

Small Boat Sailing Merit Badge – Syllabus

Live Zoom classes will be held on Monday, Wednesday and Friday. You will need to have a Zoom account. If you do not have an account, Google “Zoom” and create one. Please join the class by 8:58. The log in ID for all classes will be sent out the Saturday before your session. A link will also be posted in the Stream section of Google Classroom. You will need to join class with your video on.

You must have access to Google Classroom. We will go over how to access Google Classroom during our first Zoom meeting if necessary.

Day 1

- Introduction and why sailing is cool.
- Discussion – potential hazards and how to prepare and mitigate them
- Video – Three different types of small boat riggings
- Discussion – parts of a boat and their functions
- Video – How to rig a sunfish and prepare to sail

Homework

- Review first aid for injuries and illnesses commonly found in sailing. Take on-line quiz posted in goggle classroom.
- Start practicing to be able to tie the following knots – square knot, clove hitch, two half hitches, bowline, cleat hitch and figure eight knot.

Day 2

- Discussion – how to read wind direction
- Discussion – points of sail, tacking, jibing, safety position and how to get out of irons.
- Video – capsize procedures and rescue of a person overboard.
- Discussion – float plans
- Discussion – different types of line and how to coil and fake down line.
- Discussion – rules of the road

Homework

- Review nine points of safety afloat. Take on-line quiz posted in Google classroom.
- Continue to practice your knots.
- Upload float plan to Google classroom

Day 3

- Discussion – weather
- Discussion – proper clothing and footwear
- Video – virtual ride on a sailboat
- Discussion – running aground
- Video – boat storage and maintenance

Homework

- Submit 1 minute video of you tying the required knots

Saturday Sail

Arrive at JN Webster in Ashford, CT at 10:00 AM or Arrive at Camp Mattatuck in Plymouth, CT at 10:00 AM

If you have not had a swim test in the last 12 months you will be required to take one when you arrive at camp. You must pass the “Swimmer” test (100 yards) in order to be able to sail.

If you can not make it to either camp and have access to a sailboat, you can submit a video demonstrating all the skills outlined in requirement 6.