

# Health and Safety Training

2020 - 2021

Old North State Council 1405 Westover Terrace Greensboro, NC 27408

For questions related to any training in this brochure, contact Nita Grubbs, nita.grubbs@scouting.org or 336.378.9166.

Class sizes are limited, so register early to assure a place in your desired course.





| Date                                      | Course   | Time              | Registration |  |
|---|--|-------------------|--------------|--|
|   |  |                   | Deadline     |  |
| Sat., Oct. 3,<br>2020                     |  |                   |              |  |
| Sat., Oct. 24,<br>2020                    | ECSI Standard First Aid with Adult & Child CPR and AED | 8:30am—<br>5:00pm | 10-8-20      |  |
| Sat., Jan. 23, 2021                       | ECSI Standard First Aid with Adult & Child CPR and AED | 8:30am—<br>5:00pm | 1-7-21       |  |
| Sat., Feb. 27,<br>2021                    | ECSI Standard First Aid with Adult & Child CPR and AED | 8:30am—<br>5:00pm | 2-11-21      |  |
| Sat., March 20,<br>2021                   | ECSI Standard First Aid with Adult & Child CPR and AED | 8:30am—<br>5:00pm | 3-4-21       |  |
| Fri., April 9—<br>Sun., April 11,<br>2021 | ECSI/BSA Wilderness First Aid                          | See Brochure      |              |  |
| Sat., May 29,<br>2021                     | I Healthcare Provider and Standard                     |                   | 5-13-21      |  |
| Sat., Sept. 25,<br>2021                   | ECSI Standard First Aid with Adult & Child CPR and AED | 8:30am—<br>5:00pm | 9-9-21       |  |
| Sat., Oct. 23,<br>2021                    | ECSI Standard First Aid with Adult & Child CPR and AED | 8:30am—<br>5:00pm | 10-7-21      |  |
| Fri., Nov. 19—<br>Sun., Nov. 21,<br>2021  | ECSI/BSA Wilderness First Aid                          | See Brochui       | re           |  |

Registration deadline for all Standard First Aid with Adult and Child CPR/AED and Professional Rescuer CPR with Standard First Aid courses is the Thursday 2 weeks prior to the scheduled course.

For wilderness first aid, see course brochure.



Every Scout deserves a trained leader.

For Wilderness First Aid, see www.bsaonsc.org for a copy of the brochure which is available for that course.

Online registration is now available for Wilderness First Aid.

# First Aid/CPR/AED

Includes First Aid, Adult & Child CPR, and AED. **Youth participants must be at least 14 years of age.**Scouts under age 18 **must** attend with a buddy or appropriate adult partner to meet BSA Youth Protection guidelines.

Youth needing transportation home will contact a parent prior to end of course. Parents should plan to arrive within 30-40 minutes to pick up their Scouts. Scouts cannot be left without adult supervision.

Failure to comply may result in a future requirement that a parent be with the youth for the entire day.

# CPR or the Professional Rescuer

### **CPRo** includes:

- Adult and Child CPR/AED
- Infant CPR
- Responsibilities of a professional rescuer
- Working with EMS
- Legal considerations

CPro is the minimum level CPR certification required to complete or maintain your BSA Lifeguard certification and for health officers at district or council events.

The Old North State Council is an

Education Center

for the

# Emergency Care and Safety Institute

Training conducted through ECSI is accepted at any BSA activities and high adventure bases where these trainings are required.

Though Scouting uniforms are appropriate at any Scouting function, dress for all courses is casual. You will be practicing some skills on the floor/ground.

# Wilderness First Aid

Wilderness First Aid is based on the Boy Scouts of America Wilderness First Aid Curriculum and Doctrine Guidelines and is provided through the Emergency Care and Safety Institute. "ECSI programs are offered in association with the American Academy of Orthopedic Surgeons (AAOS) and the American College of Emergency Physicians (ACEP)."

The ONSC requires WFA for leaders involved in council sponsored national high adventure activities.

WFA is open to adult volunteers and youth age 14 or older. Youth members may register only on the recommendation of their unit leader.

Youth Protection guidelines must be adhered to. Co-ed groups and youth 14-18 are welcome, but must attend with an appropriate buddy or appropriate adult partner/leadership. For questions, contact Nita Grubbs at nita.grubbs@scouting.org or 336.378.9166.

Pre-requisites: Adult CPR/AED is required and must be current through the last day of the course.

Brochures for Wilderness First Aid are available from the Scout office or council website at www.bsaonsc.org.

**Notice:** Pocket cards are no longer available the day of the course. Course processing is now done online after completion of the training. Course certificates and pocket cards will be emailed after the course. This will allow for easy replacement in the event a card is lost or damaged. EBook is now an option for your textbook. Either the eBook or print textbook are required.

Please be sure your email address is legible on the sign in sheet!

### **Old North State Council**

# Standard First Aid with CPR/AED Adult and Child Professional Rescuer CPR and Standard First Aid

| Name                    |  | BSA ID# |       | Date   |                          |
|-------------------------|--|---------|-------|--|--------------------------|
| Address                 |  | City    |       | State  | Zip Code                 |
| Home/Cell Phone         |  | Unit #  |       | Position   |                          |
| Counc                   | cil/DistrictEmail _  |         |       |  |                          |
|                         | e Date   |         |       |  |                          |
| V                       | √ Check One:   |         | Total | Either the textbook or eBook are required.  (Those selecting the eBook will have a textbook)   |                          |
|                         | Standard First Aid w/CPR/AED with textbook   | 37.00   |       | available for use during class.) Pocket masks may be used during class and then retained for later use by participants who order them.  Optional pocket mask MUST be ordered at time of registration.  This form must be filled out completely. You are not registered until a completed form is turned in at the Scout office with your required fees. You may also register online through the council website at www.bsaonsc.org. |                          |
|                         | Standard First Aid w/CPR/AED with eBook  | 31.00   |       |  |                          |
|                         | Pocket Mask (Optional for standard FA/CPR/AED courses.)                                | \$8.00  |       |  |                          |
|                         | Professional Rescuer CPR w/SFA with text-<br>book (cost includes required pocket mask) | \$50.00 |       |  |                          |
|                         | Professional Rescuer CPR w/SFA with eBook (cost includes required pocket mask)         | \$44.00 |       |  |                          |
| Total (cost center 036) |  |         |       | Course certificates w course.  | ill be emailed after the |

Make checks payable to the **Old North State Council**.

## Other BSA Health and Safety Courses

Youth Protection...child abuse prevention education for leaders and parents of Cub Scout and Boy Scout age youth.

Scouting Safety...Begins With Leadership...planning model for safe programs using the Guide to Safe Scouting and BSA "Sweet 16 of Safety."

The Risk Zone...highlights safe travel and avoiding "the risk zone"—when drivers can no longer function safely.

**Safety Afloat...** for requirements when participating in activities on the water. \*See the Guide to Safe Scouting for other requirements that apply to activities on the water.

**Safe Swim Defense...** for requirements when participating in swimming activities. \*See the Guide to Safe Scouting for other requirements that apply for swimming activities.

**Aquatics Supervision: Swimming and Water Rescue...**provides information and in-the-water skills to prevent, recognize and respond to swimming emergencies during unit swimming activities.

**Aquatics Supervision: Paddle Craft Safety...** expands on Safety Afloat to include basic skills and knowledge for unit leaders to supervise most float trips using canoes.

**Climb on Safely...** for requirements when participating in climbing and rappelling. \*See the Guide to Safe Scouting for other requirements that apply for climbing and rappelling activities.

Planning and Preparing for Hazardous Weather...covers 10 weather related situations to help units be safe during unexpected changes in the weather or in making planning decisions when hazardous weather is expected.

Offered online at www.Scouting.org.