

WESTERN SHORE DISTRICT
WINT-OR-REE
LEADER'S GUIDE
CAMP ST.CHARLES
February 27-March 1 2026



Join us for an exciting YETI Adventure!!

Registration link:
hoo.com
2071

EventContact :

Rob Little
Westernshoreoa@ya-

240-466-

Registration covers LOADS OF FUN, Tent camping, GREAT HOT MEALS , Saturday Breakfast, Lunch, and Dinner, Sunday Breakfast

Cost of the event
\$55.00 for youth
\$45.00 for Adults

The Western Shore WINT-OR-REE is designed to be a patrol competition based event. The unit adult leaders will plan and prepare a station that the youth patrols will travel around and compete in. The stations can be based on scout skills, team building, or just a game of fun. I encourage the stations to be designed around multiple patrols competing at the same time. Not necessarily in competition with each other. This event is for Scouts BSA Troops, Sea Scout Ships, and Venturing Crews. This Event is not for Cub Scouts, Arrow of Lights, or WEBELOS.

SLEDS

Each patrol is encouraged to build a sled and bring it to the event to carry gear in as they travel from station to station. If you search for Klondike sleds BSA you will find many pages and designs. The only requirement we have is that it has wheels that are removable. If we don't have snow but the ground is wet we don't want the runners damaging the grounds of Camp St. Charles. Below is one link and some pictures.

https://www.youtube.com/watch?v=1euwUPcP-co&feature=emb_imp_woyt



REGISTRATION

Registration is open we need to distribute the registration link to the parents in your units and encourage them to register their youth for this event ASAP.

We are providing meals for all participants, so it is important that we register early. We also need to capture medical concerns as well as dietary restrictions/al-

lergies so that our cook crew can plan accordingly and ensure the safety of our participants.

For all registration and event questions please contact :

Rob Little

WINT-OR-REE Contact:

240-466-2071

Westernshoreoa@yahoo.com

Medical Forms

Each unit will need to have a BSA AHMR part A and B for all participants.

If you have a Scout or Scouter that is sick, please leave them at home. If you have Scouts and/ or Scouters who have been sick within 48 hours of the WINT-OR-REE , please leave them home. All participants should be symptom free for AT LEAST 24 hours. While we will have a First-Aider on site. We do not have staff to sit with sick Scouts/adults. If someone from your unit falls ill, they will need to leave the Event.

Meals

DELICIOUS HOT Meals are included in the price of the event. We are providing the following:

Saturday: Breakfast, Lunch, and Dinner

Sunday: Breakfast.

Coffee , tea, and hot chocolate will be available all day.

A mess kit is not needed for the event however, we will not have any plastic cups for beverages. Participants will need a water bottle and or a personal cup/mug for hot beverages. Will have event specific mugs for sale at the event if you want to take home more than memories.

Camping

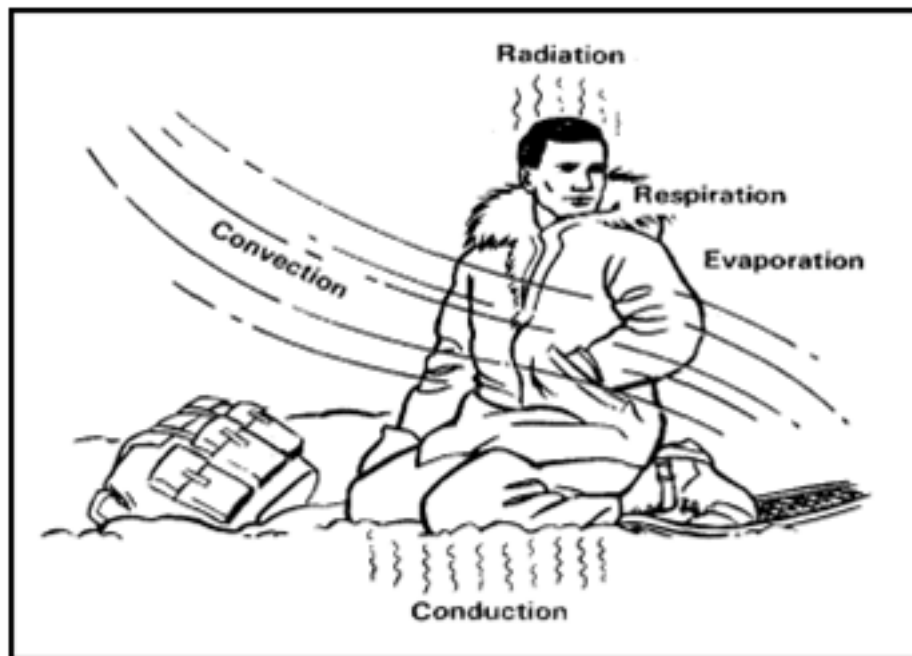
Units will be tent camping.

Cabins are all reserved

What to bring

Scout Basic Essentials. Patrols should be traveling with the Scout Basic Essentials (see Scouts BSA Handbook) from station to station.

Please ensure all registered participants are prepared for the weather, whatever that might be. In the figure below, you can see the types of body heat loss:



In cold weather, clothing keeps you warm by trapping heat radiated by your body and holding it close to you. Your cold weather clothing should be loose because tight clothing constricts the flow of blood so body heat cannot move around. To stay warm, you want to keep C-O-L-D.

C - Keep yourself and your clothes CLEAN. Dirt and body oils which build up on clothing destroys its insulating properties.

O - Avoid OVERHEATING. Clothing is designed to be taken off or added in layers to maintain an even body heat.

L - Wear LOOSE clothes and dress in LAYERS

D - Keep DRY. Wet clothing removes body heat 240 times faster than it will dissipate through dry clothing. Wet is trouble.

From the Cold-Weather Clothing Checklist for Outdoor Adventures (see Scouts BSA Handbook), you'll need:

- Long-sleeved shirt
- Warm shirt (wool or synthetic)
- Long pants (synthetic, fleece or wool)
- Sweater (fleece or wool)
- Long underwear (synthetic or wool)
- Hiking boots or sturdy shoes
- Extra socks (wool, wool blend or synthetic)
- Insulated parka or coat with hood
- Warm hat (fleece or wool)
- Gloves (fleece or wool) with water-resistant shells. Mittens are preferable.
- Rain gear
- Extra underwear

Plus, a wool or fleece scarf or neck gaiter. Note that cotton clothing (underwear, base layer and outer clothing) is highly discouraged as cotton completely loses any insulating value when wet or damp.

When the thermometer plunges, a well-insulated sleeping bag is essential to your nighttime comfort. Adding layers such as fleece clothing, mittens, a hat, neck gaiter and warm socks (or a Nalgene hot water bottle) extends the temperature range of your bag. Of course, insulation beneath your bag is vital; two foam sleeping pads works well for this.

For additional cold-weather camping information, see the Fieldbook: Scouting's Manual for Basic and Advanced Skills for Outdoor Adventure, 5th ed. and Okpik: Cold-Weather Camping, both available through the Scout Shop. Some material in this guide is quoted from these sources.