



WINTER CAMP 2024: IT'S COOLER
LEADER GUIDE

Check-in

Traditional campers:

- Campers should arrive as a unit on December 27.
- Camp will open for check-in at 2:00 pm.
- All units should arrive at camp prior to 4:30 pm.
- Upon arrival, one vehicle per unit will be allowed to enter camp
- This vehicle should remain on the gravel road or on an established turn out
- All other vehicles will go to the parking lot.
- Campers will walk from the parking lot to the campsite.
- Medical recheck will take place in the campsite.
- There will not be a campwide tour.

Provisional Scouts:

- Provisional Scouts should arrive between 2:00 pm and 3:00 pm on December 27
- Gather at the Provisional Welcoming tarp in the parking lot.
- Load your personal gear into the camp truck parked near the Welcoming Tarp.
- Medical rechecks for Provisional Scouts will occur in the parking lot while waiting for Provisional Scouts to assemble.
- Once most Provisional Scouts arrive, the camp staff will drive the gear into the campsite while the Scouts hike into camp.

Day campers:

- Day campers should check-in at the tarp outside headquarters by 8:00 am on your scheduled day to be in camp.
- Medical recheck will occur at the tarp.

Check-out

Traditional Campers and Provisional Scouts:

- Camp ends after closing ceremonies on December 30 which begin at 5pm.
- The ceremonies should be complete by 5:30pm
- Arrange for transportation to arrive at 5pm to pick up Scouts.

Day campers:

- The day ends for day campers at 5pm.
- Parents/Guardians will need to sign day campers out of camp at the headquarters building.

Cherokee Address & Phone Number

3296 Boy Scout Camp Road
Yanceyville, NC 27379

336-694-6440

Early Release

- Scouts who need to depart camp early will need to complete an [Early Release Form](#) with the camp clerk and unit leader at the headquarters building.
- Parents/Guardians should be prepared to show proof of identity.

Late Arrivals

- Scouts who are unable to arrive with their unit or at the established check-in time, should check-in at the headquarters building.

Accommodations

- Campers will sleep in adirondacks.
- Adirondacks have two bunk beds with mattresses.
- Adirondacks can house up to four Scouts.
- Bunkmates must be the same gender and within two-years of age of each other.
- All Youth Protection rules must be followed when assigning Scouts to adirondacks.
- No adults may share an adirondack or tent with a youth.
- Campers are welcome to bring their own tents or hammocks.
- Each campsite has a shelter with overhead lights and electrical outlets.

Adult Leadership and Unit Behavior

- **Each unit must have at least two registered adult leaders over the age of 21, with a completed criminal background check, and unexpired youth protection training certificate in camp always.**
- **There must be a registered female adult leader 21 years of age or over in every unit serving female Scouts.**
- Adult unit leaders are responsible for the unit at all times.
- Adult unit leaders are responsible for enforcing discipline within the unit.
- If your unit is unable to provide the required two-deep leadership, contact Camp Director Bud Harrelson (bud.harrelson@scouting.org) so that he can transition your unit into the Provisional campsite.
- Per BSA policy, primary unit discipline lies with the unit adult leader.

- Adult unit leaders will ensure scouts follow the best spirit of scouting and the schedules and rules of the camp.
- BSA welcomes a diverse group of youth and prohibits bullying on any basis.
- We will recognize a variety of religious and cultural holidays that coincide with the timing of winter camp. Since the Scout Law is the law of the camp, we expect participants to be reverent, courteous, and kind.

Showers, Water and Sanitation

- Currently, the running water is off in most of the camp as part of winterization.
- **DO NOT EXPECT RUNNING WATER IN YOUR CAMPSITE.**
- Bring water coolers to keep water in your campsite.
- Campsite latrines are available year-round.
- Flush toilets are available in the shower houses, dining hall, headquarters, and OA lodge.
- Hot showers are available in the shower houses.

Fire and Warmth

- Units are welcome to build fires in existing fire rings in the campsites.
- A limited amount of firewood is available within the campsites.
- **Units are encouraged to bring additional firewood.**
- Units need to bring several five-gallon buckets to use as fire mitigation since water will not be available in the campsite.
- Many of our shelters will contain a propane external heater to provide warmth.

Meals

- Meal service will begin with supper on December 27 and end with lunch on December 30.
- The menu is available at the end of this document.
- Meals will be served in two shifts.
- Units will receive meal shift assignments during check-in on December 27.
- Units will not have assigned seats.
- There will be enough seats in the dining room for everyone to eat inside.
- During the second meal, a section of the dining hall will be set aside for the NYLT cohort. Please respect their section and use other seating.
- **Wilderness First Aid participants will eat first breakfast on December 29 and second dinner on the 29th to accommodate the training times.**
- Each evening there will be a cracker barrel for participants to have warm food before heading to their bunks.
- Special dietary needs were confirmed in the registration process.
- Participants with special meal requirements should use the right serving line and ask the for the head chef to have their previously identified requirements accommodated.

Daily Schedule

- The daily schedule is available at the end of this document.
- Each day, Scouts will participate in one merit badge/activity.
- Campwide program will occur in the evening:
 - December 27 – Opening Campfire
 - December 28 – Klondike Derby
 - December 29 – Closing Campfire, New Year’s Celebration
- All scouts in camp will be expected to participate in the camp-wide game, either with their unit or a combined unit team.

Merit Badge & Activity Matrix

- [Merit Badge & Activity Matrix](#)

Required Documents

All Participants:

- [BSA Annual Health and Medical Record Parts A, B, and C](#)
- [Pre-event Medical Screening](#)

Scouts & Adults Participating in Shooting Sports

- [Shooting Sports Hold Harmless Form](#)

ATV Participants

1. [E-Course](#) certificate of completion.
2. [Hold Harmless Agreement](#) – for the Old North State Council and Cherokee Scout Reservation. *Must be signed by the Scout and the parent/guardian.*

Additional Safety Issues for Winter Camp

- While we may be hoping for temperate weather, the weather forecast changes daily. Scouts will be outdoors most of their time.
- Each instructional space will have heating.
- This ranges from central furnaces in the OA lodge and dining hall to propane space heaters in shelters and even a fireplace in one space.
- Meals in the dining hall will be in a warm space.
- When near heat sources, participants are reminded to stay 3’ back from radiant propane heaters and that the nice synthetic clothing we often wear during winter will melt and catch fire if brought too close to heaters or campfires.

Unit Advancement Detailed Reports

- Camp leadership will update Black Pug nightly with the requirements completed that day.
- Unit leaders will be able to check camper progress towards merit badge completion daily using Black Pug.
- Please review advancement reports daily to ensure your concerns are addressed prior to leaving camp.
- For Provisional Scouts and Day Campers, your parents/guardians can access Advancement Detailed Report via your Black Pug reservation link.
- For Provisional Scouts and Day Campers, we will email a copy of your Advancement Detailed Report to your Scoutmaster on December 30.

Cold weather packing tips (adapted from OKPIK)

When packing for Winter Camp, consider protection for each part of the body. Average low temperature at Cherokee in December is below freezing and you will be outside most of the day.

Being outside for 12 to 16 hours in cold weather is an experience and takes planning. While there will be warming stations and opportunities to get out of the cold, a majority of the time the scout will be outside. At night the scouts will be sleeping in an Adirondack with no heat. Wearing loose layers will allow the scout to adjust the insulation when it is warmer in the sun during the day and cooler at night. Wearing a head covering is very important if the weather is cold. So is having mittens or insulated gloves. To stay warm, the scout will need to stay dry. This requires changing cloths at least once a day and avoiding water absorbing materials like COTTON. This also means the need to air out clothing at times during the day, such as opening the zipper on a coat or jacket. Having a t-shirt under a long sleeve shirt, under a vest or sweater, under a winter coat provides the necessary variability in layers to maintain warmth as necessary and comfort as layers are removed when warm.

Tight fitting cotton pants (like jeans) provide little insulation and cause tremendous heat loss. The use of synthetic fabrics, insulation (such as long underwear) and loose-fitting pants will provide more opportunity to stay warm. While rain pants may appear to be a great way to stay warm, using vinyl pants will keep moisture in and cause more heat loss. If using rain pants, fabrics like Gore-Tex that allows the fabric to breath will be more comfortable.

Wearing an insulating hat will keep you warmer than without and protect the ears from frost bite. In addition, consistently wearing gloves or mittens (or at night even both) will protect the fingers from frostbite.

In the event of snow or rain, rain gear is useful to stay dry, and thus warm. Footwear is an issue in snow but also rain. While during a week at summer camp, a pair of athletic shoes is comfortable and will dry in the sun if they get wet, during winter camp those same shoes will rob heat from a scout and possibly

cause frostbite if wet. Layering socks with a wicking sock inside a heavier insulating sock helps keep the feet warm if wearing a shoe that allows for this extra layer. Low running style socks lead to cold feet in cold weather as do cotton socks of any style.

Eating and drinking are important to maintain health and warmth. Simply put, scouts use food as energy to stay warm. It is also highly possible for a scout to become dehydrated since the temperature is cool enough that they do not recognize they need to drink water. Just like summertime, drinking clear water and monitoring urine is important. Hot water and hot cocoa will be available for scouts throughout the camp. There are both latrines and bathrooms available for scout use. Washing and changing cloths are important to staying warm. Using baby wipes works if using water in the cold sounds frigid.

Scouts will actually feel warmer in a good sleeping bag with their cloths from the day stripped off (since those clothes have moisture from the scout's sweat, even when cold). The temperature rating on sleeping bags is absolutely personal preference. Each manufacturer uses a different method for rating sleeping bags. In general, lower temperature bags have more and better insulation than higher temperature bags. Buying a reputable brand and being aware that a bag rated as much as 10 degrees lower than the expected low temperature will help ensure comfort. Sleeping bag liners can lower the temperature rating of a bag by 10 more degrees. Commercially available ones are made from synthetics or silk. Using a twin bed flat sheet folded and sown across the bottom and $\frac{3}{4}$ of the way up the open side will work well especially if it has a high synthetic content.

Since the scouts will be sleeping in the Adirondacks, they will be up off the ground and have a foam mattress and a piece of plywood under them. These both help to insulate the scout, but if they tend to sleep cold, an extra blanket under the sleeping bag and if a twin size, folded over the top of the bag will add even more insulation.

Hot showers and flush toilets will be available to scouts.

SCOUT WINTER CAMP PACKING LIST

Please bring these items:

_____ **A COMPLETED BSA AMHR form** signed by a Doctor in the last 12 months (this applies to both youth and adults). The parent or guardian of the youth must also sign the form. This form is available at:

<https://www.scouting.org/health-and-safety/ahmr/>

_____ Pre-event Medical screening Form

_____ Sleeping bag. cold weather (rated 20 degrees or below), see discussion of cold weather

_____ 2 Winter insulating caps, - one spare

_____ 1 Winter jacket, preferably hooded

_____ 2 pairs of mittens with outer shell (mittens are warmer than gloves)

_____ 2 Sweaters and/or shirts, preferably wool or polar fleece. No Cotton

_____ 3 t-shirts (preferably wicking or synthetic)

_____ 2 pair of pants,

_____ 2 pair of long underwear tops (synthetic, not cotton).

_____ 2 pair of long underwear bottoms (synthetic, not cotton).

_____ 3 or more pairs of light liner socks (preferably synthetic, i.e. polypropylene -not cotton)

_____ 3 or more pairs of heavy insulating socks (preferably wool or synthetic, - not cotton)

_____ 2 pairs of shoes, at least one water resistant

_____ Toiletry articles (toothbrush, toothpaste, soap, towel, comb, etc.)

_____ Cup, bowl, knife, fork, and spoon for use with troop provided snacks

_____ pencils/pens

_____ paper/notebook for use during merit badge classes

Personal essentials like any Scout outing:

_____ matches

_____ compass

_____ whistle

_____ personal first aid kit

_____ flashlight with lots of batteries

_____ pocketknife (if you have totin chit)

_____ water bottle (canteen at least 1 quart)

- _____ rain gear (it also helps if it snows)
- _____ sunscreen (yes even in winter)

Recommended individual items:

These items are optional, depending on personal preference and what you have available.

- _____ Insulated vest
- _____ Extra socks
- _____ Scarf or neck gaiter
- _____ Warm boots such as Sorels, “moon boots,” shoe pacs (preferably with removable liners)
- _____ 1 pair wool pants or an insulated snowpant.
- _____ Chapstick
- _____ foot powder
- _____ Sunglasses
- _____ Camera
- _____ Small package baby wipes for personal cleanliness
- _____ camp chair

UNIT PACKING LIST FOR WINTER CAMP

- Propane stove
- Propane cylinder
- Coffee pot
- Pot for hot water for Scouts
- Matches, lighters, fire starters
- Electric or propane lights (in addition to the lights already in the shelter)
- If having a fire in the campsite, two or more buckets to hold water for a fire guard (since water will likely not be available in the campsites due to winterization of camp).
- Firewood
- A holiday tree ornament with the troop number and year on it (will leave at camp)
- Troop first aid kit

Winter Camp Schedule 2024

	Friday December 27	Saturday December 28	Sunday December 29	Monday December 30
7:00 AM		breakfast 1	breakfast 1	breakfast 1
7:28 AM		sunrise	sunrise	sunrise
7:40 AM		assembly court of eagles	assembly court of eagles	assembly court of eagles
7:50 AM		breakfast 2	breakfast 2	breakfast 2
8:45 AM		Program Activities Program Activities (8:45 AM - 11:45 AM)	Program Activities Program Activities (8:45 AM - 11:45 AM)	Program Activities Program Activities (8:45 AM - 11:45 AM)
9:00 AM				
9:30 AM				
10:00 AM				
10:30 AM	staff arrival opens	Leader Meeting at 9:00 in Dining Hall	Leader Meeting at 9:00 in Dining Hall	Leader Meeting at 9:00 in Dining Hall
11:00 AM				
11:30 AM	Staff meeting/lunch	Lunch 1 12:00; lunch 2 12:40	Lunch 1 12:00; lunch 2 12:40	Lunch 1 12:00; lunch 2 12:40
12:00 PM				
12:40 PM				
1:00 PM				
1:30 PM				
2:00 PM	Check-in Begins			
2:30 PM	check-in, troop set up	Program Activities (1:30 PM-4:30 PM)	Program Activites (1:30 PM-4:30 PM)	Program Activites (1:30 PM-4:30 PM)
3:00 PM				
3:30 PM				
4:00 PM				
4:30 PM				
5:00 PM	Dinner 1	Dinner 1	Dinner 1	Assembly in council ring/recognition
5:20 PM				scouts depart/ staff dinner
5:40 PM	full dark, Assembly court of eagles	full dark, Assembly court of eagles	full dark, Assembly court of eagles	full dark
5:55 PM	Dinner 2	Dinner 2	Dinner 2	clean up/pack up
6:35 PM				
7:00 PM	Campfire	Camp wide Klondike competition	Free Time	Staff departure
8:00 PM	Leader Meeting in Dininng Hall			
8:30 PM	cracker barrel			
9:00 PM				cracker barrel/chess tournament
9:30 PM				
10:00 PM	Taps/support staff meeting	Taps/support staff meeting	Taps/support staff meeting	

CHEROKEE SCOUT RESERVATION
Winter Camp 2024 Menu

12/27 BREAKFAST	12/28 BREAKFAST Pancakes/Waffles Syrup Bacon 2s Cereal 1c Fresh Fruit Milk / Juice	12/29 BREAKFAST Eggs ½ c Sausage 2 patties Hash Brown ½ c Biscuits Cereal 1 c Fresh Fruit Milk/Juice	12/30 BREAKFAST French Toast Sticks 3 Bacon 2s Hash Brown ½ c or 1 Cereal 1 c Fresh Fruit Milk/Juice
12/27. LUNCH STAFF ONLY Chicken Filet 4oz Bun Lettuce / Tomato / Pickles Harvest Cheddar Sun Chips Oreo Cookies Water Broccoli and Cheese Soup	12/28 LUNCH Brunswick Stew Grilled Cheese Sandwich Side Salad Pineapple Chunks Water	12/29 LUNCH Chicken Tenders 3ea BBQ Sauce, Honey Mustard & Ranch Tater Tots Mac and Cheese Cole Slaw Pineapple Chunks Water	12/30 LUNCH Baked Potato Chili Beans Cheese Sauce Sour cream/butter Bacon/Shredded Cheese Side Salad Water
12/27 SUPPER Glazed Ham 4 oz Macaroni & Cheese ½ c Green Beans ½ c Yeast Roll Cherry Cobbler ½ c Water/Tea	12/28 SUPPER Cheese/Hamburger 4 oz Lettuce/Tomato/Pickle Baked Beans ½ c Tater Tots Fresh baked cookies Water/Tea	12/29 SUPPER Lasagna 4 oz Tossed Salad 1c Dressing of choice Corn (off the cobb) Garlic Toast 1 Chocolate Cake Water/Tea	12/30 SUPPER STAFF ONLY Country Style Steak /Gravy 4oz Mashed Potatoes ½ c Green Beans ½ c Roll Peach Cobbler ½ c Water/Tea
12/27 CRACKER BARREL Chicken Noodle Soup	12/28 CRACKER BARREL Chili Beans	12/29 CRACKER BARREL Pizza	

*Scouts with special dietary needs should inform the camp of their needs at least 12-days prior to arriving at summer camp. Special needs should be indicated during the registration process in Black Pug – our online reservation tool. The camp leadership will work with the Scout’s family to develop a meal plan that meets the Scout’s needs.