

Camp Kinda-Like-A First Year Camper Program:

Monday:

Introductory lesson on Summer Camp

Tenderfoot Requirement 4a

Show first aid for the following:

- *Simple cuts and scrapes*
- *Blisters on the hand and foot*
- *Minor (thermal/heat) burns or scalds (superficial, or first degree)*
- *Bites or stings of insects or ticks*
- *Venomous snakebite*
- *Nosebleed*
- *Frostbite and sunburn*
- *Choking*

Tenderfoot Requirements 4b, c & d

- *Describe common poisonous or hazardous plants, identify any that grow in your local area or campsite location. Tell how to treat for exposure to them.*
- *Tell what you can do on a campout or other outdoor activity to prevent or reduce the occurrence of injuries or exposure listed in Tenderfoot requirements 4a and 4b.*
- *Assemble a personal first-aid kit to carry with you on future campouts and hikes. Tell how each item in the kit would be used.*

Tuesday: (overnight)

The basics of packing for a Camp Out

Second Class Requirements 6a

- *Demonstrate first aid for the following:*
- *Object in the eye*
- *Bite of a warm blooded animal*
- *Puncture wounds from a splinter, nail, and fishhook*
- *Serious burns (partial thickness, or second degree)*
- *Heat exhaustion*
- *Shock*
- *Heatstroke, dehydration, hypothermia, and hyperventilation*

Second Class Requirements 6b, c, d, e

- *Show what to do for "hurry" cases of stopped breathing, stroke, severe bleeding, and ingested poisoning.*
- *Tell what you can do while on a campout or hike to prevent or reduce the occurrence of the injuries listed in Second Class requirements 6a and 6b.*

- *Explain what to do in case of accidents that require emergency response in the home and the backcountry. Explain what constitutes an emergency and what information you will need to provide to a responder.*
- *Tell how you should respond if you come upon the scene of a vehicular accident.*

Wednesday:

What is the EDGE Method

First Class Requirements 7c, d, e, f

- *Tell the five most common signals of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR).*
- *Tell what utility services exist in your home or meeting place. Describe potential hazards associated with these utilities, and tell how to respond in emergency situations.*
- *Develop an emergency action plan for your home that includes what to do in case of fire, storm, power outage, and water outage.*
- *Explain how to obtain potable water in an emergency.*

Thursday:

Menu planning and Duty Rosters

Second Class requirement 4:

- *Identify or show evidence of at least ten kinds of wild animals (such as birds, mammals, reptiles, fish, mollusks) found in your local area or camping location. You may show evidence by tracks, signs, or photographs you have taken.*

First Class Requirements 6a, b, c, d, e

- *Identify or show evidence of at least 10 kinds of native plants found in your local area or campsite location. You may show evidence by identifying fallen leaves or fallen fruit that you find in the field, or as part of a collection you have made, or by photographs you have taken.*
- *Identify two ways to obtain a weather forecast for an upcoming activity. Explain why weather forecasts are important when planning for an event.*
- *Describe at least three natural indicators of impending hazardous weather, the potential dangerous events that might result from such weather conditions, and the appropriate actions to take.*
- *Describe extreme weather conditions you might encounter in the outdoors in your local geographic area. Discuss how you would determine ahead of time the potential risk of these types of weather dangers, alternative planning considerations to avoid such risks, and how you would prepare for and respond to those weather conditions.*

Friday:

Reviewing Menus and Duty Rosters

What is Scout Spirit

What it means to be a leader

What did We learn

Roses, Buds & Thorns

9am - 10am: First Year Camper Specials

12pm - 5pm: Two Merit Badges of Scouts choice (select top 5 and we will place the Scout in two of the 5 choices)