



Arrowhead District
2025 Scout Beargrease Derby
Adult Leader's Guide and Registration Packet

Saturday February 22, 2025

Cloquet Forestry Center

175 University Road.

Cloquet MN 55720

Check-in from 7:30- 8:15 am. Flag Ceremony at 8:30 am.

No admittance prior to 7:15am.)

Event expected to end about 4:45pm

5 fun stations and a race against the clock! This outdoor winter event will challenge your most seasoned scouts and engage your newest recruits with fun skills practice and team building activities.

Be prepared to put wheels on sleds if needed again this year

We are EXCITED for this year as it will be patrol method focused! The station leader will tell teams their task and they have to figure out how to complete it using what is on their sled or found in nature. SPL leadership, delegation, teamwork and good overall communication will be needed. Make practicing Scout skills a part of your unit meetings.

We will award gold nuggets instead of points and the most nuggets at the end of the day will win the Derby! This year's 1st place winner will have the privilege of designing next year's patch. Your unit's legacy will live on forever in this patch. Teams will receive nuggets at the start, but bandits will ask them trivia questions along the trail. Giving incorrect answers will cost nuggets, correct ones won't. There will be opportunities to earn more nuggets with "Knots for Nuggets". As time permits at a station, teams may be given the opportunity to demonstrate their knot skills and earn more nuggets. A nugget pouch will be provided. This year's event will be in two parts. Morning session will be for learning/practicing Scout skills and team building. Then we will have lunch together. You bring the bag lunches and we bring out the hot soup. Afternoon session will put skills to the test overcoming the obstacles of first aid, fire building, and lashing during a sled race. Stations will require materials supplied by your unit.

Please read the entire Leaders Guide to ensure a successful event for your Scouts.

Registration closes at 11:59 pm on Sunday Feb 16, 2025 OR when we have reached the maximum capacity for attendees/units, whichever comes first.

Registering as early as possible is recommended.

Cost

All Scouts Early Bird (before Feb 2): \$15 per Scout

All Scouts Regular Price: \$25 per Scout

Staff / Adult Unit Leaders: \$0

No Walk-Ins! All Participants Must Be Pre-Registered

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Each of the 5 stations has a different activity or challenge. Some stations will require materials supplied by the unit.

Please read this section carefully so that your scouts have the supplies they need to be successful.

What To Bring- Program Supplies

- 1 Sled per team. (6-8 Scouts is the recommended team size)
- Adequate clothing for an outdoor winter event (see below)
- Completed Medical forms A & B - (one per participant) and any personal medical supplies. (keep forms on sled in waterproof bag or binder)
- Team flag (Scouting appropriate) - 1 per sled.
- Bag Lunch for each scout - We will provide hot soup. There will not be enough time for teams to cook lunch. Please plan accordingly with pre-made lunches for your unit.
- 1 can basic chicken soup or broth per participant. Please **NO** cream soups.
- Full Water Bottle- one per attendee.
- Scout book in a zippered (waterproof) bag - 1 per sled.
- 1 basic first aid/survival kit that must also have a splint, Ace Bandage, and heavy gauze pads inside for AM and PM activities. (These are used for mock situations)
- At least one compass per sled. (2 is one and 1 is none)
- Bring what the team would need to build two fires that will burn for 15 minutes ea. (**No Liquid fuels or store bought fire tinders allowed!**)
- Metal fire pan for under your fires
- Snow Shovel 1 per sled.
- Matches and/or lighter (extra nuggets may be awarded for successfully achieving ignition without matches or a lighter i.e. ferro rod or flint and steel)
- Five 10 ft. sections of cordage for lashing ($\frac{1}{4}$ in dia recommended)- one set per sled. Don't waste it as it will be needed several times.
- Two 5 foot poles and one 3 ft pole (3-3 $\frac{1}{2}$ inch diameter for building a travois)

Note we love our small units! If you are a small unit and cannot make a team of 5-8, you may access [this shared Google Sheet](#) and list your unit number, unit leader name and contact info and how many Scouts need a team. All unit leaders, please check this spreadsheet. This will help all units communicate to help each other work out putting two or more units together as one for this event.

COVID-19 / Other Illness

- Individuals testing positive for COVID should isolate for at least 5 days before returning to Scouting activities. Once isolation is complete masking for 6-10 days afterward is recommended.
- Individuals can choose whether to wear masks or facial coverings as a precaution.
- Participants are encouraged to be up-to-date on vaccinations.
- Proper handwashing and food safety is encouraged to cut down on the spread of illness.
- A copy of the Covid Health Screening Checklist will not be required (AB Health Form will still be required). If a Scout is sick, please have them stay home and recover.

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What To Bring - Winter Gear

In winter conditions, dressing correctly can do more than keep you comfortable, it can keep you safe. Dress in layers so you can add or remove articles of clothing to regulate your temperature and be sure to include layers that wick away moisture, block wind and keep you warm. (Bring a day-pack for removed layers)

- ❖ **Wick** - Your innermost (base) layer should be made of material that draws moisture away from your body. **NO COTTON**
- ❖ **Warm** - Your middle layer or layers should trap the heat your body generates.
- ❖ **Wind/Rain** - Your outermost layer should block the wind, rain and snow.

Avoid cotton when possible, especially in your base layer (where it has the potential to hold moisture and make you feel colder).

Here is a recommended list of clothing articles to bring:

- o Long-sleeved shirt
- o Long pants
- o Sweater (fleece or wool)
- o Long underwear (polypropylene recommended)
- o Hiking boots, winter boots (wet snow, water or mud will be on trail)
- o Socks (wool or synthetic) extra pairs are encouraged
- o Warm parka or jacket & snow pants
- o Stocking cap/ hat (fleece or wool)
- o Mittens or gloves (fleece or wool and preferably with water-resistant shells)
- o Scarf
- o Rain gear for rain or wet snow conditions (could also double as wind breaker)

Morning Session Stations

Take a look at this station list and think about what activities might be involved. Your unit should take some time to practice some of the listed skills prior to the event?

- 'Scout Down' (first aid for ankle/leg break, burns, laceration)
- 'Where there's smoke there's...' (sustainable fire building)
- 'Ship Travois' (lashing a strong travois)
- 'Got any 3's? Go Fish' (catch the mystery fish; lashing skills needed)
- 'No Scout Left Behind' (obstacle course)

Lunch Together

We will all gather at a TBD location out on the trail where teams can socialize and eat their bag lunch and hot soup (bowls, spoons and the soup will be brought out to the lunch location and served). After lunch, teams may empty their sled of non essential gear for the race. (put in troop trailer/car)

Afternoon Race

Teams will race their sled against the clock after lunch. On board each sled you will need the following gear for the race obstacles.

- First Aid Kit/survival kit containing an Ace bandage, splint, heavy gauze pads
- Fire kit and supplies to make fire that will last 10-15 minutes (sustainable)
- Fire Pan
- Two 5 ft poles and the one 3 foot pole for a travois
- Your lashing cordage

When the sled is in motion, all team members must be in contact with the sled. One Scout must be the musher on the back and the others pull the rope in front. This will be timed and the fastest time will win the afternoon race for bragging rights.

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General Details

- ★ This event is designed around an average patrol size of 5-8. If you will have greater than 10 please consider splitting into two teams of 5-6 or if less than 5 Scouts, in your unit, use this [Google Sheet](#) to locate other teams to combine with in order to form a full team.
- ★ You will be given a rotation/patrol number at check-in. Please follow the rotation schedule for your patrol.
- ★ Arrow of Light Scouts who are actively visiting Troops for potential crossovers are welcome to join this event. Scoutmasters of the Troop being visited must include visiting Arrow of Light Scouts, and their parents, in their unit's registration. NO teams consisting of just AOLs allowed, AOLs must register with a troop. (see above)
- ★ Please have all documents - roster(s), health forms, etc - ready at check-in. Unit vehicles should arrive together. SPL of the team should be the only one in the building to check in. The rest of the team should wait outside.
- ★ Please read the "What to Bring" section to note items needed for a successful event for your unit.
- ★ Each attendee should bring a bag lunch. Hot soup will be served to supplement lunch.
- ★ Fires may only be started in fire pans and off trail.
- ★ All Scouts must be properly clothed for winter weather. Dress in layers, warm coats, water-proof boots, snow pants, gloves/mittens, etc. **No Cotton! No tennis shoes!**
- ★ Scouts should bring a day pack to hold shedded layers if warm out and to hold water bottle etc.
- ★ No flammable fluids, explosives, or items not permitted by the BSA. (the BSA
- ★ The definition of "fuel" for fires is wood not gas). See the Guide to Safe Scouting For more details.
- ★ Please remember to have each Scout bring a full water bottle. *Remember to have Scouts prepared with water bottles that can stay under their coat to prevent freezing.*
- ★ A map of the stations and schedule will be provided at check-in.
- ★ Units not following the guidelines will be asked to leave.

- ★ This year's Beargrease Derby Event Coordinator is Doug Setterstrom. Please contact Doug with any questions: dougsetterstrom@gmail.com

Be ready to attach large wheels to sleds again this year if needs be. We will announce it by email a few days before.

Help!!

The Beargrease Derby is a labor-intensive volunteer-planned and run event.

Now that the event is a Council-wide event, the need for help has grown exponentially.

*Your Beargrease planning committee is working hard to create a fun and engaging experience. We are excited to see you all at the 2025 event. **We will need your help on the day of the event.***

Please contact Doug before the event if you can help and we will find a place for you. Thank you!

Arrowhead District – Beargrease Derby – Roster / Check-In Sheet

Circle One: Boy Troop / Girl Troop

District: _____

Unit #: _____

Sled / Team Name: _____

If you are an AOL Den Leader, with which Troop are you affiliated ? _____

All units require Two-Deep Leadership. If your unit is a linked troop and both young men and women are present, both a male and female leader is needed (Guide to Safe Scouting).
 A completed Roster Form must be turned in by the SPL at Check-in on the day of the Beargrease. Medical Forms will be checked

Scoutmaster
Asst Scoutmaster/Adult Leader
Asst Scoutmaster/Adult Leader

Senior Patrol Leader
Scouts
1
2
3
4
5
6
7
8
9

Payment Detail

_____ scouts @ \$15.00 ea = \$ _____

_____ scouts @ \$25.00 ea = \$ _____

Total Paid \$ _____

For Use By Registration Staff:

Check-in Paperwork Complete: YES NO

Health AB Forms for ea Scout	<input type="checkbox"/>	<input type="checkbox"/>
Completed Team Roster	<input type="checkbox"/>	<input type="checkbox"/>

Unit Leader's Contact Info

Street: _____

City, State, Zip: _____

Cell Phone: _____