

YHAO Backpacking Checklist

- Clothing
 - Hiking attire (Long pants, long sleeve shirt)
 - Socks (wool only, 2 pair minimum)
 - Sleepwear (gym shorts, t-shirt)
 - Rain gear (jacket at minimum, pants if you want them)
 - Camp/water shoes (you need shoes to cross rivers)
 - Boots (waterproof and ankle high)
 - Hat / Sunglasses
 - One spare set of clothes (You really don't need this but you can bring it)

- Camping Gear
 - Ground pad (Bring a patch kit if using an inflatable)
 - Sleeping Bag (20-30 degrees will be sufficient)
 - Sleeping Bag Liner (typically adds around 10 degrees if you sleep cold)
 - Flashlight (Headlamps are most convenient)
 - Trekkin' Poles
 - Tent
 - Compass
 - Backpack (~50L capacity for Yellowstone, ~60L capacity for Absaroka)

- Smellables
 - Spork
 - Cup
 - Bowl
 - Water bottles (hard sided or bladder style)
 - Hygiene products (toothbrush, etc)
 - Bug repellent (**NO DEET**)
 - Sun repellent
 - First Aid Kit (small)