

# National Youth Leadership Training

## Participant Personal Equipment List

### WHAT TO BRING

- Annual Health and Medical Record, Parts A, B, & C (REQUIRED TO ATTEND!)
- Prescription Medications if needed. Any prescription medication must be in the original container with prescribed dosage. (Please put in a Ziplock bag with the participant's name and include any notes you feel are needed.)
- 1-2 OFFICIAL Scout uniform(s) shirts for your current Scouting position with correct insignia's (BSA Field Uniform)
- Scout appropriate activity uniform shirt (s). Three course T-Shirts will be provided
- (2 +) Scout uniform shorts or pants. ScoutsBSA only "Scout type green" shorts or pants. Venture Scouts can also wear gray shorts or pants. No jeans, stretch pants, or other type materials
- Close toed shoes or boots (not white, please), suitable for hiking or tennis type shoe
- Change of shoes
- Shower footwear (such as crocs, slides, or sandals)
- Rain gear (poncho or rain suit)
- Windbreaker or jacket / cold weather gear (appropriate for December Florida weather)
- Underclothing (6+sets)
- Uniform socks (6 pairs)
- Official BSA belt and buckle
- Face masks (6)
- Swimsuit (just in case). Make sure swimsuit is of appropriate style. One-piece suit is recommended for girls. Rash guard shirts are REQUIRED for everyone
- Sleepwear (appropriate PJ's please). Bring a "beanie" type cap for sleeping in case the weather is cold, it will help you to maintain a warm body temperature
- Scout appropriate hat
- Towels and washcloths
- A jacket, fleece or lightweight coat
- Warm sleepwear in case of low night time temperatures
- gloves
- appropriate sleeping bag for expected temperatures
- Personal toiletries
- Backpacking pack. A MUST for gear. No summer cap trunks or suitcases

- \_\_\_ Small day pack for daily use (to contain rain gear, books, water, etc.)
- \_\_\_ Lightweight personal backpacking tent (A MUST). Waterproof ground cloth or tarp for tent
- \_\_\_ Ground pad or air mattress for sleeping if desired
- \_\_\_ Sleeping bag and/or Sheets/blankets/pillow. Bring what will help you sleep comfortably in cooler weather.
  
- \_\_\_ Insect repellent
- \_\_\_ Sunscreen
- \_\_\_ Sunglasses
- \_\_\_ Pocketknife with folding, locking blade and with no more than 3.1/4" blade
- \_\_\_ Mess Kit with plate, bowl, & silverware (a mesh drying bag will be provided to each participant)
- \_\_\_ Alarm Clock
- \_\_\_ Watch
- \_\_\_ Flashlight with spare batteries
- \_\_\_ Camp Chair
- \_\_\_ Pen and pencil

## **WHAT NOT TO BRING**

Any spare food unless approved by Course Coordinator;

NO TRUNKS, FOOTLOCKERS, OR SUITCASES!

ANY ELECTRONIC DEVICES OTHER THAN A CELLPHONE/CHARGER, FLASHLIGHT, FAN\*\*

## **PACKING NOTES**

Scouts should write their names on any items they are not prepared to lose. The official BSA field uniform will be worn at times throughout the week and all insignia should be sewn in the correct position as shown in the current version of the handbook for their respective youth program. It is expected that participants are always wearing Scouting or Scouting-appropriate shirts to serve as their activity uniforms.

Participants will be hiking to an outpost campsite during one night of the course and should be prepared to pack enough gear into their backpack for this overnigher, including their personal tent. For summer and winter sessions, participants will spend the remainder of the course in summer camp tents.

Cell phones are allowed; HOWEVER, they will be managed. Any external communication will come from adult staff members at the course. Parents can get in contact with NYLT adult staff via email or by calling the respective camp. Participants are expected to use their phones on course in a responsible manner. We do have a time out box at their stations, and we also request limited calls home during course. We also understand and will work with anyone who monitors health concerns with a phone app. Please make sure that it is noted on the Health form's and was included when you registered on-line.