KLONDIKE DERBY: PAUL BUNYAN REVIVAL



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Klondike Derby Leaders Guide Run Down:

- Where the event is being held this year
- When is it going to be held and other time frames
- What event and actives to prepare for
- General layout
- How to sign up
- What to bring
- <u>History</u>
- Safety
- Sled Information
- Contacts
- Hypothermia

February 15, 2025

Hynds Lodge @ Curt Gowdy State Park



WELCOME

Please carefully read through this Guide to be prepared, and knowledgeable about the event. This guide should answer any questions you may have, if you have any questions afterwards please feel free to contact us.

We also ask that you try cover as much of the Derby with your scouts and adult leaders <u>before the event</u> (I.e., basic scouting skills, shelter building, fire building, map and compass, proper items to pack for camp out including a separate day pack with essentials).

Theme

The OA Chy-kola chapter, Adventure West Council and, Frontier District are excited to host the 2025 Klondike Derby. We are excited this year to bring you an event like no other and help your scouts towards their Paul Bunyan. The theme, as you could have guessed from the title is, **PAUL BUNYAN REVIVAL**.

The plan is to get scouts out in the cold and enjoy the wonders of the outdoors for a while. All while touching up on their skills and having the ability to learn new ones. We hope you bring as many scouts as your car's suspension can handle because the more the marrier.

HISTORY

A little history about Klondike. Back in the 1960's the Klondike Derby had Scout patrols acting as huskies who pulled specially designed homemade sleds around a course marked by stations named after towns or cities. Each of these "towns", Scouts had to use their knowledge to solve problems and complete tasks. Scouts earned spendable "gold nuggets" from each "town". These ideas came from the gold prospectors of old that traveled Alaska by means of dog sleds. They camped out in all kinds of winter weather and needed survival skills which they learned from the native Eskimos.

Cost & Included

\$20 per Scout and adult & includes insurance, patch.

Not Included

Troop meals and camping equipment.

NO REFUNDS AFTER February 8th

UNLESS camp is canceled. If you turn in registration and need to change it do so BEFORE February 8th because the number you put down will be the number we are expecting and we must purchase supplies. If you have any questions please feel free to ask.

GENERAL LAYOUT

The layout is going to similar from previous klondikes; there will be stations with a challenge at each, which will test the knowledge of the scouts. The maximum amount of people per sled team will be eight. The idea this year is to really push the ideas of preparedness, teamwork and resilience. We want to push these ideas to better prepare, our scouts of today and leaders of tomorrow. To really aid to these ideas we are asking for no adult assistance. Remember this camp is for the scouts not the adults. To provide incentive not to help, points will be deducted for adult involvement and assistance with Scouts while completing various events. The only involvement of an adult is if a health or safety situation arises. Webelos Den Leaders (and other Parents) are considered part of the Den and may assist their Webelos Scouts without penalty. However, Leaders are encouraged to let the Webelos to perform as much of the event as they are capable. Sticking to the ideas mentioned earlier and leaving the hint of the theme of this year, much of the information about the events this year will not be disclosed until the day of. This should encourage everyone to bring their A game and be ready for change. We are try giving no one an advantage or insight.

Each station will be judged and awarded points based on a pre-determined system (participation, outcome, ingenuity and teamwork). There will be points awarded independently from the stations and there will be bonus points handed out by the judges and other staff. Points can be lost for poor scout spirit and adult help.

The two events we are disclosing is the sled race and *meal made over an open fire*. Which is going to be a contest of which sled crew can make the best meal. The only restrictions will be no continuous fire producing device(s) being used to cook the meal (ex. Propane stove, backpacking stove, flamethrower, Jet Pack, Car exhaust, electric stove, flashlight). We would like the meals to be made with open fires or charcoal, you can use whatever tools you wish to start your fire just not sustain them. If there is an open fire restriction, please be prepared and have a backup plan. There will be about two hours to cook and prepare afterwards the meals will be judged in an anonymous fashion and decided on a winner. The recommendation is to cook extra so there is food to judge with. Parents will be allowed to participate in this event to make sure food safety is being adhered to and to step in IF the food will become inedible. Allow the scouts to do as much as the cooking as possible. Try coaching from the side before stepping in.

SLED

There are many different plans for different sleds online. Find one that your Patrol likes. Patrols are encouraged to paint and decorate it however they see fit. (Hint: you can use this sled for the future so decorate accordingly.)

Specifications for a sled: Length 4-7ft; Width 18-24in; Height 36-48

NO WHEELS (but in case we have no snow to run sleds have a quick modification available where you can add wheels to be able to use your sled because no matter what there will be a race snow or no snow)

No prefabricated sleds or metal runners

Weather

Winter weather will be a challenge and concern for Scouts during the Klondike. As seen from past Klondike Derby's, temperatures can range from -10 to +55 degrees, with wind chills as low as -35 F⁰ degrees. The weather can include snow, rain, sleet, or sunshine, sometimes all in the same day. **Scouts (and Scouters) must be appropriately dressed for the weather, so that we do not have to pull them for safety reasons.** This means long underwear, hats and gloves, wool or synthetic socks, boots (NOT sneakers), and layers of outerwear. Rain gear (raincoat, poncho, etc.) must be carried or be available for each Scout on the sled or in day packs. Scouts are encouraged to take time in between stations to change from any wet clothes.

Scout Sprit

Two years ago OA (Order of the Arrow) decided to start doing a costume contest and many liked it so we are sticking with it. This will consist of sled decorations and Scout made costumes that go with the theme of Klondike. (within the rules of cold weather clothing). This will be a small bonus category at Klondike.

KLONDIKE: Sled Equipment List

Other than your personal gear or any other items that you want to carry on your Patrol's sled, the following items are mandatory and must be on your sled (or person) during the initial Sled Inspection at the start, throughout, and at the finish of the Klondike Derby:

Each sled group MUST carry the following on the sled or in essentials packs.

- Patrol Flag
- 10-20 lengths of paracord or rope, each 5-10' long
- Two 50' lengths of paracord
- Two stave's sturdy enough to fashion a stretcher using your tarp.
- Each scout must bring a mug / cup (included in a mess kit)
- One tarp, 8' x 6' or larger
- Rain gear per Scout (raincoat, poncho, etc.) Part of essentials pack
- Fire starting materials per Scout Part of essentials pack
- Compass per Scout (part of essentials pack)
- Personal first aid kit per Scout (Boy scouts need complete kit and should be part of essentials pack.)
- Scout Handbook.
- One Totin' chit
- One Fireman's Chit
- Water ~3 gallons per
- Proper footwear and clothing per Scout (extra in case of needing to be changed and maybe part of essentials packs)
- Blanket
- Pocketknife per Scout. IF scout has Totin' chit (part of essentials pack)
- Flashlight or headlamp per Scout (part of essentials pack)
- Garbage bag for trash and discarded items during the competition per group
- Water Bottle (per Scout)
- Writing utensils and paper (should be part of essentials)
- A completed Annual Health and Medical Record, Parts A and B, and activity consent form for every attendee

Other Information

- All Units must pre-register to receive a 2025 Klondike Derby Patch and reserve your spot.
- All Patrols and Dens should arrive at least 30 minutes before the start time on Saturday Morning. Only the Senior Patrol Leader or Den Leader will check-in at the lodge. At the check-in, each sled team will be given a set of instructions, and starting location.
- Units should register ASAP. For Scouts and Webelos registering AND paying prior to February 8, 2025, the fee will be \$20 per scout or adult.
- All trash must be packed out, including trash generated on the trail. Each Patrol or Den must bring at least one heavy-duty garbage bag and <u>use it</u>.
- There will be a variety of different awards that will be given out and Scouts and Webelos will have separate awards and will not directly compete against each other (per Scouting regulations). Our plan is to present all awards at the conclusion of the day's events.
- No alcohol or Illegal drugs permitted at a BSA event. No exceptions.
- The First aid station will be at Lodge. **Report ALL injuries to Lodge.**
- In the event of severe weather on Friday, requiring postponement or cancellation of the Klondike, Unit Leaders will be contacted by e-mail.
- If necessary, a Go/No-Go notice will be sent via e-mail by 12:00 PM on Friday. This will only happen if we have your registrations or know you are coming and have an email address to contact you at. If you want a text or call, we need to know. Please be sure that all the individuals listed in the back of this guide have your contact information.
- Proper Footwear and Clothing: Scouts who are not appropriately dressed for the weather will not be permitted to participate. This will be enforced as it is a health and safety issue that adults will step in and enforce. That means warm boots, long pants, heavy jacket, gloves, hat, and rain gear. Troop Leaders are responsible to police their patrols, before they are sent out to participate with the Klondike. We suggest communicating to parents early to make sure the scouts are properly prepared. Most important, please make sure that all scouts have two pairs of gloves in the event of snow.
- Leave-No-Trace: All trash must be carried out by each unit.
- A completed Annual Health and Medical Record, Parts A and B, and activity consent form for every attendee.

SCHEDULE

The Klondike will open Saturday at 0800 (8am), following an opening flag ceremony at 0830 (8:30am) and safety brief. The Sled Teams will start the Klondike Derby events by 0900 (9am). Each Team will be given a specific station to start at. During check-in the SPL (Senior Patrol leader or leader) should report what they will be making for the *meal made over an open fire*. Teams will be able to start with lunch at 1100 (11am) and have it ready by 1230-1300 (12:30 to 1pm) to be judged. Units can plan on events and awards to be finishing up approximately 1730 (5:30pm).

Check-In

Check in will be completed by the Leader of each sled team and adult if Webelos. Each SPL or Webelos Den Leader will be responsible for presenting instructions to their group on preventing hypothermia. It is also recommended that a leader assign an "Observer" within their group to keep track of everyone's health, and make sure each scout is prepared for the weather and is able to continue participating throughout the Klondike. Maximum number of eight Scouts per sled, if you need another sled please plan accordingly. Klondike will be held snow, rain, shine and only a state of emergency or road closure will postpone the event.

Sign Up

Event registration is online at https://www.scoutingevent.com/062-FrKlondike2025.

Registrations cannot be canceled or refunded after February 8th, 2025.

Online Registration

CONTACT INFO

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(307) 256-1129

Prefers Text

Joshua Malcom

307-757 6502

chykolamembership@gmail.com

Responds fastest to phone calls

Contact only after trying top two

Dylan Blacketer

610-379-6110

dylan.carl@icloud.com

Safety: Hypothermia

One of the greatest dangers that Scouts, and Scouters will face is hypothermia, due to the combination of low temperatures, high exertion, and moderate food and liquid intake.

Scouts (and Scouters) must be appropriately dressed for the weather, or they will not be allowed to participate. That means long underwear, caps and gloves, wool or synthetic socks, boots (NOT sneakers), and layers of outerwear.

Rain gear should be available for each Scout on the sled (in daypacks).

Laws of Layering

First rule of fabrics

A layering system is key. But effective layering isn't just a matter of piling one item of clothing over another. What you put on where is important, too.

The new fabrics—as well as new and improved old favorites—give you dozens of choices. Take time to experiment: Everyone's body retains heat and produces sweat a little differently. It may take some fine-tuning to come up with the perfect system.

Under layers

Your base layer is the starting point for moisture and temperature management.

These garments come in several different weights, ranging from lightweight to expedition-weight. Don't overdo it: Even if you plan to hike in subfreezing temperatures, expedition-weight under layers will make you overheat, unless you're headed for places with names like Denali or Everest.

Polypropylene is a common base layer fabric because it wicks sweat away from your body and helps keep you warm. It's inexpensive but has two major drawbacks: It retains body odor in a big way, and it can't be washed in hot water or put in a clothes dryer because it will melt.

Polartec, a versatile fabric used in everything from base layers to insulation and weather protection, is a big step up: It doesn't retain as many odors, and it often has a brushed, comfortable inner surface. Many manufacturers also offer proprietary blends. All have good moisture transfer properties and don't retain odors.

For those who love wool, SmartWool is both a base layer and a shirt for aerobic activities. Unlike synthetics, SmartWool fibers capture perspiration in the vapor state, which minimizes odors. The wool itself is soft New Zealand merino wool that is virtually itch-less. And it can be safely put in clothes dryers (unlike older wool clothing).

Another entry into the base layer field is the concept of a base layer that sandwiches three layers into one: a durable outer layer, a wind blocking mid-layer, and an inner wicking layer.

Insulating layers

When it comes to insulation, most hikers have at least one synthetic pile or fleece article of clothing.

Fleece pullovers, vests, zip-up jackets, and pants are available in a variety of weights, measured usually between 100 and 300. The higher the number, the heavier—and warmer—the jacket.

The lightest is 100-weight, useful in pullovers and middle layers as vests, or as an outer layer in warm temperatures.

A good all-around choice is 200-weight fleece, because it can be used as

either a heavier pullover or a jacket. A 300-weight fleece jacket is so warm that you would use it more often in camp or during rest breaks than while working up a sweat on the trail.

Microfleece jackets have a tighter weave and block wind better, and pile has a rougher texture and tends to be warmer and bulkier.

Some manufacturers have added other features to their fabrics, like stretchy, form-fitting microfiber or water- repellent treatments. For example, a new 300-weight fleece that features a durable, water-repellent finish, making it useful as an outer layer in light rain conditions. Two- way pit zippers allow excess heat to escape.

And don't forget about your legs: While most hikers don't hike in fleece during the day, fleece pants can be cozy on cold evenings. You'll also use fleece for hats, mittens—and even socks for camp wear.

Insulating fills

Another way to stay warm is with a jacket filled with down or some other insulating fill. Following the layering principle, you don't want one of those heavy-duty jackets that could practically double as a sleeping bag. Instead, have a lightweight jacket that can be part of a layering system.

While down is highly compressible and extremely warm, it does not insulate when wet. Down works better in snow, which can be brushed off. If you're unsure of whether to expect rain or snow, you might opt for synthetic fill instead.

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KLONDIKE DERBY REGISTRATION

Please fill this out and bring it with you to check-in.

Unit # Pack Troop Contact Name _____Phone number ____ E-mail _____ Please attach copy of Unit checklist. # Patches Total ____ Unit Leader _____ Assistant Leader _____ Assistant Leader _____ Assistant Leader Assistant Leader _____ Assistant Leader _____ Youth Leadership (SPL) Patrol/Team/Crew Name _____ Assistant Patrol Leader _____ Attach additional copies, if necessary, **KLONDIKE STAFF USE** Copies of BSA Health forms Y___N___ Copies of BSA Activity Consent Form Y___N___ Unit Leaders will maintain these in their possession after Medical Personnel inspects them.