

WHAT TO BRING TO ITOLS

Overnight gear, outdoor essentials and appropriate clothing are the heart of camping equipment. Carry a light load of only what you need to keep yourself safe and make a good camp; leave all unnecessary items at home.

All participants will need parts A and B of the Scouting America Medical Form. Participants will also need to bring their own tents/sleep shelters.

Below is the recommended personal gear list from the camping section of the Scouts BSA handbook. Having all or most of these items will make for a more pleasant camping experience. Items marked in bold are required to fully participate in the ITOLS course

- The Scout Basic Essentials
 - Pocket Knife**
 - First-Aid Kit
 - Extra Clothing
 - Rain Gear
 - Water Bottle
 - Flashlight
 - Trail Food
 - Matches and Fire Starters
 - Sun Protection
 - Map and **Compass**
 - Scouts BSA Handbook**
- Clothing appropriate for the season and weather
- Backpack with Rain Cover
- Sleeping Gear
 - Sleeping Bag
 - Sleeping Pad
 - Ground Cloth
- Eating Kit**
 - Eating Utensils
 - Bowl
 - Plate
 - Cup
- Cleanup Kit
 - Soap
 - Toothbrush
 - Toothpaste
 - Dental Floss
 - Comb
 - Small Camp Towel
- Optional Personal Items
 - Personal Medication
 - Watch
 - Camera
 - Pencil/Pen
 - Small Notebook
 - Insect Repellent
 - Bible, testament, or payer book, according to your faith
 - Camp Chair