## Powder Horn Course Participant Equipment List

(Should be modified for each course.)

Everything that you bring must be carried by you or in your backpack. Cars may not be taken to the campsites. Please leave excess jewelry at home.

## **Necessary Items for Each Person**

If you want to share equipment with someone you know, you will both need to be together as you check in and we form crews.

- ☐ Annual Health and Medical Record, No. 34412. You must have this or you cannot participate in this training.
- ☐ One- or two-man tent and backpacking and ground cloth (if you use tents for the course)
- □ Sleeping bag suitable for season
- □ Foam pad
- □ Rain gear
- □ Toothbrush and toothpaste
- □ Towel, washcloth, and soap
- ☐ Two small flashlights with extra batteries
- □ Toilet paper
- □ 1/8-inch Nylon cord—25 feet
- ☐ Hiking boots
- □ Aqua shoes, tennis shoes, sandals, or moccasins
- ☐ Heavy socks and poly sock liners
- □ Swimsuit and large towel
- ☐ Clothing for seven days (please layer and be prepared for rain and wind)
- $\hfill\Box$  Knife, fork, spoon, cup, and plate. Most meals will be prepared and served by the cook crew.
- □ Suntan lotion
- □ Sunglasses
- □ Hat or cap
- □ Work gloves

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- □ Water bottle (at least 1 liter)
- □ Folding camp chair
- □ Plenty of paper and pen/pencils for notes

## **Optional Items**

- □ Songbook and musical instrument
- □ Bible/other religious books
- □ Camera and film
- □ Pillow
- □ Personal snacks
- □ Bear bag and line (if appropriate for the area)
- □ Small backpack or fanny pack
- ☐ GPS and compass