



**University of Southern Indiana
Merit Badge University**

**First Aid Merit Badge
Pre-Requisites**

#2 Preparing for First Aid Emergencies. Do the following:

- (a) Obtain a copy of the Scout Annual Health and Medical Record and discuss the importance of the form including information on immunizations, allergies, medications, health history, and medical examinations to providing first aid at Scouting events.
- (b) Using checklists provided in the First Aid merit badge pamphlet or ones approved by your counselor, do the following:
 - (1) Assemble a personal first-aid kit for hiking and backpacking. Demonstrate the proper use of each item in your first-aid kit to your counselor. (Bring to MBU.)

Resource: [Personal, Family, and Troop First Aid Kit Checklist \(PDF\)](#)

14. With guidance from your counselor, develop a plan to teach a first-aid skill or topic using the EDGE method. Discuss your skill, topic, and plan with your counselor, and then teach your skill or topic to your family or to one or more Scouts.

First Aid Workbook Link