



University of Scouting 2026 - Connecticut Councils

Class Catalog

Event Contacts

Name	Title	Phone	Email
Dave Schulz	University of Scouting Provost	860-829-2160	david.schulz@us.abb.com
Donna Wesolowski	CT Yankee Training Chair		donnaweso@optimum.net
Jay Walsh	Housatonic Training Chair		
Michele Soboslai	Program Executive	860-913-2746	michele.soboslai@scouting.org



Class Catalog

University of Scouting 2026 - Connecticut Councils at Xavier High School

University of Scouting 2026 (Scheduled Classes)



UoS121 BCS101 Core Concepts of Unit Service

The position of commissioner is one of the oldest in Scouting. This course reviews and reinforces the commissioner core concepts and identifies the key skills needed for commissioner to be able to assess the units they serve.

9-9:55 AM **Room:** Classroom 214 **Instructor:** Fred Lorenzen
Maximum number of participants: 15



UoS122 BCS103 LINKING DISTRICT RESOURCES

Although commissioners are viewed as very knowledgeable and capable individuals, a key part of a commissioner's job is to link the unit to the district committee.

10-10:55 AM **Room:** Classroom 214 **Instructor:** Gene Waring
Maximum number of participants: 15



UoS123 BCS104 CONNECTING WITH UNITS

At the heart of unit service are visits commissioners make with their units. This course explores methods of connecting to develop a relationship between commissioners and their units and how to document in Commissioner Tools.

11-11:55 AM **Room:** Classroom 214 **Instructor:** Ronald Hathaway
Maximum number of participants: 15



UoS101 BCS116 Unit Connections - A Commissioner's Guide to Positive Impact

Connections between units and commissioners help facilitate conversations to foster a deeper understanding of unit dynamics and operations, enabling commissioners to better serve and support the unit. This course will guide you through making connections and effectively supporting your units in identifying challenges, developing solutions, and strengthening their programs.

1:30-2:25 PM **Room:** Classroom 214 **Instructor:** Gene Waring
Maximum number of participants: 15



UoS130 BCS120 Technology in Unit Service

This course highlights the best tools for commissioners to use in providing unit service. It explains why these tools are the most effective, how to locate them, and provides tips for utilizing the information available in these tools to enhance unit service.

2:30-3:25 PM **Room:** Classroom 214 **Instructor:** Norm Noel
Maximum number of participants: 15



UoS103 BCS153 ROUNDTABLE AND COMMISSIONER TOOLS

Participants will learn how to use the Roundtable tab in Commissioner Tools. They will also learn to create PowerPivot table reports. For a participant to be fully engaged in the course they need to have a computer to be able to access Commissioner Tools.

3:30-4:25 PM **Room:** Classroom 214 **Instructor:** Gene Waring
Maximum number of participants: 15



UoS1 BS01 "WHY" NATIONAL YOUTH LEADER TRAINING - NYLT

Leadership is a critical life skill that youth from all of the BSA programs should learn. This course presents an overview of the National Youth Leadership Training course and how it will help your youth leaders become more effective.

9-9:55 AM **Room:** Classroom 110 **Instructor:** Jeff Seiser
Maximum number of participants: 15



UoS3 BS08 EFFECTIVE BOARDS OF REVIEW

The Board of Review is a critical step in the advancement process. Done effectively, your Scouts will learn much more than that they have "passed". Learn how to use this time to give purpose and guide your Scouts.

9-9:55 AM **Room:** Classroom 101
Maximum number of participants: 15

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UoS4 BS20 SCOUTS BECOMING LEADERS - Doing Introduction to Leadership Skills for Troops (ILST)

Lord Baden Powell said, "Never do for a boy what he can do for himself." You have leadership skills that enable you to do things better than the Scouts in your unit. Your role as a Scoutmaster is to help your Scouts develop these skills so that they can become self-reliant leaders themselves. Introduction to Leadership Skills for Troops is the answer. The benefit of this program is making your youth leaders a valuable team to lead your unit.

1:30-2:25 PM **Room:** Classroom 107 **Instructor:** Bill Shea
Maximum number of participants: 15



UoS5 BS21 ROAD TO FIRST CLASS

The first year of a Scout's experience is crucial to their retention and to their getting the most out of the experience. This course will help you to guide your new Scouts successfully to First Class.

3:30-4:25 PM **Room:** Classroom 106 **Instructor:** Steve Porcaro
Maximum number of participants: 15



UoS7 BS24 CONSERVATION & SERVICE PROJECTS FOR SCOUTS

An in-depth look at the conservation and service projects that Scouts can use when planning a project for any level of the Scout program, including Eagle and Troop projects, as well as other conventional projects. A number of ideas different from the "usual projects" will add creative new ideas for Scouts.

1:30-2:25 PM **Room:** Classroom 102 **Instructor:** Stephen Lewis
Maximum number of participants: 15



UoS8 BS26 TRAIL TO EAGLE - APPLICATION, PROJECT & COACH'S ROLE (Two Period Class)

This comprehensive class will help Adult Unit leaders understand the journey to prepare Life Scouts to become Eagle Scouts. We'll cover specific rank requirements, the Eagle project workbook, the Eagle coach, the Eagle project approval process (unit and district level aspects), and the Eagle Board of Review. (Learn how to help coach your fledgling Eagles as they develop and execute this capstone project.)

2:30-4:30 PM **Room:** Classroom 108 **Instructor:** Lianne Ruttly
Maximum number of participants: 15



UoS9 BS42 INTRODUCTION TO LEAVE NO TRACE - Scouts, BSA

This course is an introduction to the Leave No Trace ethics and skills. It is designed to help youth and adults at the Scouts, BSA level understand the general principles of Leave No Trace and apply them in their outdoor programs. It is also designed to help give adult volunteers the confidence to assess youth understanding and skills, as required for Scout Second Class rank requirements and Venturing Outdoor Bronze and Ranger Award requirements.

2:30-3:25 PM **Room:** Classroom 116 **Instructor:** Michael Dameron
Maximum number of participants: 15



UoS10 BS48 US FLAG ETIQUETTE & CEREMONIES

Basic and advanced information regarding proper flag etiquette for Scouts and Scouters. Learn about a simple flag ceremony and maybe practice it. Learn about the USA Flag Code and where to answer all your questions about proper flag etiquette. Come with questions - leave with answers.

2:30-3:25 PM **Room:** Classroom 107 **Instructor:** Bill Shea
Maximum number of participants: 15



UoS12 BS56 EVERYTHING YOU WANTED TO KNOW ABOUT THE ORDER OF THE ARROW (OA), BUT WERE AFRAID TO ASK

Did you know the OA can help your Troop program? Do you want better youth Leaders? Is retention of older Scouts a problem in your unit? Learn how you can use the Order of the Arrow to enhance your Troop program. The class will cover the basics of the OA, how to have a successful Troop OA program, and leave plenty of time for questions. See and hear firsthand how the program works as the class will be taught by the current youth officers of the Tschitani Lodge. The Lodge Adviser will also be on hand to answer questions.

10-10:55 AM **Room:** Classroom 108 **Instructor:** Kevin Rame
Maximum number of participants: 15

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UoS124 BS57 SCOUTBOOK FOR SCOUTS BSA

Learn about this amazing new BSA online/mobile app, which tracks advancements, service hours, and Journey to Excellence, and has unit email and calendar functions all in one. Relevant for troops. Take Scoutbook from a new tool to your core advancement process. A discussion with participants on their experience and best practices will capstone the course.

9-9:55 AM **Room:** Classroom 116 **Instructor:** Adam Gerstein
Maximum number of participants: 15



UoS13 BS58 UNDER THE STARS - Introduction to Backpacking and Hammock Camping

If you dream of traveling the trails unencumbered by tents and heavy car camping equipment, swing into this course for some enlightening ideas and answers to your FAQ's.

2:30-3:25 PM **Room:** Classroom 106 **Instructor:** Steve Porcaro
Maximum number of participants: 15



UoS14 BS60 HOW TO DO HIGH ADVENTURE - Philmont

Whether your goal is Philmont, this course will help you prepare for the adventure of a lifetime.

10-10:55 AM **Room:** Classroom 107 **Instructor:** Robin Heath
Maximum number of participants: 15



UoS15 BS61 Why "KNOT" Scouts BSA?

Learning how to tie knots takes practice. This course encourages Scouters to learn the uses, classifications and how to tie knots commonly used in Scouts BSA. Knot tying promotes discipline and focus, and it teaches useful skills that can be used immediately. We will share ideas for teaching knot tying to Scouts while learning the basic knots. Come learn about some useful knot teaching equipment and knot teaching techniques.

11-11:55 AM **Room:** Classroom 112 **Instructor:** Jim McColgan
Maximum number of participants: 15



UoS16 BS62 Life After Eagle

"Attaining the rank of Eagle is not the end of the Scouting road. There is so much more to give and receive. Opportunities and practical suggestions for how to keep them engaged after they "Eagle out.""

9-9:55 AM **Room:** Classroom 106 **Instructor:** Vin Pietrorazio
Maximum number of participants: 15



UoS17 BS63 Been There, Done That, Now What?

How many times have you heard "...but we've already done that!" Suggestions for and a discussion about how to keep 'em excited about camping with ideas of places to go that maybe you haven't thought of!

3:30-4:25 PM **Room:** Classroom 112 **Instructor:** Bob Sanford
Maximum number of participants: 15



UoS18 BS64 HOW TO DO HIGH ADVENTURE - Northern Tier/Sea Base

Whether your goal is Sea Base or the Northern Tier, this course will help you prepare for the adventure of a lifetime.

11-11:55 AM **Room:** Classroom 107 **Instructor:** Robin Heath
Maximum number of participants: 15



UoS19 BS66 Axe Throwing

This course covers how scouts can safely and inexpensively incorporate axe throwing into their outdoor activities. This includes the axe throwing merit badge that I proposed to National back in 2009. School rules do not allow us to throw axes during this course.

10-10:55 AM **Room:** Classroom 104 **Instructor:** John Wesolowski
Maximum number of participants: 15

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UoS20 BS67 Counseling the Citizenship In Society Merit Badge

Learn all you need to know about being a Merit Badge Counselor for this latest addition to the Citizenship Badges needed for Eagle

11-11:55 AM **Room:** Classroom 102 **Instructor:** Rob Areklett
Maximum number of participants: 15



UoS21 BS68 Maine High Adventure

For over 50 years, Scout units have chosen MHA for fully-outfitted, guided canoe treks on rivers, streams and lakes in the North Maine Woods. The Base Camp on Grand Lake Matagamon is 490 miles/7 hours by car from Milford, CT. website: <https://www.mainehighadventure.org/>

2:30-3:25 PM **Room:** Classroom 102 **Instructor:** Jim Minner
Maximum number of participants: 15



UoS22 BS69 Tips & Hacks for Safe Winter Camping

Want to learn more about winter camping? Topics covered will include: where to camp, what programs are available, how to stay warm in winter, and how to get started down the path to do your own winter camping.

10-10:55 AM **Room:** Classroom 202 **Instructor:** GR Nash
Maximum number of participants: 15



UoS23 BS70 Cycling without Traffic

Overview of cycling options on paved trails. The course covers specific trails you can take on day trips or weekend trips. The course also includes tips on taking these specific trips.

1:30-2:25 PM **Room:** Classroom 104 **Instructor:** John Wesolowski
Maximum number of participants: 15



UoS26 BS74 Gardening Merit Badge

Shows how to make this merit badge more interesting. This describes some unique flowers and plants to grow, and how to easily grow them.

11-11:55 AM **Room:** Classroom 104 **Instructor:** John Wesolowski
Maximum number of participants: 15



UoS27 BS75 Youth Led Culture

How to make the badge interesting. This course includes specific vegetables and flowers that require different techniques such as planting garlic cloves in October for harvest in July, and planting potatoes in trash cans to easily hill up for a summer harvest. Learn how to be successful with easy to grow and interesting flowers and vegetables. This also covers how to start plants from seed and pest control.

10-10:55 AM **Room:** Classroom 102 **Instructor:** Jeff Guzauckas
Maximum number of participants: 15



UoS29 BS77 Sequassen Summer Camp Preparation for Unit Leaders

This course is designed for unit leaders, new unit leaders, and summer camp coordinators to get familiar with the procedures and best practices of bringing your unit to summer camp. Topics of discussion will include the registration process, merit badge selection, medical form processes, swim checks, and other items to help you and your Scouts have a smooth start to your week at camp.

1:30-2:25 PM **Room:** Classroom 114 **Instructor:** Michael Migliore
Maximum number of participants: 15



UoS30 BS78 Hiking MB Prep

This course covers: how to select appropriate hikes, jobs on the hike, dealing with rain and snow, hiking safety, hiking etiquette, preparing for the hike, and a sample of specific hikes.

9-9:55 AM **Room:** Classroom 104 **Instructor:** John Wesolowski
Maximum number of participants: 15

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UoS32 BS80 Life to Eagle

Eagle is the pinnacle rank for Scouts, and a significant life achievement. This course provides guidance to help Scouts and their parents thru the Life Scout to Eagle process. Discussions review the key tasks and MB requirements to achieve the Eagle Scout Rank, and discusses Eagle Scout project approach and planning that needs to be done to achieve success..

9-9:55 AM **Room:** Classroom 202 **Instructor:** Chet Wickett
Maximum number of participants: 15



UoS33 BS82 Using the Patrol Method

ALL successful Troops make effective use of the Patrol Method. Plus, the Patrol Method makes the Scoutmaster's job so much easier. Learn how to use the Patrol Method in ANY Troop

9-9:55 AM **Room:** Classroom 107 **Instructor:** Joe Ushchak
Maximum number of participants: 15



UoS34 BS83 In-person Merit Badge Counselor Position Training

In-Person MB Counselor Training course.

1:30-2:25 PM **Room:** Classroom 202 **Instructor:** Bill Landry
Maximum number of participants: 15



UoS98 BS84 - Mattatuck & J.N. Webster: Summer Camp Preparation for Unit Leaders

This course is designed for unit leaders, new unit leaders, and summer camp coordinators to get familiar with the procedures and best practices of bringing your Troop to summer camp. Topics of discussion will include using BlackPug, the registration process, merit badge selection, medical form processes, swim checks, and other items to help you and your Scouts have a smooth start to your week at camp.

2:30-3:25 PM **Room:** Classroom 112 **Instructor:** Pat Boyd
Maximum number of participants: 15



UoS105 BS85 Smart Scouting with AI: Getting closer to "One Hour a Week!"

Discover how artificial intelligence can streamline and enhance your troop's planning process-from outing logistics and advancement tracking to creative programming and safety preparation. This hands-on session introduces practical AI tools that support the Patrol Method, youth-led leadership, and BSA values. Participants will explore realworld prompts, build sample activity plans, and leave with actionable ideas to bring AI into their next campout, hike, or troop meeting.

2:30-3:25 PM **Room:** Classroom 114 **Instructor:** R David Lee
Maximum number of participants: 15



UoS35 CA02 DUTCH OVEN COOKING

We will take you down the path that could lead to an addiction to Dutch oven cooking as we discover different techniques to using the most versatile cooking vessel in the Scout's cooking arsenal. Lewis & Clark were on to something when they recognized the importance of bringing their Dutch ovens. Hundreds of years later it has only become easier and more satisfying to prepare some of the most awesome meals and desserts using a Dutch oven. From the beginner to the hardcore seasoned cook, each will walk away with new ideas and tricks to bring back to your Scouts.

11-11:55 AM **Room:** Culinary **Instructor:** Karl Kuegler
Maximum number of participants: 15



UoS36 CA07 BACKPACKING ONE POT & BAKING

Don't let the challenges of lightweight camping take away from your culinary experience. One pot meals and baking techniques can provide your Scouts with out-of-the-box ideas for meals on the trail which consider weight, easy cleanup and Leave No Trace principles.

2:30-3:25 PM **Room:** Culinary **Instructor:** Karl Kuegler
Maximum number of participants: 15

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UoS37 CA24 COOKING AT CAMPOREES & EVENTS WHEN A FAST MEAL IS A MUST
Help your Scouts with ideas for tasty and nourishing meals that can be prepared quickly, and keep clean up in mind. Cooking isn't always the main focus of a campout. Camporees notoriously have compressed meal time slots to prep, cook, serve, eat and clean up. It is also a great opportunity to have your Scouts shine with awesome meals. We will run through meal options from the first morning, lunch, dinner at to the last morning when the thought of packing up may cause Scouts to miss out on one more great meal.

10-10:55 AM **Room:** Culinary **Instructor:** Karl Kuegler
Maximum number of participants: 15



UoS38 CA32 COOKING WITH CUBS AND WEBELOS
This class is for leaders seeking ideas of simple and safe cooking activities with younger scouts. Learn about creative ways for the scouts to cook dinners and desserts in many ways from foil to pie irons.

1:30-2:25 PM **Room:** Culinary **Instructor:** Karl Kuegler
Maximum number of participants: 15



UoS39 CA54 Edible crafts
Learn about fun crafts for your next Den or Pack meeting that are also edible. Yes, sampling is included in this class.

3:30-4:25 PM **Room:** Cafeteria **Instructor:** Sara Wells
Maximum number of participants: 15



UoS43 CS03 CUB AND WEBELOS CAMPING AND OUTDOOR OPPORTUNITIES
Learn what you can and cannot do with Cub Scouts, from easy pre-organized overnights to the exciting adventures found in our summer camps. Scouts want to camp and we are here to help you make that happen! Webelos overnight opportunities for your older Scouts, in preparation for becoming Scouts, will also be discussed.

1:30-2:25 PM **Room:** Classroom 106 **Instructor:** Steve Porcaro
Maximum number of participants: 15



UoS44 CS09 GAMES GALORE
Scouts of all ages love a good game. Come learn some great games to keep all your members happy.

9-9:55 AM **Room:** Classroom 216 **Instructor:** Mark Schneider
Maximum number of participants: 15



UoS46 CS15 SIMPLE KNOTS ARE "KNOT" HARD
Ideas for teaching knot tying to Cub Scouts while learning the five basic knots used by the Wolf, Bear and Webelos.

1:30-2:25 PM **Room:** Classroom 112 **Instructor:** Jim McColgan
Maximum number of participants: 15



UoS48 CS26 THE NEXT LEVEL OF SCOUTING - WEBELOS TO SCOUT TRANSITION
Webelos: the next level of Cub Scouting. Learn techniques for teaching, interaction, and advancement. Covered are resources, activity badge ideas, crossover and beyond. Proper preparation for advancement ensures success in Scouting.

2:30-3:25 PM **Room:** Classroom 216 **Instructor:** Jeff Clark
Maximum number of participants: 15

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UoS125 CS39 SCOUTBOOK FOR CUB SCOUTS

Scoutbook has become a "one-stop" tool for almost everything having to do with Cub Scouts. In this class, we will share and discuss some of its current features:

- Keep track of den and pack calendars. Subscribe to the ones you want and ignore those you don't need.
- Record adventures your scout completes, keep track of their progress towards earning rank.
- Den leaders will sign off on completed adventures, they'll order awards and be ready to present those at upcoming meetings.
- Keep track of who's in your den and in the pack.
- Keep your profile info current and complete.
- Leaders keep track of training according to BSA's standards.

Scoutbook is a valuable tool that plays an important role. Moving past Cub Scouts, many Scouts BSA Troops use Scoutbook in the same way.

10-10:55 AM **Room:** Classroom 116 **Instructor:** Jennifer Capitaio
Maximum number of participants: 15



UoS50 CS40 HIKING IN CONNECTICUT FOR CUB AND WEBELOS

Learn about challenging and exciting hikes for Cubs and families in Connecticut. Learn how to encourage participation using incentives and rewards. Learn what you can and cannot do with Cub Scouts, from easy pre-organized pack events to family events done independent of the pack. Scouts enjoy hiking and we are here to help you make that happen!

11-11:55 AM **Room:** Classroom 202 **Instructor:** GR Nash
Maximum number of participants: 15



UoS53 CS43 FISHING: THE ANSWER TO CUB RECRUITMENT

Scout Life surveys show that Cubs (boys and girls) love to fish! The presentation explains why and how fishing should become an outdoor activity that Packs can use to both improve their overall outdoor program and aid recruitment of new youth into Cub Scouting. Scouters will learn how to tap the resources and training needed to make the program happen through the Certified Angling Instructors in their Council.

1:30-2:25 PM **Room:** Classroom 109 **Instructor:** Jim Sugrue
Maximum number of participants: 15



UoS54 CS44 INTRODUCTION TO LEAVE NO TRACE - Cub Scouts

This course is an introduction to the Leave No Trace ethics and skills. It is designed to help youth and adults at the Cub Scout level understand the general principles of Leave No Trace and apply them in their outdoor programs. It is also designed to help give adult volunteers the confidence to assess youth understanding and skills, as required for cub scout objectives.

3:30-4:25 PM **Room:** Classroom 116 **Instructor:** Michael Dameron
Maximum number of participants: 15



UoS106 CS48 Great skits and Wacky Run ons

Are you tired of seeing the Invisible Bench skit at your campfire program? Join this session to learn about great skits, wacky run ons, and how to teach your scouts to participate in them to have fun!

9-9:55 AM **Room:** Classroom 102 **Instructor:** Sabina Vance
Maximum number of participants: 15



UoS60 CS55 Cub Scout Hike Planning

This course covers the six essentials of hiking with cub scouts, plus local trails appropriate for cub scouts.

2:30-3:25 PM **Room:** Classroom 104 **Instructor:** John Wesolowski
Maximum number of participants: 15



UoS62 CS57 Making the Cub Scout program POP!

Learn of some creative pack activities that will be a memorable crowd pleaser.

1:30-2:25 PM **Room:** Classroom 216 **Instructor:** Jeff Clark
Maximum number of participants: 15

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UoS97 CS58 - Don't Lose your Cub Scouts! - The Summertime Camp Experience

Being active in the summer is easier than you think! Lots of options for summer camp experiences during the day, overnight & at twilight, learn how to earn an award and make it fun and take advantage of Council run programs in Connecticut.

3:30-4:25 PM **Room:** Classroom 102 **Instructor:** Daniel Albert
Maximum number of participants: 15



UoS107 CS59 STEM To-Go for Cub Scouts

Hands On Class with Cub Scout level projects that can be used for STEM adventures or to have ready as a filler activity when needed.

11-11:55 AM **Room:** Classroom 109 **Instructor:** Donna Wesolowski
Maximum number of participants: 15



UoS108 CS60 Family and Reverence Adventures

Ideas and discussion on how to work the Family and Reverence Adventures into your Den and Pack Programs. Share with others what worked for you and learn new ways to keep these Adventures meaningful.

10-10:55 AM **Room:** Classroom 109 **Instructor:** Donna Wesolowski
Maximum number of participants: 15



UoS63 GS01 PROGRAM PLANNING AND FUNDING

Discuss the essentials for effective planning and learn how the experts plan for success. Use these essentials to create successful unit programs and special events and get some new ideas on how to earn the money to do the things you plan.

11-11:55 AM **Room:** Classroom 208 **Instructor:** Andy Powell
Maximum number of participants: 15



UoS64 GS04 MISUNDERSTOOD YOUTH

Learn about what to do when a scout presents with behaviors that are hard to understand. Every pack or troop has youth who present challenges to their leaders. Discussion will cover ways to understand and work successfully with these young people.

9-9:55 AM **Room:** Classroom 209 **Instructor:** Carolyn Janis
Maximum number of participants: 15



UoS65 GS05 EFFECTIVE CEREMONIES

Ceremonies are an important part of the Scouting experience. Learn tips on conducting effective ceremonies when you have time to plan for them, and when you don't.

1:30-2:25 PM **Room:** Classroom 116 **Instructor:** Alistair Whetham
Maximum number of participants: 15



UoS127 GS09 Managing Unit Conflict

Conflict isn't fun but having a few skills to deal with it makes a leader more effective and able to keep the team unified towards the goal at hand. This course will help you learn BSA tips and techniques to resolving conflict that leaves everyone heard, understood, and valued. The material includes EAR (Express, Address, Resolve) technique taught at NYLT.

11-11:55 AM **Room:** Classroom 114 **Instructor:** Joe Ushchak
Maximum number of participants: 15



UoS66 GS10 HIKING IN CONNECTICUT

Hiking remains a fundamental Scouts BSA activity. Learn about preparing yourself and your equipment for a hike, and about the many opportunities for exploring the hiking trails and opportunities in the state of Connecticut.

3:30-4:25 PM **Room:** Classroom 216 **Instructor:** Jeff Clark
Maximum number of participants: 15



UoS68 GS12 Committee Chairs: How to organize your committee

This class will cover how to split up all the responsibilities of the unit committee into small, understandable pieces so that many adult volunteers can split up the workload and make it more manageable.

2:30-3:25 PM **Room:** Classroom 208 **Instructor:** Jacob Cedusky
Maximum number of participants: 15

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UoS69 GS13 Popcorn and Other Council Organized Fundraising Events

Teach your Scouts to interact effectively with the public and provide funding to fulfill the needs of the unit and/or the Scout.

2:30-3:25 PM **Room:** Classroom 110 **Instructor:** Jim Patterson
Maximum number of participants: 15



UoS71 GS23 Adult Leader Recruitment

Adult leaders are the lifeblood of the unit. We will cover the most effective strategies, approaches, and techniques to recruiting adult leaders.

3:30-4:25 PM **Room:** Classroom 208 **Instructor:** Jacob Cedusky
Maximum number of participants: 15



UoS72 GS31 Telling your Scouting Story

Every Scout, Scouter and family has a story- from memorable activities to why they're in Scouting to long legacies in the program and more. Learn how you can leverage YOUR story to grow your unit, engage alumni, promote your activities and activate families with this interactive training sessions.

10-10:55 AM **Room:** Classroom 106 **Instructor:** Vin Pietrorazio
Maximum number of participants: 15



UoS73 GS32 Faith in Action: Strengthening Scouts' Spiritual Journey

"Come learn how to encourage our youth members to grow stronger in their faith. Scouts have guiding values in the Scout Oath and Law, including a charge to be reverent. This course will cover unit chaplains, working with chaplain aides, and the Scouting religious awards programs that nearly all faiths have."

9-9:55 AM **Room:** Classroom 108 **Instructor:** Ken Lee
Maximum number of participants: 15



UoS75 GS51 Scout Book

Tracking the Scouting Experience from Tiger to Eagle. From the first knot tied to final hours of service performed, Scouting is a journey like no other. Scout Book ensures not a moment is missed. Discussion about using Scoutbook

11-11:55 AM **Room:** Classroom 116 **Instructor:** Jennifer Capitaio
Maximum number of participants: 15



UoS76 GS52 Orienteering and Navigation

Covers the basics of determining direction, finding your position on a map, and using a map to navigate a trail.

3:30-4:25 PM **Room:** Classroom 104 **Instructor:** John Wesolowski
Maximum number of participants: 15



UoS78 GS63 Communication Skills; Public Speaking Made Easy (or at least not frightening)

Communication Skills: In this session we'll talk about the little things you can do to take your comfort (or lack thereof) of public speaking to the next level.

11-11:55 AM **Room:** Classroom 108 **Instructor:** Ray Alwing
Maximum number of participants: 15



UoS80 GS66 BSA Fishing Basics

A one hour course that will teach any adult or youth all that they need to know to start fishing successfully.

2:30-3:25 PM **Room:** Classroom 109 **Instructor:** Jim Sugrue
Maximum number of participants: 15




UoS81 GS74 COUNSELING SKILLS

Counseling is an effective method for experienced leaders to assist unit leaders to develop their potential. Counseling is the art of helping others arrive at the right answer by their own analysis of the situation and the facts. As a Scouter, you should develop your counseling skills.


3:30-4:25 PM **Room:** Classroom 107 **Instructor:** Gary Burke
Maximum number of participants: 15

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UoS82 GS76 HOW TO GROW YOUR UNIT
In this session, you'll learn how to grow your unit, with the help of CT Rivers Council Program Growth Specialist, Ricki Ann Levesque. During this time, we will discuss best practices on how to plan and execute a productive joining night and learn about resources available from your council staff.

11-11:55 AM **Room:** Classroom 106 **Instructor:** RickiAnn Levesque
Maximum number of participants: 15
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UoS83 GS78 UNIFORMS -WHY, HOW, AND WHEN TO WEAR THEM
Learn the basics of the Scout uniform: why is there a uniform, when and how do you wear it, and when do you not wear it? What is a "Class B" uniform? Discussion will include insignia, patches, the badge sash, and ways units may personalize the uniform, as well as ideas to make uniforming more affordable.

2:30-3:25 PM **Room:** Classroom 202 **Instructor:** Bill Landry
Maximum number of participants: 15
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UoS109 GS93 Venturing BSA: The Next Step in Scouting
An overview of Venturing BSA, how it works, why it retains older youth, and practical steps to form a youth-led crew that strengthens your Scouting program

10-10:55 AM **Room:** Classroom 112 **Instructor:** Jacob Lavalley
Maximum number of participants: 15
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UoS110 GS94 Tech-Savvy Scouting: Boost Your Unit's Visibility
This course is tailored for Scout leaders and volunteers seeking to enhance communication and organizational efficiency within their units. In an era where digital tools and online platforms are integral to effective communication and management, this class offers practical insights and hands-on strategies to streamline processes and foster a more connected scouting experience. Learn how to Set-up a Google forms, websites and emails for free. Helpful hints and guide to using technology to help your unit gain better visibility and leverage technology, including the Web, FB and social media.

3:30-4:25 PM **Room:** Classroom 109 **Instructor:** Pat Malin
Maximum number of participants: 15
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UoS111 GS95 How to Retain "Trained" Leaders
A well-trained leader is one of the most valuable assets in Scouting-but how do we keep them engaged and committed? This class provides practical strategies for retaining adult leaders after they've completed their training. We'll explore ways to foster a sense of belonging, recognize contributions, and create a positive environment that encourages long-term involvement. Participants will leave with actionable ideas to strengthen leader retention and build a sustainable leadership team.

9-9:55 AM **Room:** Classroom 208 **Instructor:** Andy Powell
Maximum number of participants: 15
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UoS112 GS96 Digital Citizenship: Scouting Responsibly and Safely in a Connected World
In today's digital age, Scouts are more connected than ever. This class empowers youth to become responsible digital citizens while upholding the values of the Scout Law and Oath online. Participants will learn how to use electronic devices safely, ethically, and effectively-whether for communication, research, or sharing their Scouting adventures. This class will also equip leaders and Scouts with the knowledge and tools to safeguard personal information, prevent cyber threats, and maintain a secure online environment.

1:30-2:25 PM **Room:** Classroom 208 **Instructor:** Andy Powell
Maximum number of participants: 15
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UoS113 GS97 Lead from Behind: Unlocking Youth Leadership Potential
Have your youth leaders started to reach a plateau? Come learn some new methods and tricks for leading your youth from behind to boost their leadership potential! This course explores the essential role of failure in the growth and development of Scouts. Open to adults from all programs.

10-10:55 AM **Room:** Classroom 208 **Instructor:** Andy Powell
Maximum number of participants: 15
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Class Catalog

University of Scouting 2026 - Connecticut Councils at Xavier High School



UoS84 HS14 INTRODUCTION TO HIKING and WILDERNESS FIRST AID

Learn how to identify and treat emergency medical conditions that may be encountered while hiking in order to preserve life, prevent further injury, and promote recovery. Introduction to and summary of the material covered in the 16-Hour Red Cross Wilderness First Aid/CPR/AED Course.

9-9:55 AM **Room:** Classroom 112 **Instructor:** Don Corne
Maximum number of participants: 15



UoS85 HS16 COPING WITH ADHD IN YOUR SCOUTING UNIT

Attention Deficit/Hyperactivity Disorder is something that can be encountered in any Den or Troop. It is important to understand the strengths and challenges present to develop strategies to help manage the needs of these Scouts. This is a review of the diagnostic criteria with some guidelines for management and support.

11-11:55 AM **Room:** Classroom 209 **Instructor:** Julie Nash
Maximum number of participants: 15



UoS88 HS24 Stop the Bleed

Stop the Bleed continues to empower the general public to make a difference in a life-threatening emergency by teaching the basic techniques of bleeding control.

10-10:55 AM **Room:** Classroom 203 **Instructor:** Stan Chartoff
Maximum number of participants: 15



UoS90 HS29 Wild World: When your anxious world feels wildly out of control

Anxiety is a natural human response when we feel that we are under threat. It can be experienced through our thoughts, feelings and physical sensations. Learn how to recognize and manage anxiety and worry during den/pack meetings as well as the entire scouting journey.

10-10:55 AM **Room:** Classroom 209 **Instructor:** Carolyn Janis
Maximum number of participants: 15



UoS91 HS30 Safety First: Your Guide to Scouting Preparedness

An overview of BSA's philosophy towards safety. Walkthrough of online resources. Highlight important topics such as Youth Protection within the unit, overview of the Guide to Safe Scouting and The Sweet 16, the Annual Health and Medical Records, the SAFE Checklists. An overview resources to help you properly plan and execute program activities, and why you need Certificates of Insurance for some activities and how to get them. Why your unit needs a Unit Scouting Safety Chair, the position responsibilities, and using Safety Moments to help prepare Scouts and leaders for activities and increase safety awareness.

1:30-2:25 PM **Room:** Classroom 108 **Instructor:** Todd Gianetti
Maximum number of participants: 15



UoS74 HS41 Adaptive Scouting: Finding a different way to be involved in Scouting and BSA inclusion topics.

This class is intended to help you understand the BSA guidelines for serving those with disabilities as well as discussing the instructor's personal experience with this topic.

11-11:55 AM **Room:** Classroom 203 **Instructor:** Mike Szarpa
Maximum number of participants: 15



UoS96 HS54 Introduction to First Aid for Leaders (Two Period)

Introduction to First Aid for Leaders (Two Period)

10-11:55 AM **Room:** Classroom 110 **Instructor:** Dani Simson
Maximum number of participants: 15

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UoS114 HS55 Red Cross CPR and AED (3 Period - AM Option)

Emergencies can happen anytime, anywhere-and knowing how to respond can make the difference between life and death. This hands-on course, certified by the American Red Cross, teaches participants the essential skills to provide immediate care during cardiac and breathing emergencies. You'll learn how to perform CPR on adults, children, and infants, and how to use an Automated External Defibrillator (AED) safely and effectively. Whether you're a Scout leader, parent, or community member, this training equips you with the confidence and competence to act when every second counts. ** Additional fee of \$25

9-11:55 AM **Room:** Classroom 206 **Instructor:** Jay Walsh
Additional Fee: \$25.00
Maximum number of participants: 15



UoS115 HS56 Red Cross CPR and AED (3 Period - PM Option)

Emergencies can happen anytime, anywhere-and knowing how to respond can make the difference between life and death. This hands-on course, certified by the American Red Cross, teaches participants the essential skills to provide immediate care during cardiac and breathing emergencies. You'll learn how to perform CPR on adults, children, and infants, and how to use an Automated External Defibrillator (AED) safely and effectively. Whether you're a Scout leader, parent, or community member, this training equips you with the confidence and competence to act when every second counts. ** Additional fee of \$25

1:30-4:30 PM **Room:** Classroom 206 **Instructor:** Jay Walsh
Additional Fee: \$25.00
Maximum number of participants: 15



UoS116 HS57 Smooth Sailing to Camp: Mastering the BSA Medical Process

The Scouting adventure, summer camp, high-adventure excursions, and having fun are important to everyone in Scouting-and so is your safety and well-being. Completing the Annual Health and Medical Record (AHMR) is the first step in making sure you have a great Scouting experience. Learn about best practices when it comes to BSA medical, medication and approaches to "clean" submittal of forms for a smooth camp check-in. Learn how to avoid the disaster of a scout or leader being delayed from participating with their unit.

1:30-2:25 PM **Room:** Classroom 110 **Instructor:** Jackie Steele
Maximum number of participants: 15



UoS87 SNS20 DISABILITY AWARENESS

This course is a must for leaders of all levels of Scouting. Leaders will be provided with an overview of different disabilities from the visible to the invisible ones. The goal of the Scouting Program is to allow every Scout to participate to the best of their ability and this course will give you insight to assist in this. Strengths based approach will allow your Scouts to engage in outdoor activities and skill development while developing a sense of belonging in an organization that cares about them and wants them to succeed.

1:30-2:25 PM **Room:** Classroom 212 **Instructor:** Sandy Payne
Maximum number of participants: 15



UoS118 SNS22 Managing Special Behaviors During Scouting Activities

"Managing Special Behaviors During Scouting Activities Finding a way for every Scout to have the opportunity to actively participate in activities and have fun consistent with the BSA brand."

2:30-3:25 PM **Room:** Classroom 212 **Instructor:** Sabina Harris
Maximum number of participants: 15



UoS119 SNS23 Working and Camping with Cub Scouts with Special Needs and Disabilities

Cub Scout Leaders! Are you working and camping with Cub Scouts with Special Needs or disabilities? This course will help give you insight on how to work with parents, Cubs, leaders and volunteers to help all youth enjoy their scouting adventures and succeed!

10-10:55 AM **Room:** Classroom 212 **Instructor:** Daniel Marazita
Maximum number of participants: 15



UoS120 SNS24 Preparing for Scouts with Special Needs or disabilities for Camp including aquatics

To introduce parents/ leaders to key planning and logistical considerations prior to and during Camp Programs in order to create a positive outdoor adventure for all youth including those with different abilities or needs.

11-11:55 AM **Room:** Classroom 212 **Instructor:** Daniel Marazita
Maximum number of participants: 15