

NORTHEAST ILLINOIS COUNCIL

FIRST AID MEET  
2026

Hosted by the Potawatomi District

**GUIDEBOOK**

Saturday March 14, 2026  
12:15 PM-4:00 PM

St. Joseph School  
1740 Lake Avenue  
Wilmette, Illinois 60091

NORTHEAST ILLINOIS COUNCIL  
Potawatomi District

## FIRST AID MEET

### DESCRIPTION AND PURPOSE

The First Aid Meet is an opportunity for scout teams to demonstrate first aid expertise in a competitive situation. Contest problems will test scouts' knowledge of First Aid and the team's ability to handle emergency situations. Each team will be judged on its evaluation of victims, determination of appropriate treatments, and cooperation in providing effective care. The event provides scouts with opportunities to strengthen first-aid skills, to learn new techniques, and to demonstrate leadership and teamwork.

### WHEN



Saturday, March 14, 2026  
12:00 PM to 4:00 PM  
Team Check-in will be from 12:15 PM to 12:45 PM

### WHERE



St. Joseph School  
1740 Lake Avenue  
Wilmette, IL 60091

The school is on the northeast corner of Lake Street and Ridge Road.  
Entrance to parking is from Ridge Road. Exit from parking is to Forest Avenue, north of the school.

### REGISTRATION

Teams must be registered online.  
Team registration ends Sunday, March 8, 2026.  
Units are encouraged to enter multiple teams.  
There is a limit of 15 teams.  
>> *Registration is open to all units in NEIC.* <<

### TEAMS

- A team is composed of 6-9 scouts.
  - A Troop may choose to use intact patrols for teams.
- Troops are encouraged to have more than one team.

- Each team will provide its own victims. Most problems require two victims.
  - Victims may be scouts or adults. Victims should be associated with the Unit rather than Cub Scouts or non-affiliated siblings.
  - Younger scouts or adults serving as victims may play that role for all problems OR team members may take turns as victims for different problems.
  - While serving as a victim, a scout may not provide advice about treatments to the team.
- Team members take turns acting as problem leaders; no one who has been a leader can be a leader for a second time unless all other members have served as a problem leader.
- Team needs one Patrol First Aid Kit. Recommended items for the kit are listed at the end of this document. *Please do not bring scout staves to the competition.*
- Team should have pads or blankets for victims to lie on during treatments.
- Note: the minimum size team of 6 allows two members to be victims, one member to report to First Responder or CPR, and three to perform treatment on the victims.

## JUDGES

- Each team must provide and register an adult who will serve as a Problem Judge.
- A Judge will be responsible for scoring one of the four scenario problems.
- Judges will score a different team each of the four time periods. Judges may not score a team that is from their unit.
- Judges will be provided with copies of scoring materials by March 9. If needed, additional training for the Judges of each problem will be offered by Zoom between March 10 and 13.
- The Judge will read the problem to a team. The Judge will score the team's skills during its performance of first aid techniques against a check list of appropriate care. After scoring a problem, the Judge will discuss with the Team its quality of care. Steps are shown in the document *Administering a Scenario Problem* on the registration web site.

## PROBLEMS

- Four problems consist of a short scenario which will be read to the team. The Judge will score the team performance against a standard rubric.
- Problems require first-aid skills described in the *Scouts BSA Handbook 14<sup>th</sup> Ed.* and the *First Aid Merit Badge booklet*. In addition, teams are expected to be familiar with safety precautions (swimming, camping, cooking, hiking, etc.) and emergency procedures (water rescue, camping, hiking, home) that are in the *Handbook*.
- Teams are not allowed to use printed or electronic resources during the administration of the problems.
- Some problems will require a team member calling for first responder. The first responder will rate the scout's report on presence of essential information. (See *Scouts BSA Handbook*, p151.)
- One problem may involve testing of CPR knowledge.



- Overall team score will be based on
  - Contents of Patrol First Aid Kit
  - Judge ratings on each of 4 problems.
  - First responder scores on designated problems.
  - CPR score on one problem.
- A Special Event may be offered before Awards are presented. Scoring on this event will not affect the overall team score.
  - The use of the Handbook and Merit Badge pamphlet is encouraged during the special event.

## SCHEDULE

12:00 Site open  
 12:15 Check-in; Organize team areas  
       Grade patrol first aid kit  
 12:50 Opening ceremony  
 1:00 First Problem Session  
 1:50 Second Problem Session  
 2:20 Third Problem Session  
 2:50 Fourth Problem Session  
 3:20 Special Event  
 3:40 Awards  
 3:55 Clean-up

## CONTACT

John McConnell, [jmccnll@comcast.net](mailto:jmccnll@comcast.net), (C ) 847-770-0905

## ADDITIONAL ITEMS

Please do not bring food into the facility.

The following two pages should be provided to the teams prior to your event.

- *2026 Patrol First Aid Grading Sheet*. This lists items the Team is required to have in its First Aid Kit and some items that are desirable but optional.
- *Information for First Responders*. Information that should be provided when seeking help from First Responders (*Scouting BSA Handbook*, p.151). Although a Scout should know what information is needed for a complete description, it helps to have a reminder in the Patrol First Aid Kit. The page shown can be cut in two to provide multiple copies for the Kit.

7/20/2025

**PW FIRST AID MEET 2026**

**PATROL FIRST AID KIT GRADING**

TEAM # \_\_\_\_\_ Unit \_\_\_\_\_ Team Name \_\_\_\_\_

Items listed in the Scouts BSA Handbook and First Aid Merit Badge Pamphlet	Additional desirable items <i>(Judge marks at most five items in this list.)</i>
<input type="checkbox"/> One 2-inch roller bandage	
<input type="checkbox"/> Two 1-inch roller bandage (or additional two 2-inch)	
<input type="checkbox"/> One roll 1-inch latex-free adhesive tape	<input type="checkbox"/> Splints or SAM® splint
<input type="checkbox"/> 24 alcohol swabs	<input type="checkbox"/> Resealable plastic bags (gallon size)
<input type="checkbox"/> One box assorted latex-free adhesive bandages	<input type="checkbox"/> Duct tape
<input type="checkbox"/> Two elastic bandages 3 to 4 inches wide	<input type="checkbox"/> Anti-hemorrhagic powder or bandages
<input type="checkbox"/> Twelve sterile pads, 3-inch by 3-inch	<input type="checkbox"/> Instant cold compress
<input type="checkbox"/> Four triangular bandages 40-inch	<input type="checkbox"/> Tube of hydrocortisone cream
<input type="checkbox"/> One bar soap or small bottle of hand sanitizing gel	<input type="checkbox"/> 3 Butterfly closure bandages
<input type="checkbox"/> One tube of triple antibiotic ointment	<input type="checkbox"/> Insect repellant
<input type="checkbox"/> Scissors	<input type="checkbox"/> Aloe Vera Gel for sunburn
<input type="checkbox"/> Tweezers	<input type="checkbox"/> Calamine lotion
<input type="checkbox"/> 12 safety pins	<input type="checkbox"/> Thermometer
<input type="checkbox"/> Two packets gel pads for blisters and burns	<input type="checkbox"/> Petroleum jelly/lip salve
<input type="checkbox"/> Four moleskin 3 by 6-inch or equivalent	<input type="checkbox"/> First Aid Manual or Merit Badge Pamphlet
<input type="checkbox"/> Six pairs of latex free disposable gloves	<input type="checkbox"/> Space blanket
<input type="checkbox"/> Eye goggles (must provide side protection)	<input type="checkbox"/> Plastic garbage bags
<input type="checkbox"/> CPR breathing barrier	<input type="checkbox"/> Resealable plastic bags (gallon size)
<input type="checkbox"/> Paper and pencil (or pen)	
<b>ONE POINT</b> FOR EACH CHECKED BOX IN THIS COLUMN  Points _____ (max 19)	<b>ONE POINT</b> FOR EACH CHECKED BOX IN THIS COLUMN UP TO A <u>MAXIMUM 5</u> POINTS  Points _____ (max 5)

**TOTAL POINTS SCORED** \_\_\_\_\_

**Judge** \_\_\_\_\_

### **INFORMATION FOR FIRST RESPONDERS**

Nature of emergency

Location

Description of victims and their injuries/illness

Time the emergency occurred

Treatment victims have received

Number of people with the victim and their general skill levels for first aid

Requests for special assistance or equipment

Phone numbers for people who are with the victims

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