



# Frederick District Fall Camporee

## Leader's Guide

October 18-20, 2024

Walkersville Watershed

Please note that as we get closer to the event this guide may change. We will update it as our circumstances and program evolve.

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## INTRODUCTION AND SUMMARY

### Be a BOSS – Backcountry Outdoor Skills Savvy

Frederick District Fall Camporee  
October 18-20, 2024  
Walkersville Watershed, Walkersville, Maryland

**WHO:** All registered Scouts BSA, Venturing, Sea Scouts, and Explorers.

**WHAT:** Learn the fundamentals of backpacking and trek preparation.

- Prepare Scouts for a backpacking friendly weekend or an upcoming High Adventure trip like Philmont
- Learn the essentials of backpacking gear, how to manage yourself on the trail, and much more!
- Put Outdoor Ethics & Leave No Trace into action
- Opportunity to complete parts of merit badges & rank advancement

**WHY:** This camporee will give attendees a chance to learn basic and advanced backpacking skills like water filtration, lightweight stove usage, and backpacking food preparation, basic to ultra-light equipment options, Leave No Trace backcountry camping, Wilderness First Aid, hammock backpacking, and hygiene. There are plenty of opportunities to have fun, time to share adventures, and swap gear!

**WHEN:** October 18-20, 2024

**WHERE:** Walkersville Watershed

**COST:** \$10 per participant. Each participant will receive a patch.

This is a learning adventure camporee. Please sign up as patrols of 6-8 Scouts to encourage the patrol method throughout the event. Each patrol should have an assigned Patrol Leader.

Your backpacking experience will include an optional troop/crew night on the trail on Friday night and back to base site on Saturday (this replicates many high adventure backpacking situations). YPT and 2 Deep Leadership rules apply. There must be at least two registered adult leaders in attendance overnight.

- Each unit is responsible for its own food.
- Please come dressed in your CLASS B (Unit T-shirt), ready to hike in all weather. Dress in layers and bring hiking essentials.
- Leaders: Please review the “Leaders’ Guide” for important details, packing lists, and the merit badge requirements being covered during the different sessions.

Come enjoy this opportunity for units to promote safe backpacking and better preparation for future high adventure treks!

## CAMPING

Campsites will be distributed in the order of registration. Units with existing use sites will be assigned to home sites.

Our camporee is a non-competitive, backcountry-themed event where patrols will complete each station to increase their knowledge and confidence with backcountry skills. The Backcountry Outdoor Skills Savvy (BOSS) team has developed a fun-filled program of exciting stations, scenarios, and challenges for all participants to ensure that every Scout has a great time regardless of their skill level.

## CAMPOREE SCHEDULE

### Friday October 18th

6:00 PM Friday Arrival and Check-In

6:30 PM Backpacking Outpost

### Saturday, October 19th:

7:00 AM Saturday Unit arrivals and Check-in

8:00 AM Opening Ceremony – Flagpole

8:30 AM Morning Event Stations

12:00 PM Lunch on the trail (Pavilion 1)

Gear Swap Opens

12:45 PM Afternoon Event Stations

5:00 PM Stations Close

5:15 PM Closing Ceremony - Flagpole

6:00 PM Dinner at Campsite

Gear Swap Opens

7:30 PM Assemble at Parade Field

8:00 PM Campfire at Amphitheater

### Sunday, October 20th

7:00 AM Breakfast at Camp

10:00 AM Departure of all units

## POINTS OF CONTACT:

District Chair: Mike Parrish

District Executive: Stephanie Fletcher 301-214-9168

stephanie.fletcher@scouting.org

Camporee Director: Jeannie Lee 301-523-5125

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Camporee Program: Troop 1191

troop1191info@gmail.com

Administrator: Chris Frome

Watershed Contact: Ron Layman 301-788-7496

layman274@gmail.com

Rick Brown 240-793-5626

smtroop1191@gmail.com

## REGISTRATION

Patches: Every paid and registered Youth will receive a patch.

Membership: In order for a Scout to attend the Camporee, they must be a registered Scout. Every unit should provide adult leadership consistent with Youth Protection Training and Guide to Safe Scouting.

Medical Forms: The Backcountry Camporee requires that each troop have Parts A and B medical forms in their possession for all Scouts and Adults attending the event. Each unit is expected to bring forms to Camporee in the unlikely event that medical care is required beyond first aid. The troops will hold onto the medical forms.

Register by October 14th at: <https://scoutingevent.com/082-88727>

## CHECK-IN PROCEDURES

Check-in registration begins at 6:00 pm on Friday, October 18th at the registration table at the main Pavilion. All units must submit their Campfire Participation Form by 1pm on Saturday, and if volunteering for opening/closing flags or opening/closing prayer, their Patrol name and/or Chaplain's Aide name, and site location (or unit campsite) for the day.

## CHECK-OUT PROCEDURES

Backcountry Outdoor Skills Savvy Camporee program will be concluded at the end of the campfire, although units are welcome to camp into Sunday. Units that are camping will be responsible for their own sites and must be packed up and off the premises by 10am on Sunday. Check out procedures prior to departing:

- Ensure the campsite is litter free.
- Cooking fires should be cold out.
- Restore your campsite to be better than you found it.
- Pack up your gear and be ready to depart.
- Carry out all garbage to be disposed of at home.
- Request a site inspection of a Camporee Staff member.
- Complete, and be ready to submit a Camporee Evaluation Form.
- Complete the check-out at the Lodge Pavilion.

The check-out sheet will be signed when an inspection is completed. If you used a campsite during the day for meal preparation, please ensure that you complete check out procedures prior to departing for the campfire.

## PARKING

Parking is a premium at the Watershed. Please carpool when possible and park vehicles completely off the road. It is imperative that we keep an emergency path on every road for First Aid emergencies.

### CAMPOREE GENERAL RULES

- The Scout Oath and Law will govern the behavior of all participants!
- The Buddy System must be followed by all Scouts at all times.
- Leave No Trace principles to apply as always.
- As with any Scout event, there will be no illegal drugs, alcohol, fireworks, firearms, or other weapons.
- Sheath knives and fixed blade scabbard knives are prohibited.
- Wood tools must be properly stored and used in the ax yard (see the Scout Handbook for proper Patrol campsite setup). Improper use of wood tools is prohibited. Campfires must be built in an established fire ring/pit or raised above the ground and must be properly extinguished when the campsite is unattended. Keep a filled water bucket handy. You can find water onsite at the newly installed well.
- Report all accidents, injuries, or other emergencies to a member of Camporee Staff. Medical personnel will always be on-site during the Camporee.
- Lost and found items should be brought to the Admin Pavilion.
- Class B T-shirt or similar Troop/Patrol attire is encouraged for all activities during the day. Class A uniform is required for the closing flag ceremony and Campfire.

### HAZARDOUS WEATHER

In the event of severe weather, stay in the campsite/program area and send one runner to the Admin Pavilion for roll-call. Utilize your hazardous weather training and react accordingly. Further direction will be communicated through staff to leaders via radios.

### SCOUTMASTER GUIDANCE

- The Camporee will not be called off because of the weather.
- Campsites will be assigned to units based on the order of registration, or if you have a campsite that you maintain on-site, you will be assigned there. Please ensure that your site is listed when you register at the Admin Pavilion.
- Friday evening check-in begins at 6PM at the Registration Pavilion
- Saturday morning check-in begins at 7AM at the Registration Pavilion
- No sheath knives, fireworks, alcoholic beverages, or firearms; ALL FIRES MUST BE CONTAINED WITHIN A ROCK FIRE RING WITH PROPER CLEARING and fire buckets.
- Anything beyond basic first aid MUST BE REPORTED to Camporee medical staff.
- Dutch oven cooking must be contained within fire rings or off the ground.
- Stations will not be scored, however, each patrol will receive a station record to note requirements covered.
- A freezer bag lunch will be provided at the Pavilion. Hot water will be available to reconstitute. Gluten free and vegetarian options. Please bring your own proteins. Other than lunch, meals are covered by unit/patrol.
- Units are responsible for removing all the trash from the campsites and event areas. Leave the camp better than we found it.

## HEALTH AND SAFETY GUIDANCE

Use your judgment based on the activity and preparation of your Scouts and leaders.

- **If you are sick, do not come to camp.**
- Units will be charged for the number of Scouts/Scouters who are registered online. If there is a last-minute change, please notify someone at the registration desk.

## HELPFUL INFORMATION

- Water will be available at the watershed, but you may want to bring your water containers/water bottles full for an early start
- Porta Johns are located around the camp and near several of the activity areas.
- Cell signal is available in the camp depending on your carrier.
- Complete a patrol roster for each participating patrol.

Station timing - 40 minutes and 5 min travel between stations:

### Morning session

- Station 1 - 8:30 AM - 9:15AM
- Station 2 - 9:15 AM - 10:00 AM
- Station 3 - 10:00 AM - 10:45 AM
- Station 4 - 10:45 AM - 12:00 PM

Lunch on the trail (At Pavilion 1) - 12:00 PM - 12:45 PM

### Afternoon session

- Station 5 - 12:45 PM - 1:30 PM
- Station 6 - 1:30 PM - 2:15 PM
- Station 7 - 2:15 PM - 3:00 PM
- Station 8 - 3:00 PM - 3:45 PM
- Station 9 - 3:45 PM - 5:00 PM

## GEAR SWAP

We will have a gear swap event happening during camporee. There will be troop and personal gear available. Unit leaders will be able to select from troop gear while personal gear will be reserved for Scouts. Gear Swap will be officially open to Scouts around meal times. Please encourage your scouts to bring in their gently used gear. Hope that they can give some and get some!

### SENIOR PATROL LEADER GUIDANCE

- These are some reminders of the important items for the weekend. Each activity will begin at the time indicated in the schedule, please ensure that your unit is on time. A detailed schedule is located in this guide.
- BSA Class “A” uniforms are required for Saturday evening's Flag Retirement ceremony, and Campfire. Class “B” or Scout-appropriate apparel should be worn during patrol activities.
- Patrols should pack their packs and trek from station to station to simulate the backcountry experience.
- If a Dutch oven is used for cooking, it may be done on your campsite and in an approved fire circle or be elevated high enough, so you do not burn the grass beneath the fire or contained within a rock fire ring.
- Checkout: Make sure your campsite is clean in accordance with Leave No Trace principles.

### CREW GUIDANCE

- Each crew should ideally consist of 6 to 8 scouts. The maximum patrol size is 10 scouts
- Crew equipment for purposes of camping and cooking for the weekend
- All materials needed for learning will be available at the station other than personal packs

### EMERGENCY PROCEDURES

Minor first aid needs should be tended to at assigned campsite using the unit's first aid supplies and trained adult leaders. More significant issues should be directed to the medic located at Admin. Emergency medications should be maintained by a Troop leader.

Participants must bring their medical forms. Please have all medical forms for each unit in one binder/folder. Medical forms will be kept by the unit and brought to Medical as needed.

If any of our adults who attend this event are medical professionals, please let the Camporee Staff know upon your arrival. If units know of campers with serious medical problems, please discreetly inform the Health and Safety Staff. The First Aid Station (at the First Aid Cabin) will be manned during the event. Medical Emergencies should be directed through Admin.



## STATION DESCRIPTIONS

### 1. **Pack measurement and packing**

Find out how to measure appropriately for a pack. Learn how to pack your pack, adjust it, and distribute weight effectively. Review the basic items to take on your backcountry adventure. What's in your pack? How much weight should you pack? Pack shakedown!

### 2. **First Aid and Emergencies**

Review basic first aid for backcountry. Triage scenarios and emergency evacuation processes.

### 3. **Shelters - Tents, Tarps, and Hammocks**

Putting up effective shelters in the backcountry is a must. Ever try a trekking pole tent? Learn how to identify an appropriate location and set up a basic hammock for hammock camping. Fast learners can try out some Tarptent Origami.

### 4. **Water Treatment and Cook Stoves**

*Water Treatment:* The best water is potable water. Learn how to identify good water sources and how to treat water to prevent illness.

*Cook stoves:* Because open fires aren't always practical, learn how to use BSA approved stove methods for cooking in the backcountry.

### 5. **Trek Planning**

This station will help Scouts plan out their weekend treks and make decisions on how to tailor longer treks. Adjusting for skill levels and health of the crew.

### 6. **Health, Hygiene, and Trash Talk**

What to wear when and how to keep yourself backcountry clean. Digging a cathole is not as easy as it looks. And simple ways to practice Leave No Trace in the backcountry.

### 7. **Backcountry Cooking**

When foraging isn't possible, packing the right foods is essential. Cooking nutrient dense, healthy, AND tasty backpacking meals!

### 8. **Bear bag hanging and Managing Smellables:**

Scouts will learn about several methods used to hang bear bags. It's harder than it looks!

### 9. **Map/Navigating Skills**

Learning to navigate in the back country is a must. Know where you are and know where you are going.

### CAMPFIRE PARTICIPATION FORM

Please complete this form and return it at the registration Saturday morning:

A separate form for each Troop/Patrol or Crew is needed.

Please limit songs and skits to no more than 5-minutes.

Troop:

Patrol:

Title of Song or Skit:

Patrol Leader's Name:

Scoutmaster Name:

Please give a short description of the Song or skit:

APPROVED BY:

(Staff Member)

## EVALUATION FORM

Pick three (3) activities that you want to see again. (You can pick more):

Pick one (1) or more activities that you think should be dropped from the program:

If you could change anything about the Backcountry Outdoor Skills Savvy (weather doesn't count):

This Backcountry Outdoor Skills Savvy would have been MUCH easier for your troop if the Staff:

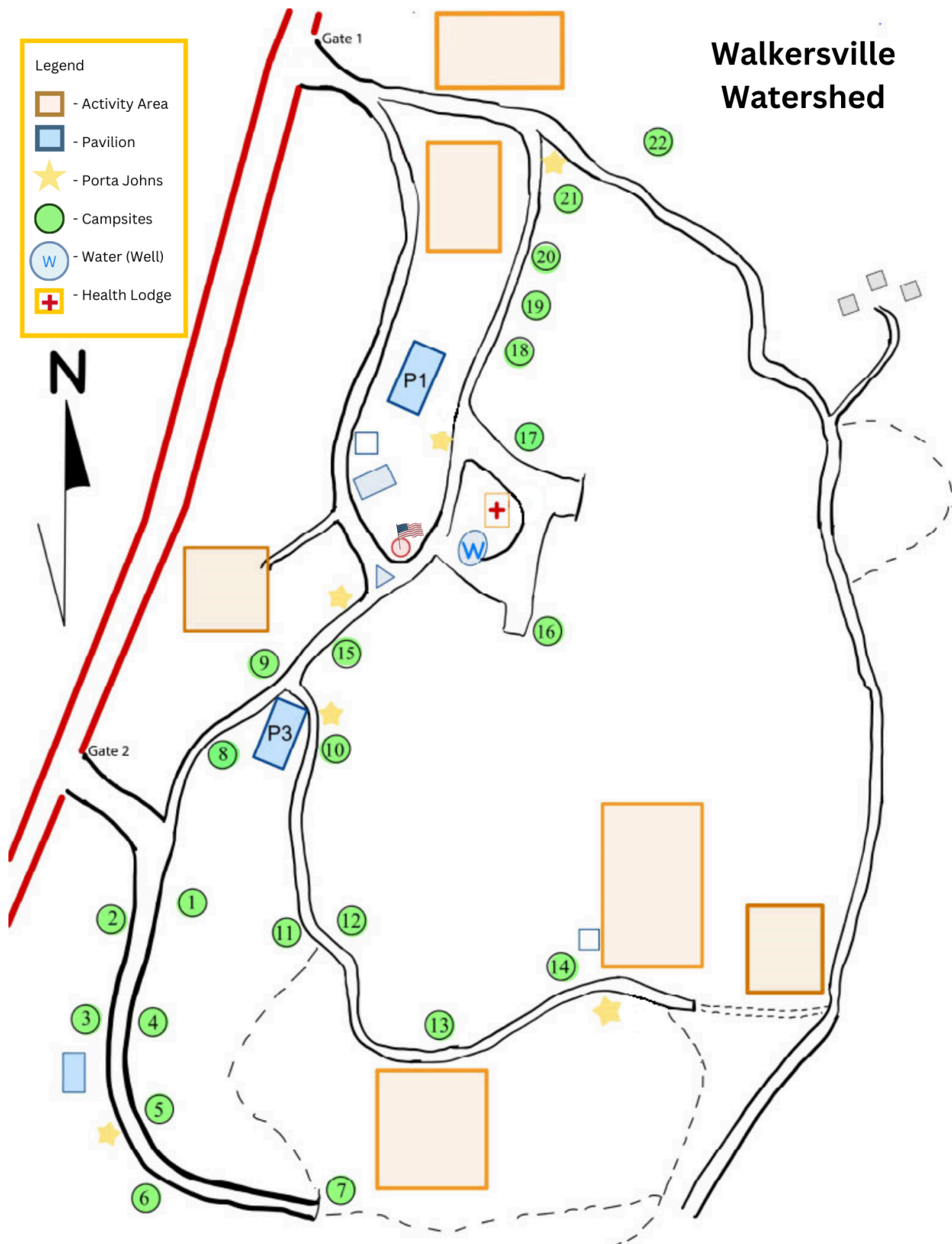
Favorite Thing about the Backcountry Outdoor Skills Savvy Camporee?

Any suggestions/Comments?

Thank you for your feedback! We hope you enjoyed your time and hope to see you at the next camporee!

Fall Camporee Staff

### WALKERSVILLE WATERSHED MAP



### WALKERSVILLE WATERSHED CAMPING ETIQUETTE

- No camping in the pavilion area within the fence.
- All fires should be in fire rings and thoroughly out and wetted down before leaving
- No throwing or leaving rocks and/or large sticks in the pavilion area. (The mower thanks you!)
- No trash and/or bottles in porta pots.
- Police area and carry out all trash.
- If you use others' stacked firewood, replace it.
- If you need to move tables or benches, return them to their original position. Also, please do not stand or walk on tables. People do eat from tables.
- Be courteous to the neighbors who also use the property for hiking, walking, etc.
- No charge is required to camp but donations are accepted to help with maintenance.

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Management appreciates your cooperation.

## PACKING LIST

This is a general packing list and guide. We recognize that Scouts may not have any special gear. Encourage Scouts to do what they can with what they have. Pack typically does not weigh more than 25% of Scout's weight. For some lightweight Scouts, they may go over 25% but do best to keep weight down. Include at least 2L of water when weighing. The following list can be used to help prepare Scouts in your unit.

Crew gear should include

- water filtration method (i.e. iodine, filter, etc.)
- bear bag/rope or canister
- stove and fuel
- cooking pot
- tents

\* If Scouts are sleeping alone, hammock or tent should be lightweight approx 3-4lbs.

Personal Gear

- PRO-TIP: line inside of backpack with a trash compactor bag and keep your sleeping and clothing dry
- sleeping bag
- sleeping pad
- inflatable pillow or small compressible pillow (or can use stuff sack of clothes as a pillow)
- rehydration Cozy (if don't have one, use a beanie)
- bowl and or cup & spoon for food
- small pack of matches in Ziploc
- compass optional
- 2L of water in bottle or water bladder with drinking hose
- headlamp if available or flashlight
- whistle
- personal toiletries (tooth brush, small bottle biodegradable soap and/or hand sanitizer, wipes)
- Small roll of toilet paper (approximately 1/3 roll in a Ziploc)
- 2 small unscented trash bag to pack out trash and for dirty clothes
- 1 gallon zip-lock bag for trash
- quick dry towel optional
- small sunscreen or bug spray optional

Recommended clothing: (moisture wicking/quick dry needed when hiking!)

- 2 shirts
- 1 shorts
- 1 fleece pants or quick dry warm pants or long underwear/liner pants with rain pants
- 1 lightweight warm jacket or hoodie (fleece/quick dry)
- 2 hiking socks (synthetic or wool)
- 2 liner socks optional
- 1 underwear for each day of hike
- hat/cap optional
- warm stocking hat if cold
- gloves
- clean dry clothes to sleep in

\*clothing should be in a stuff sack

Rain gear:

- poncho or jacket
- Rain pants that cover top of boots or gators recommended to keep feet dry, optional but recommended
- gaiters for over top of boots optional (nice to have if raining or on longer hikes)
- Rain cover for backpack

Food:

- Dehydrated dinner (buy meals which are expensive or make own for approx \$2 a meal)
  - Non cooked lunch food such as jerky, peanut butter or cheese crackers, cheese and pita or mini bagels, pouch/canned meat.
  - Personal snacks for each day such as granola bar, dehydrated fruit, snack mix. Do not send with more than they need because they have to carry it.
  - Make sure meals are one person or shared. Must carry out food not eaten so don't want to make too much. Can share two person meal with other scout
- \*stuff sack for carrying food and toiletries that have a scent

Optional

- cards, lightweight book, lightweight game, etc

Of course don't forget comfortable hiking boots or trail runners (preferably broken in)!