

Camp Kateri 2026 Camp Chief Little Turtle June 9-13



Resident Camp Guide

Anthony Wayne Scout Reservation—Camp Chief Little Turtle
2282 West 500 South

Pleasant Lake, IN 46779

AHG PHONE #: 260-255-6551

CAMP PHONE/**EMERGENCY** #: 260-475-5099 CAMP FAX #: 260-475-1709

Scouting America Contacts

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AHG Contacts

Camp Director - Melissa Martin

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Camp Team

Joyce Williams & Cody Zimmerman

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Staff Kudos

Our staff LOVES hearing from you! If you see any of us going above and beyond, please let us know! At the end of every week, we celebrate all of our kudos together. Email compliments to ccltkudos@gmail.com or use this QR code, which may also be found in many areas around camp. Also, if you really love your experience here, please give us a review on Google! It will help us draw more campers to our beautiful camp!



Dear American Heritage Girls, Parents, and Leaders,

Welcome to 2026 Camp Kateri! This is our 14th year of serving this program. When we started our Camp, our primary goal was to get families outside, fellowship for our ladies as they meet with new girls in other troops, an opportunity for badges, teach non-campers that you can do this, have a program that serves Him, all in the amazing outdoor 1200 acre C.C.L.T. classroom that He created and continues to bless us with year after year.



Feed back is a gift we take seriously. It brought a change in 2018 to move program to a preset schedule focused on each level rather than a group activity, spend 2 hours a day at the lakefront, attempt to earn 3 badges, and keep camping simple for new campers. We created the Patriot Quest (PQ) program for older girls and is focused on life skills, arts, adventures, and developing friendships in the great outdoors. PQ has zero badgework & the program changes yearly. Because PQ is specific to older girl activities only, their program is an additional \$35 and worth every penny!

We are excited to spend more time with the friendships we have built in previous years and cannot wait to share our Camp Kateri with those of you joining us for the first time! Do not stress about camp and what to do when you arrive other than setting up tents & being ready to play! Everything else is planned and cooked by our staff. SWAPS & tie dye are on the first night before dinner and the slip & slide.

We are a no drama program and we will need you as a leader/parent to help us give the best possible experience and example of Christ-like leadership to our girls. We hope Camp Kateri will be just as much fun for you as it is for our ladies. We strongly recommend that you encourage all of your parents to get registered and join their daughter at Camp Kateri. Camping with their daughter is a unique opportunity to connect with her in the calm of our Creator's outdoor glory. Do not let parents miss out on this blessed opportunity. We look forward to seeing you at the camp kick-off in February and the 3-week-out video meeting on May 20 at 8pm. We have a wonderful team that have worked hard on the badge activities and streamlining the days for maximum fun and minimum fuss!

We require all your paperwork by 5/18/2026, before the 3-weeks-out meeting on 5/20/2026, 8pm. Your camp cost is determined by when you are paid in full. After 5/18/2026, late paperwork has a \$5 fee for camp improvements. Integrity asks that you turn it in at check in without being asked.

Thank you for all the grace given and needed for our volunteers who have worked to give you a great experience. We look forward to seeing you at your best and the joy camp will bring to our daughters. As always, please pray for Camp Kateri and all who will be a part of what makes it wonderful!

Please call Melissa/Missy Martin with any questions, 260-705-0584 or email AHGCamping@gmail.com

*Through caring we serve,
Melissa Martin, Camp Director*

AHG Camp Kateri Team 2026

Jenna Napier, Kym Baldwin, Joyce Willimas, and Cody Zimmerman

The greatest among you will be your servant, Matthew 23:11.

If serving is beneath you, leading is beyond you.

Preparing For Camp

Summer Camp Checklist

- Designate a Troop camp coordination team to make all arrangements and collect paperwork and fees by the deadline.
- Each Troop is responsible for all national Paperwork and adult Ratios
- Hold a camp promotion at a Troop meeting see Flier
- Pay all fees to the Anthony Wayne Area Council using the online payment system, send check, or have parent call Julie by deadline
- Fill out Dietary Restriction form Online (QR & link) by May 18th. <https://forms.gle/1xjQZ93KAAR3SVGd9> 
- Attend the three-week prior Phone/Computer meeting. (5/20@ 8pm) (Leaders & Parents are all Welcome to Join Us) Must Complete AHG Keys & Scouting America S.A.F.E Guarding Youth & Email a copy of the AHG Lanyard and certificate AHGCamping@gmail.com
- Optional: Bring Troop Flag to be put up at Main Flag Poles
- Participation Agreement, Parent/Guardian Permission Slip/Release of liability
- Collect Health Forms & Medication Administration Records & turned in Three weeks prior to camp, (5/18) to AHGCamping@gmail.com.**
(PAPERWORK POLICY: Any attendees paperwork not completely turned in by 3-week out meeting will be charged \$5 per attendee.)
(All Records In One File Per Person Attending Camp)
(Any missing items only send the missing pages)

Leadership Policy:

LEADERSHIP RATIO: Tenderhearts 6 girls to 1 registered leader. Explorers 8 girls to 1 registered leader. PiPa 10 girls to 1 registered leaders. Each group must be under two-deep leadership throughout the duration of resident camp with the ratios above followed.



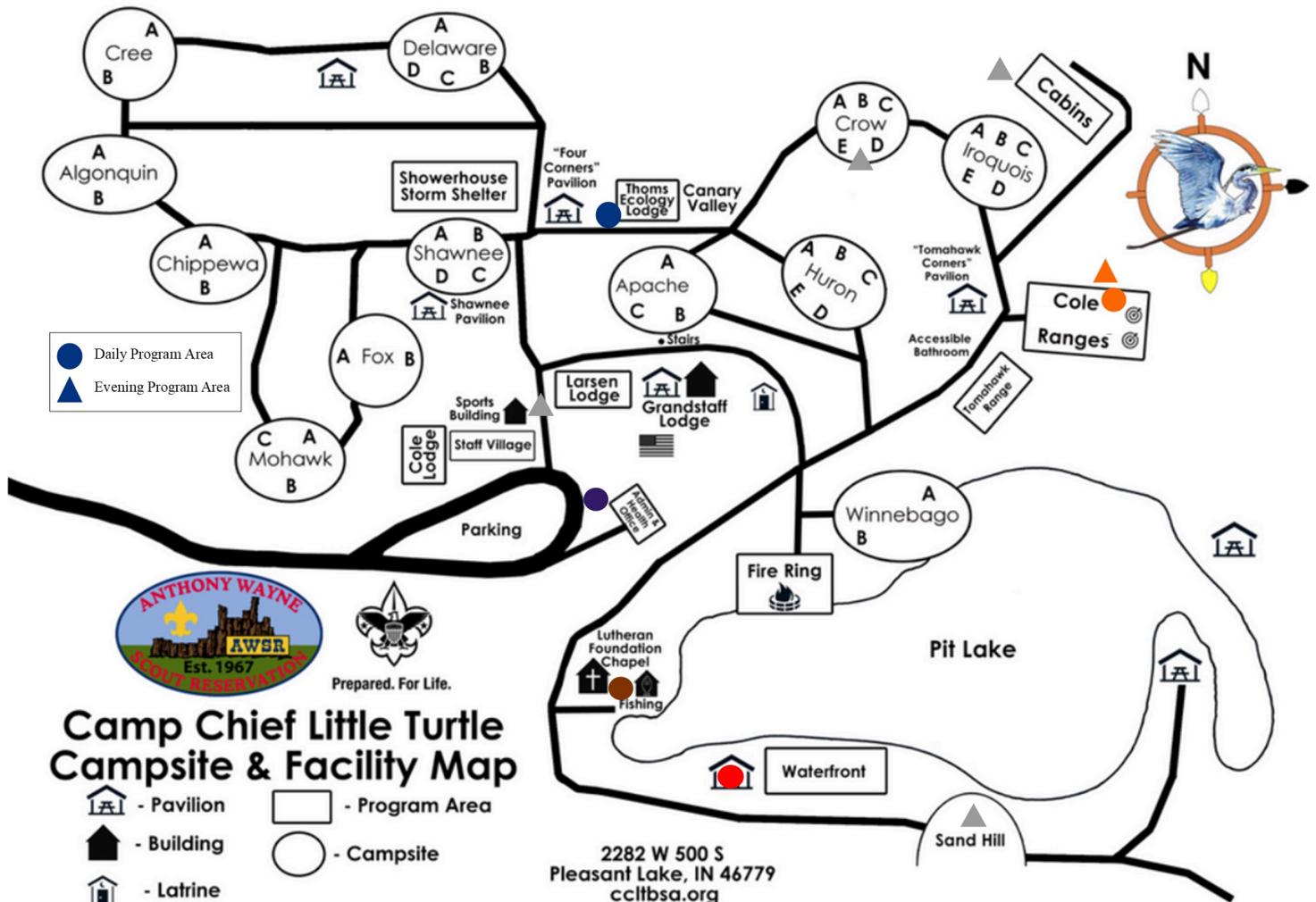
YOUTH PROTECTION: All adults that remain overnight must be current registered members of the AHG, no less than 21 years of age, must have current AHG Keys Training, & completed Scouting America S.A.F.E Guarding Youth. Safety of our Girls is priority #1, no exceptions.

<https://www.scouting.org/training/youth-protection/>

Campsite Description

There are twelve campsites throughout Camp Chief Little Turtle. Each site consists of several patrol sites, a pit latrine, wash stand, fire ring, picnic table, and an ample supply of firewood.

Campsite	Area Type	# of Patrol Sites
Algonquin	Long Wooded	2 (A, B)
Apache	Wooded	3 (A, B, C)
Chippewa	Small Wooded	2 (A, B)
Cree	Wooded	2 (A, B)
Crow	Large Open Field	5 (A, B, C, D, E)
Delaware	Wooded	4 (A, B, C, D)
Fox	Large Wooded	2 (A, B)
Huron	Part Wood/Part Field	5 (A, B, C, D, E)
Iroquois	Large Open Field	5 (A, B, C, D, E)
Mohawk	Large Wooded	3 (A, B, C)
Shawnee	Large Wooded	4 (A, B, C, D)
Winnebago	Wooded over Lake	2 (A, B)



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ccltbsa.org

Camp Fee Schedule

The following payment schedule will be used for AHG Resident Summer Camp. Youth and adults must register and make payments through their Troops Summer Camp Coordinator. Troops will be responsible for making all payments to the Council.

AHG Youth and Adult Fees:

Youth Camper: \$240.00 (*\$210 Early Bird Fee & \$260 Late Fee*)

Adult: \$175.00 (*\$145.00 Early Bird Fee & \$195 Late Fee*)

The early bird fee is \$210 for youth & \$145 for adults if paid in full by March 31, 2026.

The regular camp fee of \$240 applies to all youth and \$175 applies to all adults paid in full by April 28, 2026.

The Late fee is applied to ALL participants who register after April 28, 2026 and will not get a shirt.

Camp fees cover the cost of attending camp. Your youth will want to have some extra spending money for Trading Post snacks and souvenirs.

REFUND POLICY: Any camper fee can be transferred to another camper. Refund requests due to death in the family, serious illness, or severe injury will be handled on a case by case review by the Camp Kateri Camp Committee. It is the responsibility of the troop to keep accurate records of individual payments from youth and adults to the troop. Camp Kateri is responsible for keeping accurate records of payments, credits, and refunds. Please note that NO camper fees will be carried over to the next year. Refundable amount does not include a \$85.00 administration fee. Refund request must be made before the three week out meeting to be considered for a refund.

Pre-Camp Preparation Meeting

This meeting will FINALIZE the program schedule and you will be able to ask any questions relating to your arrival and stay at Camp Chief Little Turtle. Meeting will be a Zoom. The link is posted in the Band. **AHG Camp meeting will be Wednesday, May 20th @ 8:00 pm.**

Before your pre-camp meeting, please have the following already turned in by the 18th for review:

- ♦ **ALL** health forms for those attending camp. Please bring your copy for your files & keep with you at camp. All health forms are kept for 7 years. Medication logs will be copied for your troops records.
- ♦ Medical Dietary Restrictions Forms, Medication Administration Forms & Permission forms (Medication forms need to be completed & signed even if no meds are going to be given)

Upon check-in at camp, please have the following ready to turn in:

- ♦ Swim tests, highly recommend completed prior to attending camp. A copy of Lifeguard Certification is **required** to accompany test results. If it is not provided test will be void.
- ♦ Final roster of all youth and adults.
- ♦ Additional health forms not submitted before the pre-camp meeting & a \$5 per person

Going To Camp

The First Day

FIRST Check-in at the camp office between 10am - 12pm. If for ANY reason you will be late coming to camp, please call the AHG Camp Number (260)-255-6551.

- The first person to arrive from your Troop will receive camp bracelets & a welcome packet.
- Slow moving vehicles at 5mph & trailers will be allowed to proceed to the campsite. After the first day, all vehicles need to be in the parking lot. No pop-up campers, travel trailers, RV's, personal golf carts, motorcycles, UTV's, or ATV's allowed at camp.
- Set up campsite and **eat lunch by 1pm.**
- **1pm, Staff Guides will meet you at your campsite to begin your orientation tour. Please bring:**
 - Towel & swimsuit under clothes for Slip & Slide or Swim Test.
 - Water bottle to stay hydrated
 - One leader should bring all medications to the camp office for check in with the health officer.
 - After orientation is done you can Tie-Dye your camp shirt, enjoy the slip & slide, or take your swim test if time allows
- 5:00pm meet on the Dining Hall porch to trade S.W.A.P.S & meet your flock.
- 5:30pm Dinner with your flock & staff
- 6:45pm Flags on the Parade Field
- 7:00pm Range Training for youth & **A required meeting for all Adults.**
- 8:00 - 9:30pm Opening Campfire
- 10:00pm Lights Out/Quiet Time



**What should I expect
on Check In Day?**

FLAG CEREMONIES

Each troop has the opportunity to participate in our daily flag ceremony. Sign up genius will be available on here and on The Band. Class A is required and training prior to flags each time we have a ceremony.

Sign-Up Here with QR Code:



Troop flags

We encourage everyone to make or purchase a Troop flag. We have enjoyed the creativity we see in design and applications such as on a sheet with the girls handprints! Let your troop spirit fly!



General Information & Camp Policies

CAMP OFFICE: The camp office hours are between 8:00 AM and 8:00 PM, closed 12:30-1:30 for lunch & 6-7 for dinner, but are subject to change. Camp office opens **June 1, 2026** and closes **July 25, 2026**. Outside of these dates please contact the council office.

AHG PHONE: 260-255-6551

CAMP PHONE/EMERGENCY #: 260-475-5099 CAMP FAX #: 260-475-1709

MAIL SERVICE: Mail can be sent and received. Stamps and writing materials are available at the Trading Post. Mail arriving after campers have left will be marked "Return to Sender".

Youth's Name _____ Troop # _____

Anthony Wayne Scout Reservation

2282 W 500 S

Pleasant Lake, IN 46779-9643

LOST AND FOUND: Most lost and found items will be kept outside of the Trading Post while valuable items will be kept at the camp office. AWAC is not responsible for any unit or personal items that may be lost, stolen, or damaged. **Items are donated of one week after each camp session.**

VISITOR POLICY: Due to AHG Policy no visitors will be permitted with out prior permission. Meals are \$12 each if your visitors are planning on eating with you .

FIREWORKS/FIREARMS: Personal firearms, fireworks, ammunition & bow hunting equipment are strictly prohibited. Sheath Knives used as camp tools may be used by adults 18 years & older, NOT by youth.

CAMPFIRE POLICY:

Fire Rings: All fires must be burned in a fire ring. No materials are to be burned outside of the fire ring. Fire rings and firewood will be provided by the Anthony Wayne Scout Reservation.

Fuel: Only wood provided by the Scout Reservation (with the exception of kiln dried lumber) is to be burned at camp. Liquid fuels (white gas, lantern fuel, lighter fluid, etc.) must be stored in a ventilated, locking box a minimum of 20 feet from all buildings, tents and open flames.

Area and Safety considerations: It is recommended that an area of 10 feet around the fire ring area be checked for and cleared of flammable debris prior to starting any fire use the Fire Guard Sheet given at check in for more information.

PERSONAL GEAR: A suggested list of personal gear is on the final page on this packet. Everything you will need can easily be packed in a backpack. The less you bring, the easier it is to transport to your campsite. Girls should bring at least two pairs of shoes, including one pair of hiking boots/shoes. NO Flip flops are allowed in camp except at the showerhouse.

All personal gear should be marked with Youth name & Troop number.

CAMP HOUSING: Each site consists of several patrol sites, a pit latrine, wash stand, fire ring, picnic table, and an ample supply of firewood. **Camp management reserves the right to re-assign campsites and units. All units should plan on sharing the site with other units as there are multiple unit sites in each site.**

CAMP SHOWERS: Located near Shawnee Campsite. **Units MUST have adult supervision present when their Youth are using the facility. Adults and Youth are responsible for keeping the shower house and restrooms in good order.**

CELL PHONE POLICY: Cell phone usage is discouraged for youth while at camp.

DRUGS/ALCOHOL/SMOKING: Alcohol & illicit drugs are strictly prohibited. Violators will be removed from camp by the Steuben County Sheriff's Department. All medications **MUST** be kept in the lockable Med Box provided by CCLT. **Adults are not permitted by Scouting America & AHG Policy to smoke or vape in front of Youth at any time.** Please consult the camp administration for designated smoking areas.

VEHICLES IN CAMP: The preference would be one vehicle per unit at a time **ON CHECK-IN DAY ONLY.** Each unit is allowed one trailer in the campsite. **DO NOT** transport anyone outside the passenger cab of your vehicle at any time. Everyone riding in a vehicle **MUST** have and wear a seat belt at all times.

General Information & Camp Policies

RULES & POLICIES: CCLT complies with & enforces all Scouting America rules, policies, and procedures. A complete list of National Scouting America policies can be found in the Guide to Safe Scouting or at www.scouting.org

EMERGENCY PLANS: Detailed plans have been developed to handle emergencies that may arise at camp. Details about these plans will be in the check-in pack provided at check in.

Camp Security & First Aid

CAMP SECURITY: ALL campers, leaders, & visitors must check-in & out of camp at the Administration Building. It is strongly recommended that Youth do not leave camp. All authorized participants are identifiable by a provided wristband. Visitors will be identified with a “visitor tag” and all staff will wear appropriate identifying markings. Unauthorized persons are to be reported to the camp office immediately.

EARLY RELEASE POLICY: Any person needing to leave camp outside of the regular check-in/out time must do so at the camp administration office. Any person under the age of 18 must have written consent from their parent/legal guardian on file in the camp office if they need to leave with another adult. Please update us at check-in.

MEDICAL FORM: The Annual Health & Medical Form & High Adventure Medical Form requires an annual physical by youth and adults regardless of age and signature of a license healthcare practitioner and including a copy of health insurance card. **These forms need to be turned in to the council office or no later than the three week out meeting for every person attending camp.** Please keep a copy for your files. Everyone attending CCLT overnight (Youth and Adults) must turn in a health history *before* participating in any camp activities. **(PAPERWORK POLICY FOR: Any attendees paperwork not completely turned in by 3-week out meeting will be charged \$5 per attendee. That money will be put towards the Camp Ambassador Program to help with improvements to the property.)**

The Annual Health and Medical Record is valid for 12 months and ALL PARTS must be completed for all persons attending camp. UNDER NO CIRCUMSTANCE WILL A MEDICAL FORM BE ACCEPTED BY THE CAMP PERSONNEL WITHOUT THE SIGNATURE OF A LICENSED PRACTITIONER (MD, DO, Nurse Practitioner or Physicians Assistant). MEDICAL EXAMS WILL NOT BE PROVIDED AT CAMP.

FIRST-AID: The camp provides a Health Officer on-call 24 hours a day. All injuries requiring additional treatment will be sent to Cameron Memorial Hospital. According to Scouting America policy, the camp must insure that injuries receive full medical attention in a timely manner. The camp will notify parents if additional treatment is required. ALL injuries (no matter how small) must be reported to the camp Health Officer.

ILLNESS: When a participants health is in question prior to their arrival at camp, it is better for them to delay their trip to camp. If any participant becomes ill during camp, it must be reported to the Health Officer. If a participants becomes too ill to participate in the program or is potentially contagious, their parents will be contacted regarding transportation home. The Camp Health Officer and Camp Director may ask ill participants to leave camp in order to prevent the spread of illness.

INCIDENT REPORTS & MEDICAL BILLS:

Scouting America or American Heritage Girls medical insurance does not automatically cover medical bills.

- 1) The Unit Leader must complete an Incident Report Form with the camp medical staff.
- 2) All medical bills must be submitted to the person’s family insurance.
- 3) Any portion not covered by the family insurance may be submitted to the Scouting America Insurance by providing all medical bills and insurance statements to the Anthony Wayne Area Council. The Scouting America medical insurance is a secondary insurance coverage. It is primary coverage for those members without medical insurance.

Medication Lock Box Procedures

MEDICATION LOCK BOX PROCEDURES

- ◆ Upon arrival at camp all medications will be reviewed by the Health Officer during check-in of unit physicals. **Medication not requiring refrigeration or temperature controlled storage will be placed in a Medication Box (camp provided), a lockable storage container to be kept at the unit's campsite.**
- ◆ Each unit will have a Unit Leader who will be assigned a key to the Medication Box.
- ◆ Medication Boxes must be stored in a locked location, such as a unit trailer or with a leader if needed during the day.
- ◆ Each day the Unit Leader will complete the Medication Distribution Log. This log may be reviewed by the Health Officer periodically throughout the week.
- ◆ At check-out, all medications must be returned to the youth from both the campsite Medication Box and the Health Officer. All Medication Boxes and Medication Administration Records must be returned to the Health Officer.

All medications must be in their ORIGINAL container. Medications not provided in their Original Container WILL NOT be accepted. Youth on medications must have a completed medication record sheet signed by their parent upon arrival. Those with epi-pens, inhalers, etc. should bring TWO, marked with the youths full name. An extra shall be kept in the Medication Box as a precaution. Medications needing refrigeration will be kept in the Health Office.

Special Accomodations

ELECTRICAL NEEDS: Anyone needing electricity for medical assisted devices need to notify the council no later than your three-week out meeting. Camp can provide battery charging in the administration office during the day with your provided battery. No electricity is available at the campsites.

DIETARY NEEDS: All Participants with medically diagnosed dietary needs should complete & submit the Dietary Restriction Form using the QR code. The kitchen staff will take these needs under advisement & contact the parent with any necessary questions the kitchen staff may have. Dietary needs and questions should be emailed to the Kitchen Manager at cclt.kitchen@gmail.com before the three week out meeting.



Medically Diagnosed Food Allergies

It is absolutely imperative that all food allergies be communicated to our Kitchen Manager by the three-week prior meeting, so we have time to make the necessary accommodations. Please complete our Dietary Restrictions Google Form for every person with dietary restrictions /allergies in your unit. <https://forms.gle/1xjQZ93KAAR3SVGd9>

ACCESSIBLE TRANSPORTATION: If you require assistance you must contact the Missy Martin **prior** to camp. The camp is not equipped to charge electric golf carts or other electric forms of transportation. **No personal Golf Carts, ATV's or UTV's are permitted.**

USDA DISCRIMINATION STATEMENT: *In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.*

It is the policy of the Indiana Department of Education not to discriminate on the basis of race, color, religion, sex, national origin, age, or disability, in its programs, activities, or employment policies as required by the Indiana Civil Rights Law (I.C. 22-9-1), Title VI and VII (Civil Rights Act of 1964), the Equal Pay of 1973, Title IX (Educational Amendments), Section 504 (Rehabilitation Act of 1973), and the Americans with Disabilities Act (42 USCS § 12101, et seq.).

Inquiries regarding compliance by the Indiana Department of Education with Title IX and other civil rights laws may be directed to the Title IX Coordinator, Indiana Department of Education, Room 229, State House, Indianapolis, IN 46204-2798, or by telephone to (317) 232-6610 or the Director of the Office for Civil Rights, U.S. Department of Education, 111 North Canal Street, Suite 1053, Chicago, IL, 60606-7204 (312) 886-8434 Jennifer McCormick, Indiana Superintendent of Public Instruction.

Program Areas

CAMP KATERI PROGRAM PHILOSOPHY: The Anthony Wayne Scout Reservation provides a 1200 acre playground of fun & adventure for all attendees. Camp provides things to do things they may not have the opportunity to do elsewhere, whether that is in their AHG experiences or within their own family. This is why our program does not focus on advancement, but fun with a purpose in the out-of-doors! Each year, the AHG Camping Committee works to develop a well-rounded experience that includes age-appropriate activities, shooting sports, aquatics, nature, games, and fellowship. Each level has a set schedule they will follow the same each day. For our older girls, we have some targeted ½ day programs (see next page). If your daughter chooses to partake in alternative ½ day, they would skip their level for that ½ portion of the day and **may not** complete all the requirements for the badges we are focused on.

Rotation Areas

AQUATICS: Pit Lake, a former rock quarry, is a crystal clear lake where all swimming, boating, kayaking, reading a book, slide the slide (based on swim skill), canoeing, & more all takes place. This program will not only help you beat the summer heat, but you will have a great time & have an opportunity for advancement! Each flock will spend 2 hours at the waterfront daily as part of their level program. You asked for more water time & we have delivered!

FISHING: This year we will have the opportunity to fish daily at the dedicated fishing waterfront. They may fish and play games.

RANGE AND TARGET ACTIVITIES: Always a favorite among youth (and leaders), this program includes training in BB Guns & Archery for all levels, pipas will also enjoy tomahawks & shot gun. Along the way, youths will earn the *Shooting Badge*, *Archery Badge* and *if they earn different levels of skill, NRA achievement of skill patches available for purchase in the trading post.*

ECOLOGY: At the Ecology Building the 2026 focus is the Dawn of Our Country Badge. Different activities will be enjoyed. Activities that meet a requirement will be listed on sheet at the end of the week.



Alternative Area Programs

(These are for PIPA & will take place of a 1/2 day of rotation time slots C.O.P.E. and Welding & Forging. Patriot Quest is all day.)

C.O.P.E.: COPE letters stand for "Challenging Outdoor Personal Experience." The program is composed of group initiative games, trust events, low-course events and high-course events. Some activities involve a group challenge, while others develop individual skills & agility. They climb, swing, balance, jump, rappel, & devise solutions to a variety of problems. The stimulating activities & events of COPE are designed to meet the needs of people of all ages who are seeking ways to challenge & expand their physical and mental abilities. As a noncompetitive program, COPE permits every participant to be a winner & the underlying goals of it will often carry into their ability to thrive at school & workplaces. The group activities are ideal for enhancing the leadership & teamwork of the ladies & parents who participate. These activities challenge individuals & are designed to bolster self-esteem & promote personal growth. We will only have an AM session. They will do this every day & miss rotations AM 1/2 the day.

Welding & Forging: Girls are introduced to stick, tig & mig welding. They will complete a project to take home in both mediums. Girls are generally very gifted in this skill trade. They will do this every day & miss rotations PM 1/2 the day.

Patriot Quest: This all day program takes the place of the normal daily rotations and other alternative area programs. The activities MAY include Outdoor Skills, Conservation Projects, Tomahawk & Knife Throwing, shot gun, sailing, night time zipping, crafting, canoeing, Skill Trades & and finishes with an all new Outpost Adventure. (This is more for the camaraderie, life skills, & fun activities over badge work.) Survey will be sent out and activities will be set in April.



Evening Programs

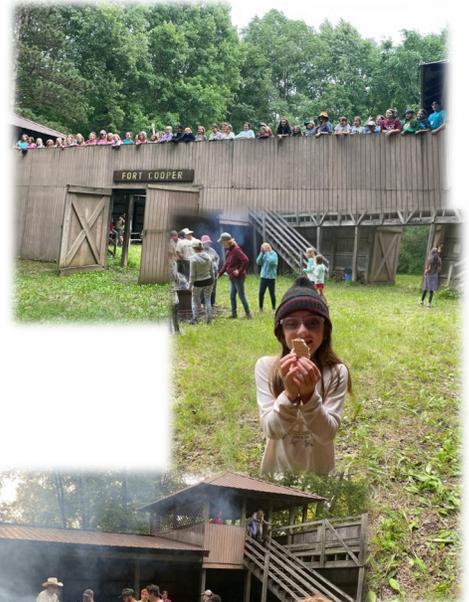
Fort Cooper: Join the girls in your level for a hiking adventure that ends at the recreated Fort Cooper. Some requirements for outdoor skills will be achieved along the way and while eating s'mores or dinner depending on your level after arriving at the camp fire. Knife skills will be a part of the fun if a girl is interested in learning proper knife skills that allow them to carry knives if troop rules permit it. Knives can be purchased at the Trading Post with parent/leader approval and proof of knife safety card.

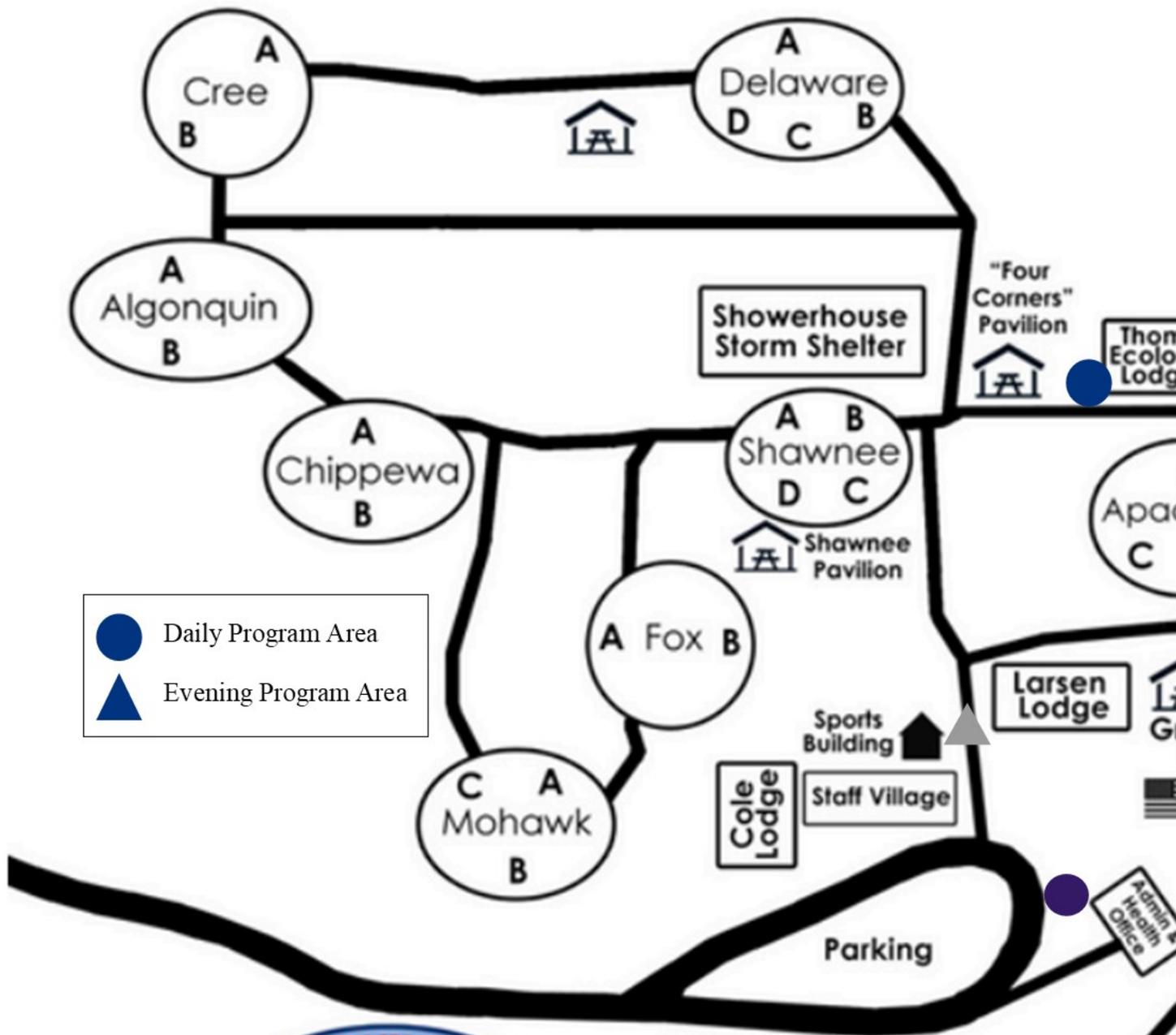
Games: An interactive activity that is for socializing while having fun. One evening, per level, of activities will be spent with 3 choices/areas to enjoy, the sand dune with a camp fire, Hammock City, and games. We have a gaga pit, 9 square, giant Jenga, chess, checkers, Frisbee/disc golf, cards, board games, & mountain boarding (PIPA's Only). With leader approval, girls can enjoy their choice and make new friends!

Sand Dune: Our property started as a rock quarry. All the sand pulled out of the ground was piled into a fun clean sand pile and is at least 4 stories tall! This dusty endeavor is a girl favorite and if time allows after or before lunch and can be enjoyed with direction & approval of adults.

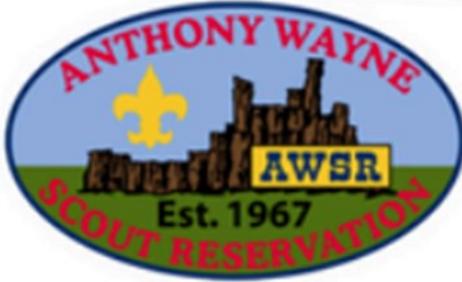
Hammock City: We first created the idea for this camp in 2018 amongst the pines. It is a beautiful and quiet area in the shade of the branches. This is a girl and adult favorite as a relaxing prayerful moment to enjoy the calm and beauty of CCLT. In 2023 a permanent Hammock City was built and allows a large group to swing and talk together in large numbers without having to find enough trees. Both locations are available to enjoy. In the trees or at the poles. Camp supplies such as a hammock are wonderful Christmas and birthday gifts!

Shotgun/Hawk & Knife: an activity for PIPAs only! While they enjoy their range time rotation, skeet shooting, tomahawks and knife throwing is a part of their activities. Led by their instructors, they will see if it is as easy as it looks on TV!





 Daily Program Area
 Evening Program Area

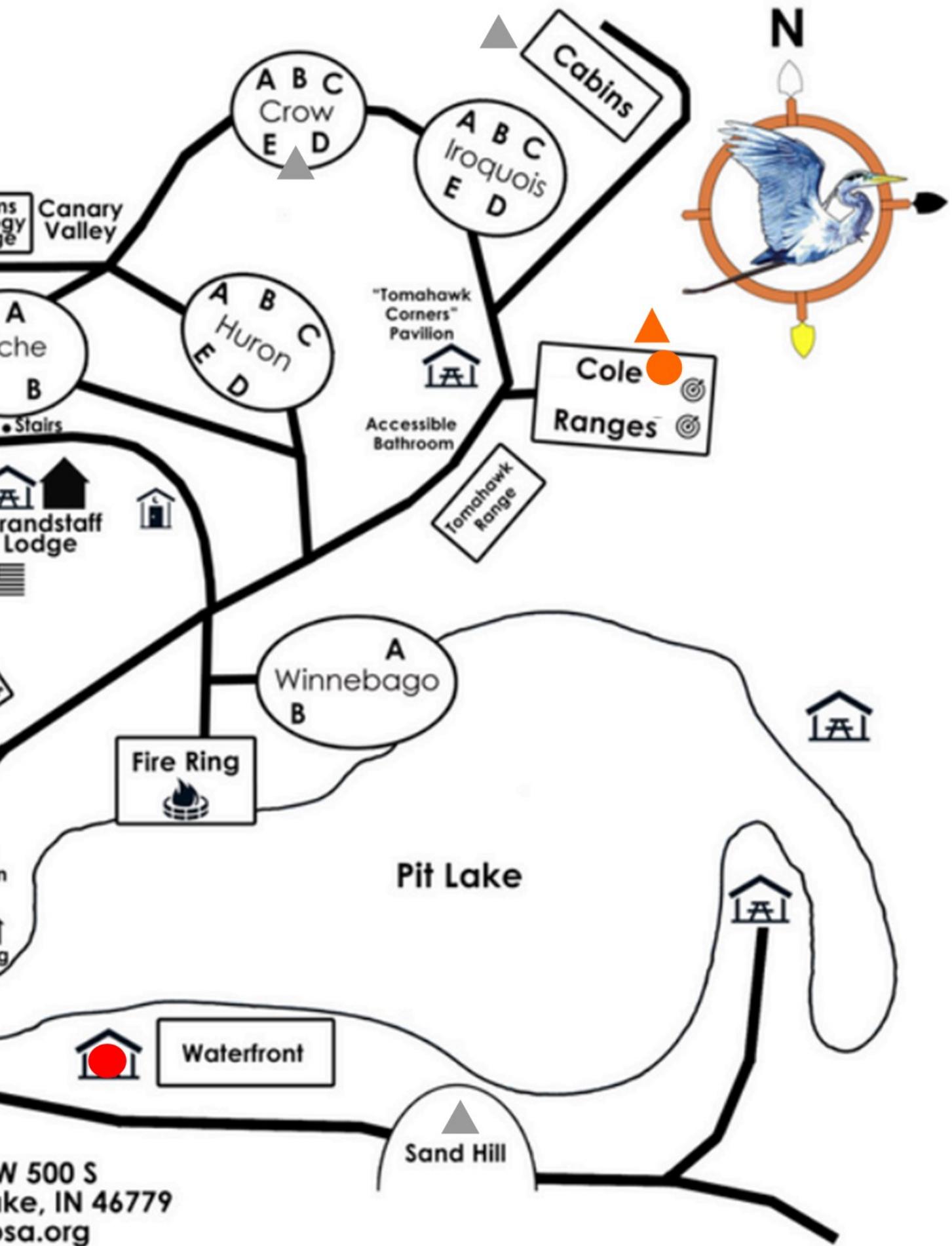


Prepared. For Life.

Camp Chief Little Turtle Campsite & Facility Map

-  - Pavilion
-  - Building
-  - Latrine
-  - Program Area
-  - Campsite

2282 V Pleasant La ccltb



W 500 S
 ke, IN 46779
 sa.org

Schedule of Events

Tuesday – June 9

NO LUNCH SERVED TODAY, PLEASE PACK OR EAT BEFORE ARRIVING

10:00am - 12:00pm	Camp Opens – Check in, Set Up camp, eat, & when done move vehicles to parking lot
1:00pm – 3:00pm	Orientation Tour/Medication Leader to health officer
3:00pm - 5:00pm	After Orientation is finished Tie-Dye/Trading Post/Slip & Slide/Swim test if needed
5:00pm	Flocks & S.W.A.P.S
5:30pm	Dinner
6:45pm	Flag Lowering
7:00pm	All Adult Leader Meeting
7:00pm	Youth Range Safety Talk
8:00pm	Opening Campfire
10:00pm	Everyone at Campsites/Lights Out/Quiet Time

Tuesday at 5pm we will gather on the porch of the Dining Hall to share S.W.A.P.S. Meet your flock and dine with your Flock.

!!PLEASE BE ON TIME FOR MEALS!!

Keeps the everyone on time!

See Page 17 or Lanyard for Rotation Schedule

Wednesday – June 10

6:30am	Wake-up
7:30am	Prayer/Breakfast
8:15am	Adult Meeting (Saturday Breakfast Forms Due)
8:30am	Flag Raising
9:00am – 12:20pm	Morning Sessions
12:30pm – 2:00pm	Lunch/Free Time/Naps if Needed
2:10pm – 5:30pm	Afternoon Sessions
6:00pm	Dinner
6:45 pm – 9:00pm	Flags & Evening Rotations
10:00pm	Everyone at Campsites/Lights Out/Quiet Time

Thursday – June 11

6:30am	Wake-up
7:30am	Prayer/Breakfast
8:15am	Adult Meeting
8:30am	Flag Raising
9:00am – 12:20pm	Morning Sessions
12:30pm – 2:00pm	Lunch/Free Time/Naps if Needed
2:10pm – 5:30pm	Afternoon Sessions
6:00pm	Dinner (PQ Dinner Amazing Race Outpost Adventure)
6:45pm	Flag Lowering & Evening Activities
10:00pm	Everyone at Campsites/Lights Out/Quiet Time

Friday – June 12

6:00 am	Polar Bear Swim!
6:30am	Wake-up
7:30am	Prayer/Breakfast
8:15am	Adult Meeting
8:30am	Flag Raising
9:00am – 12:20pm	Morning Sessions
12:30pm – 2:00pm	Lunch/Free Time/Naps if Needed
2:10pm – 5:30pm	Afternoon Sessions
6:00pm	Dinner
6:45pm	Flags
7:00pm	Closing Campfire
10:00pm	Everyone at Campsites/Lights Out/Quiet Time

Saturday – June 13

6:30am	Wake-up/Tear Down
7:30am	Prayer/Breakfast
8:30am	Check Out Starts
9:00am	Fire Ring/Parade Field/Parking Lot - Leave No Trace Sweep
10:00am	Camp Closed

2026 AHG Resident Camp Schedule

TIME	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM				Polar Bear Swim	
6:30 AM	REVEILLE				
7:15-8:15	Camp Breakfast				Breakfast in site
8:15 AM	Leader Meeting				
8:30 AM	Assembly & Flags				
9:00 AM	Session 1				Final Checkout by 10am
10:10 AM	Troop Arrival, Check-in @ Camp Office & Campsite	Session 2			
11:20 AM		Session 3			
12:30 PM		Lunch & Break			
2:10 PM	1-3pm Troops begin Camp Orientation at Campsite	Session 4			
3:20 PM	3-5pm Slip & Slide & Tie-Dye Swim Check if needed	Session 5			
4:30 PM	5pm Flock & Swap	Session 6			
6:00 PM	Dinner (5:30)	Dinner			
6:45 PM	Flags	Flags			
7:00 PM	Leader Meeting/ Girls Range Safety Training	Evening Activities	Evening Activities	Closing Campfire	
8:00 PM	Opening Campfire				
10:00 PM	Popsicles	Everyone in Campsites (Lights Out/Quite Time)			

American Heritage Girls Camp Kateri Rotation Schedule

Group	Tenderheart 1	Tenderheart 2	Explorer 1	Explorer 2	PiPa 1	PiPa 2	PiPa Only (1/2 Day rotation)	Patriot Quest (All Day)
Session 1 9-10	Fishing	Dawn of Our Country	Shooting	Archery	Aquatics	Aquatics	COPE	Day 1 Hike-Pit Lake Trek Day 2 Sailing Day 3 Mountain Biking
Session 2 10:10-11:10	Dawn of Our Country	Fishing	Archery	Shooting				
Session 3 11:20-12:30	Shooting	Archery	11:30-12:30 Rest 12:30-1 Lunch	11:30-12:30 Rest 12:30-1 Lunch	Fishing	Dawn of Our Country		
Session 4 2:10-3:10	Archery	Shooting	Aquatics 1:10-3:10	Aquatics 1:10-3:10	Dawn of Our Country	Fishing	Forging & Welding	Day 1 Skill Trades - Branding/Craft/Solar Light Day 2 Woodworking Day 3 Conservation Project Swimming
Session 5 3:20-4:20	Aquatics	Aquatics	Fishing	Dawn of Our Country	Shooting	Archery		
Session 6 4:30-5:30			Dawn of Our Country	Fishing	Archery	Shooting		
Evening Program 7-9	Wednesday: Turtle Quest Thursday: 1 hour games, Dunes, Hammock City		Wednesday: 2 hour games, Dunes, Hammock City Thursday: Fort Cooper		Wednesday only: Black Power, Shotgun, Hawk & Knife, or 2 hour games, Dunes, Hammock City			Day 1 Canoe Trip & Night Zips Day 2 Outpost Night

Participants Name: _____ Troop Number: _____

Participation Agreement

I acknowledge that participating in the activity described above involves risk to the Participant (and to Participant’s parents or guardians, if Participant is a minor), and may result in various types of injury including, but not limited to, the following: sickness, bodily injury, death, emotional injury, personal injury, property damage and financial damage.

In consideration for the opportunity to participate in the activity described above (the “Activity”), the Participant (or parent/guardian if Participant is a minor) acknowledges and accepts the risks of injury associated with participation in and transportation to and from the Activity. The Participant (or parent/guardian) accepts personal financial responsibility for any injury or other loss sustained during the activity or during transportation to and from the activity, as well as for any medical treatment rendered to the Participant that is authorized by the Anthony Wayne Area Council, Scouting America or its agents, employees, volunteers, or any other representatives (collectively referred to hereinafter as the “Activity Sponsor”). Further, the Participant (or parent/guardian) release and promises to indemnify, defend, and hold harmless Anthony Wayne Area Council, Scouting America for any injury arising directly or indirectly out of the described Activity or transportation to and from the Activity, whether such injury arises out of the negligence of the Anthony Wayne Area Council, Scouting America, the Participant, or otherwise.

If a dispute over this agreement or any claim for damages arises, the Participant (or parent/guardian) agrees to resolve the matter through mutually acceptable alternative dispute resolution process. If the Participant (or parent/guardian) and the Anthony Wayne Area Council, Scouting America cannot agree upon such a process, the dispute will be submitted to a three-member arbitration panel for resolution pursuant to the rules of the American Arbitration Association.

Signature: _____ Date _____

Signature: _____ Date _____

(Participant and/or All parent/guardians if participant is a minor)



Swim Test Classification Form for Girls and Adults

- If an activity will take girls or adults into water more than ankle deep a *Swim Test Classification Form* is required.
- A girl or adult always has the option to opt out of the swim test and declare themselves a Non-Swimmer (Red).
- Swim Tests can be conducted by a lifeguard, swim instructor, swim coach, water safety instructor, or other qualified adult. A "qualified adult" is one who has a recognized certification, training, license, or accreditation, and has experience in supervising/educating youth on water safety.
- *Swim Test Classification Forms* are good for one year from the date of the test.
- Troops maintain an original copy of the *Swim Test Classification Form* in Troop records for four (4) years.

Any change in classification after this date will require a reclassification test. AHG Adult Members leading or conducting water activities reserve the right to retest all participants to assure that swim standards have been met.

Please circle one classification:

Girl/Adult Name	
Troop #	
Date of Test	
Location of Test	

Classification	Requirements
Green (Swimmer) (Scouting America Class Red & Blue): May swim in all designated swimming areas.	Jumps into deep water. Swims 75 yards with strong forward stroke. Swims 25 yards with restful backstroke or elementary backstroke. Rests by floating. Total 100 yards with entry and turn.
Beginner (Yellow) (Scouting America Class Red): May only swim in the shallow end or areas where they can touch the bottom.	Jumps into deep water. Swims 25 feet. Turns. Returns. Total 50 feet with entry and turn.
Non-Swimmer (Red) (Scouting America Class White): Must use Coastguard approved Personal Flotation Device (PFD) and may only swim in the shallow end or areas where they can touch the bottom.	Cannot complete either of the above swimming tests, without considerable strain, touching the bottom, holding onto wall, lane lines, etc. or chooses to opt out of a swimming test.

Name of person conducting Swim Classification Tests:

Lifeguard Swimming Instructor Swimming Coach Water Safety Instructor Other

Certification expires:

Signature:

PLEASE PROVIDE A COPY OF THE CERTIFICATION OF THE PERSON ADMINISTERING THE SWIM TEST



Trip, Activity, or Event Permission Slip

This form is used for Troop, activities or events outside of regular Troop meetings.

Please return this form to the Troop By:			
Is this a trip, Activity or event being held virtually?		Yes <input type="checkbox"/>	No <input checked="" type="checkbox"/>
Girl Name:			
Troop Number			
Trip, activity or event information	Location/facility Name	Camp Chief Little Turtle, Anthony Wayne Scout Reservation	
	Location/facility address	2282 W 500 S Pleasant Lake, IN 46779	
	Date(s)	June 9-13, 2026	
	Time(s)	Noon June 9th - 10am June 13th	
	Leaving from/Returning to		
	Activities include		
Emergency Contacts		Name	
		Relationship	
		Phone Number	
		Name	
		Relationship	
		Phone Number	
My daughter can be released to the following people:			
I have submitted a Health and Medical Form with my daughter's current health information.		Yes <input type="checkbox"/>	No <input type="checkbox"/>
As the parent/guardian, I authorize my daughter to participate in the above AHG Troop trip, activity or event and I understand this event may be held virtually.			
Parent/guardian signature			
Date:			

- Girl and Adult Members who will be participating in Authorized High Adventure Activities are required to complete a new High Adventure Activity Medical Form each year.
- The form requires a health examination from a licensed health care provider. Laws vary state to state and members are encouraged to check with their health care provider to determine if they can examine/ complete/ sign these forms.
- These forms are kept on file at the Troop level.
- The high adventure classification is based on a number of risk factors including but not limited to the physical exertion, potential for injury, potential severity of an injury, recommended supervision of the activity, equipment used in the activity that could fail, and prior accidents and injuries for the activity.
- **Licensed health care provider:** You are being asked to certify that this individual has no contraindications for participation in the following activities: Bouldering (Indoor and Outdoor), High Ropes and Challenge Courses, Giant Swings and Zip lining (activities utilizing harnesses), Horseback Riding (on trails or in a ring), Rappelling (Indoor and Outdoor), Rock Climbing (Indoor and Outdoor), Shooting Sports (paintball, BB guns, CO2 Pellet Rifles, Rifle and Shotgun, Spelunking, Ice Fishing, Winter Sports and Activities (skiing, snowboarding and snowshoeing), Canoeing, Kayaking, Pedal Boating, Row Boating, Sail Boating, SCUBA Diving and Snorkeling, Stand-Up Paddle Boarding, Surfing, Tubing, Waterskiing, Wakeboarding and Kneeboarding, Whitewater Activities. Please complete the sections below.

Member Name					
Date of Birth		Weight		Blood Pressure	
Age		Height		Pulse	

	Normal	Abnormal	Explain
Eyes			
Ears/Nose/throat			
Lungs			
Heart			
Abdomen			
Musculoskeletal			
Neurological			
Other			

I certify that I have reviewed the health history and examined this individual and find no contraindications for participation in AHG Authorized High Adventure Activities. This participant: (1) Does not have uncontrolled or poorly controlled heart disease, asthma, hypertension, or diabetes. (2) Has not had orthopedic injury, musculoskeletal problems, or orthopedic surgery in the last six months. Or, has received a letter clearing them for participation from their surgeon or treating physician. (3) Has had no seizures in the last year.

Licensed health care provider's signature		Date	
Print Name		Phone Number	
Address, City, State, Zip			



Each year, AHG Girl and Adult Members must complete a new Health and Medical Form to be kept on file at the Troop level.

Member Name			
Date of Birth		Age	
Weight		Height	
Street Address			
City, State, Zip			
Parent/Guardian Name(s)			
Phone Number(s)			
<u>Emergency Contacts</u>	Name		
	Relationship		
	Phone Number		
	Name		
	Relationship		
	Phone Number		
<u>Allergies:</u> If applicable, please list all known allergies including medications, food & environment	<u>Allergy</u>		<u>Normal reaction and management of reaction</u>
<u>General Health Information:</u> Check all that apply, past or present, to this member's health history.	<input type="checkbox"/> Abdominal/stomach/digestive problems <input type="checkbox"/> Asthma <input type="checkbox"/> Convulsions/seizures <input type="checkbox"/> COPD <input type="checkbox"/> Diabetes <input type="checkbox"/> Excessive fatigue <input type="checkbox"/> Fainting or dizziness <input type="checkbox"/> Head injury/concussion <input type="checkbox"/> Heart disease/heart attack/chest pain/heart murmur/coronary artery disease <input type="checkbox"/> Hemophilia or blood disorders <input type="checkbox"/> Hypertension (high blood pressure)		<input type="checkbox"/> Kidney Disease <input type="checkbox"/> Lung/respiratory disease <input type="checkbox"/> Menstrual cramps <input type="checkbox"/> Migraines/headaches <input type="checkbox"/> Motion/altitude sickness <input type="checkbox"/> Muscular/skeletal conditions/muscle or bone issues <input type="checkbox"/> Neurological disorders <input type="checkbox"/> Nosebleeds <input type="checkbox"/> Sinus problems <input type="checkbox"/> Sleep apnea, sleepwalking or sleep disorders <input type="checkbox"/> Stroke/TIA <input type="checkbox"/> Thyroid disease

Attaching a photo to this form can help to avoid errors in identification.

Member Name						Troop Number	
Additional notes about this member's behavior, physical, emotional or mental health needs pertinent to their participation in American Heritage Girls							
Medications: If medications of any type will be taken or needed during Troop meetings	<input type="checkbox"/> No medications are routinely taken. <input type="checkbox"/> The medications listed below are regularly taken (including inhalers, Epi-Pens, over the counter medications, homeopathic, and prescription medications). If additional lines are needed, please attach a separate page.						
	<u>Medication</u>		<u>Dosage</u>		<u>Reason for medication</u>		
Tetanus Immunization Policy: AHG requires members to have Tetanus immunization within the last 10 years.	<input type="checkbox"/> I (or my daughter) has received tetanus immunization on _____ (date). <input type="checkbox"/> I (or my daughter) have not received tetanus immunization and I would like to request exemption based upon a lack of immunization records, religious, philosophical or medical grounds. Signature of individual or parent/guardian: _____						
Immunizations: The following immunizations are recommended by AHG, Inc. but are not required.	Type	Year Received	Type	Year Received	Type	Year Received	
	Pertussis		Polio		Hepatitis B		
	Diphtheria		Chicken pox		Meningitis		
	MMR		Hepatitis A		Influenza		
I give permission for full participation in American Heritage Girls programs, events and activities, subject to limitations noted herein. I know of no health reason(s), other than the information indicated in this form, why I or my daughter should not participate in any of the American Heritage Girls activities. Please check one: <input type="checkbox"/> In case of an emergency, I understand every effort will be made to contact me (or my next of kin). In the event that contact cannot be made, I hereby give my permission to the licensed health-care provider selected by my Troop or Charter Organization to secure proper treatment, including related transportation, hospitalization, anesthesia, surgery, or injections of medication for myself or my child, except as noted. I agree to the release of records necessary for treatment. <input type="checkbox"/> I do not give my consent for medical treatment of my daughter or I. In the event of illness or injury requiring treatment, I wish AHG volunteers to take no action beyond basic first-aid measures							
Additional notes:							
Signature of individual or parent/guardian						Date	

**Insurance Card need to be sent in. We both front and back side of the cards.
We need cards for every person who is at camp.**

AHG Camp Kateri Summer Camp Sign-Up

Name: _____ Troop #: _____ Shirt Size: _____ Date of Birth: _____ Age: _____

Level (age): Tenderheart(5-8): __ Explorer(9-11):__ Pioneer(12-14):__ Patriot(15-17):__ Adult__

Allergies, Dietary Restriction, & Medical Concerns related to Camp.

Based on Medical Diagnosis need not Personal Preferences.

Allergies: _____

Medically Diagnosed Dietary Restrictions: _____

Medical Conditions: _____

The program is set for all levels except PiPa that have some options. They can sign up below.

Adults

You must be Physically able to do all activities in areas where assigned.

Patriot Quest - Canoeing, Biking, Sailing, Conservation Projects, Zipping, and Outdoor Skills ie. Lashing and Pioneering

Other Areas - Swimming, Boating, Hiking, Shooting Sports (BB Guns, 22's, & Archery), Fishing, Crafts

Must walk with their children: _____ (Child Name: _____)

Willing to work a station or travel with a flock: _____

Willing to work Patriot Quest: _____

Certified Lifeguard Yes _____ No _____

PIPA's Only

If you would select to participate in COPE you will miss the morning sessions all three days.

If you would select to participate in Welding & Forging you will miss the afternoon sessions all three days.

COPE: Yes _____ No _____ Welding & Forging: Yes _____ No _____

Patriots Only

Patriot Quest is for Patriots Only. No Pioneers Due to the advanced activities for Patriot Quest, their program is an additional \$35 and worth every penny!

If you select to participate in Patriot Quest you will only do Patriot Quest activities missing all other program sessions on all three days. Patriot Quest: Yes \$35 _____ No _____

Order your Camp Kateri Turtle Buddy (Only 16 Left First Come First Serve)

Turtle order info for ordering posted in Band!

When the link is live the first 16 to sign up and pay using that link will get a turtle



My daughter is interested in bringing her Class A uniform & participating in the daily flag ceremony.

Yes _____ No _____

Questions about summer camp sign up?

Please contact your camp coordinator with questions or have them call Melissa Martin at 260-705-0584

AHG Camp Kateri Summer Camp Apparel Order Form

Included with summer camp is a T-Shirt. (Adult 2XL- 4XL will cost additional \$5)
 You have the option to purchase extra shirts or upgrade your shirt to a V-neck T-shirt (Adult sizes only)
 We are also offering: Tank tops & Sweatshirts for purchase.

V-Neck Shirt Upgrade: Adult Small - Adult XL \$5, 2XL \$7, 3XL \$9, 4XL \$11

T-shirts: Youth Small - Adult XL \$20 2XL \$22, 3XL \$24, 4XL \$26

V-Neck Shirt : Adult Small - Adult XL \$22 2XL \$24, 3XL \$26, 4XL \$28

Tank Top: Adult Small - Adult XL \$22 2XL \$24, 3XL \$26, 4XL \$28

Sweatshirts: Youth Small - Adult XL \$35 2XL \$37, 3XL \$39, 4XL \$41

Upgrade or Purchase Below!

Name: _____ Troop #: _____

V-Neck Shirt Upgrade: Adult Small - Adult XL \$5, 2XL \$7, 3XL \$9, 4XL \$11 Upgrade YES (Size) ____ NO ____

T-shirts: Youth Small - Adult XL \$20 2XL \$22, 3XL \$24, 4XL \$26 Purchase Additional YES (Size) ____ NO ____

V-Neck Shirt : Adult Small - Adult XL \$22 2XL \$24, 3XL \$26, 4XL \$28 Purchase Additional YES (Size) ____ NO ____

Tank Top: Adult Small - Adult XL \$22 2XL \$24, 3XL \$26, 4XL \$28 Additional YES (Size) ____ NO ____

Sweatshirts: Youth Small - Adult XL \$35 2XL \$37, 3XL \$39 4XL \$41 Additional YES (Size) ____ NO ____



CELEBRATING 250 YEARS OF AMERICA
 CAMP KATERI @ CCLT '26



Last Day of Camp Breakfast Order Form

Filled Out By: _____

Unit: _____

Campsite _____

WE ONLY NEED ONE PER TROOP

Each person may get up to 1 cereal, 1 pop-tart, 1 yogurt, 1 fruit & 2 milks.
Please fill out accordingly

Options	Quantity
CHEERIOS	
COCO PUFFS	
FRUIT LOOPS	
STRAWBERRY POP TARTS (2 PER PACKAGE)	
CHOCOLATE POP TARTS (2 PER PACKAGE)	
YOGURT	
WHITE MILK	
CHOCOLATE MILK	
FRUIT	

Please return to **MISSY MARTIN** no later than
WEDNESDAY'S Leader Meeting at 8:15am. If
no breakfast is needed, **RETURN THIS FORM** to
indicate. Thank you!

Unit Notes:

American Heritage Girls Packing List

Must have backpack with you at all times

Summer List

NO electronics!

- Official AHG Uniform (If doing Flags)
- Moisture-wicking T-shirts
- Moisture-wicking underwear
- Quick-drying pants/shorts (pockets!)
- Long-sleeve shirts (for sun, bugs)
- Sun-shielding hats/Sun glasses
- Solar ground lights for by tent door.
- Biodegradable soap
- Bandanas
- Hiking boots / gym shoes
- 2nd pair of shoes
- Socks (synthetic or smart wool, never cotton if possible)
- Sleepwear (cooler at night sometimes)
- Bag for dirty clothes
- Water sandals
- Fleece jacket or pullover for cool nights & hikes
- In-camp closed toe sandals or Chacos only
- Sleeping bag/pillow/sheet (for when hot)
- Brush/toothbrush/paste/ponytail holder
- Sleeping pad
- Camp chair, tent rug by door for shoes
- May want to bring: cards, paper & pencils, book to read in Ziplock, camera in Ziplock, & Religious Material

Troop & Leaders

Clipboard
Alarm Clock
Clothes line (50-100ft) and Pins
Lantern for latrine Light
Hammer/Mallet
Dining fly for shade

Patriot Quest

Tarp
Hammock
Rope (50-100ft)

Day Pack, Essential

(with comfortable shoulders, will always carry)

- First Aid Kit (small), you can make your own, always have flash light batteries and gloves for bleeding
- Sunscreen/ Chapstick
- Bug spray, deep woods (optional)
- Multi-tool or Pocket Knife, if certified w/ totin-chit (optional)
- Water bottle (2 if possible)
- Carabineers to attach items
- Light weight Mess kit (cup, utensils, plate) Camp spork (Walmart)
- Flashlight, extra bulb if that style
- Hat/Buff
- 6' rope / Paracord bracelet (available at trading post)
- Whistle, may be on bracelet clasp
- One Piece Swimsuits/quick dry small towel
- Gallon Ziplock bag (to keep things dry)
- Wallet w/ ID & Money for camp store
- Rainwear (jacket and pants preferred when cool out)
- Poncho will do when warm, but legs get wet
- Money for the Trading Post

An ideal day pack has a waist strap to keep weight even and not just on shoulders.



This above list is recommended. Everything is the ideal items and not always possible. Girls are growing & any substitutes are fine. The day pack is required because it teaches the girls personal responsibility and to be prepared. Any backpack will do. If you need assistance gathering these items, please let us know. Clothing is recommended one group for each day. Place each day in a sealed ziplock bag to keep dry. These are also sold in 2 gallon size which holds more. The freezer style are sturdier.