

Course: Hiking

Counselor: Dan Dehn

Available Sessions: AM Only

Optional Workbook: <http://usscouts.org/mb/worksheets/Hiking.pdf>

Prerequisites:

4. Take four 10-mile hikes and one 20-mile hike, each on a different day, and each of continuous miles. Prepare a written hike plan before each hike and share it with your counselor or a designee for approval before starting the hike. Include map routes, a clothing and equipment list, and a list of items for a trail lunch. You may stop for as many short rest periods as needed, as well as one meal, during each hike, but not for an extended period such as overnight.*

- (a) 10-mile hike #1
- (b) 10-mile hike #2
- (c) 10-mile hike #3
- (d) 10-mile hike #4
- (e) 20-mile hike

5. After each of the hikes (or during each hike if on one continuous "trek") in requirement 4, write a short report on your hike. For each hike, give the date and description (or map) of the route covered, the weather, any interesting things you saw, and any challenges you had and how you overcame them. It may include something you learned about yourself, about the outdoors, or about others you were hiking with. Share this with your counselor.*

*The required hikes for this badge may be used in fulfilling hiking requirements for rank advancement. However, these hikes cannot be used to fulfill requirements of other merit badges.