

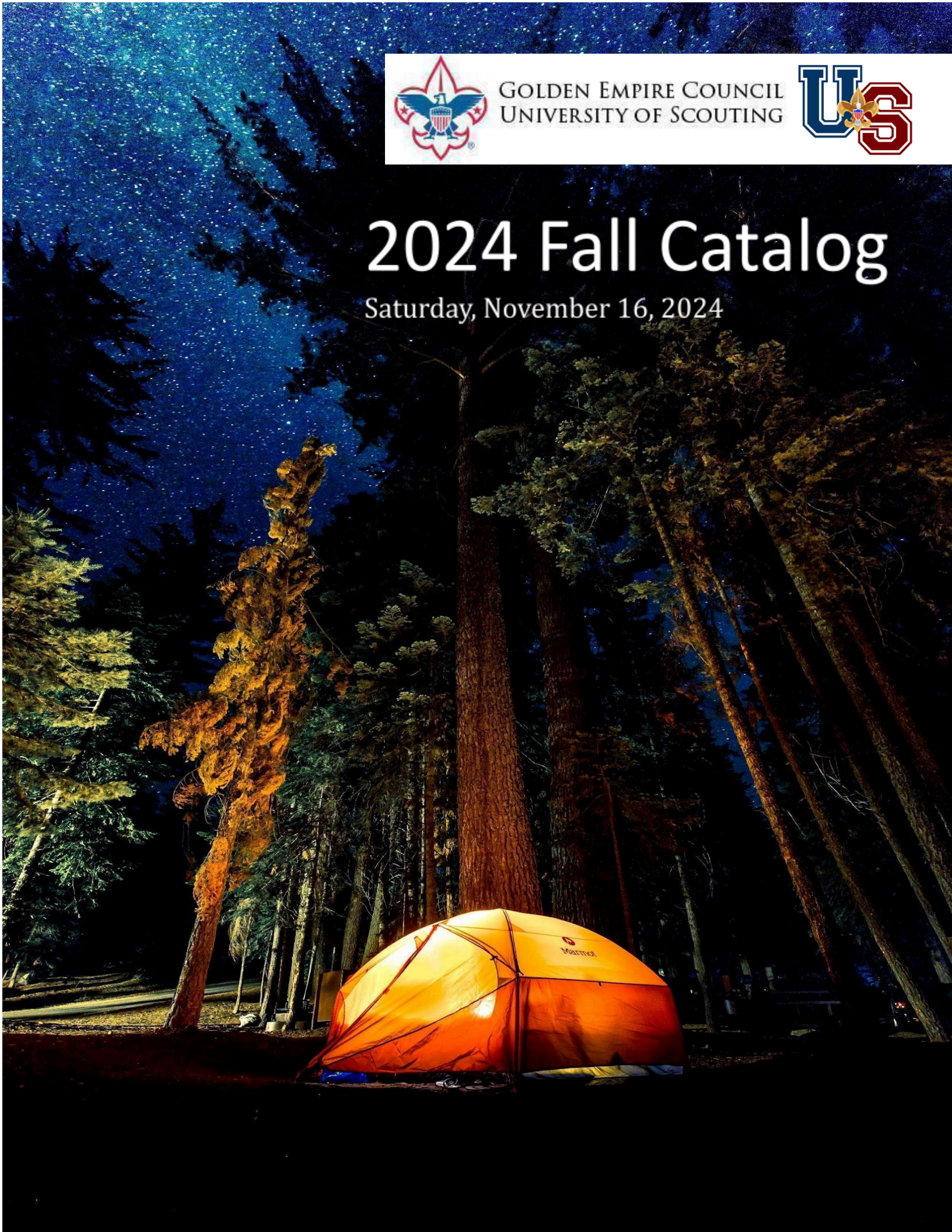


GOLDEN EMPIRE COUNCIL
UNIVERSITY OF SCOUTING



2024 Fall Catalog

Saturday, November 16, 2024



About the University of Scouting

The University of Scouting is Golden Empire Council's annual adult training event. We offer a wide array of courses to help our adult leaders thrive in their positions and deliver the best possible program for our youth. This will be an **in-person event ONLY** offering an exciting day for adults to come together in person to meet and learn from one another.

Location - In Person

Florin High School [View Map](#)

7956 Cottonwood Lane, Sacramento, CA 95828

The University of Scouting theme

The 2024 theme for University of Scouting is **Step it Up**



Using this catalog

This program catalog is being provided as a planning tool to help you maximize your University of Scouting experience. Please take some time to look through the catalog and read the course descriptions so that you can get an idea of what classes you would like to take. Courses are organized into broad areas of study: Cub Scouting, Scouts BSA, General Courses, and Order of the Arrow. While taking courses in the program area that you volunteer for is beneficial, we encourage you to take any class that is of interest to you. All leaders are welcome to take any class in any area.

Planning guide

Please see the planning guide near the end of this catalog, which you can use to map out your day to ensure that you do not sign up for two classes that are running concurrently, and also as a helpful reference during the day of the event to know which classes you signed up for.

Registration

Early bird registration is from Sept 1st to 30th and the fee is **\$20**. From Oct 1st to 31st the fee is **\$25**. The fee covers a participant patch and council professional & technology support. Some classes have an additional fee, which is noted in the class descriptions. Payments are made online at the time of registration. Courses are filled on a first come, first served basis.

Registration closes on Oct 31st and no changes can be made after that date. We will email you your class schedule with room numbers so you can skip check-in and go right to the Opening.

NOTE: in order to reduce the cost this year lunch is not provided, please bring your lunch, however the OA will be there with a snack bar to supplement what you bring. .

For assistance with online registration email UniversityofScouting2019@gmail.com.

Opening

Starts 8:00 am

Don't miss the opening. It will get your day started right. There will be songs, skits, fun, and prizes. If you want to try out early for the Scout Expo Talent Show, reach out to Dave Ishikaw (916 217-1367 or sm-380@comcast.net) a to add your act to the University of Scouting Opening.

Schedule

All sessions are 50 minutes unless stated otherwise.

Arrival & opening	Morning sessions	Lunch	Afternoon sessions
7:45 am	9:00 am Session 1	12:00 pm - 12:50 pm	1:00 pm Session 4
8:00 am - 8:50 am	10:00 am Session 2		2:00 pm Session 5
	11:00 am Session 3		3:00 pm Session 6

Planning committee

A special thanks to those volunteers who worked to bring this event together.

University of Scouting chair	Kim Perry-Reed
Communications & Promotion	Rob Huddleston
Registration & Webmaster	Johnie Pennington
Program & Schedule	Cynthia Wright
Logistics	Anne Nguyen
Catalog Design	Rob Huddleston
Opening Ceremony	Julio Cesar Rivera
Midway	Michael Speer
GEC Staff Advisor	Justin Hernandez

Staff instructors & volunteers

Staff early bird registration is from Sept 1st to 30th and the fee is **\$5.00**. From Oct 1st to 31st the fee is **\$10.00**.

Cub Scout & Webelos

CS-01. New Cub Parent Orientation: How to engage, include and encourage participation by new families in your unit, utilizing their skills to make your pack program more creative and functional. **50 minutes**

CS-02. Dynamite Den & Pack Meeting: How to liven up meetings with a variety of ideas. How to get and keep the attention of your audience and use a variety of methods for every learning style. Using games, outings, challenges, music, outside experts and even food to make Scouting more fun for everyone—even the leaders. **50 minutes**

CS-03. Cub Pack Annual Program Planning: A fun and successful year for your Cub Scout pack involves annual program planning. Learn and discuss the essentials of the annual program planning conference, and find out the “Secret Sauce” of Cub Scouting! **50 minutes**

CS-04. Blue & Gold Inspirations: Want to get some ideas on how to make your next Blue & Gold fabulous? Join us for tips and ideas on decorating, food, activities, locations, etc. **50 minutes**

CS-05. Year-Round Recruiting for Cub Scout Packs: Come learn how to create events throughout the year and increase your pack participation. Making your Cub Scouts more visible in the community will also increase your pack membership. Parades, movies in the park and community events. **50 minutes**

CS-06. Working on Adventures Across Ranks: In this session, you will discover the common themes among Adventures across ranks so that your unit can continue pack-level and multi-age programming. It will also include shared activities and crafts suggestions. This information can assist in the planning of events such as camping/outdoor programs and belt loop events as well as for your future pack planning meetings. Great for all Cub Scouters to help plan and execute an inclusive set of multi den and pack experiences.. **50 minutes**

CS-07. Cub Scout Advancement Policies & Procedures: When should you award adventure belt loops? Should Scouts have to wait until the Blue & Gold to receive their rank patches? Who is supposed to sign off books? Find out the answer to these and all your other Cub Scout-related advancement questions. **50 minutes**

CS-08. Beyond Advancement—Awards & Challenges: An introduction to awards and challenges in and out of the Scouting program, including local community opportunities that build on and expand the Scout experience, get Scouts out in their community and advertise the benefits of Scouting for youth and families. **50 minutes**

CS-09. Webelos to Scout Transition: An effective Webelos to Scout transition plan is essential for retaining our current Cub Scouts by moving them into a Scouts BSA Troop. Tips to encourage parents and Webelos to make the change to a Scout-run program, and how to prepare Webelos for the transition. **50 minutes**

CS-10. Summertime Adventures: Do you know what your pack has to do to earn the Summertime Pack Award? It's simple: plan an activity in June, July & August. Dens with half their membership attending will get a Den award, Scouts that attend all 3 get a pin to wear on their uniform. Join us to learn more and get ideas on the types of activities you can plan. **50 minutes**

CS-11. Fun Outings for Everyone: Learn about all kinds of places to visit throughout the Golden Empire Council service area (Northern California) and how to get the most out of that visit. How to prepare for outings so everyone is included and participating, how to handle logistics, safety, communication, unexpected issues and varying experience, skills, and ages within the unit so an outing is a positive experience for everyone. **50 minutes**

CS-12. Successful Cub Family Campouts: Help families with varying experience learn to enjoy successful campouts. Ways to help your unit prepare for an outdoor program activity and encourage everyone to participate. **50 minutes**

CS-13. Pack Cooking: Want to learn how to cook for your pack at a pack meeting or pack family campout. Come learn from an experienced Cubmaster. **50 minutes**

CS-14. Cub Camping and Awards: Join us for a feedback session as we move forward with planning the Cub Scout camping program! Districts and Council groups have been holding day/twilight camps, single day events, Cub weekend family camps, Cub-O-Rees, and Fishing Derbies. Which activities meet your pack program needs? Where and when should they be held? **50 minutes**

CS-15 Cub Level Campfire Program: Campfires are lots of fun, but when you add songs, skits and stories it takes it to the next level. In this class you will learn how to host an amazing Cub campfire! **50 minutes**

CS-16. Fishing Basics for Scout Leaders: This program is for Scout Leaders wishing to gain some basic knowledge to take their units and dens fishing. **50 minutes**

CS-17. Tie Slides for Every Occasion: Come learn how to make tie slides, woggles, and other creative ways to keep your neckerchief tidy. Bring your favorite slides to share and go home with new slides and fun ideas. **50 minutes**

CS-18. Songs in Scouting: Liven up your pack or den meetings with a song or two! Learn great campfire songs. Join the fun and receive a digital songbook. **50 minutes**

CS-19. Cub Scout Crafts: Come learn some new crafts that are fun for your Cubs. It's always nice to have something at den meetings and pack meetings. **50 minutes**

CS-20. Knives & Cubs – Safe & Fun!: For those who want to know all about knives for Cub Scouts, the different types, how to handle them, and how to talk to the Cub Scouts about knife safety. **50 minutes**

General Scouting Education

GE-01. Knots, Knots, and More Knots: Do you struggle with knots? Do you want to help Scouts learn how to tie the basic knots? The focus in this class is on rank required knots, then more knots as time permits. **50 minutes**

GE-02. Campfires & Flag Retirement: We are going to do a real campfire at UOS this year, come join us as we discuss skits, songs, general flow and how to make this an enjoyable experience for all. We will customize for Cubs, Webelos and Scouts BSA as fits the audience. We will also close with an easy to replicate Scouts-Own discussion as well as a flag retirement ceremony with tips and tricks that are program appropriate. **50 minutes**

GE-03. Astronomy for Scout Leaders: This class is for leaders of Scouts of all ages. The class will have interactive activities to determine the observer's latitude and how to determine the time of night using only the stars. It will demonstrate fun ways to recognize the phases of the moon. It will show how to find the major constellations and identify the brightest stars. It will show how to locate our solar system's planets and give the best times to observe them. It will show how to locate and see nebulas, star clusters and galaxies while only using binoculars. The class will also help you locate the North Star and understand our planet's celestial axis. Finally, it will give the dates of the year's meteor showers. Join us and give your unit the universe. **50 minutes**

GE-04. Basketry: Come learn how to make a basket and teach your Scouts. This is a fun hands on class where you get to make and take home your very own basket. **Class limited to 10 participants. 50 minutes**

GE-05. Lord Robert Baden-Powell: the Scout, the Man and His Legacy: Find out who and what influenced Lord Baden-Powell to become the man and the Scout he was. Where did his ideas come from? What was his vision for Scouting in the beginning of the movement and how did it change over time? Why is his vision still relevant now? **50 minutes**

GE-06 Interfaith Service: How do you observe duty to God with the different faiths in your pack? We will have a short discussion on the importance of reverence, a longer one on HOW we can put together an interfaith service, and then we will observe an interfaith service. Our faiths are not what separate us; they are our common bond. **50 minutes.**

GE-07. International Scouting & Messengers of Peace Award: Today, Scouting is taking place in over 170 countries, known as National Scout Organizations (NSOs) around the world as part of the World Organization of the Scout Movement (WOSM). Join us as we look at Scouting beyond our borders and learn about how we can participate in Scouting programs and initiatives. Many activities can be done from the comfort of your home while others offer opportunities to interact physically with Scouts from other countries at Jamborees and meetings. **50 minutes**

GE-08. Adult Recognition & Awards: This covers awards for training, recognition, and service attained as a leader at all levels of Scouting (Cubs, Scouts BSA, and Venturing). It also covers youth awards that may be worn by adults (Eagle, religious, etc.) We will discuss the proper way to display each award on the uniform and where to look for the requirements. **50 minutes**

GE-09. Bullying Awareness and Strategies: How to use the ideals of Scouting to thwart the growing bullying culture, empower victims and raise empathy-awareness in the ones who bully. **50 minutes**

GE-10. Working with Scouts with Autism: According to the Centers for Disease Control, 1 in 36 children have a diagnosis of autism. Autism is a spectrum disorder, and as such individuals with autism profile differently and present unique strengths and weaknesses with each individual. This class will review the challenges adult leaders may face with having a Scout with autism in a troop, as well as offer strategies for Scout-lead activities and approaches to help Scouts with autism be a successful and participating member of their patrol and troop. **50 minutes**

GE-11. Coping With ADHD in Your Unit: Attention Deficit/Hyperactivity Disorder (ADD and ADHD) is something that can be encountered in any unit. It is important to be able to understand the challenges that are present in both child and adult ADHD to develop strategies to help manage the needs of these Scouts. This is a review of ADHD with some guidelines and skills to better help the leader or Scout. **50 minutes**

GE-12. Scouting with Physical Disabilities: This course will help you to understand a variety of physical disabilities that scouts may have in your unit. We will discuss how to adapt your scouting program to

accommodate them and provide opportunities for them to reach their scouting goals. **50 Minutes**

GE-13. A Guide to Advancement for Special Needs

Scouts: Any youth can be successful as a Scout, and for many youths who have special needs, the Scouting program provides a real opportunity to thrive. This course will highlight what advancement alternatives exist for these Scouts and the proper way to secure any necessary modifications. **50 Minutes**

GE-14. Mental Health Awareness: In this class led by a board certified psychologist and Scouter, we will discuss common mental health challenges our Scouts face and ways to accommodate and help fellow Scouts and leaders navigate mental health needs. Resources and real world interventions will be provided. **50 minutes**

GE-15. Coping with Anxiety and Depression in Youth:

Taught by a seasoned Scouter and Forensic Psychologist, this course is designed specifically for Scout leaders to equip them with the knowledge and skills necessary to support scouts dealing with anxiety and depression. Mental health challenges are increasingly prevalent among young people, and leaders play a critical role in fostering a supportive and understanding environment. This course is ideal for current and aspiring Scout leaders who are committed to supporting the mental health and well-being of their scouts. No prior mental health training is required. **50 minutes**

GE-16. Scouting is In(clusive): Inclusive leadership starts with intentional action. Dr. April Nguyen (she/her/hers) drives and empowers Scout leaders to create change within our communities. Celebrating our differences, we'll learn how to leverage our different personalities, backgrounds, and perspectives to make sure everyone has a seat - and voice - at the table. She invites you to join this journey of practicing allyship for each youth, volunteer and leader in this interactive session to build an inclusive culture of belonging and strengthen your recruitment efforts. **50 minutes**

GE-17. Outdoor Ethics Orientation: The goal of this course is to introduce the concept of outdoor ethics in a fun and engaging way to a group with little experience in outdoor ethics. It should help Scouters at all program levels understand the general principles behind Scouting's outdoor ethics program. **50 minutes.**

GE-18. BSA Leave No Trace Basics: In this class, participants will learn about the Outdoor Code, Leave No Trace, Tread Lightly! and the Land Ethic in a fun and engaging way. Whether you have little experience or are an expert in outdoor ethics, there will be something new for you to learn in this class.

Beyond just learning outdoor ethics skills and techniques, the class will also cover:

- The need for outdoor ethics in Scouting,
- The BSA outdoor ethics educational model and awards,
- How to implement outdoor ethics programs in your unit, and
- Where to find additional resources related to outdoor ethics.

With a little bit of homework before class, participants can also earn their BSA Outdoor Ethics Awareness award. **3 hours**

GE-19. Great Camping Spots and Local Hikes: This course will go over great, local spots to hike for all ranks, as well as go over some great camping spots in the Northern California area. **50 minutes**

GE-20. Outdoor Cooking: In this class we will go over the basics to outdoor cooking, which includes Dutch oven cooking, foil wrapped meals, and cooking on different camping stoves. We will also look at different recipes that are Scout friendly. **50 minutes.**

GE-21. Camping on a Shoestring Budget: In this class we will go over ways your unit, and families can save money while camping. We will utilize different resources to accomplish this goal. **50 minutes.**

GE-22. BSA Camps & Local Options: Camp Winton was closed in 2024 for renovations. What has been done? What features are included in the 2025 program? What staff opportunities are there for youth and adults? Come find out in this breakout. **50 minutes**

GE-23. Angling Educator Course: Everything you need to know to take your Scout's Fishing! The program is designed to give a student who has never fished the skills and knowledge, both practical and ethical, to go to a pond and be immediately successful. This is a National Training course, delivered by Certified Angling Instructors. **4 Hours**

GE-24. GEC Shooting Sports Overview: Join us to learn the new BSA shooting sports rules. Take away information on how you can help support your youth experience with archery, BB guns, rifles, pistols, wrist rockets, sling shots, catapults, water rockets, and tomahawks. Representatives from the GEC Council Shooting Committee will be there to share new training requirements, training dates, council shooting events and what the committee is doing to increase shooting opportunities within GEC. **50 minutes**

GE-25. Emergency Preparedness: This class will go over how your family can be prepared in case of an emergency (environmental, health, or financial), and how as Scouts, and leaders in our community, we can help our community in case of an emergency. **50 minutes**

GE-26. CPR and AED for the Adult and Child: American Heart Association CPR and AED for Adult and Child. **\$40 additional fee. *Session starts at 8:30 am and ends at 12:00 pm*** Class limited to 9 participants. 3.5 Hours

GE-27. The Art of Coaching Leaders: The coach is a facilitator of learning. Good coaches believe that the individual actually has the answers to problems. This course will guide participants to help other leaders to improve their performance and build stronger relationships. **50 Minutes**

GE-28. Unit Key 3, Teamwork Makes it Easier: What is the unit key 3? This session discusses the responsibilities and challenges of the unit key 3, emphasizing connections to the sponsor, solid committee leadership and trained unit leaders. What are the roles of each, how best to work together and what tools and material exist to create a world class gold JTE unit? **Class limited to 30 participants. 50 minutes**

GE-29. The NEW JTE: Planning for Unit Success: Planning for Unit Success: How to use 6 important and accessible unit measures to create, nurture and monitor a year-round program of excellent Scouting for your unit. Decide to be a successful unit and make plans to achieve that goal. Build in the important activities and have fun doing so. **Class limited to 30 participants. 50 minutes**

GE-30. Unit Leadership Succession Planning: What a succession plan is, the benefits of having one and then how to go about creating one. A succession plan will help make sure your unit survives when you and other leaders move on to other Scouting positions. **Class limited to 30 participants. 50 minutes.**

GE-31. Building Your Unit's Membership with a BeAScout Pin: Your unit's BeAScout PIN is a no-cost way of reaching out to the community for recruiting new youth. An up-to-date BeAScout PIN with correct contact data and unit information can attract families with youth that want to join Scouting. Learn what the BeAScout Pin is, the BSA National Council website it is attached to and how to update your PIN. **50 minutes.**

GE-32. The Unit Committee: It Takes More Than a Few Good Leaders: The unit committee is an integral part in delivering Scouting to your youth. Learn about the functions of the committee, leading the committee and discuss techniques on how to build and maintain the unit committee. **50 minutes.**

GE-33. An Introduction to the My.Scouting Website Toolkit: Take advantage of the National Council website for recruiting youth into your unit. This website is accessible for all parents and youth who are interested in finding a local unit to join. It costs you nothing. Your unit

location is shown on a map by a flag PIN. Associated with that PIN can be unit contact information, unit website address, what type of unit (boy/girl), a "request more information" button and the ability to accept applications on-line. Attend this session and learn the power of BeAScout and how it can help build your unit to JTE Gold in Membership. **50 minutes.**

GE-34. Social Media Resources for Scouting and Communication Technology: While scouting is rooted in face-to-face experiences to build skills, faith, and camaraderie, social media can be a powerful tool to promote and build your troop! Learn how to reach parents online to build awareness, generate excitement, and grow your numbers! Digital communication is also an important part of keeping your units up to date. Learn some tools and best practices to utilize the various available tools. **50 minutes**

GE-35. Service Projects Nuts & Bolts : A step-by-step guide to planning service projects with your unit. **50 minutes**

GE-36. Uniforms: Why, How, and When to Wear Them: One of the great confusions in Scouting is what is the "proper" uniform at any specific time and place. When to wear what and what goes or does not go together. Let's discuss the "rules" and myths so we can be as fashionable and correct as desired. **50 minutes**

GE-37. Understanding and Preventing Leadership Burnout: Just like in your career and other life pursuits, doing too much Scouting without the right tools will lead to burnout and resentment. This session, led by a Scouter & psychologist known for expertise in burnout, will focus on common signs of burnout and interventions you can use with yourself and fellow leaders to prevent leader burnout. **50 minutes**

GE-38. Communication skills: practice and theory: Poor communication causes problems. Learn how to communicate better. Start with a communication exercise using Lego. Then learn from that experience and discover tips on how to improve your communication efforts. **50 minutes.**

Scouts BSA

SBSA-01. Life to Eagle for Unit Leaders: This class is focused on providing Scoutmasters, Committee Chairs and Eagle Mentors with the tools, tips and knowledge necessary to guide Scouts successfully through the process of earning the Eagle Rank. At the end of this course you will understand the roles, responsibilities and rewards of

working with these exceptional young men and women. **50 minutes**

SBSA-02. Merit Badge Counselor Training: Learn how to do it right—nothing more, nothing less. **50 minutes**

SBSA-03. Make Merit Badges Memorable: Merit badges are more than opportunities to learn new skills. They help Scouts to gain confidence, develop self-reliance, and explore fields of study that could become careers or lifelong hobbies. Attend this class to learn how you can make an impact with a memorable, engaging merit badge experience. **50 minutes**

SBSA-04. Navigational Skills: Learn to navigate with maps and compass. Coverage of basic geographic terminology, the different types of compasses, maps and charts, and what each is used for. This course is good for either beginner or intermediate skill levels and will help you to bring these critical navigation skills back to your troops, crews and ships. Students are requested to bring a compass, pencil, and straight edge. All other supplies will be provided. **50 minutes**

SBSA-05. Pioneering: Lashing, Knots and Gadgets: Are you sick of losing points at summer camp because your scouts don't know how to build fun and useful camp gadgets? Or, do you wish your troop could have an epic gateway at the camporee? Learn the basics of camp gadget assembly using poles and lashings so that your troop can be the envy of the camp. **50 minutes.**

SBSA-06. The Guide to Advancement—Scouts BSA: Are uniforms required for Boards of Review? Can a Scoutmaster refuse to sign a Blue Card? Did you know there is a definitive, official answer to these and every other advancement-related question you might have? Find out about what the Guide to Advancement is and how to access it and come with all your advancement questions. **50 minutes**

SBSA-07. Scouts BSA Team Building Games: Why is it important to have team building games in Scouting? What do youth get out of team building games? Join us for hands-on team building games to realize how important & fun it is. **50 minutes**

SBSA-08. Strictly for Scoutmasters: Designed for Scouters dealing with the challenges of developing a successful Scouts BSA troop. Best practices and hot topics will be covered in this fast-moving session. Open to Scoutmasters, assistant Scoutmasters, and committee members wishing to bring home ideas to assist in improving their unit's program. Be prepared to participate and share ideas. **50 minutes**

SBSA-09. How to Increase Scout Participation: Ways to utilize all facets of the scout program to help maintain

membership and participation with older scouts. **50 minutes**

SBSA-10. Year Round Recruiting for Scouts BSA Troops: This class will look at effective strategies for boy and girl troops to work continuously and effectively to encourage the available pool of Cubs and other young boys and girls to join our units. **50 minutes**

SBSA-11. Want to be an Archery Merit Badge Counselor?: True or false? You need to be a competitive archer to be an Archery Merit Badge counselor.

Answer: false

All you need are the basics on the following S's: 1) safety, 2) students, 3) stuff, 4) setup, 5) signals, 6) shot process (basic level), and 7) self-reflection. This course will prepare you for the USA Archery Level 1 Instructor course, so you can help run a BSA Archery range and perform as an Archery MB counselor. **50 minutes**

SBSA-12. Retaining Older Youth in Your Troop: Older youth participation is a key factor in building a strong, resilient unit. Why do older youth seem to participate less in unit activities? Join us to discuss why and learn successful tips on how to keep older youth engaged across an entire Scout career. **50 minutes**

DCT-01 (Formally SBSA-13). Den Chief Training: Limit 36, so sign up early. Pre- requisite for the class – at least 13 years old and First-Class Scout (NO EXCEPTIONS) with Scoutmaster approval. Leadership training for Scouts. Learn the responsibilities of a Den Chief and then learn how to have fun with the Cubs while being a good example. **Session starts at 9:00 am ends at 2:00 pm 4 hours**

SBSA-14. Flying High: Creating a Memorable Eagle Court of Honor: It takes a lot of work and persistence to become an Eagle Scout. Learn ideas of how to appropriately honor Eagle Scouts while helping them understand the importance of continuing to set their standards high. **50 minutes**

SBSA-15. Intro to Outdoor Gear: In this 50-minute course, we'll delve into the essential outdoor gear needed for Scouts at various ranks. We'll examine a range of equipment and brands, discussing their importance and any additional items that may be necessary. **50 minutes**

SBSA-16. Lightweight Backpacking: Ensure your Scouts and leaders have the best possible backpacking experience by learning a few key lightweight strategies. Take the "back breaking" out of backpacking by knowing what gear and food choices reduce pack weight. Get to camp ready to explore, and not recover! **50 minutes**

SBSA-17. What is Basic Backpacking Awareness: Every scout deserves a trained leader. Taking scouts on an outing and asking them to carry everything they need to survive on their backs can be scary. Making this task successful comes from leaders that have the knowledge and tools to be confident in their ability, even if they've never done it before themselves. In this session we will focus on one topic out of the many that make up the full BBA course this coming spring.

I look forward to seeing you at our course trailhead and helping you take that first step into the adventure of a lifetime. **50 minutes**

SBSA-18. BSA High Adventure Bases: There are 4 National High Adventure Bases: Philmont, Sea Base, Northern Tier and The Summit. Get to know what each base has to offer and why you would want your troop to plan a high adventure at one or all of them. **50 minutes**

SBSA-19. High Adventure Safety—Keeping Youth and Adults Safe: This course provides an overview of best safety requirements and practices that adult and youth leaders should be mindful of when engaging in high adventure activities at official BSA high adventure camps as well as high adventure activities at the unit level. **50 minutes**

SBSA-20. Introduction to High Adventure. This course provides the basics of how to start a high adventure program for your unit and an overview of national and local high adventure opportunities for older youth. **50 Minutes.**

SBSA-21. Successful 50 Milers: Looking to take your weekend backpacking trips to the next level? Maybe you've done one and thought "I wish I knew that earlier"? We've got answers to many of your questions. Maybe even a few you haven't thought of yet. **50 minutes**

SBSA-22. Cooking in the Outdoors: A Guide to Trail Cooking: Trail cooking will include planning, purchasing and preparing food and gear prior to hitting the trail. We will cover responsibilities of each Scout and adult supervision at each stage from prep to trail. We will discuss a healthy trail diet and how to keep the Scouts hydrated and fed. We will also discuss supplemental food like fishing and on-trail resupply for the trips that require it. **50 minutes**

SBSA-23. Climb on Safety: Climb On Safely is the Boy Scouts of America's required procedure for organizing unit climbing and rappelling activities at all levels of the Scouting program (*outdoor, indoor, and portable structures*): Cub Scouts, Boy Scouts, Varsity Scouts, Sea Scouts, and Venturers. Climb On Safely is designed to help adult leaders organize a climbing and rappelling program for their unit, similar to Safe Swim Defense and Safety

Afloat. It is not designed to teach leaders how to instruct BSA youth in the skills of climbing and/or rappelling. Teaching climbing or rappelling requires a trained climbing instructor who meets the criteria under "Qualified Instructors" in Climb On Safely. **50 Minutes**

SBSA-24. Intro to OKPIK This course provides an introduction to cold weather camping and is intended to be an overview seminar for the more extensive training provided in our council's Okpik training. **50 Minutes**

University of Scouting schedule

Cub Scout and Webelos

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
CS-02 Dynamite Den & Pack Meetings	CS-08 Beyond Advancement - Awards & Challenges	CS-04 Blue & Gold Inspirations	CS-07 Cub Scout Advancement Policies & Procedures	CS-03 Cub Pack Annual Program Planning	CS-01 New Cub Parent Orientation
CS-06 Working on Adventures Across Ranks	CS-10 Summertime Adventures	CS-05 Year Round Recruiting for Cub Scout Packs	CS-14 Cub Camping and Awards	CS-13 Pack Cooking	CS-17 Tie Slides for Every Occasion
CS-09 Webelos to Scout Transition	CS-12 Successful Cub Family Campouts	CS-11 Fun Outings for Everyone		CS-19 Cub Scout Crafts	CS-20 Knives and Cubs - Safe & Fun!
CS-16 Fishing Basics for Scout Leaders - New	CS-18 Songs in Scouting	CS-15 Cub Level Campfire Program			

General Scouting education

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
GE-04 Basketry max 10 participants	GE-02 Campfire\Flag Retirement	GE-04 Basketry max 10 participant	GE-01 Knots, Knots, and More Knots	GE-08 Adult Recognition & Awards	GE-07 International Scouting / Messengers of Peace Award
GE-09 Bully Awareness and Strategies	GE-10 Working with Scouts with Autism	GE-05 Lord Robert Baden-Powell: the scout, the man and his legacy	GE-03 Astronomy for Scout Leaders	GE-14 Mental Health Awareness	GE-15 Coping with Anxiety and Depression in youth. NEW
GE-11 Coping with ADHD in Your Unit	GE-19 Great Camping Spots and Local Hikes	GE-12 Scouting with Physical Disabilities- New	GE-06 Interfaith Service - NEW	GE-21 Camping on a Shoestring Budget	GE-20 Outdoor Cooking

GE-16 Scouting is In(clusive) - NEW	GE-29 The NEW JTE: Planning for Unit Success	GE-17 Outdoor Ethics Orientation	GE-13 A Guide to Advancement for Special Needs Scouts - NEW	GE-25 Emergency Preparedness	GE-24 GEC Shooting Sports Overview
GE-22 BSA Camps & Local Options	GE-34 Social Media Resources for Scouting and Communication Technology	GE-23: Angling Education Course			
GE-28 Unit Key 3, Teamwork Makes it Easier	GE-37 Understanding and Preventing Leadership Burnout	GE-24 GEC Shooting Sports Overview	GE-18: BSA Leave No Trace 101		
GE-36 Uniform: Why, How and When to wear them.		GE-30 Unit Leader Succession Planning	GE-31 Building your Unit's Membership with a BeAScout Pin	GE-32 The Unit Committee, It takes more than a few good leaders	GE-27 The Art of Coaching Leaders NEW
		GE-35 Service Projects: Nuts & Bolts	GE-38 Communication skills: practice and theory - NEW		GE-33 An Introduction to the My.Scouting Website Took Kit
GE-26 CPR and AED for the Adult and Child \$40 Extra class size 9. Start time 8:30AM					

Scouts BSA

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
SBSA-01 Life to Eagle for Unit Leaders	SBSA-01 Life to Eagle for Unit Leaders	SBSA-02 Merit Badge Counselor Training	SBSA-08 Strictly for Scoutmasters	SBSA-06 The Guide to Advancement--Scouts BSA	SBSA-03 Make Merit Badge Memorable
SBSA-05 Pioneering: Lashing, Knots and Gadgets. NEW	SBSA-15 Intro to Outdoor Gear	SBSA-17 What is Basic Backpacking Awareness	SBSA-10 Year Round Recruiting for Scouts BSA Troops	SBSA-07 Scouts BSA Team Building Games	SBSA-04 Navigational Skills
SBSA-11 Want to be an Archery Merit Badge Counselor?	SBSA-16 Lightweight Backpacking	SBSA-18 BSA High Adventure Bases	SBSA-22 Cooking in the Outdoors : A Guide to Trail cooking	SBSA-09 How to Increase Scout Participation	SBSA-07 Scouts BSA Team Building Games
DCT-01 Den Chief Training - Held sessions 1 - 4 (9 AM - 2 PM)				SBSA-14 Flying High: Creating a Memorable Eagle Scout Court of Honor	SBSA-12 Retaining Older Youth in Your Troop

SBSA-20 Introduction to High Adventure - NEW	SBSA-21 Successful 50 Milers	SBSA-23 Climb on Safety - NEW		SBSA-19 High Adventure Safety - Keeping youth and adults safe	SBSA-17 What is Basic Backpacking Awareness
					SBSA-24 Intro to OKPIK - NEW

University of Scouting planning guide

Use the guide below to plan your day and reference as needed during the event.

Time	Course Code	Course Name	Classroom	Notes
9 am	<i>Ex SBSA01</i>	<i>Ex Running a Successful First Year Program</i>		<i>other classes I'd like to take instead at this time...</i>
10 am				
Break				
11:30 am				
12:30 pm				
Break				
2 pm				
3 pm				