



V3 HIKE-O-REE October 28-30, 2022

The **32nd** Annual V3 (originally named for Venturing, Varsity, and Venture) Hike-o-ree will be held October 28-30, 2022, at the Northern Virginia 4-H Educational Center, Front Royal, VA. Registration is limited to trail capacities of the fifteen trails. The Hike-o-ree is open to all **Venturing Crews, Sea Scout Ships, and Scouts BSA Troops**. Units must form trail crews consisting of no more than 12 members, including at least two adults. If a unit has more than 12 simply form another crew (with proper adult leadership). **[New] The strongly recommended minimum age to participate is 13.**

BSA units will need to comply with the Guide to Safe Scouting, etc., and meet the safety requirements therein. All BSA Scouts and Scouters that hike must bring a current BSA Annual Health and Medical Record, parts A, and B, and meet the weight limits on part C.

Trail crews will be assigned a hike based on the preferences indicated in their registration. All hikes are approximately ten miles in length and range in difficulty from moderate (1500 foot change in elevation) to super strenuous (2600 foot change in elevation). Other Hike-o-ree activities include a Friday night opening rally, a Saturday night **High Adventure Rally**, and a service project on Sunday morning. Crews receive their Hike-o-ree t-shirts Saturday night.

The Hike-o-ree is intended to be an introduction to backpacking and shakedown. **Therefore, camping at the 4-H Center is BACKPACKING style using ONLY backpacking equipment.** Bring ONLY what you can carry in your backpack. Come prepared to cook outdoors; bring a trail tarp. Do not bring chuck boxes, coolers, Dutch ovens, propane tanks, camp lanterns, etc.!!

Registration on a **FIRST COME, FIRST SERVED BASIS** begins on **September 1, 2022**, on the BSA National Capital Area Council website.

Unit deposit is required to reserve a particular hike **not later than October 7, 2022**. After you register for a hike and pay your deposit, you will be sent a confirmation email with the leader's package and detailed information about the hike you have selected.

Because of the lead-time required to produce the t-shirts, the final date to provide shirt numbers and sizes (S, M, L, XL, 2XL) is **October 12. NO ADDITIONAL ORDERS CAN BE TAKEN AFTER THAT DATE.** Submit payment and final shirt orders online on BSA National Capital Area Council website.

The cost of the Hike-o-ree is **\$30.00** per participant.

For additional information contact:

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- Hike #1 - White Oak/Cedar Run Canyon Superstrenuous Elevation change: 2722 feet
 Length: 9.1 miles Driving Distance (one way): 42.9 miles PATC Map: 10
 This hike goes through two of the deepest and steepest ravines in the Shenandoah National Park. Both canyons have waterfalls, cascades and high cliffs.
- Hike #2 - Robertson Mountain Superstrenuous Elevation change: 2884 feet
 Length: 11.3 miles Driving Distance (one way): 34.8 miles PATC Map: 10
 This trail follows a beautiful trout stream to an original mountaineer's cabin and finally over one of the least climbed mountains in the Shenandoah National Park. If you want a challenge, climb Robertson Mountain from the east.
- Hike #3 - Overall Run Superstrenuous Elevation change: 2490 feet
 Length: 9.5 miles Driving Distance (one way): 15.6 miles PATC Map: 9
 This hike follows trails that were farm roads in pre-park days and gives access to the Overall Run Falls. At 93 feet, it is the highest waterfall in the Shenandoah National Park.
- Hike #4 - Little Devil's Stairs Strenuous Elevation change: 2155 feet
 Length: 7.8 miles Driving Distance (one way): 26.1 miles PATC Map: 9
 Little Devil's Stairs Trail winds around and between the rocks in a canyon, crossing and recrossing Keyser Run many times. Be sure to stop and visit a graveyard dating back to the early 1800s.
- Hike #5 - Thorofare Mountain Strenuous Elevation change: 2559 feet
 Length: 11 miles Driving Distance (one way): 34.8 miles PATC Map: 10
 This trail offers a waterfall, old farm roads that once connected the families in this area, two great swimming holes, and a restored mountaineer's cabin.
- Hike #6 - Hazel Country Strenuous Elevation change: 2467 feet
 Length: 11 miles Driving Distance (one way): 34.8 miles PATC Map: 10
 The mountaineer has been gone for 50 years, but the few old houses, which remain standing, old apple orchards, the lonely chimneys, and crude stone fences are evidence that he was here.
- Hike #7 - Hazel Mountain Strenuous Elevation change: 2365 feet
 Length: 10.25 miles Driving Distance (one way): 32 miles PATC Map: 10
 This hike takes you into one of the most remote areas of the Shenandoah National Park and is recommended for crews who are map and compass experts. It offers a waterfall, a swimming hole and a cave.
- Hike #8- Old Rag Strenuous Elevation change: 2423 feet
 Length: 9.0 miles Driving Distance (one way): 35.0 miles PATC Map: 10
 This hike provides views in all directions, including a noble panorama of the mountains of the Shenandoah National Park. **All hikers on Old Rag need to obtain an Old Rag day-use ticket in advance, in addition to a Park entrance pass. See <https://www.nps.gov/shen/planyourvisit/faqs-oldrag.htm>**
- Hike #9 - Jeremy's Run Moderate Elevation change: 2222 feet
 Length: 9 miles Driving Distance (one way): 35.0 miles PATC Map: 9
 Jeremy's Run is one of the most scenic streams in the Northern District of the Shenandoah National Park. The trail is beautifully forested and the run itself is a continual series of cascades and pools.
- Hike #10 - Signal Knob Moderate Elevation change: 2770 feet
 Length: 10 miles Driving Distance (one way): 15.4 miles PATC Map: G
 Signal Knob was used by the Confederate forces during the Civil War to monitor movement of Federal troops. Excellent views are provided of the Shenandoah Valley.
- Hike #11 - Thornton Hollow Moderate Elevation change: 2384 feet
 Length: 10.6 miles Driving Distance (one way): 28.5 miles PATC Map: 9
 This hike gives the backpacker a taste of the Appalachian Trail. It descends over Piney Ridge and climbs back up along the beautiful North Fork of the Thornton River.
- Hike #12 – Piney Ridge/Piney Branch Moderate Elevation change: 1650 feet
 Length: 9.4 miles Driving Distance (one way): 26.7 miles PATC Map: 9
 Walk along a ridge where homes and farmlands once stood and see a spectacular view of a three tier waterfall. Offers two waterfalls and a deep swimming hole.
- Hike #13- Big Devil's Stairs Overlook Moderate Elevation change: 1300 feet
 Length: 11.1 miles Driving Distance (one way): 12.2 miles PATC Map: 9
 This hike slabs around the eastern and southern slopes of Mount Marshall and provides a side trek to the east rim of Big Devil's Stairs offering spectacular views of Big Devil's Stairs canyon and the mountains beyond.
- Hike #14 - Massanutten Mountain Moderate Elevation change: 2237 feet
 Length: 9.1 miles Driving Distance (one way): 16.0 miles PATC Map: G
 From the top of the ridge, there will be opportunities for superb views both east towards the mountains of the Shenandoah National Park and west into the Shenandoah Valley.
- Hike #15 – Sugarloaf Trail Moderate Elevation change: 1876 feet
 Length: 9.3 miles Driving Distance (one way): 25.4 miles PATC Map: 9
 This trail uses both the Appalachian Trail and horse and foot trails that were farm roads in the pre-park days. It also offers two excellent viewing areas from the tops of Sugarloaf and Hogback Mountains.