

Cut Throat Kitchen 3

“Return to Camp Kanza”



Dear Scouts and Scouters-

Welcome to the 3rd Annual Cutthroat Kitchen– A Kanza Reunion Tour, the event that will challenge your culinary skills while competing against other Scouts for this year’s coveted GOLDEN VHS! The program promises to be an action packed weekend with new challenges, fun activities, reliving the good old days, along with the favorite meal challenges. We have something planned for everyone. Friday evening will include a special OA campfire at the original OA campfire ring. Saturday’s events will include the much-anticipated cooking competitions for breakfast, lunch, dinner, and dessert, along with activities and challenges to entertain all. New this year– a chance to enter the Iron Chef competition! We’ll end the day Saturday by sharing desserts will all, a Campfire program and Awards. We hope your unit joins us at Camp Kapun (formerly Camp Kanza) for this retro themed event.

The information in this Leader’s Guide will help you and your Scouts have a fun filled and safe weekend event!

- Check-in will begin at 5:00 p.m. on Friday. The unit must bring and maintain the completed A&B health form for each participant.
- The venue charges our event per camper, per night. Units should indicate if they are staying 1 or 2 nights.
- All meals are planned and prepared by patrols.
- The Scout handbook contains checklists for camping gear. Please be prepared for a weekend of camping. This event will be held rain or shine!
- Units are encouraged to prepare and display duty rosters and menus in their campsite
- Units can compete in the cooking competition in any sized group they’d like to, however as with the rest of the Scouting Program, a Patrol sized team tends to work best.
- Units must provide two-deep leadership. All adults onsite must have current youth protection. **Non– BSA registered adults may not spend the night.**
- Before checking out, all units will have their campsite inspected. Following inspection, units will receive their check-out packet.
- This event is for Scouts BSA Troops and Crews. Webelos are allowed to attend the event with an attending Troop.

The Scoutmaster and Senior Patrol Leader should review the entire leader’s guide for important information, schedules, and planning assistance.

We can’t wait to see you at Cutthroat Kitchen!

Registration:

Registration should be completed on Black Pug. All attendees must be registered. **All adults spending the night must be registered with Quivira Council in a adult fee required position.** Early Bird registration through August 4th.

- Youth staying 1 night: \$25
- Adults staying 1 nights: \$20
- 2nd night is \$10

Registration after August 4th:

- All attendees: \$40

First Aid:

First aid assistance will be available at headquarters. Each troop or crew should discuss cooking safety before attending and should have a first aid kit for minor injuries.

Safety Regulations:

Fires: All fires should be in a provided fire ring or a burn barrel at least 18 inches off the ground. No ground fires will be allowed. In the event of a burn ban, fires will not be allowed. Troops should include back up cooking methods if intending to cook with fire. In addition:

- All fires must be fully extinguished and coals disposed of properly
- Units should bring their own firewood
- Fires must be monitored at all times until the fire is “cold out”

Food Safety: Each unit is responsible for knowing and adhering to all food safety guidelines including, but not limited to:

- Safe storage and handling of food
- Cross contamination
- Safe cooking temperatures (as food will be served to judges, all units should bring and use a food safe thermometer)
- The three pot sanitizing/dish washing method recommended by the BSA
- Prevention of food-borne illness

Allergies: **Units should declare all food allergies or dietary restrictions when registering youth and adults for this event.**

The Cooking Competition Rules

1. This is a test of the patrol's cooking skills in a camping environment. Patrols may use whatever cooking method(s) they choose.
2. Adults may supervise and intervene in a safety situation, but should not participate in the preparation or cooking of food. (Adults may enter the adult competition!)
3. Each entry should be presented with a written copy of the menu.
4. Entries provided for judging should be a small portion (about 1/4 of the size of a youth portion) of the meal. A meal that includes several dishes (ex. an entrée, a vegetable, a grain) should include a taste of each food.
5. Patrols may enter as many or as few of the competitions as they wish. Each patrol may only submit one entry for each competition, however a troop may have more than one patrol.
6. Points will be awarded for each competition, the grand prize winner will be the patrol with the highest number of points. The Friday night Cracker Barrel is for bonus points only. These points will be used in the event of a tie.
7. Units are responsible for providing all food and cooking equipment, **with the exception of the Iron Chef Challenge (see below).**

The Iron Chef Challenge

1. Scouts wishing to enter the Iron Chef challenge should indicate their interest on the Black Pug Registration
2. Names will be drawn and announced Saturday morning of who will be participating in the Iron Chef Challenge.
3. 2 patrols made of 5 random scouts will be able to compete live in front of an audience and our celebrity judges. (Scouts interested should indicate this during registration).
4. All cooking supplies and food for this challenge will be provided.
5. The winning patrol will be honored with a special award AND, of course, bragging rights!

The Youth Cooking Competition consists of the following:

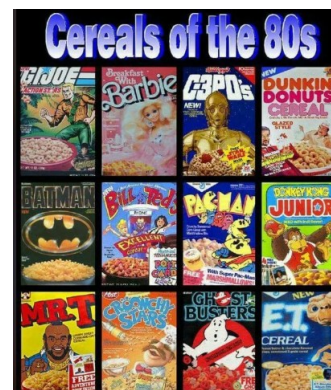
Friday Evening Cracker-Barrel

A Cracker– Barrel is the name we give the snacks eaten together at the end of a long day of camping, or after setting up camp. This is a time for relaxation and fellowship. Food can consist of savory or sweet, or sometimes a mix of both! **For this event, Judges will visit each campsite between 9 and 9:30 pm Friday evening to say hi and check in with each unit. Patrols wishing to compete for this meal should present the judges a sample of their favorite cracker barrel item. Patrols will be judged on both taste and presentation!**

Breakfast– Eggs, Pop-Tarts, and Cereal; oh my!

Eggs, Pop-Tarts, and Cereal were the cornerstone of many 80's breakfast tables. For this challenge, Patrols should pay homage to these classics.

Judges will be looking for innovative ways to incorporate these nostalgic foods



Lunch– Every size pizza is a personal size if you try hard enough!

In the 80's, the Pizza Hut BOOK IT! Program became a nationwide initiative to encourage reading in schools by rewarding students with free pizza for reading books. In this throwback challenge, Patrols should create their favorite literary meal. Cornbread from Little House on the

Prairie? A magical feast from Harry Potter? Biscuits and jam a la Lord of the Rings? The sky is the limit on this challenge.

Dinner– Be Kind Rewind, all the way back to the 80's!

For this challenge– patrols should bring back the tastes of the 80's! We want to see your best 80's themed meal! Don't forget to dress the part– we want to see your best 80's looks too!



Dessert– Cake it easy and enjoy the sweet life!

Back by popular demand– the dessert competition! Nobody is more creative than a group of Scouts with an impossible challenge! For this event, patrols should break out their thinking caps and think outside the box to bring an **Edible Illusion** to the dessert challenge. **For the first time ever–** desserts will be presented to the

camp.



Scouts



WHOLE
will get the



opportunity to show off their hard work and taste test too!

Adult Leader Competitions:

Don't worry, adults won't be left out of the fun! Adults will have some special events this year.

- Time to break out your old Scouting memorabilia– prizes will be awarded for the oldest Camp Kanza Swag!
- Does anyone else feel like the 80s was just 20 years ago?? Look around camp for our 80's themed "Easter Eggs". Find them all for a special prize!
- Adults wishing to participate in the cooking competition will be able to enter the **lunch** challenge this year. Adult patrols must follow the same challenge as the Scouts!

Cub Scouts at Cutthroat Kitchen-

Cutthroat Kitchen is a good opportunity for Webelos and Arrow of Light Scouts to join their partner Troop for a Troop level campout in what is typically good weather. Scout leaders should review the most current [Age Appropriate Guidelines](#) for Scouting Activities to ensure that the Guide to Safe Scouting is followed with all cooking activities. Younger scouts, or tag-along siblings are not allowed. Webelos and Arrow of Light Scouts are not able to join the Iron Chef Challenge

