered (waterproof) bag - 1 per sled.
- ☐ 1 basic first aid/survival kit that must also have a splint and Ace Bandage inside for AM and PM activities. (These are used for mock situations)
- ☐ At least one compass per sled. (2 is one and 1 is none)
- ☐ Materials to build two fires that will burn for 15 minutes.  
(**No Liquid fuels or store bought fire tinders allowed!**)
- ☐ Metal fire pan for under your fires
- ☐ Matches and/or lighter (extra nuggets may be awarded for successfully achieving ignition without matches or a lighter i.e. ferro rod or flint and steel)
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