



University of Scouting - CT Rivers & CT Yankee Councils

Class Catalog

Event Contacts


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Class Catalog


University of Scouting - CT Rivers & CT Yankee Councils at Xavier High School


University of Scouting 2025 (Scheduled Classes)


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US251 BS01 "WHY" NATIONAL YOUTH LEADER TRAINING - NYLT
Leadership is a critical life skill that youth from all of the BSA programs should learn. This course presents an overview of the National Youth Leadership Training course and how it will help your youth leaders become more effective.
3:30-4:25 PM **Room:** Classroom 116 **Instructor:** Ray Langlois
Maximum number of participants: 20
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US253 BS08 EFFECTIVE BOARDS OF REVIEW
The Board of Review is a critical step in the advancement process. Done effectively, your Scouts will learn much more than that they have "passed". Learn how to use this time to give purpose and guide your Scouts.
11-11:55 AM **Room:** Classroom 114 **Instructor:** Martin Snyder
Maximum number of participants: 25
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US254 BS20 SCOUTS BECOMING LEADERS - Doing Introduction to Leadership Skills for Troops (ILST)
Lord Baden Powell said, "Never do for a boy what he can do for himself." You have leadership skills that enable you to do things better than the Scouts in your unit. Your role as a Scoutmaster is to help your Scouts develop these skills so that they can become self-reliant leaders themselves. Introduction to Leadership Skills for Troops is the answer. The benefit of this program is making your youth leaders a valuable team to lead your unit.
2:30-3:25 PM **Room:** Classroom 102 **Instructor:** Bill Shea
Maximum number of participants: 20
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US255 BS21 ROAD TO FIRST CLASS
The first year of a Scout's experience is crucial to their retention and to their getting the most out of the experience. This course will help you to guide your new Scouts successfully to First Class.
1:30-2:25 PM **Room:** Classroom 106 **Instructor:** Steve Porcaro
Maximum number of participants: 20
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US257 BS24 CONSERVATION & SERVICE PROJECTS FOR SCOUTS
An in-depth look at the conservation and service projects that Scouts can use when planning a project for any level of the Scout program, including Eagle and Troop projects, as well as other conventional projects. A number of ideas different from the "usual projects" will add creative new ideas for Scouts.
9-9:55 AM **Room:** Classroom 201 **Instructor:** Stephen Lewis
Maximum number of participants: 25
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US258 BS26 TRAIL TO EAGLE - APPLICATION, PROJECT & COACH'S ROLE (Two Period Class)
Eagle is the pinnacle rank for Scouts, and a significant life achievement. This course covers the details of the Eagle Application, Eagle project workbook, and the role of the Eagle project coach. Learn how to help coach your fledgling Eagles as they develop and execute this capstone project.
2:30-4:30 PM **Room:** Classroom 114 **Instructor:** Lianne Ruttly
Maximum number of participants: 25
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US259 BS42 INTRODUCTION TO LEAVE NO TRACE - Scouts, BSA
This course is an introduction to the Leave No Trace ethics and skills. It is designed to help youth and adults at the Scouts, BSA level understand the general principles of Leave No Trace and apply them in their outdoor programs. It is also designed to help give adult volunteers the confidence to assess youth understanding and skills, as required for Scout Second Class rank requirements and Venturing Outdoor Bronze and Ranger Award requirements.
10-10:55 AM **Room:** Classroom 109 **Instructor:** Michael Dameron
Maximum number of participants: 25
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US2510 BS48 US FLAG ETIQUETTE & CEREMONIES
Basic and advanced information regarding proper flag etiquette for Scouts and Scouters. Learn about a simple flag ceremony and maybe practice it. Learn about the USA Flag Code and where to answer all your questions about proper flag etiquette. Come with questions - leave with answers.
3:30-4:25 PM **Room:** Classroom 102 **Instructor:** Bill Shea
Maximum number of participants: 25
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US2511 BS54 EVE ON THE TRAIL AND IN THE WILDERNESS
If you're a lady Scouter unfamiliar with trails, or living in the "woods," and would like to take your Scouts camping, this class is for you. It will help you to overcome some of your fears of the outdoors, and will address specific care you should take to address your personal needs.
3:30-4:25 PM **Room:** Classroom 204 **Instructor:** Gus Haskell
Maximum number of participants: 25

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US2512 BS56 EVERYTHING YOU WANTED TO KNOW ABOUT THE ORDER OF THE ARROW (OA), BUT WERE AFRAID TO ASK

Did you know the OA can help your Troop program? Do you want better youth Leaders? Is retention of older Scouts a problem in your unit? Learn how you can use the Order of the Arrow to enhance your Troop program. The class will cover the basics of the OA, how to have a successful Troop OA program, and leave plenty of time for questions. See and hear firsthand how the program works as the class will be taught by the current youth officers of the Tschitani Lodge. The Lodge Adviser will also be on hand to answer questions.

10-10:55 AM **Room:** Classroom 114 **Instructor:** John Riley
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US2513 BS58 UNDER THE STARS - Introduction to Backpacking and Hammock Camping

If you dream of traveling the trails unencumbered by tents and heavy car camping equipment, swing into this course for some enlightening ideas and answers to your FAQ's.

2:30-3:25 PM **Room:** Classroom 106 **Instructor:** Steve Porcaro

Maximum number of participants: 25
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US2514 BS60 HOW TO DO HIGH ADVENTURE - Philmont

Whether your goal is Philmont, this course will help you prepare for the adventure of a lifetime.

11-11:55 AM **Room:** Classroom 201 **Instructor:** Robin Heath

Maximum number of participants: 25
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US2515 BS61 Why "KNOT" Scouts BSA?

Learning how to tie knots takes practice. This course encourages Scouters to learn the uses, classifications and how to tie knots commonly used in Scouts BSA. Knot tying promotes discipline and focus, and it teaches useful skills that can be used immediately. We will share ideas for teaching knot tying to Scouts while learning the basic knots. Come learn about some useful knot teaching equipment and knot teaching techniques.

1:30-2:25 PM **Room:** Classroom 108 **Instructor:** Jim McColgan

Maximum number of participants: 25
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US2516 BS62 Life After Eagle

"Attaining the rank of Eagle is not the end of the Scouting road. There is so much more to give and receive. Opportunities and practical suggestions for how to keep them engaged after they "Eagle out."

1:30-2:25 PM **Room:** Classroom 114 **Instructor:** Vin Pietrorazio

Maximum number of participants: 25
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US2517 BS63 Been There, Done That, Now What?

How many times have you heard "...but we've already done that!" Suggestions for and a discussion about how to keep 'em excited about camping with ideas of places to go that maybe you haven't thought of!

9-9:55 AM **Room:** Classroom 102 **Instructor:** Becca Miller

Maximum number of participants: 20
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US2518 BS64 HOW TO DO HIGH ADVENTURE - Northern Tier/Sea Base

Whether your goal is Sea Base or the Northern Tier, this course will help you prepare for the adventure of a lifetime.

10-10:55 AM **Room:** Classroom 201 **Instructor:** Robin Heath

Maximum number of participants: 25
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US2519 BS66 Axe Throwing

Covers how scouts can safely and inexpensively incorporate axe throwing into their outdoor activities. This includes the axe throwing merit badge that I proposed to National back in 2009.

9-9:55 AM **Room:** Classroom 104 **Instructor:** John Wesolowski

Maximum number of participants: 25
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US2520 BS67 Counseling the Citizenship In Society Merit Badge

Learn all you need to know about being a Merit Badge Counselor for this latest addition to the Citizenship Badges needed for Eagle

10-10:55 AM **Room:** Classroom 101 **Instructor:** Rob Areklett

Maximum number of participants: 25
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US2521 BS68 Maine High Adventure

For over 50 years, Scout units have chosen MHA for fully-outfitted, guided canoe treks on rivers, streams and lakes in the North Maine Woods. The Base Camp on Grand Lake Matagamon is 490 miles/7 hours by car from Milford, CT. website: <https://www.mainehighadventure.org/>

2:30-3:25 PM **Room:** Classroom 201 **Instructor:** Jeff Parker

Maximum number of participants: 25
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US2522 BS69 Tips & Hacks for Safe Winter Camping
How to lead a safe and awesome winter experience in the snow and cold
10-10:55 AM **Room:** Classroom 102 **Instructor:** GR Nash
Maximum number of participants: 25



US2523 BS70 Cycling without Traffic
Covers cycling options on paved trails. The course includes specific trails you can take on day trips or weekend trips. The course also includes tips on taking these specific trips
10-10:55 AM **Room:** Classroom 104 **Instructor:** John Wesolowski
Maximum number of participants: 25



US2524 BS71 Scouts BSA Special Circumstance
Strategies for the lack of engagement and cooperation in the troop after Covid.
2:30-3:25 PM **Room:** Classroom 101 **Instructor:** Daniel Marazita
Maximum number of participants: 25



US2526 BS74 Gardening Merit Badge
Shows how to make this merit badge more interesting. This describes some unique flowers and plants to grow, and how to easily grow them.
11-11:55 AM **Room:** Classroom 104 **Instructor:** John Wesolowski
Maximum number of participants: 25



US2527 BS75 Youth Led Culture
Join an engaging discussion on the impact of youth-led culture within Scouts BSA and its influence on leadership development.
11-11:55 AM **Room:** Classroom 204 **Instructor:** Jeff Guzauckas
Maximum number of participants: 25



US2529 BS77 Sequassen Summer Camp Preparation for Unit Leaders
This course is designed for unit leaders, new unit leaders, and summer camp coordinators to get familiar with the procedures and best practices of bringing your unit to summer camp. Topics of discussion will include the registration process, merit badge selection, medical form processes, swim checks, and other items to help you and your Scouts have a smooth start to your week at camp.
3:30-4:25 PM **Room:** Classroom 108 **Instructor:** Michael Migliore
Maximum number of participants: 25



US2530 BS78 Hiking MB Prep
Covers: how to select appropriate hikes, jobs on the hike, dealing with rain and snow, hiking safety, hiking etiquette, preparing for the hike, and a sample of specific hikes.
1:30-2:25 PM **Room:** Classroom 104 **Instructor:** John Wesolowski
Maximum number of participants: 25



US2532 BS80 Life to Eagle
Eagle is the pinnacle rank for Scouts, and a significant life achievement. This course provides guidance to help Scouts and their parents thru the Life Scout to Eagle process. Discussions review the key tasks and MB requirements to achieve the Eagle Scout Rank, and discusses Eagle Scout project approach and planning that needs to be done to achieve success..
11-11:55 AM **Room:** Classroom 101 **Instructor:** Rob Areklett
Maximum number of participants: 25



US2533 BS82 Using the Patrol Method
ALL successful Troops make effective use of the Patrol Method. Plus, the Patrol Method makes the Scoutmaster's job so much easier. Learn how to use the Patrol Method in ANY Troop
11-11:55 AM **Room:** Classroom 108 **Instructor:** Joe Ushchak
Maximum number of participants: 25



US2534 BS83 In-person Merit Badge Counselor Position Training
In-Person MB Counselor Training course.
1:30-2:25 PM **Room:** Classroom 101 **Instructor:** Bill Landry
Maximum number of participants: 25

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US2598 BS84 - Mattatuck & J.N. Webster: Summer Camp Preparation for Unit Leaders

This course is designed for unit leaders, new unit leaders, and summer camp coordinators to get familiar with the procedures and best practices of bringing your Troop to summer camp. Topics of discussion will include using BlackPug, the registration process, merit badge selection, medical form processes, swim checks, and other items to help you and your Scouts have a smooth start to your week at camp.

2:30-3:25 PM **Room:** Classroom 107 **Instructor:** Jeromy Nelson

Maximum number of participants: 25



US2535 CA02 DUTCH OVEN COOKING

We will take you down the path that could lead to an addiction to Dutch oven cooking as we discover different techniques to using the most versatile cooking vessel in the Scout's cooking arsenal. Lewis & Clark were on to something when they recognized the importance of bringing their Dutch ovens. Hundreds of years later it has only become easier and more satisfying to prepare some of the most awesome meals and desserts using a Dutch oven. From the beginner to the hardcore seasoned cook, each will walk away with new ideas and tricks to bring back to your Scouts.

11-11:55 AM **Room:** Culinary **Instructor:** Karl Kuegler

Maximum number of participants: 15



US2536 CA07 BACKPACKING ONE POT & BAKING

Don't let the challenges of lightweight camping take away from your culinary experience. One pot meals and baking techniques can provide your Scouts with out-of-the-box ideas for meals on the trail which consider weight, easy cleanup and Leave No Trace principles.

2:30-3:25 PM **Room:** Culinary **Instructor:** Karl Kuegler

Maximum number of participants: 15



US2537 CA24 COOKING AT CAMPOREES & EVENTS WHEN A FAST MEAL IS A MUST

Help your Scouts with ideas for tasty and nourishing meals that can be prepared quickly, and keep clean up in mind. Cooking isn't always the main focus of a campout. Camporees notoriously have compressed meal time slots to prep, cook, serve, eat and clean up. It is also a great opportunity to have your Scouts shine with awesome meals. We will run through meal options from the first morning, lunch, dinner at to the last morning when the thought of packing up may cause Scouts to miss out on one more great meal.

10-10:55 AM **Room:** Culinary **Instructor:** Karl Kuegler

Maximum number of participants: 15



US2538 CA32 COOKING WITH CUBS AND WEBELOS

This class is for leaders seeking ideas of simple and safe cooking activities with younger scouts. Learn about creative ways for the scouts to cook dinners and desserts in many ways from foil to pie irons.

1:30-2:25 PM **Room:** Culinary **Instructor:** Karl Kuegler

Maximum number of participants: 15



US2539 CA54 Edible crafts

Learn about fun crafts for your next Den or Pack meeting that are also edible. Yes, sampling is included in this class.

3:30-4:25 PM **Room:** Cafeteria **Instructor:** JoAnne Root-Ushchak

Maximum number of participants: 20



US2542 CM05 Advance commissioner's forum and discussion.

Discussion on Commissioner goals and methods, new topics on commissioning, new National roles, and District and Council support.

11-11:55 AM **Room:** Classroom 112 **Instructor:** Norm Noel

Maximum number of participants: 20



US2599 CM31 Basic Unit Commissioner Position-Specific Training

Develop an understanding of the concept of Unit Service, recognize the role of the Unit Commissioner, and identify the interrelationships and functions of the District.

9-11:55 AM **Room:** Classroom 112 **Instructor:** Gene Waring

Maximum number of participants: 25




US2543 CS03 CUB AND WEBELOS CAMPING AND OUTDOOR OPPORTUNITIES

Learn what you can and cannot do with Cub Scouts, from easy pre-organized overnights to the exciting adventures found in our summer camps. Scouts want to camp and we are here to help you make that happen! Webelos overnight opportunities for your older Scouts, in preparation for becoming Scouts, will also be discussed.


3:30-4:25 PM **Room:** Classroom 106 **Instructor:** Steve Porcaro

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US2544 CS09 GAMES GALORE

Scouts of all ages love a good game. Come learn some great games to keep all your members happy.
9-9:55 AM **Room:** Classroom 116 **Instructor:** Mark Schneider
Maximum number of participants: 25
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US2545 CS11 Campfire planning

Do you need to start or rebuild a strong campfire program in your pack? Join this session for all the tools to accomplish that goal! Campfires are SO much fun for Cub Scouts.
10-10:55 AM **Room:** Classroom 116 **Instructor:** Chip Goss
Maximum number of participants: 25
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US2546 CS15 SIMPLE KNOTS ARE "KNOT" HARD

Ideas for teaching knot tying to Cub Scouts while learning the five basic knots used by the Wolf, Bear and Webelos.
2:30-3:25 PM **Room:** Classroom 108 **Instructor:** Jim McColgan
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US2547 CS22 DEN AND PACK ADMINISTRATION

This is an overview course that focuses on all aspects for administration of a Cub Scout unit. It includes organization, training, fees, planning, recruiting leaders and succession planning.
9-9:55 AM **Room:** Classroom 109 **Instructor:** Seth Strohecker
Maximum number of participants: 25
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US2548 CS26 THE NEXT LEVEL OF SCOUTING - WEBELOS TO SCOUT TRANSITION

Webelos: the next level of Cub Scouting. Learn techniques for teaching, interaction, and advancement. Covered are resources, activity badge ideas, crossover and beyond. Proper preparation for advancement ensures success in Scouting.
1:30-2:25 PM **Room:** Classroom 112 **Instructor:** Jeff Clark
Maximum number of participants: 25
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US2549 CS36 SKITS AND WALK-ONS

Learn how to choose, prepare and deliver fun skits that build confidence for your scouts. We will discuss strategies and pitfalls, and yes, perform a little theory-to-practice.
1:30-2:25 PM **Room:** Classroom 109 **Instructor:** Chip Goss
Maximum number of participants: 25
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US2550 CS40 HIKING IN CONNECTICUT FOR CUB AND WEBELOS

Learn about challenging and exciting hikes for Cubs and families in Connecticut. Learn how to encourage participation using incentives and rewards. Learn what you can and cannot do with Cub Scouts, from easy pre-organized pack events to family events done independent of the pack. Scouts enjoy hiking and we are here to help you make that happen!
2:30-3:25 PM **Room:** Classroom 109 **Instructor:** GR Nash
Maximum number of participants: 25
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US2551 CS41 THE CUB SCOUT WITHIN YOU

Regardless of your tenure within scouting, each leader is called into the role for a variety of reasons. Within this training, leaders will be offered the opportunity to exploring their path on the scouting journey, to evaluate what would aid in making it more meaningful and enriching the future within scouting. Leaders will be offered ideas on how to stay connected with the part of scouting that is both fun and playful while engaging in the needs of the Packs and Dens that are served. Ideas and suggestions on how to run playful den and Pack meetings will be provided as well a variety of community options for bringing some fun into your activities.
9-9:55 AM **Room:** Classroom 103 **Instructor:** Carolyn Janis
Maximum number of participants: 30
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US2552 CS42 THROUGH THE EYES OF THE CUB

An informational look on how to approach each cub scouting level utilizing a developmental approach for what the cub needs and the leadership style to match those needs. Utilizing play based ideas, leaders will be offered intervention ideas and suggestions on how to meeting the scouting needs within their dens. Structural suggestions around how to run a developmentally appropriate den and pack meeting will only enhance your cub's experiences.
10-10:55 AM **Room:** Classroom 103 **Instructor:** Carolyn Janis
Maximum number of participants: 25
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US2553 CS43 FISHING: THE ANSWER TO CUB RECRUITMENT

Scout Life surveys show that Cubs (boys and girls) love to fish! The presentation explains why and how fishing should become an outdoor activity that Packs can use to both improve their overall outdoor program and aid recruitment of new youth into Cub Scouting. Scouters will learn how to tap the resources and training needed to make the program happen through the Certified Angling Instructors in their Council.

10-10:55 AM **Room:** Classroom 106 **Instructor:** Brian Beck

Maximum number of participants: 25



US2554 CS44 INTRODUCTION TO LEAVE NO TRACE - Cub Scouts

This course is an introduction to the Leave No Trace ethics and skills. It is designed to help youth and adults at the Cub Scout level understand the general principles of Leave No Trace and apply them in their outdoor programs. It is also designed to help give adult volunteers the confidence to assess youth understanding and skills, as required for cub scout objectives.

11-11:55 AM **Room:** Classroom 109 **Instructor:** Michael Dameron



US2555 CS46 Ways to utilize Den Chiefs

A Leader's view of the Den Chief course and oath, as well as ideas for immediate application and troubleshooting.

9-9:55 AM **Room:** Classroom 108 **Instructor:** Jennifer St. Sauveur-Dandurand

Maximum number of participants: 15



US2557 CS49 Neurodivergent learners in Cub Scouts

A collection of research and resources to help support your neurodivergent Scouts with immediate application to Den Meetings.

2:30-3:25 PM **Room:** Classroom 116 **Instructor:** Jennifer St. Sauveur-Dandurand

Maximum number of participants: 25



US2559 CS53 Keeping your Pack strong: Youth Recruitment

Are you a Cubmaster or membership chair struggling with recruitment? Maybe you need a fresh set of ideas? Join this session to learn about effective youth recruitment tools and strategies to keep your pack strong!

11-11:55 AM **Room:** Classroom 116 **Instructor:** Seth Strohecker

Maximum number of participants: 20



US2560 CS55 Cub Scout Hike Planning

Covers the six essentials of hiking with cub scouts, plus local trails appropriate for cub scouts.

2:30-3:25 PM **Room:** Classroom 104 **Instructor:** John Wesolowski

Maximum number of participants: 25



US2561 CS56 Cubs with special needs

Strategies to engage the youth and allow them to do their best!

3:30-4:25 PM **Room:** Classroom 101 **Instructor:** Daniel Marazita

Maximum number of participants: 25



US2562 CS57 Making the Cub Scout program POP!

Learn of some creative pack activities that will be a memorable crowd pleaser.

3:30-4:25 PM **Room:** Classroom 112 **Instructor:** Jeff Clark



US2597 CS58 - Don't Lose your Cub Scouts! - The Summertime Camp Experience

Being active in the summer is easier than you think! Lots of options for summer camp experiences during the day, overnight & at twilight, learn how to earn an award and make it fun and take advantage of Council run programs in Connecticut.

11-11:55 AM **Room:** Classroom 202 **Instructor:** Daniel Albert

Maximum number of participants: 25



US2563 GS01 PROGRAM PLANNING AND FUNDING

Discuss the essentials for effective planning and learn how the experts plan for success. Use these essentials to create successful unit programs and special events and get some new ideas on how to earn the money to do the things you plan.

10-10:55 AM **Room:** Classroom 110 **Instructor:** Dave Schulz

Maximum number of participants: 8

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US2564 GS04 MISUNDERSTOOD YOUTH

Learn about what to do when a scout presents with behaviors that are hard to understand. Every pack or troop has youth who present challenges to their leaders. Discussion will cover ways to understand and work successfully with these young people.

11-11:55 AM **Room:** Classroom 103 **Instructor:** Carolyn Janis
Maximum number of participants: 25



US2565 GS05 EFFECTIVE CEREMONIES

Ceremonies are an important part of the Scouting experience. Learn tips on conducting effective ceremonies when you have time to plan for them, and when you don't.

11-11:55 AM **Room:** Classroom 110 **Instructor:** Alistair Whetham
Maximum number of participants: 25



US2566 GS10 HIKING IN CONNECTICUT

Hiking remains a fundamental Scouts BSA activity. Learn about preparing yourself and your equipment for a hike, and about the many opportunities for exploring the hiking trails and opportunities in the state of Connecticut.

2:30-3:25 PM **Room:** Classroom 112 **Instructor:** Jeff Clark



US2568 GS12 Committee Chairs: How to organize your committee

This class will cover how to split up all the responsibilities of the unit committee into small, understandable pieces so that many adult volunteers can split up the workload and make it more manageable.

9-9:55 AM **Room:** Classroom 202 **Instructor:** Jacob Cedusky
Maximum number of participants: 25



US2569 GS13 Unit Fundraisers

Teach your Scouts to interact effectively with the public and provide funding to fulfill the needs of the unit and/or the Scout.

11-11:55 AM **Room:** Classroom 203 **Instructor:** Jim Patterson
Maximum number of participants: 25



US2571 GS23 Adult Leader Recruitment

Adult leaders are the lifeblood of the unit. We will cover the most effective strategies, approaches, and techniques to recruiting adult leaders.

10-10:55 AM **Room:** Classroom 202 **Instructor:** Jacob Cedusky
Maximum number of participants: 25



US2572 GS31 Telling your Scouting Story

Every Scout, Scouter and family has a story- from memorable activities to why they're in Scouting to long legacies in the program and more. Learn how you can leverage YOUR story to grow your unit, engage alumni, promote your activities and activate families with this interactive training sessions.

3:30-4:25 PM **Room:** Classroom 110 **Instructor:** Robin Heath
Maximum number of participants: 30



US2573 GS32 Religious emblems

Come learn how to encourage our youth members to grow stronger in their faith.

2:30-3:25 PM **Room:** Classroom 202 **Instructor:** Ken Lee
Maximum number of participants: 30



US2575 GS51 Scout Book

Tracking the Scouting Experience from Tiger to Eagle. From the first knot tied to final hours of service performed, Scouting is a journey like no other. Scout Book ensures not a moment is missed. Discussion about using Scoutbook

1:30-2:25 PM **Room:** Classroom 110 **Instructor:** Adam Gerstein
Maximum number of participants: 30



US2576 GS52 Orienteering and Navigation

Covers the basics of determining direction, finding your position on a map, and using a map to navigate a trail.

3:30-4:25 PM **Room:** Classroom 104 **Instructor:** John Wesolowski
Maximum number of participants: 30





US2577 GS61 Motivating Scouters to become trained


9-9:55 AM **Room:** Classroom 203 **Instructor:** Donna Wesolowski
Maximum number of participants: 30


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US2578 GS63 Communication Skills; Public Speaking Made Easy (or at least not frightening)
Communication Skills: In this session we'll talk about the little things you can do to take your comfort (or lack thereof) of public speaking to the next level.
9-9:55 AM **Room:** Classroom 110 **Instructor:** William Esler
Maximum number of participants: 25
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US2579 GS65 Communications - Tools and Resources
Did you know there are tools, resources and support available to you from the Connecticut Yankee Council and the Boy Scouts of America? Be prepared for recruiting, engagement and more with good communication tools.
11-11:55 AM **Room:** Classroom 106 **Instructor:** Chip Goss
Maximum number of participants: 30
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US2580 GS66 BSA Fishing Basics
A one hour course that will teach any adult or youth all that they need to know to start fishing successfully.
9-9:55 AM **Room:** Classroom 106 **Instructor:** Brian Beck
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US2581 GS74 COUNSELING SKILLS
Counseling is an effective method for experienced leaders to assist unit leaders to develop their potential. Counseling is the art of helping others arrive at the right answer by their own analysis of the situation and the facts. As a Scouter, you should develop your counseling skills.
10-10:55 AM **Room:** Classroom 203 **Instructor:** Gary Burke
Maximum number of participants: 30
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US2582 GS76 HOW TO GROW YOUR UNIT
In this session, you'll learn how to grow your unit, with the help of CT Rivers Council Program Growth Specialist, Ricki Ann Levesque. During this time, we will discuss best practices on how to plan and execute a productive joining night and learn about resources available from your council staff.
1:30-2:25 PM **Room:** Classroom 203 **Instructor:** Ricki Ann Levesque
Maximum number of participants: 30
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US2583 GS78 UNIFORMS -WHY, HOW, AND WHEN TO WEAR THEM
Learn the basics of the Scout uniform: why is there a uniform, when and how do you wear it, and when do you not wear it? What is a "Class B" uniform? Discussion will include insignia, patches, the badge sash, and ways units may personalize the uniform, as well as ideas to make uniforming more affordable.
2:30-3:25 PM **Room:** Classroom 110 **Instructor:** Bill Landry
Maximum number of participants: 25
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US2584 HS14 INTRODUCTION TO HIKING and WILDERNESS FIRST AID
Learn how to identify and treat emergency medical conditions that may be encountered while hiking in order to preserve life, prevent further injury, and promote recovery. Introduction to and summary of the material covered in the 16-Hour Red Cross Wilderness First Aid/CPR/AED Course.
1:30-2:25 PM **Room:** Classroom 201 **Instructor:** Don Corne
Maximum number of participants: 30
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US2585 HS16 COPING WITH ADHD IN YOUR SCOUTING UNIT
Attention Deficit/Hyperactivity Disorder is something that can be encountered in any Den or Troop. It is important to understand the strengths and challenges present to develop strategies to help manage the needs of these Scouts. This is a review of the diagnostic criteria with some guidelines for management and support.
2:30-3:25 PM **Room:** Classroom 103 **Instructor:** Julie Nash
Maximum number of participants: 30
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US2586 HS17 COPING WITH FOOD ALLERGIES IN YOUR SCOUTING UNIT
There is a great range of dietary restrictions that we encounter in a Scout Troop, from sensitivities to certain foods, all the way to full allergic reactions. This session is an introduction to the managing the different types of allergic responses and how to create a safe environment for our Scouts.
10-10:55 AM **Room:** Classroom 111 **Instructor:** Sandy Payne
Maximum number of participants: 30
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US2588 HS24 Stop the Bleed (Two Periods)
Two Period Class. Stop the Bleed continues to empower the general public to make a difference in a life-threatening emergency by teaching the basic techniques of bleeding control.
1:30-3:25 PM **Room:** Classroom 204 **Instructor:** Stan Chartoff
Maximum number of participants: 30
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US2589 HS28 IMPORTANCE OF NATURE IN CHILDREN'S DEVELOPMENT AND SCOUTING

There is a growing body of research evidence showing support for the theory that children who have opportunities to connect with nature have a reduced level of stress, increased focus, improved self-discipline, and decreased behavioral problems. Learn about the research and benefits of incorporating more nature in the Scouting program and be introduced to play therapy.

3:30-4:25 PM **Room:** Classroom 103 **Instructor:** Julie Nash

Maximum number of participants: 30



US2590 HS29 Wild World: When your anxious world feels wildly out of control

Anxiety is a natural human response when we feel that we are under threat. It can be experienced through our thoughts, feelings and physical sensations. Learn how to recognize and manage anxiety and worry during den/pack meetings as well as the entire scouting journey.

1:30-2:25 PM **Room:** Classroom 103 **Instructor:** Carolyn Janis

Maximum number of participants: 30



US2591 HS30 BSA's Approach to Safety

An overview of BSA's philosophy towards safety. Walkthrough of online resources. Highlight important topics such as Youth Protection within the unit, overview of the Guide to Safe Scouting and The Sweet 16, the Annual Health and Medical Records, the SAFE Checklists. This discussion will include an overview of the Annual Health and Medical Record, what it includes and allows you as a leader to do in case of an emergency, including FAQs on AHMRs. Who knows? Your Summer Camp Check-in may improve!

9-9:55 AM **Room:** Classroom 107 **Instructor:** Todd Gianetti

Maximum number of participants: 25



US2592 HS31 Frequently Asked Questions related to Youth Protection

So, you took the training, now what? What happens if.... A review of the basic elements of the BSA Youth Protection Program, what you need to do within your unit, and the frequently asked questions captured by BSA.

10-10:55 AM **Room:** Classroom 107 **Instructor:** R David Lee

Maximum number of participants: 30



US2593 HS32 Whew! That was close! - Incident Reporting

What is it, why is it important for a unit leader to know about it, how does it get done and who does it? On the proactive side the discussion will also include how do you determine if it is "BSA Safe." An evaluation process used to systematically identify, assess, and resolve hazards associated with program activities that support the vision, mission, and goals of the Boy Scouts of America.

11-11:55 AM **Room:** Classroom 107 **Instructor:** R David Lee

Maximum number of participants: 30



US2594 HS33 Scouting Safely or Safely Scouting, The Ins and Outs of the Guide to Safe Scouting

An in-depth review of the Guide to Safe Scouting, the Sweet 16, age-appropriate activities and tool usage, and FAQs related to the GSS. Includes a walkthrough of the SAFE Checklists and Safety Moments and how units can use them as part of their annual planning and unit related activities.

1:30-2:25 PM **Room:** Classroom 107 **Instructor:** R David Lee

Maximum number of participants: 30



US2595 HS43 Troop Leaders and Scouts with Learning Challenges

Troop Leaders and Scouts with Learning Challenges

9-9:55 AM **Room:** Classroom 111 **Instructor:** Sabina Harris

Maximum number of participants: 30



US2596 HS54 Introduction to First Aid for Leaders (Two Period)

Introduction to First Aid for Leaders (Two Period)

9-10:55 AM **Room:** Classroom 204 **Instructor:** Dani Simson

Maximum number of participants: 30



US2587 SNS20 DISABILITY AWARENESS

This course is a must for leaders of all levels of Scouting. Leaders will be provided with an overview of different disabilities from the visible to the invisible ones. The goal of the Scouting Program is to allow every Scout to participate to the best of their ability and this course will give you insight to assist in this. Strengths based approach will allow your Scouts to engage in outdoor activities and skill development while developing a sense of belonging in an organization that cares about them and wants them to succeed.

11-11:55 AM **Room:** Classroom 111 **Instructor:** Sandy Payne

Maximum number of participants: 30