



NYLT Packing List

Camping Essentials:

- Tent
- Sleeping bag
- Sleeping pad
- Camping pillow

Clothing:

- Field Uniform
- Hiking shorts
- Polo/t-shirts (activity uniform)
- Belt
- Hat
- Raingear
- Socks (wool or polyester)
- Underwear
- Jacket or Sweatshirt
- Sleep clothes
- Hiking boots (Broken in)
- Tennis Shoes

Optional Items:

- Camp chair
- First aid kit
- Sunglasses

Personal Gear:

- Mess Kit
- Water Bottle
- Towel
- Washcloth/Loofah
- Daypack with water bladder
- Flashlight or headlamp
- Insect Repellant
- Sunscreen
- Toiletry kit (toothbrush, toothpaste, shampoo, conditioner, bodywash, hairbrush, lip balm)
- Shower Shoes