



Camp Roosevelt Leader's Guide

Scouting  **America**[™]
Katahdin Area Council

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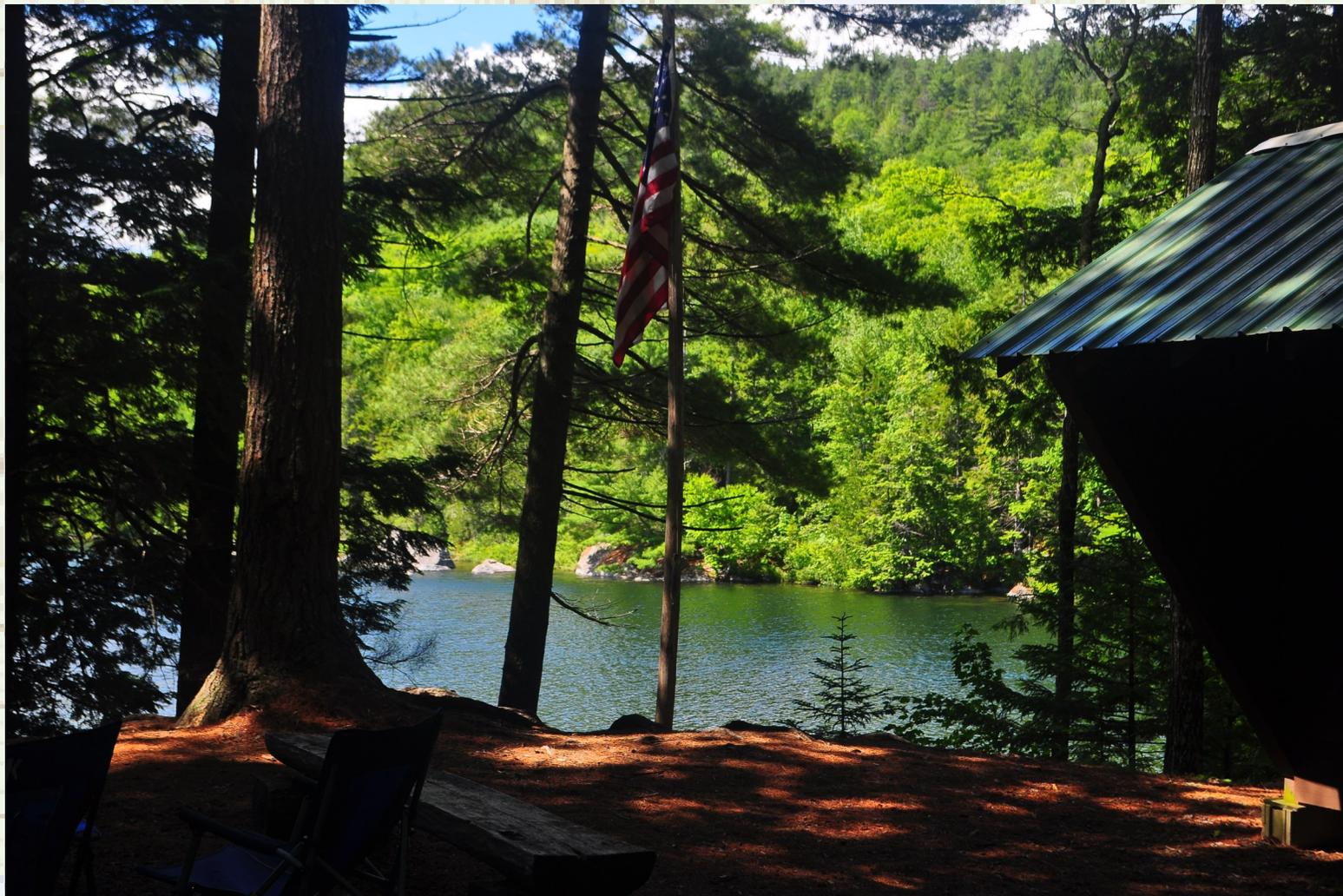
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Welcome

Welcome to Camp Roosevelt. With over 1,800 acres of pristine Maine wilderness surrounding gorgeous Little Fitts Pond, we are proud to be one of the premier camping destinations in the Scouting America program.

We appreciate that you are choosing us to give your youth a long-term camp experience. To that end, we commit to providing you and your unit high-quality programming, knowledgeable staff, exemplary customer service, and enduring memories.

This guide will provide all of the information you need to make the most of your time at camp. If at any time you have any questions or concerns, please feel free to reach out. We're here for you!



Guiding Principles

Scout Law

A Scout is
Trustworthy
Loyal
Helpful
Friendly
Courteous
Kind
Obedient
Cheerful
Thrifty
Brave
Clean
Reverent



Scout Oath

On my honor I will do my best
To do my duty to God and my country
and to obey the Scout Law; To help
other people at all times; To keep my-
self physically strong, mentally
awake, and morally straight

Outdoor Code

As an American, I will do my best to—Be
clean in my outdoor manners. Be
careful with fires. Be con-
siderate in the outdoors. Be conser-
vation minded.

Aims of Scouting

Character Development
Leadership Development
Citizenship Training
Personal Fitness

Vision Statement

Scouting America will prepare every eligible youth in America to become a responsible, participating citizen and leader who is guided by the Scout Oath and Law.

Mission Statement

The mission of Scouting America is to prepare young people to make ethical and moral choices over their lifetimes by instilling in them the values of the Scout Oath and Law.³

The Environment

Our policy is to operate and maintain our camp in such a way as to minimize our impact upon the land. We accomplish this through limiting the number of buildings, using a certified forest manager and management plan, maintaining open space, and staining buildings and signs to blend with the surroundings. Programs held off camp property are conducted in compliance with Scouting America's Wilderness Policy, and accepted low-impact camping methods that educate our Scouts to be sensitive to our environment. We know that our setting is one of our biggest assets. We ask everyone to helping us in maintaining the property as an outstanding rural, forested location so that future generations will be able to enjoy the gorgeous environment that is Camp Roosevelt.

Camping Philosophy

There is a common thread of purpose and method which runs through every part of Scouting's camping program. Our aim is to define clearly that thread in each part of our program so that the purposes of Scouting and the common methods that are followed will unify all of us in our dedication to the highest ideals of camping and service.

Organized camping is a creative, educational, experience through cooperative group living outdoors. We use the resource of the natural surroundings which contribute significantly to our physical, mental, spiritual, and social growth.

We believe:

- Camping contributes to good health through supervised activities, sufficient rest, good fun, and wholesome companionship.
- Camping aids in spiritual growth by helping campers recognize and appreciate the beauty and wonder of our natural environment.
- Camping is an experience in citizenship training, provided through its community of campers, a medium for democratic participation in decision-making, planning, and carrying out activities at each level.
- Camping contributes to the development of self-reliance and resourcefulness by providing learning experiences in which campers acquire knowledge, skills, and attitudes essential to their well-being and growth.

During Your Stay

Katahdin Area Council values your summer camp experience, enjoyment, and safety. All those who attend Camp Roosevelt are required to abide by the Scout Oath and Law. Everyone will be courteous and respect each other's rights during the week.

Unit leaders are responsible for the behavior of their unit. Misbehavior affects not only the unit's experience and safety, but that of all those in attendance. Fighting, physical abuse, abusive language, stealing, gambling, or defacing camp property will not be tolerated. These actions may result in immediate dismissal from camp.

Camp Registration

Registration Fees

Unit leaders must make sure that their unit account is in order to avoid any unnecessary problems or late fees. Last minute additions may be accepted if space is available, however payment for a late registrant must be made at the time of registration.

Fees must be paid in full two weeks prior to the unit's attendance at camp or a \$25 per person late fee will be assessed. Units with unpaid bills upon arrival at camp will not be allowed to stay until payment is made in full.

Provisional Campers

The provisional camper program is a program designed for registered Scouts BSA, Venturing, or Sea Scout youth who would like to attend Scouts BSA camp weeks without their unit, either because their unit is not attending, they cannot come the week their unit is attending, or they will be attending with their unit, but also wish to attend additional weeks. Provisional scouts form a unit at camp with camp staff members serving as Scoutmasters. Scouts are welcome to attend provisionally for as many weeks as they like, however they will need to depart at the conclusion of each camp week, and re-check in at the start of the next.

Counselors-In-Training

The Counselor-In-Training (CIT) program is designed for youth between the ages of 14 and 15. CITs will learn about leadership and the skills required to become an effective member of camp staff. They will spend a portion of their day shadowing and being mentored by camp staff, while the remainder of their day will be spent either participating in activities or merit badge classes as determined by their planning with the director of the CIT program. CITs are required to attend camp staff training, and commit to the full camp program season, including the Cub Scout program.

Family Discount

Additional youth attending camp from the same family are eligible for a \$50 discount for each additional youth attending. This discount is applied to the camp fee of the oldest youth attending. Please contact the Camp Director for this discount.

Refund Policy

A unit is required to pay for the number of youth and leaders at the final fee payment date for their camp or activity. No refunds will be granted within six weeks of the start of an activity or the camping season, however transfers within the unit will be allowed.

We understand that there are certain circumstances that do arise that may result in a participant not being able to attend at the last minute such as, military service, family death, major medical, and other extenuating circumstances on a per case basis.

To be considered for a refund, a request must be submitted in writing to the refund committee of the Katahdin Area Council within two weeks of the conclusion of the program. Refunds will not be accepted by phone. Letters are to be mailed to the Council Service Center.

Requests for refund must also include supporting documentation, such as a signed physician statement. Refunds will not be considered for change of mind, vacation plans, summer school, extended sports schedule, weather, or no shows.

The refund committee will review all requests for refunds in September for our summer camping programs. The decisions of the volunteer refund committee will be final. **Refund requests will not be reviewed or accepted if turned in after the two-week deadline.**

Camperships

Katahdin Area Council believes that no scout should miss the opportunity to attend camp due to a lack of funds. Those who would like to apply for Camperships to attend our programs can fill out an application, and submit it to the Council.

Leadership

Youth Protection

All adults attending camp must be registered with Scouting America, and must have current Youth Protection Training which will remain valid for the duration of their stay at camp. All youth protection policies must be followed at all times. Failure to follow Youth Protection Policies will result in immediate removal from camp property, and will be referred to the Scout Executive for determination of further repercussions.

Two Deep Leadership

Units are required to provide a minimum of two registered adult leaders, over the age of 21, for the duration of their stay in camp. In units with female youth attending, at least one of the adult leaders must be a female over the age of 21.

If your unit is unable to provide the minimum leadership required, please reach out to the Camp Director. We may be able to assist you in finding a solution (e.g. combining with another unit for the camp week)

Free Leaders

Units are entitled to a number of free adult leader slots based on the number of youth attending camp as outlined in the chart below. An adult leader slot may be filled by one adult, or by multiple adults, who are replacing each other (e.g. Leader A attends Sun-Tue then is replaced by Leader B for the remainder of the week). Additional leaders may attend for a fee.

When a Troop/Crew/Ship brings...

2-16 Scouts	—	2 Adult Free Leader Slots
17-24 Scouts	—	3 Adult Free Leader Slots
25-32 Scouts	—	4 Adult Free Leader Slots
33-40 Scouts	—	5 Adult Free Leader Slots
One Additional Leader slot for every 8 Scouts		

When a Pack brings...

2-8 Scouts	—	2 Adult Free Leader Slots
9-12 Scouts	—	3 Adult Free Leader Slots
13-16 Scouts	—	4 Adult Free Leader Slots
17-20 Scouts	—	5 Adult Free Leader Slots
One Additional Leader slot for every 4 Scouts		

Emergency Contacts

Units are required to maintain and have available to them at all times a list of emergency contacts and phone numbers for all attendees, both youth and adult.

Participants Leaving Camp

Any person leaving camp must check out in the camp office before they depart, and check back in upon their return.

Youth participants leaving camp must be signed out by a parent/guardian, or other adult authorized on their medical form. A leader from their unit must also sign, acknowledging that they are aware that the youth is departing.

Leaders who are “swapping” with each other should coordinate to check in and out at the same time. At all times each unit must have the required minimum of two adult leaders in camp.

Check-In and Checkout

Check-In Time

Check-in begins at 1:00pm on Sunday Each unit will begin by formally checking into camp. At this time you will be assigned a time for Medical Check-in and Waterfront orientation and swimming checks.

Unit Guides

When you arrive at camp you will be assigned a unit guide. This guide is here to help you through your arrival at camp. They will be your first point of contact during the check-in process, and will have your check-in packet with them.

Camp Tours

One of the unit guide's most important responsibilities is to provide your unit a tour of the camp. This tour is extremely important, even for units that have attended camp in the past. You may choose to take your tour immediately after checking in, or you may choose to set-up in your campsite first, and coordinate a time for your guide to return to take you on the tour.

Wristbands

A colored wristband is issued to every person upon their check-in at camp. These wristbands serve to identify people who are authorized to be on camp property, and must be worn at all times. Anyone who loses their wristband must get a new one from the camp office.

Medical Forms

All leaders and youth attending camp must have a complete Scouting America Medical Form. A complete form consists of Part A, B1, and B2 which can be completed by the individual or their guardian, as well as part C which must be completed by certified and licensed physicians (MD, DO), nurse practitioners, or physician assistants.

Units are highly encouraged to send in their medical forms early. This will serve to expedite the check-in process. In addition this will give our health officer a chance to review the medical form and communicate any missing information ahead of time. Early knowledge of any special medical needs will also allow us to provide the highest level of service to our scouts and scouters.

All medical forms will be returned to the unit leadership at check-out.

Please provide a **SECOND** Part A at medical check-in as this will be retained by the camp for the Informed Consent, Release Agreement and Authorization documentation. If not provided, the original Part A will be retained.

Medications

All medications must be in original labeled containers, including dosage information. Medication containers should be separated by individual into labeled Ziploc bags. All medication will be matched to the individual's Medical Form, and then placed into locked storage. The Health Officer will review with the unit leader the timings, dosages, and other requirements of medications for the youth in their unit.

Any participant needing to carry an emergency medication with them, such as an inhaler or epi-pen, must submit an additional authorization form with their health form.

Buddy Tags

Swim-check buddy tags will be issued to units after completion of their medical check-in. Buddy tags cannot be provided to any individual without a complete medical form, even if they are staying for less than 72 hours

Vehicles in Camp

Vehicles are not allowed past the main parking lot with the exception of vehicles transporting unit gear to and from their campsite, or with prior authorization from the Camp Director.

Unit Gear

One vehicle per unit is allowed into camp to transport gear and supplies to and from your campsite. If your unit is bringing a trailer to leave in your site, it must be left in such a way that it does not block the road, or access to the campsite for emergency vehicles.

Checkout Procedure

All units are responsible for the cleanliness of their campsite upon checkout. Please make sure that all trash has been picked up and brought to the dumpsters. All equipment that was borrowed from camp must be returned to the Quartermaster, and Medication boxes to the Health Officer.

When your unit is ready to depart from camp, a leader must let the camp office know. We will have your units checkout packet ready for you, and will have staff members ready to conduct campsite inspections.

Unit leaders are responsible for making sure that all of their youth have been picked up prior to their own departure.

We ask that all units make arrangements to have departed camp no later than 10:30am.

Early Arrival/Late Departure

Special approval from the Camp Director is required for any unit requesting to arrive early or depart late from camp. These requests must be submitted at least two weeks in advance, and are not guaranteed.

Please be aware that there are no camp services (meals, medical, trading post) available for units arriving early or staying late. All program areas will be closed and strictly off limits.

Units participating in Early Arrival or Late Departure will be considered to be participating in a unit level activity during the time they are at camp outside of its operational time.

Health and Medical Services

Our Health Lodge is always open to those in need of medical attention that cannot be addressed by unit level first aid. If the Health Officer and/or their assistant is not in the Health Lodge they can always be reached via our radio network.

All of our program areas are equipped with first aid kits that are regularly checked and restocked. Camp staff have been trained and certified in First Aid, CPR, and AED.

Any person who is sick for more than a day may be asked to leave camp at the discretion of the Health Officer and/or Camp Director.

Medical Forms

Scouting America Medical Form Parts A, B1, B2, and C are required for everyone staying overnight at camp. Part C must be completed by a certified and licensed physician (MD, DO), nurse practitioner, or physician assistant.

Maine State Law requires completion of the Asthma Inhaler and Epinephrine Auto-Injector permission form for **ANY-ONE**, youth or adult, who will be carrying an inhaler or EpiPen on their person. This form must be signed by a licensed physician (MD, DO), nurse practitioner, or physician assistant.

Medications

All medications to be administered at camp must be non-expired, and in the original labeled container. All medications, including non-prescription over the counter medications (e.g. melatonin, vitamins) must be listed on the participant's medical form, and brought to the Camp Health Officer at check-in.

Unit leadership may choose to take responsibility for distributing their unit's medication in their site, or to have medication distributed by the health office.

If site distribution is the preferred method of distribution for the unit, the procedures below must be followed. If the unit has elected to have medication dispensed at the health office, it is the responsibility of the unit leadership to ensure that participants are arriving at the stated time to receive their medication. The health officer will not be

responsible for tracking down participants to take their medication.

Inhalers and EpiPens with a pharmacy label may be carried by the person to whom they are prescribed provided they have a completed Asthma Inhaler and Epinephrine Auto-Injector permission form as required by Maine State law.

The Health Lodge stocks several non-prescription medications as directed by the camp's standing medical orders.

Site Distribution of Medication

If a unit elects to distribute participant medication within their site, the following procedure must be followed

- Medications are brought to the health office at check-in, and are cross-checked with the participants health form.
- The Health officer fills out a record sheet for each participant who needs to be administered medication. This record is placed in a three ring binder for the unit and includes:
 - ◊ Participants demographic information
 - ◊ List of medications
 - ◊ Schedule for administration of medication.
- The Health Officer reviews the medication administration schedule and recording form with the unit leader
- Medications (in the original container) are placed in a Ziploc bag labeled with the participants name, and then placed into the locking medication box
- The Unit Leader secures the locked medication box in the unit's campsite.
- The Unit Leader administers the medication according to the written schedule and documents the administration on the record sheet.
- Medication box and completed records are returned to the Health Officer at the end of the week.

The Health Officer must store and administer any medications needing special storage, or requiring special administration procedures. This includes administering any intramuscular or subcutaneous injections.

Religious Exemptions

Request for religious exemptions from medical care and treatment should be directed to the Katahdin area Council Service Center at (207)866-2241.

Campsite First Aid Situations

Any first aid situation requiring more than basic first aid must be brought to the attention of Camp Staff as soon as possible.

In the event that an injured person is unable to transport themselves to the Health Lodge follow the following procedures:

- Send two responsible persons to the Health Lodge with the injured person's name, location, and injury information
- Inform other leaders in the area, and keep the injured person calm until the Health Officer arrives, provide first aid only you the level you are certified

Summer Camp Insurance Coverage

The insurance policy carried by Katahdin Area Council will provide secondary coverage for any accident or illness during the participant's stay at camp. This coverage is available only to registered members of the Katahdin Area Council. Participants from other councils are encouraged to reach out to their local council for a copy of any secondary coverages that may be available to them. Other provisions and exclusions may apply. All insurance inquiries should be directed to the Council Service Center at (207)866-2241.

Snowshoe Pond

Youth Protection

Scouting America Policies regarding Youth Protection must be followed at all times, for the protection of our youth, as well as to protect our adult leaders from allegations of abuse. These include the policies for:

- Two deep leadership
- No one-on-one contact
- Respect for privacy
- No secret organizations
- Constructive discipline
- Supervision
- Anti-Hazing

Separate Accommodations

No youth member is to share or sleep in the same Adirondack/tent as an adult member. Youth sharing accommodations must be no more than two years apart in age.

Reporting Abuse

It is required by law that suspected incidents of child abuse be reported immediately to the state office of children and family services. While in camp, report all suspicions of abuse promptly to the Camp Director or Scout Executive.



Camp-Wide Emergency Situations

Camp Roosevelt has procedures to handle the variety of emergencies that may occur, and camp staff have undergone training in these procedures. If at any time you have questions about what to do during an emergency, please feel free to ask. During an emergency the primary responsibility of unit leaders is the youth in their unit.

Emergency Lineup

In the event of an emergency requiring a camp-wide accounting of all people a siren will be activated. Upon activation of the siren, anyone on camp property is to follow this procedure:

- Report to the Starfire Field (Sports field) immediately, unless otherwise directed.
- Lineup by Unit and Campsite. Visitors to camp and staff will form a separate line.
- Refrain from all unnecessary talking, and follow all directions given by Camp Staff.
- Account for all participants using campsite rosters, as well as camp sign-in and out logs.
- Immediately report unaccounted for participants (youth or adult) to Camp Leadership.
- Remain until all participants are released by a senior staff member, or until directed to go to an alternate location by the same.

Emergency Drill

A camp-wide emergency drill will be conducted each week within 24 hours of everyone arriving at camp, in accordance with Maine State law and National Camp Accreditation Program standards. The drill will not end until everyone has been accounted for using the emergency lineup procedures stated above.

Storms

Severe weather patterns that may impact camp are closely monitored. Senior Camp Staff will determine if an approaching storm poses a danger to participants at camp. When necessary, everyone on camp property will be directed to the Dining Hall to take shelter until the hazardous weather has passed.

In the event that the approach of a storm does not allow time for all participants to safely arrive at the Dining Hall, the Pamola Lodge and other permanent camp buildings may be used as emergency shelters.

Lost Person

In the event that your unit is unable to account for a youth or adult participant immediately notify the Camp Office and/or a member of the Senior Leadership Team with as much information as possible, including last known whereabouts, and the last time the person was seen.

If the person has gone missing during an aquatics/waterfront activity immediately notify the Aquatics staff so that a lost bather search can be conducted.

Active Shooter

In the event of an active shooter threat to camp evacuate, into a locking building if nearby, or into the tree line. Remain hidden until notified by authorities that the threat has ended.

Fire

In the event of an uncontrolled fire, evacuate your unit to Starfire Field, and report the location of the fire immediately to Camp Staff.

Please remember that firefighting tools are to be used only to allow your unit to safely escape an area, units are not to attempt to fight fires themselves.

General Policies

Visitors to Camp

Units are more than welcome to invite people to come visit them while they are at camp. All visitors must check in at the camp office on arrival. If the visitor will be joining us for a meal there will be a small fee, and we ask that you please let us know as far in advance as possible so that the kitchen can be notified.

Any visitor to camp who does not have a current Youth Protection Training certificate must be accompanied by, and in view of, a YPT trained registered adult who is at least 21 at all times.

Overnight visitors may be allowed at the discretion of the Camp Director or their designee. Overnight visitors to camp must be registered members of Scouting America, and have a current YPT certificate.

Allergens

Camp Roosevelt is not a nut or other allergen free environment. If you have specific allergen concerns, please contact us as soon as possible so that we may plan how to accommodate your needs.

Buddy System

All scouts are expected utilize the buddy system while traveling around camp. Specific questions or concerns about the implementation of the buddy system should be addressed to the Camp Director

Walking

There are many natural objects and steep inclines in camp. For this reason all participants are expected to walk when moving around camp, to prevent injury

Campsites

Campsites are a unit's home while they are with us at camp. We ask that everyone be respectful of this, and ask permission before entering another unit's campsite. Units are encouraged to host each other for fellowship opportunities in their campsites.

Campfires and Open Flames

Each campsite is equipped with a campfire ring for the use of units while in camp. Units must follow the Fireguard Plan while having campfires, and an adult leader must supervise. The burning of deadwood found around the campsite is permissible, but the use of standing trees is not.

Camp Roosevelt follows the guidance of the Maine Forest Service for the prevention of wildfires, and may suspend the use of campfires because of high fire danger ratings.

Units are permitted to bring gas or propane appliances and charcoal for use in their campsite. The use of these materials requires adult supervision.

A reminder that open flames and gas/propane lanterns pose a fire hazard in tents and Adirondacks, and as such are not allowed to be used within them.

Food in Campsites

Units are permitted and encouraged to have food in their campsites. All food should be secured in tightly sealed containers to avoid attracting unwanted wildlife to join your unit for a meal.

Clotheslines

Clotheslines should always be strung at least six feet high, and away from trails. In addition clotheslines should always have something hung on them to increase visibility. Tent outriggers and guy-lines should not be used as clotheslines.

Trash Disposal

Trash generated in your campsite should be placed in secure garbage bags, and can then be placed in the dumpsters located behind the Dining Hall. Do not leave unsecured trash out overnight, to prevent our friendly wildlife from making a meal of it.

All participants are asked to help keep our camp clean and free of litter.

Taps

Taps is played at 9:30 each night. Scouts are asked to be in their own campsites at this time, unless attending a special camp or unit program. We ask that all participants be mindful of their noise level after Taps.

Knives

Fixed blade knives, and knives with blades longer than 5" are prohibited at camp. Leaders are responsible for ensuring that the scouts in their unit have the proper training, and are using knives responsibly.

Tobacco Products

Smoking; including the use of electronic cigarettes, personal vaporizers, or electronic nicotine delivery systems that simulate tobacco smoking; and the use of smokeless tobacco is PROHIBITED in Camp Roosevelt at any time except in a designated non-visible area. You will be notified of this location upon your arrival at camp. By law tobacco products are not to be used by anyone under the age of 21.

Alcohol and Drugs

As outlined in the Scouter Code of Conduct, Scouting activities are not a place to possess, distribute, transport, consume, or use any of the following items prohibited by law or in violation of any Scouting rules, regulations, and policies: alcoholic beverages or controlled substances, including marijuana.

In addition, the Code of Conduct specifies that if you are taking prescription medications with the potential of impairing any functioning or judgment, you will not engage in activities that would put youth at risk, including driving or operating equipment.

Domesticated Animal Policy

Pets will not be allowed at Camp Roosevelt without prior permission from the Camp Director or the Scout Executive. Service animals are an exception to this rule.

Under the ADA, a service animal is defined as a dog that has been individually trained to do work or perform tasks for an individual with a disability. The task or tasks performed by the dog must be directly related to the person's disability.

Campsite Requests

Units may request specific campsites for their stay. We understand that staying in the same campsite creates a feeling of coming "home" year after year. We will make every effort to accommodate these requests, but cannot guarantee a particular site, or exclusive use of a particular site.

Camp Roosevelt has two campsites designed to provide ease of access to individuals with disabilities. Use of these sites will be reserved for units attending with individuals who need these accommodations. If your unit is requesting one of these sites you will need to make your request directly through the Camp Director.

Please note that the use of a CPAP machine does not necessitate use of these sites, as we are more than happy to provide charging for battery packs during the day.

Clothing

Footwear

Close-toed, Closed-heel shoes are required in all areas, with the exception of the waterfront. Athletic or hiking shoes/boots are highly recommended.

Water shoes, Crocs, and closed-toe sandals are allowed for use at the waterfront

Hats

Hats are to be removed while in the Dining Hall, with the exception of religious headwear worn in accordance with one's faith.

Field Uniforms

The wearing of uniforms is one of the primary methods of delivery of the scout program. For this reason we ask that field uniforms be worn for evening flag retreat, the evening meal, and for opening and closing campfire. Any scouts wishing to participate as part of a color guard for flag raising or lowering will also need to wear their complete field uniform.

Clothing (Non-Aquatic)

All clothing shall be neat, clean, be appropriate for the given activity, and acceptable in repair and appearance.

Clothing that is prohibited includes:

- Articles of clothing which display profanity, violence, sexual behavior, or a hostile environment of any kind.
- Articles of clothing containing products or slogans which promote tobacco, alcohol, drugs, or sex.
- Items of clothing which expose bare midriffs, bare chests, undergarments (with the exception of slightly exposed bra straps), or items of clothing which are transparent.
- Visible undergarments.

Aquatics Attire:

Swimwear should be comfortable, functional, and appropriate for the specific activity. Specifically, aquatics attire must be:

- Clean and in good repair
- Designed as swimwear
- Appropriate to the activity (e.g. athletic-style swimsuits, tankinis, or swim shorts)
- Secure enough to not shift or fall off while participating
- A t-shirt or additional layer is allowed if it does not hamper movement in the water.

No string, thong, or crochet swimsuits are allowed. Swimsuits should not become fully transparent when wet.

Attire Concerns

Any concerns about scout attire should be taken to the Camp Director or Scout Executive. At no point should an adult participant attempt to address attire concerns directly to a youth not of their own unit.

Camp Services

Commissioners

Our staff are here to help make your stay at Camp Roosevelt a positive one. They are your network for communications here at camp. They are ready to answer questions, and help resolve any problems that may arise during your stay. They will also be responsible for conducting your daily campsite inspection, to ensure that everyone has a safe and clean environment at camp.

Quartermaster

The camp Quartermaster is available to provide things such as toilet paper, garbage bags, cleaning supplies, rags, and other campsite equipment your unit may need. The quartermaster store is located behind the Pamola Lodge. The hours of the quartermaster store will be posted outside the building, as well as on camp informational bulletin boards. If you need supplies outside these hours, please coordinate with the Quartermaster and/or the Camp Commissioner

Trading Post

No camp would be complete without a Trading Post. Located in the center of camp our Camp Trading Post is not just a store, it is a gathering place for friendship and fellowship. A variety of souvenirs, comfort items, scouting supplies, snacks, and beverages are available for purchase.

Please note that the Trading Post is not responsible for, and does not regulate, the purchasing habits of any participant. Any personal or unit level purchasing guidelines are solely the responsibility of the unit leadership.

The hours of the Trading Post will be posted outside the building, as well as on camp informational bulletin boards

Shower and Toilet Facilities

Each campsite has access to a toileting facility, most are equipped with a KYBO (latrine). There are also several locations with plumbed toileting. In addition, there are also several shower facilities located on camp property. All participants are required to adhere to Youth Protection Policies in regards to showering facilities, and must follow all posted signage in regards to gender and age use of shower and toilet facilities.

Units are responsible for the cleanliness of the toileting facilities within their campsite, and all participants are asked to help us maintain the cleanliness of shared facilities.

Individuals with Special Needs

Camp Roosevelt is a welcoming and inclusive environment. We encourage every individual to attend summer camp, and will make all reasonable efforts to accommodate individuals with special needs. Please contact the Camp Director or the Council Service Center as soon as possible for any special arrangements that need to be made.

Camp Chaplain

Scouting America recognizes faith as an integral part of the character building process. Katahdin Area Council and Camp Roosevelt encourages all of our members to adhere to the beliefs and practices of their faith, while respecting the beliefs and practices of others. To this end, a non-denominational vespers service will be held every week at camp. Attendance is not mandatory, but no other camp programming will take place during this time. Those who choose not to attend vespers service are asked to spend this time demonstrating reverence in the way that best suits their beliefs.

Our Camp Chaplain is available to everyone for counseling during the camp season. Arrangements to see the Chaplain when they are not at camp can be made through the camp office.

Dining Hall

Camp Roosevelt uses a food service contractor to provide meals during the summer camp season. Your unit will be assigned a table or tables that are yours for breakfast and dinner, to allow the unit to sit together and plan/review the day. Lunch is open seating, and participants are encouraged to sit with members of other units to help build stronger bonds within our scouting family. The Dining Hall Steward oversees the operation of the Dining Hall program.

Meal Times

Breakfast and Dinner follow immediately after flag ceremonies, and begin at the times listed below. Lunch is served buffet style at anytime during the time below (although those who choose to wait until the end of lunch run the risk of less availability)

Breakfast	7:30am-8:00am
Lunch	12:00pm-1:00pm
Dinner	6:00pm-6:45pm

Waitstaff

Each table will have two participants assigned as waitstaff for breakfasts and dinners. These waitstaff are responsible for setting the table before meals, running food during the meal, and cleaning after the meal. Waitstaff are typically assigned through a rotational system, but each unit is free to assign waiters in the method they see fit. The Dining Hall Steward will review these procedures during the check-in process.

Staff Totems

Each table in the dining hall seats ten people. When units are assigned tables in the dining hall a sign will indicate how many members of the unit should sit at that table, and how many “guest” slots they will have. These guest slots serve as space for staff member to join a unit during meals. While setting the table for the meal, the waitstaff for that table will select a number of staff totems equal to the number of empty guest slots.

Cheers, Songs, and Skits

Dining hall cheers and skits help add to the fun and festive atmosphere of the dining hall program. However, we ask that Dining Hall skits and cheers occur only during the last fifteen minutes of the meal, to allow time for eating and conversation at the table.

If your unit is interested in signing up to lead the dining hall in a song during the meal, please see the Program Director no later than the previous meal.

Special Dietary Needs

We will make all reasonable efforts to accommodate the special dietary needs of any participant. Any participant with a special dietary need should reach out to the Camp Director or the Council Service Center at the time of registration. This will give us adequate time to discuss individual needs, and coordinate with our food service partner to determine if those needs can be met. Please note that we cannot guarantee our ability to meet all dietary needs.

Reminder-all special dietary needs must also be listed on the participant’s medical form.

What to Bring

Recommended Personal Gear

- Jacket/Rain gear**
- Water shoes
- Personal first aid kit
- Notebook
- Pens/Pencils
- Water bottle**
- Pocket knife
- Field uniform**
- Medication in original containers**
- Extra clothing**
- Toiletry items**
- Towels (Shower and Waterfront)
- Sneakers/Hiking boots**
- Swimwear
- Sunscreen**
- Scout handbook

- Sleep wear
- Sleeping bag**
- Sleeping pad
- Flashlight
- Batteries
- Non-Aerosol bug spray
- Day pack
- Book of faith
- Reference books
- Binoculars
- Camera
- Compass
- Cards
- Portable board games
- Fishing gear

Items in bold are items that are highly recommended/necessary for full participation in camp programs

Prohibited Items

- × Fireworks
- × Squirt guns
- × Alcohol
- × Drugs (including marijuana)
- × Personal firearms or ammunition
- × Personal climbing equipment
- × Personal bow and arrows
- × Knives with fixed blades, or blades over 5" in length.
- × Pets.
- × Inappropriate or pornographic material

Cell Phones

One of the missions of Camp Roosevelt is to be a place where participants can disconnect from our increasingly tech centered world. To this end, the use of cell phones by Scouts in program and common areas is prohibited. We encourage unit leaders to extend this ban to the unit campsite, but leave this decision to the unit leader's discretion.

We ask that adult participants refrain from using their cell phones in these areas, with the exception of using them to take photos and videos of programmatic activities. We understand that there are times when adult participants will need to make or receive calls, and simply ask that you find a private space to do so.

Communications to Camp

Phone/Fax

Phone: (207)843-6216 {During the Camp Season}

Fax: (207)843-0643

Messages

With the exception of a emergency situations, a message will be taken for all incoming phone calls, and will be placed in the appropriate campsite mailbox for retrieval by the unit leadership.

Calls Home

The decision to allow a scout to call home rests on the unit leadership. Studies have shown that telling a youth who is experiencing the feeling of missing home they cannot call home tends to worsen the feelings, as we now serve as a barrier to them rather than a support system. It is recommended instead for a unit leader to call home first, and help prepare the parent/guardian for how to encourage their youth to stay at camp, and then to allow the youth to call them. Camp leadership is happy to provide resources for leaders and families on dealing with feelings of missing home upon request.

Mail

Please use the following address format when mailing things to camp:

Unit # and/or Campsite
Name of Person
Katahdin Scout Reservation
45 Camp Roosevelt Rd.
Eddington, ME 04428

Incoming mail is sorted daily and placed into campsite mailboxes for retrieval by unit leadership. Please remember to allow enough time for mail to arrive at camp during the intended recipients stay at camp.

Packages

Packages sent to camp will be stored in the camp office, and a note will be placed in the campsite mailbox letting the unit leader know that they have a package to be picked up. Please remember that Camp Roosevelt and Katahdin Area Council are not responsible for lost or damaged items that are mailed to camp.

Council Service Center

Year-round communications can be directed to the Katahdin Area Council Service Center

Mailing Address:

Katahdin Area Council
90 Kelley Rd.
Orono, ME 04473
ATTN: Camp Roosevelt

Phone: (207) 866-2241

Fax: (207) 866-3283

katahdinareabsa.org

Directions

Camp Roosevelt is located just 13 miles from Bangor, and can be reached by either State Highway Route 9 (Airline Road) or US Highway Route 1A (Bar Harbor Road)

GPS units will accurately give directions to the entrance of Camp Roosevelt. The physical address is:

45 Camp Roosevelt Road, Eddington, Maine 04428

Driving Directions from Route 9

- From Route 9, turn **West** onto route 46 (Jarvis Gore Drive)
- Go 0.5 miles—**left** turn onto Black Cap Road
- Go 0.5 miles—**left** turn onto Camp Roosevelt Road
- Go 0.9 miles—**left** turn onto Maggie's Way
- Vigue Center (Dining Hall) is straight ahead

Driving Directions from Route 1A

- From Route 9, turn **East** onto route 46 (Jarvis Gore Drive)
- Go 4.5 miles—**right** turn onto Black Cap Road
- Go 0.5 miles—**left** turn onto Camp Roosevelt Road
- Go 0.9 miles—**left** turn onto Maggie's Way
- Vigue Center (Dining Hall) is straight ahead





**PHOTO, VIDEO AND AUDIO
RELEASE FORM**

I hereby assign and grant to Scouting America the right and permission to use and publish the photographs/film/video tapes/electronic representations and/or sound recordings made of me this date by Scouting America, and I hereby release Scouting America from any and all liability from such use and publication.

I hereby authorize the reproduction, sale, copyright, exhibit, broadcast, electronic storage and/or distribution of said photographs/film/video tapes/electronic representations and/or sound recordings without limitation at the discretion of Scouting America, and I specifically waive any right to any compensation I may have any of the forgoing.

PLEASE PRINT CLEARLY

Name: _____

Email Address: _____

Cell #: _____

Unit #: _____ Unit City: _____

Signed: _____

Date: _____

Requires a parent/guardian signature if the above Scout is under 18 years of age.

Guardian Signature: _____

Date: _____

Part A: Informed Consent, Release Agreement, and Authorization

Full name: _____
 Date of birth: _____

High-intensity training/activities:
 Organization for: _____
 or affiliation: _____

Informed Consent, Release Agreement, and Authorization

I understand that participating in the following activities involves the risk of personal injury, including death, due to the physical nature of the activities. I understand that the activities involve strenuous cardiovascular conditioning, including but not limited to, cardiovascular upper body strength and endurance training, and I understand that the activities involve strenuous and require participants to be conditioned for such activities. I understand that the activities involve strenuous and require participants to be conditioned for such activities.

In case of an emergency involving me or myself, I understand that the activities involve the risk of personal injury, including death, due to the physical nature of the activities. I understand that the activities involve strenuous cardiovascular conditioning, including but not limited to, cardiovascular upper body strength and endurance training, and I understand that the activities involve strenuous and require participants to be conditioned for such activities. I understand that the activities involve strenuous and require participants to be conditioned for such activities.

If I sustain a head injury, I understand that the activities involve the risk of personal injury, including death, due to the physical nature of the activities. I understand that the activities involve strenuous cardiovascular conditioning, including but not limited to, cardiovascular upper body strength and endurance training, and I understand that the activities involve strenuous and require participants to be conditioned for such activities.

With participation in the program, activities associated with organized activities, as they are defined under the definition of organized activities, including but not limited to, organized activities, I understand that the activities involve strenuous and require participants to be conditioned for such activities. I understand that the activities involve strenuous and require participants to be conditioned for such activities.

I understand that participating in the following activities involves the risk of personal injury, including death, due to the physical nature of the activities. I understand that the activities involve strenuous cardiovascular conditioning, including but not limited to, cardiovascular upper body strength and endurance training, and I understand that the activities involve strenuous and require participants to be conditioned for such activities. I understand that the activities involve strenuous and require participants to be conditioned for such activities.

I understand that participating in the following activities involves the risk of personal injury, including death, due to the physical nature of the activities. I understand that the activities involve strenuous cardiovascular conditioning, including but not limited to, cardiovascular upper body strength and endurance training, and I understand that the activities involve strenuous and require participants to be conditioned for such activities.

I understand that participating in the following activities involves the risk of personal injury, including death, due to the physical nature of the activities. I understand that the activities involve strenuous cardiovascular conditioning, including but not limited to, cardiovascular upper body strength and endurance training, and I understand that the activities involve strenuous and require participants to be conditioned for such activities.

I understand that participating in the following activities involves the risk of personal injury, including death, due to the physical nature of the activities. I understand that the activities involve strenuous cardiovascular conditioning, including but not limited to, cardiovascular upper body strength and endurance training, and I understand that the activities involve strenuous and require participants to be conditioned for such activities.

NOTE: Due to the nature of program and activities, the high intensity of activities and level of conditioning, participants may experience a greater risk of injury. However, as that risk is not a condition of participation, it is not a condition of participation. In any situation where a participant is injured, the program will provide the best possible care.

Not participating/activities, I agree I disagree

I understand that I am releasing the following individuals from liability for any and all injuries, including but not limited to, personal injury, including death, due to the physical nature of the activities. I understand that the activities involve strenuous cardiovascular conditioning, including but not limited to, cardiovascular upper body strength and endurance training, and I understand that the activities involve strenuous and require participants to be conditioned for such activities. I understand that the activities involve strenuous and require participants to be conditioned for such activities.

Participant's signature: _____ Date: _____

Participant's signature (youth): _____ Date: _____

(signature must be legible)

Complete this section for youth participants only:

Adults authorized to take youth to and from events:

No. youth participants: _____ and Please include a phone number:
 Name: _____
 Name: _____

Name: _____
 Name: _____

Adults **NOT** authorized to take youth to and from events:

Name: _____
 Name: _____

Name: _____
 Name: _____

Part C: Pre-Participation Physical

This pre-participation physical is completed by a licensed physician (MD) or a nurse practitioner or physician assistant.

Full name: _____

High-intensity team participant Registration No: _____ or selection: _____
--

Date of birth: _____



No warning label is visible, which is prohibited for participation in a sporting activity. For information on the warning label, please refer to the supplemental information on the following page or the form publisher's product manual. Please do not use a warning system that does not comply with the applicable standard.

Please fill in the following information:

No.	Sex	Height
Medical examination participants		

No.	Sex	Height (cm)	Weight (kg)	Height (in)	Weight (lb)
		Medicine			
		Base			
		Football/ice hockey			

Height (cm)	Weight (kg)	Sex	Event Category	Point

Normal	Abnormal	Significant abnormality
Eye		
Cardiovascular		
Lungs		
Head		
Neck		
Neurological		
Musculoskeletal		
Neurological		
Other		

Examiner's Certification

I certify that I am licensed to perform pre-participation physical examinations and that I am not providing any medical services to participants in a sporting activity.

True	False	Explain
		Medical history is complete.
		The participant's medical history is complete.
		The participant's medical history is complete, and I am not providing any medical services to participants in a sporting activity.
		The participant's medical history is complete.
		The participant's medical history is complete.
		I am not providing any medical services.
		I am not providing any medical services.

Examiner's signature: _____ Date: _____

Examiner's profession: _____

Address: _____

City: _____ State: _____ Zip code: _____

Other phone: _____

Participant's Certification

I hereby certify that I am not providing any medical services to participants in a sporting activity and that I am not providing any medical services to participants in a sporting activity.

Participant's signature: _____

Height (cm)	Max. Weight						
151	104	152	105	153	106	154	107
152	105	153	106	154	107	155	108
153	106	154	107	155	108	156	109
154	107	155	108	156	109	157	110
155	108	156	109	157	110	158	111
156	109	157	110	158	111	159	112





Katahdin Area Council



Camp Roosevelt

Built for Scouting



Katahdin Scout Reservation | 207. 866. 2241 | 45 Camp Roosevelt Road, Eddington, Maine 04428

Scouting America

Katahdin Area Council

90 Kelley Rd, Orono, ME 04473 | katahdinareabsa.org | (207) 866-2241