



2017 Aquatics Programs

Pre camp swim classification tests

What: This is an opportunity for your unit to have your annual BSA swim classification check done under the supervision of NCAC-approved aquatics personnel.

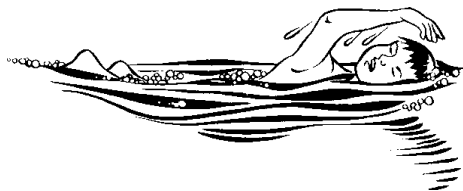
Who: Any NCAC unit (Pack, Troops and Crews).

Up to 20 tests per 30 minute session

Where: Blu Water Scuba Aquatics Center, Manassas VA

When: June 11 2017.

30 min blocks starting at 1pm, last session starting at 4:30pm



Aquatics Supervision Training: Swimming and Water Rescue (SWR) & Paddle Craft Safety (PCS)



What: This is the hands-on, in/on water training for supervisors of any scouting swimming or boating activity. It covers the skills needed to

meet Safe Swim Defense and Safety Afloat policies applied at the unit level. This is the training referenced in BSA's Safe Swim Defense and Safety Afloat guidelines. The training consists of a classroom portion and water sessions. Safe Swim Defense training and Safety Afloat training are prerequisites for these courses.

Who: Older youth (min. 15 years old) and adult leaders.

Where: Training is offered at Goshen Scout Reservation waterfronts in 2017 as part of the normal waterfront program. Local sessions run 9am-3pm in Haymarket or Manassas VA.

Cost: See below. The fee includes the required course text – Aquatics Supervision No. 34737. There is a \$30 discount if you already have the book (it is the same book for both classes).



Paddle Craft Safety

Class Date	Registration Deadline
15 April	10 April
5 Aug	31 July

Contact:
Steve Park
stephen.park.5000@gmail.com
or
Tom Ryan
tdryanjr@gmail.com
For course schedule

Swimming and Water Rescue

Class Date	Registration Deadline	Cost
15 April	10 April	\$35(w/o book) or \$65 (with book)
5 Aug	31 July	\$35(w/o book) or \$65 (with book)

Scuba certification and Scuba Diving merit badge



What: PADI open water scuba certification and the BSA Scuba Diving merit badge.

Who: For any scout-aged youth or adult leader.

Where: A.B. Sea's Diving, Fairfax Station VA (orientation, classroom, pool session) local quarry (open water training dives)

When: Orientation – Jul 30 1-3pm; class/pool sessions – Aug 12 & 13 9am-5pm, open water training dives – Aug 19 & 20 10am-1pm; Scuba Diving merit badge counseling session - Aug 20, 4-6pm

Cost: Scuba certification class and merit badge session - \$550 (includes all equipment); Scuba diving merit badge session only - \$5

Registration deadline: July 24



Mile Swim BSA

To work on this award outside of summer camp, contact
Chuck Frizzelle
frizzelle04@yahoo.com
(703) 439-0514



Boardsailing BSA

To work on this award contact Bob Brandel
571-220-2178
rlbrandel@gmail.com



Canoeing Merit Badge Counselor Training

This training is held as an add-on component to the in-water Paddle Craft Safety sessions if qualified instructors are available.

SCUBAJAM
VIRGINIA

A Labor Day Weekend Event
for Youth at Lake Phoenix VA

www.scubajam-va.org

Safe Swim Defense (SSD) and Safety Afloat (SA) Training



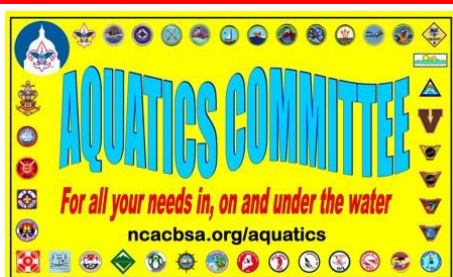
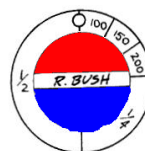
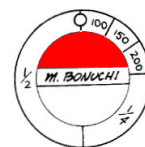
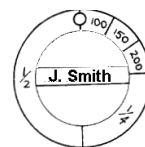
What: BSA Safe Swim Defense and Safety Afloat training is required for any BSA unit conducting swimming or boating activities.

Who: Adult leaders supervising a swimming/boating activity must have completed Safe Swim Defense/Safety Afloat training within the previous two years.

Where: SSD and SA training is available online at my.scouting.org. NCAC also offers this training at Pow Wow and University of Scouting. The in-person training must be presented by qualified trainers.

When: Pow Wow – Oct 28, 2017

University of Scouting—Feb 25, 2017



Want to help with aquatics for youth in our area?

Consider joining our NCAC Aquatics Committee

We meet 4 times per year:

Mar 21 2017

Jun 18 2017

Sep 21 2017

Dec 20 2018

American Red Cross Lifeguard Training For older youth and adults

What: This is professional level training that meets the requirements of government agencies for professional lifeguards at regulated swimming activities. The course results in the American Red Cross Lifeguarding/First Aid/CPR/AED Certification.

Who: The program is open to all registered adults and older youth (minimum age 15). It is a recommended adjunct to the Aquatics Supervision awards for unit leaders who wish to expand their water safety. Youth who wish to work on the aquatics staffs at BSA camps need this training. Participants must attend all scheduled sessions.

How: This course includes the Red Cross blended-learning Lifeguarding course. This requires participants to complete 7 1/2 hours of online training at their convenience before the June 10 session. The online training allows us to minimize the classroom lecture time.

Where: Blu Water Scuba, 9446 Taney Rd, Manassas VA

When: May 21 2-4 pm - prerequisites & orientation, Manassas VA
June 10-11 and 17-18, 9am—5pm Manassas VA



CPR/AED for the Professional Rescuer and First Aid Training

What: This the CPR/AED for Professional Rescuers and First Aid training that is required for BSA Lifeguard requirement #6. This training is usually not included in BSA Lifeguard training courses. The course will use the Red Cross blended-learning versions of CPR/AED for the Professional Rescuer and First Aid. That means you will do on-line work before the in-person skills session so we can minimize the classroom time. Successful completion of course requirements will result in 2 American Red Cross certifications.

Where: Fairfax Presbyterian Church, 10723 Main St., Fairfax VA 22030

When: Saturday, May 20 and September 16, 2017

Cost: \$25 or \$35 - \$25 payable to the Red Cross, \$10 for CPR pocket mask (if you don't have one)

Maximum registrations: 6



For more information contact Mike Meenehan at 703-400-2176 mmmeenehan@cox.net