

Course: Backpacking

Counselor: Dan Dehn

Available Sessions: PM Only

Optional Workbook: <http://usscouts.org/mb/worksheets/Backpacking.pdf>

Prerequisites:

6. Do the following:

- (b) While on a trek, use a map and compass to establish your position on the ground at three different locations, OR use a GPS receiver to establish your position on a topographic map and on the ground at three different locations.

8. Do the following:

- (b) Demonstrate that you know how to operate a back packing stove safely and to handle liquid fuel safely.
- (c) Prepare three meals using a stove and fuel you can carry in a backpack.
- (d) Demonstrate that you know how to keep cooking and eating gear clean and sanitary, and that you practice proper methods for food storage while on a back packing trek.

9. Do the following:

- (a) Write a plan that includes a schedule for a patrol/crew backpacking hike of at least 2 miles.
- (b) Conduct a prehike inspection of the patrol and its equipment.
- (c) Show that you know how to properly pack your personal gear and your share of the crew's gear and food.
- (d) Show you can properly shoulder your pack and adjust it for proper wear.
- (e) While using the plan you developed for requirement 9a, carry your fully loaded pack to complete a hike of at least 2 miles.

10. Following the Leave No Trace Seven Principles and the Outdoor Code, participate in at least three backpacking treks of at least three days each and at least 15 miles each, and using at least two different campsites on each trek. Carry everything you will need throughout the trek.

11. Do the following:

- (a) Write a plan for a backpacking trek of at least five days using at least three different campsites and covering at least 30 miles. Your plan must include a description of and route to the trek area, a schedule (including a daily schedule), a list of food and equipment needs, a safety and emergency plan, and a budget.
- (b) Following the Leave No Trace Seven Principles and the Outdoor Code, take the trek as planned in requirement 11(a) that is at least five full days, covering at least 30 miles and utilizing at least three different campsites. While on trek, complete at least one service project approved by your counselor.
- (c) Keep a daily journal during the trek that includes a day-by-day description of your activities, including notes about what worked well and thoughts about improvements that could be made for the next trek.