

NORTHEAST ILLINOIS COUNCIL  
Potawatomi District

FIRST AID MEET  
2025

**GUIDEBOOK**

Saturday March 8, 2025  
12:15 PM-4:00 PM

St. Joseph School  
1740 Lake Avenue  
Wilmette, Illinois 60091

## NORTHEAST ILLINOIS COUNCIL POTAWATOMI DISTRICT

### FIRST AID MEET

#### DESCRIPTION AND PURPOSE

The First Aid Meet is an opportunity for scout teams to demonstrate first aid expertise in a competitive situation. Contest problems will test scouts' knowledge of First Aid and the team's ability to handle emergency situations. Each team will be judged on its evaluation of victims, determination of appropriate treatments, and cooperation in providing effective care. The event provides scouts with a chance to diagnose a problem, strengthen first-aid skills, learn new techniques, and demonstrate leadership and teamwork.

#### WHEN



Saturday, March 8, 2025  
12:00 PM to 4:00 PM  
Team Check-in will be from 12:00 PM to 12:45 PM

#### WHERE



St. Joseph School  
1740 Lake Avenue  
Wilmette, IL 60091

The school is on the Northeast corner of Lake Street and Ridge Road.  
Entrance to parking is from Ridge Road. Exit from parking is to Forest Avenue, north of the school.

#### REGISTRATION

Teams must be registered online.  
Team registration ends Saturday, March 1.  
Units are encouraged to enter multiple teams.  
There is a limit of 15 teams.  
>> *Registration is open to all units in NEIC.* <<

#### TEAMS

- A team is composed of 6-9 scouts.
  - A Troop may choose to use intact patrols for teams.

- Troops are encouraged to have more than one team.
- Each team will provide its own victims. Most problems require two victims.
  - Victims may be scouts or adults. Victims should be associated with the Unit rather than Cub Scouts or non-affiliated siblings.
  - Younger scouts or adults serving as victims may play that role for all problems OR Team members may take turns as victims for different problems.
  - While serving as a victim, a scout may not provide advice about treatments to the team.
- Team members take turns in acting as problem leaders; no one who has been a leader can be a leader for a second time unless all other members have served as a problem leader.
- Team needs one Patrol First Aid Kit. Recommended items for the kit are listed at the end of this document.
- Team should have pads or blankets for victims to lie on during treatments.
- Note: the minimum size team of 6 allows two members to be victims, one member to report to First Responder or CPR, and three to perform treatment on the victims.

## JUDGES

- Each team must provide an adult who will serve as a Problem Judge.
- The Problem Judge will be trained to score one of the problems.
- Judges will score a different team during each of the four time periods.
- Judges will be provided with copies of scoring materials by March 4. If needed, additional training for the Judges of each problem will be offered by Zoom between March 5 and 7.
- The Judge will read the problem to a team. The Judge will score the team's skills during its performance of first aid techniques against a check list of appropriate care. After scoring a problem, the Judge will discuss with the Team its quality of care.
- Judges may not score a team that is from their unit.

## PROBLEMS



- Problems require first-aid skills described in the *Scouts BSA Handbook 14<sup>th</sup> Ed.* and the *First Aid Merit Badge booklet*. In addition, teams are expected to be familiar with safety precautions (swimming, camping, cooking) and emergency procedures (water rescue, camping, hiking, home) that are in the *Handbook*.
- Three problems consist of a short scenario which the Judge will read to the team. The Judge is provided with a scoring rubric for evaluating team performance. One problem will require oral responses to questions about basic emergency skills.
- Some problems will require a team member calling for first responder. The first responder will rate the scout's report on presence of essential information. (See *Scouts BSA Handbook*, p151.)
- One problem may involve testing of CPR knowledge.

- Overall team score will be based on
  - Contents of Patrol First Aid Kit
  - Judge ratings on each of 4 problems.
  - First responder scores on designated problems.
  - CPR score on one problem.
- A Special Event may be offered before Awards are presented. Scoring on this event will not affect overall team score.

## SCHEDULE

12:00	Check-in; Organize team areas Grade patrol first aid kit
12:50	Opening ceremony
1:00	First Problem Session
1:50	Second Problem Session
2:20	Third Problem Session
2:50	Fourth Problem Session
3:20	Special Event
3:40	Awards
3:55	Clean-up

## EVENT CANCELLATION

The event will be cancelled if weather conditions appear to be too severe for travel or if the area is experiencing high incidence of illness. Units will be notified by 10AM of the event day.

## CONTACT

John McConnell, [jmccnll@comcast.net](mailto:jmccnll@comcast.net), (C) 847-770-0905

## ADDITIONAL ITEMS

Please do not bring food into the facility.

The following two pages should be provided to the teams prior to your event.

- *2024 Patrol First Aid Grading Sheet*. This lists items the Team is required to have in its First Aid Kit and some items that are desirable but optional.
- *Information for First Responders*. Information that should be provided when seeking help from First Responders (*Scouting BSA Handbook*, p.151). Although a Scout should know what information is needed for a complete description, it helps to have a reminder in the Patrol First Aid Kit. The page shown can be cut in two to provide multiple copies for the Kit.

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**PATROL FIRST AID KIT GRADING**

TEAM # \_\_\_\_\_ Unit \_\_\_\_\_ Team Name \_\_\_\_\_

Items listed in the Scouts BSA Handbook and First Aid Merit Badge Pamphlet	Additional desirable items
<input type="checkbox"/> One 2-inch roller bandage	<input type="checkbox"/> Splints or SAM® splint
<input type="checkbox"/> Two 1-inch roller bandage (or 2 2-inch)	[Scout staves <i>Omit for this meet</i> ]
<input type="checkbox"/> One roll 1-inch latex-free adhesive tape	<input type="checkbox"/> Blanket or space blanket
<input type="checkbox"/> 24 alcohol swabs	<input type="checkbox"/> Instant cold compress
<input type="checkbox"/> One box assorted latex-free adhesive bandages	<input type="checkbox"/> Duct tape
<input type="checkbox"/> Two elastic bandages 3 to 4 inches wide	<input type="checkbox"/> Resealable plastic bags (gallon size)
<input type="checkbox"/> Twelve sterile pads, 3-inch by 3-inch	<input type="checkbox"/> Plastic garbage bags
<input type="checkbox"/> Four triangular bandages 40-inch	<input type="checkbox"/> Tube of hydrocortisone cream
<input type="checkbox"/> One bar soap or small bottle of hand sanitizing gel	<input type="checkbox"/> 3 Butterfly closure bandages
<input type="checkbox"/> One tube of triple antibiotic ointment	<input type="checkbox"/> Insect repellent
<input type="checkbox"/> Scissors	<input type="checkbox"/> Aloe Vera Gel for sunburn
<input type="checkbox"/> Tweezers	<input type="checkbox"/> Calamine lotion
<input type="checkbox"/> 12 safety pins	<input type="checkbox"/> Thermometer
<input type="checkbox"/> Two packets gel pads for blisters and burns	<input type="checkbox"/> Petroleum jelly/lip salve
<input type="checkbox"/> Four moleskin 3 by 6-inch or equivalent	<input type="checkbox"/> First Aid Manual or Merit Badge Pamphlet
<input type="checkbox"/> Six pairs of latex free disposable gloves	<input type="checkbox"/> Info for First Responders ( <i>Handbook, p151</i> )
<input type="checkbox"/> Eye goggles (must provide side protection)	<input type="checkbox"/> Expiration Date Checklist (Something in kit that indicates contents are reviewed and refreshed yearly as needed)
<input type="checkbox"/> CPR breathing barrier	<input type="checkbox"/> Anti-hemorrhagic powder or bandages
<input type="checkbox"/> Paper and pencil or pen	
<p><b>ONE POINT</b> FOR EACH CHECKED BOX IN THIS COLUMN</p> <p>Points _____</p> <p>(max 19)</p>	<p><b>ONE POINT</b> FOR EACH CHECKED BOX IN THIS COLUMN UP TO A <u>MAXIMUM 5</u> POINTS</p> <p>Points _____</p> <p>(max 5)</p>

TOTAL POINTS SCORED \_\_\_\_\_

Judge \_\_\_\_\_

**INFORMATION FOR FIRST RESPONDERS**

Nature of emergency

Location

Description of victims and their injuries/illness

Time the emergency occurred

Treatment victims have received

Number of people with the victim and their general skill levels for first aid

Requests for special assistance or equipment

Phone numbers for people who are with the victims

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