

**Four Mile Run
Life to Eagle Seminar
Saturday, January 17, 2026
1:00 pm – 3:30 pm**

**Our Lady of Lourdes Church
830 23rd Street South, Arlington 22202**

Agenda

Welcome - The Path to Eagle
1:00 – 1:30 pm

Seminar Breakouts
1:30 pm – 2:45 pm

**Session for Scouts:
The Eagle Project & Board of Review**

**Session for Parents:
The Parents' Role and the Eagle
Advancement Process**

**Session for Unit Eagle Advisors
and Eagle Project Coaches**

Eagle Scout Panel

Guidance from Recent Eagle Scouts
2:45 pm – 3:30 pm

