

WINTER CAMPING GEAR

RECOMMENDED ITEMS	
2-3 pairs of synthetic, silk, or wool long underwear (tops and bottoms - NO COTTON).	If you bring two pair, one pair will be for day use, the other will be for sleeping. If you bring three pair, you can put on a fresh pair at night and not have to change out of them in the morning.
2 midweight fleece or wool pullovers – NO COTTON	
Warm fleece jacket	
Outer wind layer jacket	This is a wind resistant jacket, NOT a winter coat. Better to wear layers than one heavy coat. Throughout the weekend, air temperature and body temperature will fluctuate greatly. Layered clothing is the best way to manage this.
2 pair wool or fleece pants - NO COTTON	
Wind pants	These are nylon, wind-resistant pants that go over the wool or fleece pants to provide protection from the wind and snow. Layering is better than wearing a heavy pair of snow pants, which can cause overheating. However, snow pants are acceptable if fleece and wind pants are not available.
2 pairs liner gloves - NO COTTON	
2-3 pairs of mittens (mittens are warmer than gloves)	
2-3 pairs liner socks - NO COTTON	silk or synthetic material
2-3 pairs wool or heavy synthetic socks	
Sleep clothes	If not wearing tomorrow's clean clothes to bed, you will need dedicated sleep clothes. Do NOT go to bed in clothes that were worn during the day. The inevitable moisture in the clothing will draw heat away from your body at night.
Warm waterproof winter boots (e.g., Sorels or Kamiks) preferably with removable liners	Removable liners are ideal because the liner can be put in the sleeping bag at night and kept warm. That way, you put warm boots on in the morning.
2 Winter Hats (windproof synthetic or wool best)	One of these will be used for sleeping ONLY.
Scarf, Neck Gaiter, or Balaclava	
Sunglasses or Snow Goggles	

Warm Sleeping bag	If you have a sleeping bag that has a temperature rating, know what it is and check the weather forecast for the weekend. Understand that the rating is survivability, not comfort. A fleece sleeping bag liner, or fleece blanket can add an extra 5-10 degrees for comfort. If you don't know what your sleeping bag is rated to, assume it is around 40-50 degrees.
Sleeping bag liner, fleece blanket, or 2nd sleeping bag, if needed	
2 sleeping pads – closed cell foam pad recommended	Most of your body heat is lost to the ground at night, not the air. An air-filled pad will work in conjunction with a closed cell style if that is all that is available
Water bottle	It is recommended that you bring a standard size Nalgene. Not only do you need to stay hydrated, they will be filled at night with hot water and put in the sleeping bag to help stay warm. Make sure the bottle has NO leaks.
Insulated coffee cup or travel mug for hot beverages.	
Plastic Cup, bowl and spoon	Metal utensils will be cold.
Duffel Bag or large backpack for all gear.	Waterproof duffel is ideal. Store critical items like socks and spare mittens in plastic Ziploc bags.
Daypack, or school size backpack	For carrying additional layers or removed layers, in addition to the 10 essentials.
Headlamp and spare batteries in your day pack	It will be dark when we arrive at camp
Class A uniform shirt	
Chapstick	
Toiletries	
Personal 1st Aid kit	
Other items as appropriate	
OPTIONAL	
Suspenders (better than a belt in cold weather)	Restricts circulation less
Fleece Vest	
Hand / Toe warmers	
Sunscreen	