

2024 Leader's Guide

Camp Buffalo Bill, 870 North Fork Highway, Cody WY, 82414
Adventure West Council, BSA
2215 23rd Avenue, Greeley CO 80634
307-234-7329 970-330-6305
Adventurewestscouts.org











1/8/2024

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Welcome to Yellowstone High Adventure Outpost!

The Adventure West Council would like to welcome you to Yellowstone High Adventure Outpost, located at Camp Buffalo Bill. We are busy preparing the camp for your arrival. This guide is designed to help you prepare also. In it you will find the information you need to plan an outstanding summer experience.

Camp Buffalo Bill is located 43 miles west of Cody, Wyoming on US Highway 14/16/20, just eight miles east of Yellowstone National Park, along the banks of the Shoshone River. This was the playground for William F. "Buffalo Bill" Cody and now it's ours to share with you.

For over seventy years we have offered Scouters a unique camping experience. Our placement in the Absaroka Mountain range surrounds us with beauty, and presents campers with the opportunity to truly engage in the outdoor lifestyle. The location of our camp also claims the privilege of being one of the few places in the lower 48 left without cellular service. Camp Buffalo Bill allows you to truly silence your phone.

The Yellowstone High Adventure Outpost (YHAO) is a BSA high adventure base, founded in 2008, operating both base camp and outpost programs. YHAO runs week-long backpacking, climbing, kayaking, and whitewater programs, as well as hybrid programs such as our popular "Rock 'n' River" program. YHAO offers programs both inside and outside of Yellowstone National Park; either way, you're in for an exciting adventure in one of the most beautiful and ecologically unique areas in the country.

Adventure West Council — Casper Office: 3939 Casper Mtn. Road, Casper, WY 82601 Council Info: Adventurewestscouts.org (307) 234--7329 www.campbuffalobill.com

Camping department email: camping@adventurewestscouts.org

Jeanene Gage, Camping Admin. Asst. 970-584-2202 <u>jeanene.gage@scouting.org</u>
Billy Riley, Director of Support Services 970-584-2218 <u>billy.riley@scouting.org</u>

_____, CBB Camp Director

Ian Squires, YHAO Director 970-584-2219 ian.squires@scouting.org

Main Camp Office Number During Camp Season 307-587-5885

Have you started your reservation?

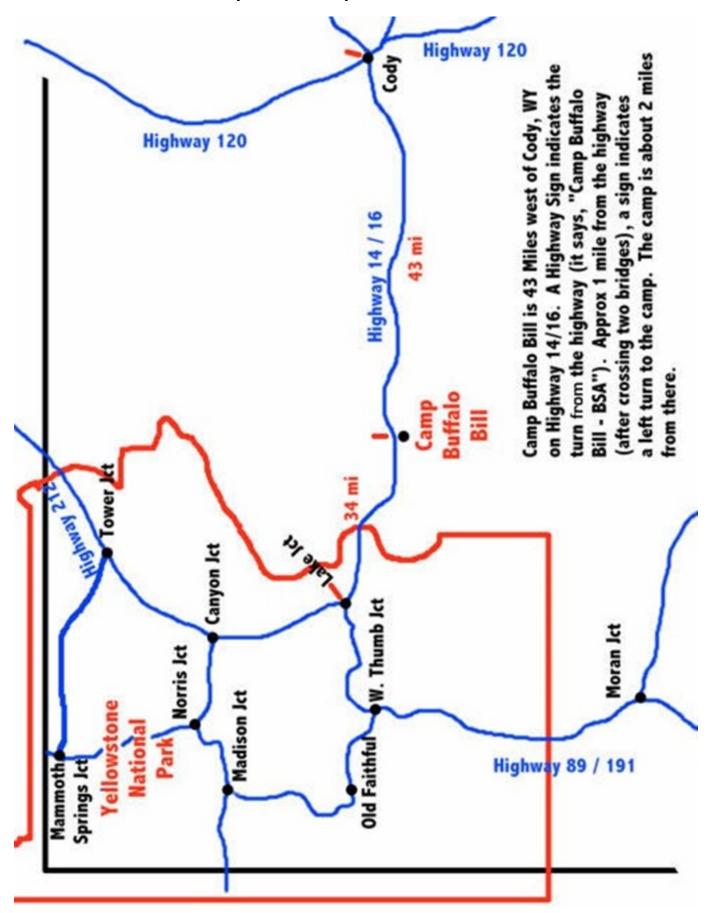
Please note the 10-digit number located on the upper right of the registration screen in Black Pug. Use this number to get back to the reservation even if you don't complete everything the first time you started to register.

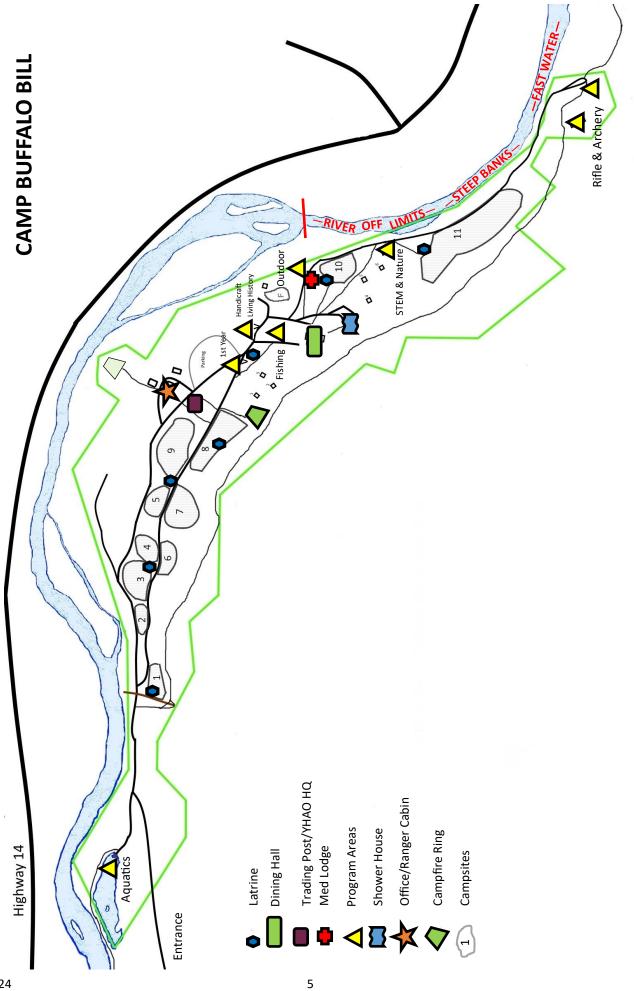
This number and your email will take you back to the reservation that you have already created. If you "start over" without using this number you will begin a new registration.

To return to your reservation: click on the <u>AWC Camp>Scouts BSA Camps tab</u>, click "Lookup Registration" located in the upper right of the event page, and enter the registration and email information to return to your reservation.

Started a reservation but didn't get your number? Email camping@adventurewestscouts.org with your unit number and the name of the contact that started the reservation. We will be happy to provide your reservation number to you.

Map to Camp Buffalo Bill





1/8/2024

2024 Session Dates

2024	Yellowstone High Adventure Outpost	Camp Buffalo Bill
Week 1	June 2 - 8	Closed
Week 2	June 9 - 15	June 9 - 15
Week 3	June 16 - 22	June 16 - 22
Week 4	June 23 - 29	June 23 - 29
Week 5	June 30 - July 6	Closed
Week 6	July 7 - 13	July 7 - 13
Week 7	July 14 - 20	July 14 - 20
Week 8	July 21 - 27	July 21 - 27

Camp Fees

2024 Rates	Early Bird	Regular Price	Late Price
	Deposit by	Paid in full by	Applied as of 4/16/24
	12/1/23	4/15/24	If fees are not paid in full
Yellowstone High Adventure Outpost	\$535	\$545	\$570

YHAO fees include \$50 capital assessment that goes directly to camp improvements. All youth under 18 participating in programs pay YHAO fees.

Early Bird Discount: \$10 off per scout when \$50 deposit per person is made by December 1st.

In-Council Incentives: For Adventure West Council units: a 15% discount on registration fees for those units that meet their 2023 incentive program goals and Leadership goal by April 1st. Does not include \$50 capital assessment.

Camperships: Available to Scouts registered in Adventure West Council units. Any eligible Scout may apply after their name is added to the camp roster and by downloading the Campership Request Form in Black Pug. The form must be returned to the Adventure West Council office in Greeley no later than April 1st to receive consideration. Camperships are generally 1/3 of the



General Camp Information

Phone Service Camp Emergency phone number (307) 587-5885

Office phone and internet are for business and emergency use only. There is no mobile phone coverage at CBB. Please plan accordingly. Wifi available for leaders at the ranger cabin.

Camp Mail Address

Campers can send and receive mail daily during their stay at CBB. Incoming mail will be available at the trading post. <u>Mail should be sent a few days earlier than the intended delivery date.</u> Mail received after a unit has checked out will be returned to the sender. Outgoing mail can be dropped off at the Trading post or Camp office in the mail drop box. Plan an extra week for package deliveries.

Scout Name - Unit Number Camp Buffalo Bill 870 North Fork Highway Cody, WY 82414

Trading Post

CBB has a well-stocked trading post. Hours of operation are posted each session. Cash, check and credit cards are accepted forms of payment. Any food purchased in the Trading Post **MUST** be eaten at the Trading Post. It is suggested that the Scouts bring an additional \$100 for Trading Post purchases.



Wildlife

Your stay at Camp Buffalo Bill will provide you with a great opportunity to see Wyoming wildlife. Enjoy the opportunity, but be aware of important safety precautions. This wildlife should be considered dangerous, so keep your distance:

Bears. The Greater Yellowstone Ecosystem is home to the largest grizzly bear population in the lower 48 states. Bears can smell food, deodorant, toothpaste, shampoo, soap, or soda, just to name a few items. We call these things "smell-able" and we must remain strict about the use of these items as well as their storage. We provide bear boxes in each campsite where hygiene smell-ables can be safely stored or they can be stored in vehicles in the parking lot. Food and beverages are never allowed in the campsites. The Forest Service can inspect the camp. If they find violations of the bear rules, they have the authority to issue a ticket to the offending camper. Should a bear find a food reward in your campsite, we will be unable to get rid of the bear and will have to close that site for the rest of the season. It is a crime to knowingly approach a bear closer than 100 yards. The Forest Service will issue the offender a \$5000 fine and we will send them home at their unit's expense. Bears will be aggressive if you enter their space.

Moose. We often see moose in and around camp. If you see a moose, consider yourself lucky and stay out of its area. These creatures are strong and faster than they may appear. Just like bears, they will become aggressive if you come between them and their young or if they feel you have intruded on their space.

Bison. American Bison occasionally wander through camp. They are very unpredictable and may grow extremely agitated and defensive if you encroach upon their space. They are capable of charging at high speeds. Stay clear.



Climate

The weather at CBB is characterized by significant shifts in temperature. The base camp sits at an elevation of 6,400 feet, which means mornings can be chilly, sometimes even dipping to 30-35° F. June campers should especially make preparations for cooler weather. Likewise, afternoons in July and August may get as high as 90 degrees. Afternoon thunderstorms are possible. The air is very dry and many people experience dry skin and chapped lips. A Nalgene or water bottle is essential. Campers should be sure to stay hydrated and wear plenty of sunscreen! Check the forecast before you come so you are prepared! We have had snow at camp in June.

Smoking and the Use of Other Adult Products

Per Scouting practice and policy, smoking and/or vaping is never permitted in the sightline of Scouts. Smoking is only allowed in a designated area. Please ask the camp director for the location. During fire bans smoking is restricted to the interior of automobiles. The use of marijuana is illegal in Wyoming and is strictly forbidden on CBB property. Consumption of alcohol is forbidden at all times on camp property. Anyone believed to be under the influence of adult products will be asked to leave the premises.

Pets

Pets are not permitted on camp, including those brought by visitors. Service animals are permitted and must remain with the individual to whom they are registered. It is up to the individual to ask for and receive permission from the camp director to bring a service animal. Each request will be determined on an individual basis. Please make any such requests no later than 2 weeks before your arrival.

Swim Certifications

Swim certifications must be completed before coming to camp. The water can be very cold in our lake so be prepared. Swimming certification is required for all aquatic YHAO programs. We align with the swimming attire policy from Seabase which is as follows:

Swimsuits must be modest. For males, tight fitting swim briefs or swim bottoms short enough to allow exposure are not allowed. For females, bikinis are not allowed. Modest tankinis or one-piece swimsuits are appropriate. Any Scout in inappropriate swimwear may not be able to participate as determined by the Aquatics Director or YHAO staff.

Facilities & Services

We strive to provide an exceptional outdoor experience to every youth and adult who come to Camp Buffalo Bill. We exist to facilitate the Scouting program each Unit already supplies their youth. As a staff, we hope to be able to provide the following facilities and services in order to allow you to focus on having the best Scouting week of your life!

Lost and Found

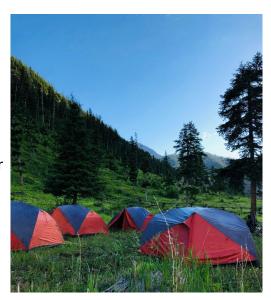
Lost items should be reported at the trading post and a lost item form filled out <u>legibly</u>. This form is available on the downloads page of the camp website. Found items are taken to the Camp Trading Post, sorted by date found, and cataloged. Units should check the lost and found before departing camp. All items not claimed by Dec 31st will be donated to a local charity. Please encourage your Scouts to mark their belongings (**especially their uniform and handbook**) with their name **and** unit number.

Laundry Facilities

There are laundry facilities available for campers at Camp Buffalo Bill in the case of an emergency only.

Family Camping Area

Given our proximity to Yellowstone Park, we are able to host a small number of Scout family campers each week. To accommodate them, we have a small family camping area. All rules applicable to the unit campsites are applicable to the family camp, including no food and no pets. Families must use the shower facilities according to the posted shower schedule. Families cannot camp with their unit. Family campers should register as part of their unit and do not participate in YHAO programs.



Policies & Regulations

Camp Standards

We expect leaders and Scouts to reflect the highest of Scouting standards and to:

- Behave in a Scout-like manner
- Wear the BSA uniform
- Be courteous to other Participants
- Live the Scout Oath and Law

Camp Policies

- Fireworks are not permitted in camp.
- Alcohol is not permitted in camp.
- Smoking, smokeless tobacco, and vaping is permitted only by adults and only in the designated area. Ask the camp director if you need more information.
- Bicycles are not permitted in camp (unless pre authorized by the camp director).
- Pets are not permitted in camp (Service animals must receive prior approval from the camp director. Please be prepared to provide documentation.).
- Scouts and Scouters may not bring ammunition, firearms, or archery equipment into camp.
- Food must be kept in hard sided vehicles or the kitchen, <u>NOT</u> in campsites.
- Adults must supervise youth shower time from outside the shower house.
- If visiting the river, <u>ALWAYS</u> have an adult present. The river is off limits to everyone from the Health Lodge east. Please see camp map on page 5 for further information.
- The southern boundary of the camp is the "High Trail".
- Footwear must be worn at all times.
- All campers, visitors, and guests are required to sign in and out at the camp office as they arrive and leave camp.
- As a unit, make a visual check for attendance at all meals and lights out.
- Lights out at basecamp is 10:30 PM. All Scouts should be in their campsites and quiet.
- Follow all fire safety guidelines articulated in the Unit Fireguard Plan.
- All US Forest Service regulations regarding viewing and approaching wildlife are strictly enforced.

BSA Policy on Youth Protection

The most up to date youth protection policies are available at www.my.scouting.org . Here are Camp Buffalo Bill highlights:

- All adults staying overnight in connection with a Scouting activity must be registered with BSA in the position they are serving. Registration as a merit badge counselor does not meet this requirement.
- Separate tenting arrangements must be provided for male and female adults as well as for male and female youth. Youth may not stay in a tent with any adult including parent. Spouses may share tents.
- Youth sharing tents must be no more than two years apart in age.
- Scouts BSA units must have their own leadership, including one leader of the same gender.
- Adult leaders are responsible for monitoring behavior and intervening when necessary. All leaders are required to adhere to the <u>Scouter Code of Conduct</u>.
- The "Buddy System" will be practiced for youth campers at all times with a same gender buddy.
- Adult leaders will respect the privacy of youth members in situations such as changing or showering.
- Leaders must also protect their own privacy.



- Camp Buffalo Bill has separate shower facilities for male and female campers and staff.
 Times are scheduled for adults, youth, and youth staff. These times will be given at the
 beginning of the week and are subject to change.
- The "safety rule of four" requires that no fewer than four people (including two adults) go on any backcountry expedition or commute.

Uniforms

Scouts and leaders are encouraged to wear the Scout uniform properly while in camp. We ask that your unit be in official Scout field uniform for evening flag ceremonies.



Payment and Refund Policies

Units will make reservations online using the Black Pug registration program found at scoutingevent.com/062. Payments can be made online using eCheck, credit card or can be paid by cash, check, or credit card through the Camp Registrar at 970-584-2202. There is a convenience fee for credit card payments. ECheck transactions limited to \$6,000 per transaction.

It is the responsibility of the individual units to have payments at our Service Center in Greeley, 2215 23rd Ave, Greeley, CO 80634 by the due dates listed above.

Mailed payments must be postmarked by the due date. Late payments, missed deadlines, missed fee discounts, etc. are not the responsibility of the Adventure West Council or its staff.

Payment Schedule

June 1st -September 30th: Pay \$100.00 non-refundable deposit for the unit.

October 1st-November 30th: Deposit is \$50.00 per person (non refundable). Deposit must be paid to make trek selection. Treks are available first come-first serve registration.

After December 1st: \$50/person deposit payments can still be made. Please enter all participants for which deposit is being paid. Check/cash payment can be sent to the council or you can make payment via credit card (with convenience fee) or echeck (limit \$6,000/transaction)

- By February 15th: First payment is due (½ of remaining balance owed). This means a total of \$297.50 is due. If this payment date is missed, your reservation may be forfeited to another unit. You will be notified before this happens.
- By April 1st: Deadline for Council Camperships and Investment in Character and Leadership Incentive (AWC units only)
- By April 15th: Final payment due (balance due on your account). If this payment date is missed AWC reserves the right to forfeit your reservation to another unit.
- Beginning April 16th: A \$25 per person late fee will be assessed to any new registrations or unpaid balances. (Mailed payments will be determined by the postmark date.)

Reservations placed after April 15^{th} will be accepted only with a minimum $\frac{1}{2}$ payment on that date.

All balances must be paid by May 15th.

Refund Policy

The refund policies for the Adventure West Council Scout Camps are as follows:

On or before April 30th: Full refund minus \$50.00 cancellation fee per person.

May 1 - May 31: 50% refund minus \$50 cancellation fee.

Starting on June 1: No refunds except for medical reasons. Any refund request for medical reason must be accompanied by a physician's note stating the reason the participant is restricted from attending camp. No exceptions.

September 1st: Last day to submit medical refund requests.

REFUND REQUESTS AFTER SEPTEMBER 1 WILL NOT BE CONSIDERED

Processing for refunds will begin after August 1st. In-council refunds will be made to unit account.

Adult Leadership

Units must be under the supervision of their adult leaders. Everyone will follow BSA Youth Protection Guidelines. Unit leaders are responsible for discipline for their own youth. Camp staff will address safety related discipline only in program areas and seek assistance from the unit leaders when necessary. At least one adult from each unit must be certified in standard First Aid/CPR. Boy and Girl linked units MUST have their own leadership and be registered separately.

All adults in camp must be registered members of the BSA regardless of the amount of time they are in camp and have completed their YPT training. A copy of your unit roster verifying registration and current training YPT is one of the documents to be provided at check-in.

It is important to inform the camp prior to check-in the number of male/female adult leaders you will have in camp so that we can make campsite assignments. This information is part of your registration in Black Pug. Male and female units must register separately for the same reason.

Visitors and Guests

Visitors and guests are welcome at the Scout Camp. Anyone who is not on the unit's summer camp roster is considered a guest. All guests must check in at the camp office upon arrival to camp and must check out when leaving. The camp office hours are 8:00 am-9:00 pm. Guests are not allowed to camp in the campsite with the unit.

If your guests would like to eat meals with your unit, you will need to notify the camp **two** weeks in advance with the number of guests and which day they will be there. Meal tickets must be paid at the time of reservation and can be purchased on Black Pug located on the "Registration Contact" tab. Click "Update Information" and scroll to the bottom of the page where it will give the option to purchase meals.



Registering for Treks

After the unit has registered and individual deposits have been paid, an available trek can be selected. Units can choose an adventure from 3 program areas: Trek, Paddle, or Climb. Below is a description of what is offered in each program area. Please note, not all adventures are offered each week, and all itineraries may change at the last minute depending on factors beyond our control such as permits issued and closures by the National Forest or the Park Service.

Trek selection is made in the individual registrant's section of the registration. Please choose the same trek for each participant in your unit unless you have made specific arrangements with us before registration.

Registration space is a first come, first serve basis. Many of our programs fill by mid-fall.

YHAO participants must be at least 14 years old, OR have completed the eighth grade and be at least 13 years of age prior to participation. We do not make exceptions! Please visit the Yellowstone High Adventure Outpost portion of Camp Buffalo Bill's website for more details, www.yhao.org.

Hiking Trek Crews must have a minimum of 4 members and a maximum of 12 (4-9 for Yellowstone itineraries) with the majority of the Crew being youth members. Whitewater Rafting Crews have a maximum of 12. Climbing Crews have a maximum of 12. Kayaking Crews have a maximum of 10.

** Registrations by February 1st have a higher possibility of getting preferred itinerary.

HIKING TREK:

Our hiking treks have a unique wilderness flavor not found at other high adventure bases. Units will travel through a portion of 2.9 million acres in Yellowstone National Park and the Shoshone National Forest. Trek guides will accompany your Crew for the duration of your trek, helping you refine your wilderness camping and travel skills.

Trek participants MUST arrive no later than 2 PM on Sunday to begin their preparations for the trip. Participants should bring the items listed in the Hiking Trek Equipment Checklist.

Trek intensity varies depending on the trail, but all trails are at high altitude (7,000 ft.+), and require physical fitness. The exact itinerary is dependent on the Yellowstone National Park Backcountry Permitting Office, and may vary from week to week. There is no guarantee that a specific trail inside or outside the Park will be permitted for a specific week.

Trek Program Offerings:

Yellowstone Backpacking: 5 day trek that covers approximately 30-45 miles. Participants hike between 5-10 miles a day through the backcountry of the regional area and may include portions of Yellowstone National Park.

Absaroka Backpacking: 5 Day trek where participants hike between 7-10 miles a day through the 704,529 acres of the Washakie Wilderness, some of the most remote territory in the Lower 48. This area ranges in elevation from 6,400ft to more than 13,000ft.

Surf-n-Turf (Trek/Kayak): Your Crew will begin in kayaks on Yellowstone or Shoshone Lake and then re-ration, switch modes of travel and finish with a hiking trek. This is a custom program available by request only.

PADDLE:

Our paddle adventures takes advantage of the many wonderful aquatic resources in northwest Wyoming. We currently offer Whitewater Rafting and Lake/Sea Kayaking,

Paddle Program offerings:

Whitewater Rafting: Rafters will explore the entire 40 runnable miles of the North Fork of the Shoshone River. In addition, rafters will float the Red Canyon of the Shoshone below Buffalo Bill Dam. These Rivers range from Class II to III+ in difficulty. (Available in June)

Rock n River: Climb and Paddle for a week. The best of both worlds. This intense 5 day program will take your Crew through a fast paced curriculum of river running covering 25-30 miles of whitewater. When you are finished there, you will take to the vertical world of the Rattlesnake and Cedar Mountains. (Available by request in June)

Lake/Sea Kayaking: Come kayak on the largest backcountry lake in the continental United States. This trek allows groups to visit some of the largest thermal features in the park that are not accessible by road via the largest freshwater lake above 7,000ft in North America. (Available in July)

CLIMB:

YHAO offers many adventure opportunities in the vertical.

Climb Program offerings:

Climb 5: Climbers will participate in an intensive program that takes Scouts on climbing routes and boulder programs ranging from 5.6 to 5.12 in difficulty on granite, limestone and dolomite through the Shoshone Canyon.

Rock n River: Climb and Paddle for a week. The best of both worlds. This intense 5 day program will take your Crew through a fast paced curriculum of river running covering 25-30 miles of whitewater. When you are finished there, you will take to the vertical world of the Rattlesnake and Cedar Mountains. (Available by request in June)

Preparing for High Adventure

Preparation

Once you have decided to attend Yellowstone High Adventure Outpost, there is a lot of work to be done. Invariably the more time you spend planning and preparing the more enjoyable your experience will be. For your safety and convenience you should start planning your trek as soon as you receive this guide. Using the BSA's Passport to High Adventure book will be helpful.

The Shakedown

Every unit that has registered for the Yellowstone High Adventure Outpost program should plan on having at least two shakedown hikes/campouts before they arrive at the base. These shakedowns are essential for testing equipment as well as making sure that the crew is able to work together. Each shakedown should include one night of overnight camping (preferably more!) and as much hiking as possible. Treat these trips as if you were on your summer trek. The Crew Leader should have a duty roster established and routines and responsibilities should be established. As always practice low impact camping. People who plan on tenting together on your trek should do so on these trips. Following the shakedown camp-outs all crew members should meet and have an honest discussion and evaluation of what worked and what didn't work and what needs to be changed to make your YHAO experience as successful as possible.

Whitewater & Kayak treks should include swimming in their preparation, ensuring that everyone can pass the BSA swimmer test comfortably. Kayaking merit badge is also strongly encouraged.

MEDICAL FORMS

Every adult and parent/guardian with a scout attending our camp should be given a copy of this page.

Per BSA National Camp Standard HS-503-1, all campers <u>including adults</u>, must have an up-to-date BSA approved health history and a health examination performed by a certified/licensed health care provider prior to attending camp. The health examination must be within the **last 12 months** and the health history within the **last 90 days** prior to arrival at camp. Form is available in the attachments on the camp reservation page or from the national BSA website.

<u>Please bring THREE copies of medical forms with you to camp.</u> The unit will keep one set of forms (the originals) with your unit for travel. The second and third set (copies) will be turned in to the health officer during the check-in process and <u>will not</u> be returned.

YOUTH and ADULT CAMPERS will need:

- ➤ BSA health and medical history- 680-001 Parts A, B1, B2 and C <u>signed, completed, and current as of</u> date of camp attendance. Non-BSA physical forms are not acceptable.
- Include a copy of your family health/accident insurance with company and policy information.
- The High-Adventure Risk Advisory to Health-Care Providers and Parents is required for all YHAO participants. This document MUST be shared with your health care provider when you complete your part C in preparation for coming to YHAO. It is for your safe participation in activities that you discuss with your provider the risks. This document is available in the attachments section of the registration page and in this leader's guide.

ADULT CAMPERS REMAINING ON PROPERTY LESS THAN 72 HOURS

▶ BSA health and medical history 680-001 Parts A and B only. No other forms accepted.

DAY GUESTS ADULT/YOUTH

No health form required but recommended for all day visitation.

UNIT HEALTH OFFICER TIPS

We suggest you designate one adult in your unit to serve as the unit health officer. Check all medical forms at least 2 weeks prior to departure to camp and look for the following:

- Current name & phone for adult transportation on Part A, all emergency contact info in part B1.
- Medications listed in Part B2 are current and reflect what will be present at camp.
- ♦ All boxes checked and every line filled in or marked N/A.
- Parent signatures on part A, also part B2 if there are medications.
- Health Care Provider signature on part C dated less than 12 months before end of camp session.
- ♦ All medications in <u>original packaging</u> and stored in a zip lock type bag labeled with person's name and unit number without covering the prescribing information on the label. Medications will be dispensed by unit leadership as on any other campout. Camp staff will only administer medications that require medical expertise. A written record must be kept of all medications dispensed. We can provide refrigerated and secure storage for prescription medications. Additional instruction in "Health and Safety Information".
- <u>Do not bring sick campers to camp!</u> They will infect everyone they travel with, and then infect the staff who then infect every other camper that comes for the rest of the summer.
- Campers that have a prescription for a life saving medication (e.g. epi pens, inhalers) should check that their medication is current or obtain a new prescription before they come to camp. A new inhaler is much cheaper than a trip in an ambulance.

Health and Safety Information

Camp Buffalo Bill has EMT medical staff 'on call' 24/7. All YHAO trek guides are WFA certified. Any major illnesses or injuries will be transported to the local hospital in Cody, WY at the camper's expense. Camp Buffalo Bill is in a remote location. If an ambulance is needed, it is up to emergency services to determine the best course of action/treatment including transport which may include Medivac (helicopter). Once an ambulance has been dispatched, their personnel will make any further decisions about the health and safety of that camper. Parents/guardians will be notified immediately.

<u>MEDICATION</u>

From the National Camp Accreditation Program BSA Camp Standard HS508:

The camp requires that all prescription and over-the-counter (OTC) medications be stored under lock (including those requiring refrigeration), except when in the controlled presence of health care staff or other adult leader responsible for administration and/or dispensing medications. An exception may be made for a limited amount of medication to be carried by a camper, leader, parent, or staff member for life-threatening conditions, including epinephrine injector, heart medication, and inhalers, or for a limited amount of medication approved for use in a first-aid kit. An exception is made during a trek, where trek adults must keep the medications and log in a secure, protected container under their control.

All units in camp must be able to comply with the locked storage and administration requirements. You will be asked about medications at check-in. More specific information may be required depending on medication information provided on the health form. All medications (prescription and over-the-counter) will be dispensed by unit leadership as on any other campout. Camp staff will only administer medications that require medical expertise. A written record must be kept of all medications dispensed. Medications must be in their original containers labeled by the pharmacy. This is not optional! Emergency medications (inhalers, epi-pens, etc.) must be checked in with the Health Director but campers will be allowed to keep them during their stay when ordered by the family medical provider. All medications must be listed on the camper's medical form. If a medication is listed on the form but was not brought to camp the unit will have 24 hours to obtain the medication.

<u>CPAP</u>

Persons needing CPAP on a hiking trek must be prepared to carry their equipment and extra batteries for the entire week.

Adults or youth needing a CPAP machine while sleeping will need to have a machine that runs on batteries. There are minimal campsites at CBB that may be able to provide electrical for CPAP. Notify the camp director two weeks before arrival. Please put this in the health notes/allergies registration for this person. Designated area with electricity away from CBB campsites is also available, but will affect unit supervision.

<u>SPECIAL DIETARY RESTRICTIONS</u>

Special food requests beyond normal meal plan menus may be provided and may have additional costs. Vegetarian and gluten free alternatives are normally available, however, it should be remembered that the Camp is 45 miles from the nearest supermarket. Without two week's notice on any dietary requests, we cannot guarantee that these requests will be met. Please limit dietary requests to medical and religious needs. Requests that are made upon arrival to camp may not be possible to accommodate. Please share dietary and allergy info with us in 2 locations:

- 1. In the individual information in the roster of your camp registration.
- 2. With our dining services provider via this link

ARRIVING AT CAMP

- ➤ The elevation at camp is around 6,500 feet. At this elevation we have to remember to be very conservation-minded and to stay on the trails and only camp in designated areas. Any additional wear and tear on the land can take years to regenerate!
- ▶ Plan to arrive between on Sunday between 12:00 PM and 2:00 PM. If you cannot arrive on Sunday, please contact the YHAO or Camp Director at least one week an advance of your arrival and prepare to have your unit in camp and ready to start program by 8:30 a.m. Monday. The earlier you arrive the smoother your day will be! Units arriving before noon will have to wait in the parking lot.
- One adult leader will check in at the Ranger Cabin/office. Please bring 2 copies of your camp roster, 1 copy of your roster from my.scouting verifying registration and current YPT for all leaders, 2 copies of medical forms, and any releases for activities ready and sorted by type alphabetically. Please do not put these forms in a binder or plastic dividers, as the papers get divided and sent to the appropriate areas of camp. Arrangements for payment of unpaid fees will be made at this time.
- A staff member will meet the rest of your unit and guide you to your campsite. One trailer OR vehicle will be allowed to remain in the campsite. All other vehicles unload only and then must immediately be moved to the parking lot. This is a Forest Service requirement.
- All vehicles are backed into their parking spaces. This is a Forest Service requirement. No additional vehicles are allowed in campsites after initial unloading except **one** unit trailer or vehicle for frequently-accessed camping gear. You <u>may not</u> keep food in your trailer in the campsite. If in-camp transportation is needed for medical reasons, special permission may be obtained at the office.
- Please take time setting up camp and getting settled in. YHAO orientation meeting begins at 4 p.m. at the Trading Post building. Keep an eye on the clock; you do not want to miss this orientation as it is very important to an enjoyable adventure at YHAO.

Early/Late Arrival Procedures

Units planning to arrive prior to 12 p.m. on their scheduled arrival date must receive permission directly from the camp director and indicate it in your registration on the Black Pug registration program under "Registration Contact" then "Update Information". There is a \$75.00 early arrival fee you will be charged to cover the cost of staff that will need to be in camp. Make sure to check in at the Ranger Cabin/office upon arrival. You will be directed to your campsite by camp staff. Please remember that no food service or other staff services - including EMS - are available for early arrivals. Units not making early arrival arrangements may find the camp gate locked. Please confirm with the camp director two weeks before your session.

Food Service Information

Units will enjoy Sunday dinner and Monday breakfast in the dining hall. Meals are served family style. Hiking and Kayaking treks will not return to camp until Friday afternoon and will prepare their food on the trail. Climbing and Paddle treks will need to assign Scouts to serve as waiters for breakfast and dinner. Waiters must arrive 15 minutes prior to each meal and stay to clean their table, dishes and surrounding area. All units are assigned tables, and depending on the size of the unit, tables may be shared. Wednesday and Saturday breakfast are continental breakfast for traveling.

Please be sure to share any dietary needs/allergy information via the roster in your camp registration AND with our dining services provider <u>via this link</u>. Dining CANNOT prepare for any dietary challenges if the first time they are made aware is when units arrive on Sunday, and they want you to have a positive experience too! It is vital that backpackers communicate any allergies in their individual registrations and communicate that information to the YHAO director at least two weeks before arrival so that YHAO staff can prepare the trail meals accordingly.

Unit Campsite and Equipment

Campsites are assigned based on attendance numbers and availability. We try to accommodate requests but it is not always possible, especially when camp is full. Site assignments are not made until the Friday prior to your arrival.

Near each campsite area there is a latrine and washstand. Each campsite has a bulletin board, picnic table, and a fire extinguisher. The number of units per site will vary depending on unit size. Every unit is responsible for the daily cleaning of latrines near its campsite. Cleaning supplies are in the latrines or may be retrieved at the QM Building. If multiple units are sharing a latrine, the senior patrol leaders from each unit shall work out an acceptable schedule for cleaning latrines. Toilet paper, paper towels and soap will be replaced by Ranger Services staff.

CBB does NOT provide tents. You must provide your own tents. There is limited electricity in or near two campsites. To comply with BSA's mandatory standards, your tents must meet the following requirements:

- All tents must meet or exceed fire-retardant specifications by the manufacturer (CPAI-84) and "no flames in tent" is marked on, or adjacent to each tent. (This is usually a sewn in label or tag on most commercially produced tents.)
- All campers must have clean quarters reasonably safe from inclement weather and comfortable bedding. This includes hammock camping!
- We do have a small supply of 2 person tents for rental on a first come, first served basis for \$5/ scout per night. Please contact us early if you think you will need to borrow a tent.

No cooking equipment is needed.

The following are available in campsites: Shovels, brooms, rakes, latrine cleaning items Items available from Ranger Staff: Bow Saws, Trash Bags, toilet paper

It is the responsibility of each unit to care for all equipment assigned to its use. Units will be charged for any equipment that must be repaired or replaced. Discharged fire extinguishers will cost \$25.00 for recharge or replacement if discharged in a non-emergency situation, or in any manner deemed to be the unit's negligence. The Camp Business Manager or Camp Director will make final determination on any charges.

Do Not Bring To Camp

- Fireworks
- ATV's, UTV's or ORV's
- Sheath Knives
- Candles
- Skateboards
- Guns or Archery Items

- Slingshots or Wrist Rockets
- Pets
- · Valuables of any kind
- Expensive electronics
- Personal food items which you plan to keep in your campsite

Due to the nature of the terrain at camp, flip flops, sandals or any other open toed footwear is restricted to the shower houses.

Walking around camp in flip flops, sandals, or open toed footwear is strongly discouraged.

The Ideals of Packing a Backpack



There is no one way to pack a backpack, but there are some ideal conditions for your backpack that you'll want to keep in mind while you practice packing and unpacking your bag.

- 1. Your backpack should never weigh more than 45 pounds. If you pack everything on this list you'll probably be somewhere between 20-25 pounds, 30 lbs. with full water bottles. You are missing an essential item: food. We distribute roughly 1 lbs. of food/person/day, or about 8 lbs. of food per person. Food and cookware will be distributed upon or shortly after your arrival, so when practicing keep this weight and space in mind. The same goes for if you are borrowing gear.
- 2. A well-packed backpack is rigid, well-balanced, and smooth. This means that things are packed tightly inside (this minimizes shifting weight), the heaviest part of the bag is placed as close to the center of the back as possible (slightly below the spot between your shoulder blades and just above your hips are where the bag shifts the least while moving; throwing around weight on your back puts you off balance and tires you quickly) and the bag should be able to sit up on its own (this shows the weight is centered in the bag, if you can't achieve this make sure it at least falls towards the straps and move the heavier things further down), and finally make sure there are no lumps or uneven pressure on your back, this will quickly cause you pain.
- 3. When packing your bag, keep accessibility in mind. If it starts raining or snowing, you'll want to be able to reach your rain jacket quickly.
- 4. On keeping things dry: anything that can absorb water, thus becoming heavier, should be placed inside a dry bag or liner. You do not need to go buy a bunch of dry bags. The easiest way to do this is to put a trash bag, one of the big black ones, inside your bag before you start packing. A trek guide was caught in a flash flood and had to wade through knee-deep water to retrieve his bag, which was floating away. When he opened it, its contents were completely dry inside the trash bag.
- 5. On making a bag rigid: This might not seem too important, but it's one of the best ways to keep your bag from tiring you out. If things in your bag can shift around, they are going to apply forces to you that are counter to your own movements; it tires you out more quickly. The best way to make a bag rigid is to think of it as one big compression cube. In your bag, there will be a mixture of solid and "fluid" (compressible and fabric) items. You can put these fluid items in compression cubes, but then your bag will be filled with only solid items, and you'll likely end up with a lumpy or shifting bag. Instead, you can fill in the space between the solid items with these compressible ones, so the entire bag becomes one solid. If space becomes too much of an issue with this technique, a compression cube for your sleeping bag will likely solve the problem.
- 6. Practice is important. Packing a bag is a skill, one we don't expect everyone to be great at. If you are struggling, practice and experiment with different ways of doing things. Look around your unit. Ask for help from the people who are struggling less, and help those who are struggling more. Backpacking is a group excursion, if any one member struggles, everyone struggles; besides this, you are scouts, help each other out.

Hiking Trek Packing List

"Nothing weighs nothing" - anonymous, unknown
"Ounces make pounds" - Ian Squires, High Adventure Director 2023
"Grams make ounces" - Collin Costello, Asst. Director of High Adventure 2023

Clothing

	Hiking Attire (long sleeve shirt, long pants, NO jeans/cotton)
	Socks (wool only, 2 pair minimum)
	Underwear 2-3 pair (synthetic/wool, not cotton)
	Sleepwear (gym shorts, t-shirt)
	Rain gear (jacket/poncho minimum, pants optional)
	Camp/water closed-toe shoes (for river crossings)
	Hiking Boots (waterproof, ankle high, broken in)
	Hat/Sunglasses
	Stocking cap and light gloves
	One spare set of clothes for trip home
	BSA uniform for flags/meals in basecamp
	Head Net
	One roll of athletic tape
Ca	mping Gear
	Ground pad (with patches if inflatable)
	Sleeping bag (20-30 degrees)
	Sleeping bag liner (adds 10° if cold)
	Flashlight (headlamps most convenient)
	Trekkin' Poles
	Backpack (50 liter capacity for Yellowstone, 60 liter capacity for Absaroka)
Sn	nellables
	Spork
	Cup and Bowl
	Water bottles (hard sided or bladder style, 3 liters total)
	Hygiene products (toothbrush, sanitary items)
	Insect Repellent (no DEET, illegal in the park, non-aerosol)
	Sun repellent
	Lip balm

Personal Luxury Gear (ontional)

r	risonal Luxury Gear (optional)
	Camp chair, slippers, battery pack, camera
	Pack of cards, book, etc.
	Money for trading post before/after trek



Group Gear (will be shared among hikers)

Tent with poles and stakes		Tent	with	poles	and	stakes
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- Compass
- □ First Aid Kit
- Sharable hygiene products (toothpaste, sunscreen, soap, etc.)
- 2 disposable lighters

Group gear we will provide:

- Cooking gear
- Dromedary for untreated water
- Map
- Cat hole shovel
- Tarp
- MSI Whisperlite Stove and fuel
- Hanging water filter & Aquamiza (clorine dioxide)

Gear available to be borrowed from YHAO: (Please contact us early if you need to borrow something on this list)

- Tents (4 man, supply limited)
- **Ground Pads**
- Water Bottles
- **Ponchos**
- Compass- supply limited
- Sleeping bags- supply limited
- Hats
- Sunglasses
- **Backpacks**

These items will NOT be going hiking:

- Deodorant/Antiperspirant
- Razors/other shaving products
- Toilet Paper
- DEET insect repellent
- Permethrin (treated clothing is ok)

They will be secured in your unit vehicle/trailer or we can secure them for you while you are out on the trail.

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Paddle Trek Packing Lists

Whitewater Adventure List

Cl	othing: synthetic fabrics, wool or neoprene
or	nly. NO COTTON. Packing list assumes
	articipant is wearing/air drying one edicated of river clothing throughout the
	eek.
Da	aily Wear River Clothes
	Long sleeve shirt
	Socks—2 pair (heavy synthetic, neoprene or wool)
	Underwear 2-3 pair (synthetic/wool, not cotton)
	Long underwear—wool, fleece or synthetic to wear under your swim trunks
	Swim trunks or shorts
	Camp/water closed-toe shoes (we will provide neoprene booties)
Dr	ry Bag Clothes
	Long sleeve shirt
	Long pants
	1 pair dry socks (heavy synthetic, neoprene or wool)
Pr	otective Gear
	Sunscreen (water resistant, high SPF, broad spectrum)
	Sunglasses (non-polarized preferred)
	Glasses retainer strap
	Small drawstring bag/pillowcase for drybag clothes
	Wool/fleece stocking cap
Pe	ersonal Gear
	1L Water bottle (must be able to be clipped to the boat)
	Carabiner (to attach water bottle to boat)
	Extra contacts/glasses
Pe	ersonal Luxury Gear (optional)
	Camp chair, slippers, battery pack, camera
	Pack of cards, book, etc.
	OA Sash
	Fishing/Fly Fishing Gear
	Sewing/repair kit

Personal Gear for Base Camp

- □ Sleeping bag (20-30 degrees)
- □ Sleeping pad/mattress/cot
- □ Sleeping clothes/pajamas
- BSA uniform for flags at breakfast/dinner
- ☐ Heavy Jacket/Sweatshirt
- □ Hat
- Hiking boots
- Pack or duffel bag
- □ 2-3 changes of clothing for camp
- ☐ Flashlight (headlamps most convenient)
- □ Insect repellent (NO DEET)
- □ Toothbrush/toothpaste
- □ Towel/washcloth
- □ Soap/shampoo
- Comb/hairbrush
- Other sanitary items
- Sun repellent
- □ Money for trading post (\$100 suggested)

Group Gear

- Tents with poles and stakes
- ☐ First Aid Kit
- □ State, Unit flags
- □ Dining fly/tarp/Easy Ups
- □ Lanterns



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Raincoat or poncho

Kayaking Adventure Packing List		Sleeping pad/mattress/cot
		Sleeping clothes/pajamas
Clothing: synthetic fabrics, wool or neoprene only. NO COTTON. Packing list assumes participant is wearing/air drying one dedicated of water clothing throughout the week.		BSA uniform for flags at breakfast/dinner at basecamp
		Large duffel bag (for moving gear from boat to camp)
week.		Small dry-bags or stuff sacks, no bigger than
Daily Wear Kayaking Clothes		20L (for organization of personal gear) If bringing stuff sacks, bring waterproof liners.
□ Wide brimmed hat		Dry-bags can be provided but supply is very
□ Short sleeved shirt		limited.
□ Long sleeved sun/wind shirt		Mess Kit (bowl w/resealable lid & utensils)
□ Rain jacket and pants		Flashlight (headlamps most convenient)
☐ Zip-off pants (must be quick dry, NO cotton or canvas pants)		Insect repellent (NO DEET or Premethrin, picaridin highly recommended alternative)
□ Quick-dry pants		Sunscreen (water resistant, high SPF)
□ Quick-dry shorts		Chapstick
□ Water closed-toe shoes		Mosquito head net
□ Camp Shoes		Pocket Knife
□ Bandana (minimum of one)		Toothbrush/toothpaste
□ Sunglasses (required)		Soap/shampoo
☐ Glasses strap (floating strongly suggested)		Comb/hairbrush
□ Kayaking Gloves		Other sanitary items
Dry Clothes		Waterproof watch
☐ Base Layers		Headlamp w/backup batteries
☐ Camp shoes (must be closed-toed)		Money for trading post (\$100 suggested)
□ Non-cotton shirts	Pe	rsonal Luxury Gear (optional)
□ Non-cotton pants		Camp chair, slippers, battery pack, camera
□ Fleece jacket		Pack of cards, book, etc.
□ Wool socks (minimum 4 pairs)		OA Sash
Gloves		Fishing/Fly Fishing Gear for base camp

□ Stocking cap or beanie Personal Camping Gear

Sleeping clothes

□ Gloves

☐ 2 Nalgene water bottles

□ Carabiner (to attach water bottle to boat)

Sleeping bag (20-30 degrees)

Group Gear Tents with poles and stakes First Aid Kit We Provide Neoprene Wetsuits for Kayaking.

Day hiking shoes (you never know!)

Sewing/repair kit



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Climbing Adventure Packing List

Cl	imbing Equipment
	Day pack
	Sunscreen
	Brimmed hat
	Rain jacket
	2- 1qt. Water bottles
	Athletic (loose fitting) clothing
	1 roll 1" cloth athletic tape
Cl	othing
	BSA Uniform for flags/meals at basecamp
	Heavy Jacket or Sweatshirt
	Hat
	Hiking Boots
	Pack or duffel bag
	Sleeping clothes/Pajamas
	Shirts
	Pants
	Socks
	Underwear for entire trip
Ca	amping & Personal Gear
	Sleeping Bag
	Sleeping Pad/Mattress/Cot
	Flashlight/Headlamp
	Insect Repellent
	Toothbrush/toothpaste
	Towel/washcloth
	Soap & shampoo
	Comb/Hairbrush
	Watch
	Sunglasses
	Other sanitary items
П	Spending money (\$100.00 suggested)

Optional Gear

- □ OA Sash
- ☐ Fishing/Fly Fishing Gear
- □ Laundry Bag
- □ Photo Gear

YHAO Supplied Climbing gear

- Ropes
- Harnesses
- Anchor webbing
- Climbing shoes (sizes 5-14)
- Climbing Hardware
- Climbing Helmets
- Bouldering pads



Your Week at Camp

Trek participants MUST arrive no later than 2:00 p.m. on Sunday to begin their preparations for the trip. Participants should bring the items listed in their specific Trek Equipment Checklist.

Your adventure begins promptly at 4 p.m. on Sunday with an orientation meeting at the Tate-Daniels building (trading post) for all participants.

Hiking treks will tear down and pack before breakfast, departing before 9 a.m. on Monday for their excursion. They will return to camp Friday afternoon for departure on Saturday.

Climbing treks will meet at 8:30 in the morning and return for the evening.

Paddle treks will depart by 9:00 in the morning and return for the evening.

Other Morning & Evening Programs happening at CBB

Sunday - Opening campfire prepared and put on by the Camp Staff. Devotional/Interfaith service also provided.

Monday - YHAO guides will visit unit campsites after dinner.

Tuesday - Inter-unit campfires. SM/SPL dinner & meeting.

Thursday - Scoutmaster Dutch Oven Dessert Cook-off, CBB Branding

Friday - Recycle Regatta Competition, Scoutmaster Belly Flop-off, AND Closing Campfire with unit participation. Bring appropriate skits & songs to program director.

Polar Plunge - 6 a.m. Monday, Tuesday, Thursday, Friday at the pond

In addition, we encourage units to run their own evening activities according to their own unit's needs and goals.

Conservation Thursday with YHAO directors....

Camp Buffalo Bill encourages each unit participant to spend at least one hour of their week on a conservation project. Your unit's participation in a conservation project will improve camp, as well as reinforce in a Scout's mind the need to care for things, especially the environment. The YHAO staff typically does a project on Thursday and would love assistance. A formal conservation project is also available on Wednesday morning for units not leaving camp.

Fishing

Even if you aren't participating in the fishing or fly-fishing merit badges at Camp Buffalo Bill, you should consider doing some fishing while here. Both our pond and the North Fork of the Shoshone River provide great fishing for bait and fly fishermen. Fishing is allowed at the pond outside of the waterfront area when merit badge classes are not in session. Please check with the aquatics director before fishing there.

You must observe Wyoming fishing regulations. Please visit the following web page for a complete list of these guidelines: https://wgfd.wyo.gov/Fishing-and-Boating/Fishing-Regulations

Notes

Residents and non-residents under the age of 14 **DO NOT** need a fishing license to fish in Wyoming *if* they are fishing under a licensed adult.

We <u>DO NOT</u> sell fishing licenses at camp. They may be purchased at in Cody at Wal-Mart or online at: https://wgfd.wyo.gov/elso/elsowelcome.aspx

Experience Tells Us...

Following are tips to help you and your Scouts have a tremendous experience at camp. Understand that we operate our camp under the umbrella of the Scout Oath and Law at all times. Please do the same when dealing with any of our staff.

- ➤ Use the Black Pug registration system for ALL your needs. Scroll down to the bottom of <u>every</u> page so you don't miss any important topics. Important documents are all located in the attachments on the bottom left of the main information page where you registered.
- Communicate. If you have a special need or want to do something spectacular, tell us about it and we'll give it our best effort.
- ➤ Your SAFETY is our first priority. If you see something that you feel is unsafe, report it IMMEDIATELY to the nearest staff person. If you are in an activity area that you deem is operating improperly, ask the staff on hand to stop immediately and have the YHAO Director and/or Camp Director notified at once.
- "High Adventure activities" are those requiring a great deal of physical skills, coordination, stamina, and mental maturity and therefore have limitations. Be prepared for a short, basic, physical fitness screening as part of your orientation. This screening may include step-ups, jumping jacks, and a short hike on camp with your fully loaded backpack.
- ➤ **High Adventure activities** require preparation. Begin preparing for your adventure several months in advance with training hikes, swims, or other activities to prepare yourself and your unit for the physical requirements at least 4 months ahead of your trip.
- > Scouts should try doing something new at camp and get a well-rounded experience. Many activity areas offer "open time" where Scouts may try activities outside of the merit badge environment such as shooting sports, fishing, some aquatic activities, conservation projects and fun hikes. Take advantage of all these opportunities.
- Make your campsite your home for the week! Come prepared with unit flags, banners and gateways. Gateway competition? There could be awards.
- > Don't forget to schedule rest! Our camp environment is tough on even the most seasoned camper. Please take time to relax and enjoy the awesome surroundings of our camp.

> "Be Spirited." The unit that comes to camp with ideas and spirit and challenges makes the rest

of the camp come alive. Perform a flag ceremony, bring your unit cheer to camp and show everyone that you're "number one."

- "Be flexible." Each week, nearly 250 participants attend camp and while staff is there to meet everyone's needs, a Scout is friendly, cheerful and courteous.
- Departure time on Saturday is 8 am. Have your transportation arrive early. We like to have everyone out of camp by 9 a.m. at the latest. Early departure times should be arranged with the Program Director.
- One last thing. "We strive to be the best camp we can be." When we miss our mark, let us know. We'll gladly listen to all suggestions. Make sure to fill out the exit survey.



Forms to Complete Prior to Arrival

Medical and Health History—680-001. Please refer to page 15 for explanation. As part of completing this form, please review the High-Adventure Risk Advisory to Health-Care Providers and Parents with your health care provider. The advisory is located in the appendix of this document. Bring 3 copies of this document

Scout and Adult Leader Rosters

- Bring one copy of your roster from the registration site for your travel.
- Bring one copy of your unit adult roster from my.scouting with all adults attending highlighted. This roster will be turned in to document current YPT.
- All Kayaking & Whitewater treks will need the Swim Classification record for all participants.
 This roster will be turned in.

Release of Liability waivers

- All Yellowstone Hiking Treks and Kayaking treks participants need the "Visitor Acknowledgement of Risk".
- All Climbing Treks participants need the COPE/Climbing Consent Form.
- All Whitewater participants need the Whitewater Release

FORMS AVAILABLE ON THE EVENT REGISTRATION PAGE

BSA Health and Medical Form 680-001 ABC

High-Adventure Risk Advisory to Health-Care Providers and Parents (for YHAO participants)

COPE/Climbing Consent Form

Cowboy Action Shoot Hold Harmless Agreement

Yellowstone Risk Advisory

Whitewater Participant Waiver & Release

Campership Application (Adventure West Council units only)

To make the check-in process faster have all forms sorted alphabetically by type of form (e.g., all health, Climbing forms, etc.). DO NOT group forms by person as each needs to go to a different part of camp and we will have to separate them at check in.

High-Adventure Risk Advisory to Health-Care Providers and Parents

Yellowstone High Adventure Outpost

Adventure West Council, BSA

Council Phone: 307-234-7329 Website: adventurewestscouts.org

Yellowstone High Adventure Outpost Experience.

The YHAO experience is not risk-free; however, by taking responsibility for one's own health and safety, and cooperating with staff, it's expected that most participants will have an enjoyable, safe YHAO experience.

Please call the Casper office at 307-234-7329 if you have any questions. All participants should review all materials and websites related to the experiences they are planning to have at YHAO.

Risk Advisory. Participants at YHAO should be physically fit, have the proper clothing and equipment, be willing to follow instructions, work as a team with your crew, and take responsibility for your own health and safety. Each crew is required to have at least two members trained in wilderness first aid and CPR.

All staff members are trained in Wilderness first aid and CPR. They can assist participants in recognizing and responding to accidents, injuries, and illnesses. However, response times are affected by location, terrain, weather or other emergencies and could be delayed for hours or even days in a wilderness setting.

The weather at YHAO is characterized by significant shifts in temperature. The camp sits at an elevation of 6,400 feet, which means mornings can be chilly, sometimes dipping to 30°F. June campers should especially make preparations for cooler weather. Afternoons in July may get as high as 90°F. Afternoon thunderstorms are possible. The air is very dry and many experience dry skin and chapped lips. A Nalgene or water bottle is essential.

- Each participant must be able to carry 25% of their own body weight.
- Each participant must be able to hike 5-12 miles per day in a mountain wilderness.
- Elevations range from 6,000' to 10,200' over trails that are steep and rocky.
- Kayaking/rafting participants need to be strong swimmers with a basic knowledge of boating and physically able to self-rescue in a kayak or raft.
 Participants that do not pass the "flip-test" at the beginning of camp cannot participate in boating.

Allergy or Anaphylaxis. People who have had an anaphylactic reaction from any cause will be required to have appropriate treatment (i.e. at least one unexpired epinephrine auto-injector) in sufficient quantity to last the entire trip. All members of the crew should know how to administer the auto-injector. If you do not bring an epinephrine auto-injector with you, you will be required to purchase one before you will be allowed to participate.

Medication. Each participant who needs medication must bring enough medicine for the duration of the trip. Be aware that altitude/heat/exertion etc. can affect a medication's efficacy. It is not uncommon for participants to use more medication (particularly insulin and albuterol) than anticipated due to unfamiliar conditions faced on the trek.

Seizures (Epilepsy). The seizure disorder must be well -controlled by medication. A well-controlled disorder is one in which 12 months have passed without a seizure. Individuals with seizure conditions should familiarize others with signs and symptoms in the event that a seizure occurs in the backcountry.

High Blood Pressure. Upon arrival at YHAO, all adult participants may have their blood pressure checked. People diagnosed with hypertension should have controlled blood pressure before attending YHAO and should continue their medications to keep the blood pressure at or near normal levels. Those individuals with a blood pressure consistently greater than 160/95 at YHAO may be kept off the trail.

Diabetes Mellitus. Participants with diabetes can have a successful YHAO experience by good planning prior to their trek. Both the person with diabetes and others in their crew or group need to be able to recognize signs of excessively high or low blood sugar. An insulin dependent person who was diagnosed or had a change in delivery system (e.g., insulin pump) or dosage in the last six months is advised to consult with their physician before participating. A person with diabetes who has had frequent hospitalizations or who has had problems with low blood sugar should not participate until better control of the diabetes has been achieved.

Asthma. Asthma must be well-controlled before participating at Philmont. Well-controlled asthma is defined as:

- The use of a rescue inhaler (albuterol) fewer than two times per week (except use for the prevention of exercise-induced asthma); awakened by asthma symptoms less than two times per month.
- Well-controlled asthma may include the use of longacting bronchodilators, inhaled steroids, or oral medications such as Singulair.

You may not be allowed to participate if:

- You have asthma not controlled by medication; or
- You have been hospitalized/gone to the emergency room to treat asthma in the past six months; or
- You required treatment by oral steroids (prednisone) in the past six months.

All members of the crew should know how to assist in administering the rescue inhaler and where the inhaler is located. Any person who has needed treatment for asthma in the past three years must carry a rescue inhaler on the trek. If you do not bring a rescue inhaler, you must purchase one before you will be allowed to participate.

Recent Musculoskeletal Injuries and Orthopedic Surgery. Participants will put a great deal of strain on their joints. Individuals who have significant musculoskeletal problems (including back problems) or have had orthopedic surgery or injuries within the last six months must have a letter of clearance from their treating physician to be considered for approval, and YHAO should be contacted in advance of participation. Permission is not guaranteed.

Psychological and Emotional Difficulties. Parents and advisors should be aware that no high-adventure experience is designed to assist participants in overcoming psychological or emotional problems. Experience demonstrates that these problems frequently become worse when a participant is under stress from the physical and mental challenges of a remote wilderness setting. Medication must never be stopped prior to participation and should be continued throughout the entire experience.

Cardiac or Cardiovascular Disease. Adults or youth who have a history of chest pain, myocardial infarction (heart attack), a family history of premature heart disease, or heart surgery including angioplasty may consider a physician-supervised stress test. Even if the stress test results are normal, the testing is done

without portage packs or canoes and does not guarantee safety. If the results are abnormal, the individual is advised not to participate.

Weight Limits. Each participant in a YAHO trek should not exceed the maximum acceptable weight for height in the table shown in Part C of the Annual Health and Medical Record. Those who fall within the recommended weight limits are much more likely to have an enjoyable trek and avoid incurring injuries and other health risks. Due to the risks of logistics of backcountry rescue, no participant's weight can exceed 295 pounds.

Food. If a participant has dietary needs or restrictions, it is critical that this information is provided in the dietary restrictions and allergies portions of their registration in Black Pug. We cannot plan for dietary restrictions that we are not aware of at least 2 weeks before you come to YHAO.

Swim Classification Record

(Changes and/or corrections to the following chart should be initialed and dated by the test supervisor.)

Unit	Number	Date	of Swim Test		
Γ	Full Manna (Duint)	Medical	Swi	m Classificat	ion
4	Full Name (Print) (Draw lines through blank spaces)	Recheck Parts A-B	Non-Swimmer	Beginner	Swimmer
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
esc	swim classification test performed at a un <u>cil-approved</u> resource people: Aquatics Ins rue; or other lifeguard, swimming instructor, <u>Aquatics Supervision Guide</u> .	tructor, BSA	A; BSA Lifegua	rd; BSA Swi	mming & Wat
	E OF PERSON SUPERVISING & FACILITA				
	Name	Signatu			
	of Authorization/Training a copy of certification if required by council procedure)	Expirat	ion Date if app	licable	

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SWIM CLASSIFICATION PROCEDURES

The swim classification of individuals participating in a Boy Scouts of America activity is a key element in Safe Swim Defense and Safety Afloat. These swim classification tests are a foundational unit of the Aquatics Continuum.

All persons participating in BSA aquatics are classified according to swimming ability. The classification tests and test procedures have been developed and structured to demonstrate a skill level consistent with the individual's circumstances in the water.

SWIM TESTS FOR COUNCIL ACTIVITIES

Swim tests for *council activities* are conducted following procedures approved by a council-level committee, preferably the Council Aquatics Committee. The council committee should use the guidance contained in <u>BSA Aquatics Management Guide</u>. SPECIAL NOTE: When swim tests are conducted away from camp, the camp aquatics director retains the right to review or retest any or all participants to ensure that standards have been maintained.

REGARDLESS OF WHERE OR WHEN THE SWIM TEST IS GIVEN THE FOLLOWING PROCEDURES APPLY:

- The test is given one-on-one. The test administrator and the swimmer are buddies during the administration of the test.
- <u>Each component of the test is important.</u> The test must not be changed either to assist the Scout or to expedite the process.
- The test must be completed without aid or support. Aid includes lifejackets, wetsuits, fins, etc. Swim goggles may be used to avoid eye irritation.
- Swim tests must be renewed annually, preferably at the beginning of the outdoor season

TO THE SWIM TEST ADMINISTRATOR

SWIMMER'S TEST:

Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: side stroke, breaststroke, trudgen, or crawl; then swim 25 yards using an easy resting back stroke. The 100 yards must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating.

BEGINNER'S TEST:

Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before, and return to starting place.

Anyone who has not completed the beginner or swimmer tests is classified as a **nonswimmer**

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C.O.P.E. CHALLENGE COURSE and CLIMBING/RAPPELLING HEALTH HISTORY AND CONSENT FORM **ADULT OR CHILD**

You are about to take part in a challenge ("ropes") course experience and or climbing/rappelling ("activity") offered through the Adventure West Council BSA ("local council") on (date).

While participating in the activity you will undertake a wide variety of physical and mental challenges that are comparable to activities with which you may be more familiar. Much of the time, you will be engaged in activity of "moderate exertion," which is comparable to normal walking, golfing on foot, raking leaves, calisthenics, or slow dancing. For short periods of time, you will be engaged in activity of "vigorous exertion," which is comparable to fast walking, slow jogging, heavy gardening, or shoveling snow.

If any of the above activities are difficult for you, discuss your participation in the activity with your physician. If these are activities in which you regularly engage without difficulty, you should be fit for participation in the program.

Following are specific medical conditions about which participants should always seek the advice of a physician before participating in the activity:

- Pregnancy (climbing harness can injure uterus) • Kidney or liver transplant (climbing harness can injure transplanted organ)
- Recent surgery (should be cleared by treating physician • Healing fracture or joint injury (should be cleared by treating physician)
- Down syndrome (should have x-ray check for neck instability, as per recommendation of the Special Olympics)

If you or your physician has any questions about the physical requirements of the activity, feel free to contact the local council.

			HEALTH	ı Hıstoı	RY				
Name:									
	First	Mid	ddle			Last			
Telephon	e:								
•	Home			Work					
Personal	physician					Telephone	e:		
		Name							
In case of	f emergency, plea	ase contact:				Telephone	e:		
		1	Name						
Special di	ietary considerati	ons:							
List know	n allergies:								
List requi	red medications:								
If you are	allergic to insect	t stings, do you have an	insect sting kit	(e.g., Epil	Pen)?		O _{Yes}	O _{No}	
Do you w	ear contact lense	es?	0	Are you	pregnar	nt?	0	0	
		•	•	-					
Have you	had or do you n	ow have (circle if yes):		Heart atta	ick	Diabetes		Asthma	
Angina	Epilepsy	Chest pains	Drug reaction	ons	High b	lood pressure		Heart murmur	
If you ans	swered "yes" to a	any of the above, explair	n and include d	ate:				•	
•	•								
Do vou h	ave anv other me	edical conditions that we	e should be aw	are of?	1				
			IOLD HARML						
		in the activity involves a co	_						
enefits to be derived, after carefully considering the risk involved, and in view of the fact that the Boy Scouts of America is an organiza-									
on in which	membership is vo	luntary, I have carefully co	onsidered the risl	k involved	and hav	e given consen	t for myse	elf (or my son or	
aughter) to	participate in the a	activity, and waive all claim	ns I or we may ha	ave against	t the Bo	y Scouts of Ame	erica, the l	local council, the	
	•	malayaas valumtaars ralat	•	-		•			

b ti d activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity.

I am not under the influence of any chemical substance, including alcohol. Understanding that any physical activity involves a risk of injury, I understand that my participation in the activity is entirely voluntary. I release the Boy Scouts of America, the local council, the activity coordinators, and all employees, volunteers, related parties, or other organizations associated with the activity from any and all claims or liability arising out of this participation. This release does not, however, apply to any harm caused by negligence or willful misconduct of the local council or its employees.

In case of emergency involving my child, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the physician selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medication for my child. Participant's signature* Date *If the participant is under age 18, his or her parent or guardian must also sign below:

Parent's or guardian's signature Date _

1/8/2024 31

VISITORS ACKNOWLEDGEMENT OF RISK

In consideration of the services of Adventure West Council, Camp Buffalo Bill, Yellowstone High Adventure Outpost, their officers, agents, employees, and stockholders, and all other persons or entities associated with those businesses (hereinafter collectively referred to as "YHAO"), I agree as follows:

Although YHAO has taken reasonable steps to provide me with appropriate equipment and skilled guides so I can enjoy an activity for which I may not be skilled, YHAO has informed me this activity is not without risk. Certain risks are inherent in each activity and cannot be eliminated without destroying the unique character of the activity. These inherent risks are some of the same elements that contribute to the unique character of this activity and can be the cause of loss or damage to my equipment, or accidental injury, illness, or in extreme cases, permanent trauma or death. YHAO does not want to frighten me or reduce my enthusiasm for this activity, but believes it is important for me to know in advance what to expect and to be informed of the inherent risks. The following describes some, but not all, of those risks: altitude sickness, musculoskeletal injury, external trauma, internal injury, drowning/submersion, exposure, insect bites/stings, zoonoses, myocardial infarction, loss of limb, and death.

I am aware that YHAO entails risks of injury or death to any participant. I understand the description of these inherent risks is not complete and that other unknown or unanticipated inherent risks may result in injury or death. I agree to assume and accept full responsibility for the risks identified herein and those inherent risks not specifically identified. My participation in this activity is purely voluntary; no one is forcing me to participate, and I elect to participate in spite of and with full knowledge of the inherent risks.

I acknowledge that engaging in this activity may require a degree of skill and knowledge different from other activities, and that I have responsibilities as a participant. I acknowledge that the staff of YHAO has been available to more fully explain to me the nature and physical demands of this activity and the inherent risks, hazards, and dangers associated with this activity.

I certify that I am fully capable of participating in this activity. Therefore, I assume and accept full responsibility for myself, including all minor children in my care, custody, and control, for bodily injury, death, or loss of personal property and expenses as a result of those inherent risks and dangers identified herein and those inherent risks and dangers not specifically identified, and, as a result of my negligence in participating in this activity.

Nothing in this Acknowledgement and Assumption of Risks and Release and Indemnity Agreement shall be interpreted as the participant and parent releasing YHAO from liability for injuries, damage, death, or other loss to participant or others that may occur within the jurisdiction of the National Park Service and is caused by YHAO negligence, gross negligence, recklessness, or intentional conduct, including but not limited to any negligence with respect to YHAO's judgments and decisions, or YHAO's failure to take reasonable precautions to ensure it provides defect-free equipment.

I have carefully read, clearly understand and accept the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon myself, my heirs, assigns, personal representative and estate and for all members of my family, including minor children.

Signature:	Date:	
Under 18, signature of parent or guardian:		
Signature:	Date:	

WHITEWATER PARTICIPANT WAIVER AND RELEASE

PARTICIPANT'S NAME:	
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RELEASE OF LIABILITY, WAIVER OF CLAIMS, INDEMNIFICATION, AND ARBITRATION AGREEMENT

Notice - By signing this document you may be waiving certain legal rights, including the right to sue.

Release and Waiver of Claims; Indemnification Agreement

In consideration of being allowed to use the facilities and participate in programs, activities, and events ("Programs") at the Boy Scouts of America (BSA) Camp Buffalo Bill (Wyoming), [a part of Adventure West Council and hereafter BSA], the participant hereby agrees, to the fullest extent permitted by law, as follows:

- 1) TO WAIVE ALL CLAIMS they have or may have against BSA arising out of the Participant's participation in the Programs or the use of any equipment provided by BSA. The Participant understands they are releasing any and all claims that arise or may arise from negligent acts or conduct of BSA, its instructors (guides), employees, agents, and/or officers, to the fullest extent permitted by law. However, nothing in this Agreement shall be construed as a release for conduct that is found to constitute gross negligence or intentional conduct;
- 2) TO ASSUME ALL RISKS of participating in the Programs and using the Equipment, even those caused by the negligent acts or conduct of BSA, its instructors (guides), employees, agents and officers. Participant understands and acknowledges that the whitewater programs engaged in are inherently filled with risk of serious injury and/or death, (including drowning, trauma, and hypothermia), since they include activities interacting with fast moving unregulated water. The Participant understands there are inherent risks of participating in these Programs and riding on watercraft on the surface of rivers and other waterways;
- 3) TO RELEASE BSA, its instructors (guides), employees, agents and officers from all liability for any loss, damage, injury, death, or expense that the Participant (or his/her next of kin) may suffer, arising out of his/her participation in the Programs and use of the Equipment, including while receiving instruction and/or training;
- 4) TO INDEMNIFY BSA, its instructors (guides), employees, agents and officers, from all liability for any loss, damage, injury, death, or expense that the Participant (or his/her next of kin) may suffer, arising out of the participation in the Program and/or use of the Equipment.

Arbitration

The Participant/Volunteer hereby agrees to submit any dispute arising from participation in the Program, for which Participant/Volunteer intends to seek damages in excess of \$75,000.00, to binding arbitration. Submission shall be unlimited. For such disputes, a three-member arbitration panel shall be established, consisting of two party-appointed arbitrators (one arbitrator to be appointed by each party) and one neutral arbitrator (collectively, the "Panel"), to be chosen by the party-appointed arbitrators. The neutral arbitrator shall be an officer or director of any entity operating a Whitewater River Rafting type of business in the United States. In the event the two party-appointed arbitrators are not able to agree on a third, neutral arbitrator, the neutral arbitrator shall be appointed by a District Court Judge, for Judicial District appropriate to the matter in the state of Wyoming, utilizing the selection criteria for the neutral arbitrator as set forth above. Each party shall pay its own costs, including the costs associated with the party-appointed arbitrators, and the parties shall share equally the costs incurred and the arbitrators shall be governed by the Rules of Evidence utilized by the District Court. The Panel shall establish a reasonable and appropriate discovery schedule to expeditiously resolve the matter. In the event that the Participant/Volunteer, files a lawsuit in any court relating to, and/or arising from, Participant's participation in the Program. Participant, by signing this document, stipulates to a cap on Participant's damages of \$75,000.00, exclusive of interest and costs. As a threshold matter, the Panel, or the Court (if a lawsuit is filed), shall confirm whether the Waiver and Releases contained in this Agreement are enforceable under applicable law.

Waiver Photography/Videographer Release

Participant hereby grants to BSA, its representatives, and employees the right to take photographs and video of Participant in connection with Participant's participation in the Programs, activities, or events. Participant hereby authorizes BSA to copyright, use, and publish the same in print and/or electronically. Participant hereby agrees that BSA may use such photographs and video of Participant for any lawful purpose, including <u>but not limited to publicity</u>, illustration, advertising, and Web content.

Personal Responsibility

The Participant certifies he/she has no physical or mental condition which precludes him/her from participating in the Programs, and he/she is not participating against medical advice. The Participant understands his/her participation in the Program is voluntary and further understands that he/she has the opportunity to inspect the Host's equipment and location before any participation.

The Participant understands he/she may utilize their own equipment during the Programs with approval of BSA, understanding that use of privately owned personal property is at the risk of the Participant and BSA claims no liability for the use of such equipment.

The Participant understands he/she is obligated to follow the rules of the Programs, the instructions from the instructors (guides) and employees of the Host, and that he/she can minimize his/her risk of injury by doing so and through the exercise of common sense and by being aware of his/her surroundings. If, while participating in the Programs, the Participant observes any unusual hazard, which he/she believes jeopardizes his/her personal safety or that of others, he/she will remove himself/herself from participation in the Programs and immediately bring said hazard to the attention of BSA.

I acknowledge and agree that possession and/or consumption of alcoholic beverages and/or drugs, (except for medical necessity) are not permitted on or near the Program areas. I further acknowledge that I will NOT consume alcoholic beverages BSA property.

To the extent that any portion of this Agreement is deemed to be invalid under the law of the applicable jurisdiction, the remaining portions of the Agreement shall remain binding and available for use by BSA and its counsel in any proceeding.

I understand and agree this release covers any COVID-19 infection occurrence before, during, or after participation in the Programs and BSA will not be liable for contracting any infection.

I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I MAY BE WAIVING CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.

This Release & Waiver shall be valid from:	n: through:		oant:	Guardian:	
Be	ginning Date I	Ending Date	Initials	Initials	
Participant/Volunteer Signature:			Date:		
Participant Legal Guardian's Signature	e if participant is unde	er 18:			
	Date:				

What To Do When You Get Home

Thank you for choosing YHAO for your summer camping experience. We hope you had a fabulous time! Here are a few things to do when you get home:

- Don't forget-we are happy to generate employer or spouse thank-you letters. If you didn't sign-up for one before you left camp, you can contact the Greeley office at anytime to request one.
- Please make sure that you filled out an exit survey. Each one of the surveys are read by camp and council leadership and any issues are addressed. Your voice matters!

See you next summer!! Come and play in the Rockies.



