



# NEWPORT SEA BASE

## Eagle Scout Package

**THANKYOU** for your class registration at the Newport Sea Base! Be prepared for all the fun activities by reviewing these items below with your child. Please let us know if you have any questions. Enjoy and welcome aboard!

### **NSB Contacts & General Info:**

For the day of the activity **only**, if you have questions or are running late etc., please call the guest services phone at **714-856-1420**.

- Registration/General Questions: [outdoor@ocbsa.org](mailto:outdoor@ocbsa.org)
- Website: [www.newportseabase.org](http://www.newportseabase.org)
- Office Phone: (714) 923-3191
- Address: 1931 West Coast Highway, Newport Beach, CA 92663

### **Drop Off & Pick Up**

- Parking procedures will allow for parents to park in the lot and drop off their child for class, parents may also come onto property to greet staff on the lawn. Parents may park at pick up, and walk to the lawn, as instructors will bring children back to the lawn for pick up.
- Please also refrain from arriving late to class. Late arrivals cause the teacher to repeat instructions several times which could lead to some children falling behind with projects. Also, many classes leave the facility on boat and launch, making late arrivals very difficult if not impossible to catch your child up with the class.

### **Below are few of the badge requirements that will require the family's participation:**

[From the Merit Badge booklet:]

**Family Life Requirement 3:** - Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them. Discuss with your counselor the effect your chores had on your family.

**Family Life Requirement 5:** Plan out a project that involves the participation of the family.

**Family Life - Requirement 6.B** - Plan and carry out a family meeting to include the following subjects:

1. Avoiding substance abuse, including tobacco, alcohol, and drugs, all of which negatively affect your health and well-being.
2. Understanding the growing-up process and how the body changes, and making responsible decisions dealing with sex.
3. Personal and family finances.
4. A crisis situation within your family.
5. The effect of technology on your family.
6. Good etiquette and manners.

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**Personal Management Requirement 2:** Prepare a budget reflecting your expected income (allowance, gifts, wages), expenses, and savings. Track and record your actual income, expenses, and savings for 13 consecutive weeks.

**Money Management** – Discuss an allowance or wage, in advance. Attendees benefit the most when they can effectively setup a budget that allows them to make decisions related to cost of personal clothing, video games, fees, gifts and other non-family items and activities. Family meals and expenses [internet, mortgage, insurance (family cars), utilities (phones), etc] are NOT included in their personal budget. And yes, Mom and Dad can still invite their child out to dinner and treat or continue with a family vacation. But if they run out of money and their online gaming subscription or bossaball registration fee wasn't accounted for in their spending you DON'T cover it. The goal is to begin transferring the understanding of cash management, **but their allowance should also be a balanced weekly amount that was expected to cover those anticipated expenses.**

**Household Chores** – Attendees will begin adding to their personal tasks such as making their bed, bathing and during homework to contributing with family meals, shopping, animal care, cleaning, yard work and beyond.

**Personal Fitness Requirement 8:** Complete the physical fitness program you outlined in requirement 7. Keep a log of your fitness program activity (how long you exercised; how far you ran, swam, or biked; how many exercise repetitions you completed; your exercise heart rate; etc.). Repeat the aerobic fitness, muscular strength, and flexibility tests every two weeks and record your results. After the 12th week, repeat all of the required activities in each of the three test categories, record your results, and show improvement in each one. For the body composition evaluation, compare and analyze your pre-program and post-program body composition measurements. Discuss the meaning and benefit of your experience and describe your long-term plans regarding your personal fitness.

### **Merit Badge Prep Items:**

During this course Scouts will be challenged to grow in many significant ways - and he or she will hopefully gain skills that will be used to good advantage throughout his or her life. The process of gaining these skills is not always easy or comfortable however, and your Scout will need your cooperation (and sometimes help) to complete some of the requirements. You can also expect that your Scout will have a significant amount of homework from these classes. We will be providing worksheets and examples to assist your Scout in this endeavor. Scouts should bring all logging sheets and other long-term assignments to class each meeting and have them checked to make sure that they are fulfilling all the requirements.

- Double check the class description on the registration page for areas of focus and ways to prepare for the class.
- Homework assignments may accompany each class, be sure to check with your child each day on the assignments handed out in class.
- Bring merit badge booklets for all three badges.
- Scouts will also be able to print out their blue cards (merit badge completion) online through your Black Pug registration account. Blue cards online will be available one week after the class is completed. You may also continue to bring blue cards (in-hand) on the last day of class; cards should be signed by your Scoutmaster before attending the class.

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If your child receives a partial for the class, they will receive a partial completion form listing which requirements need to be finished still. Please call the NSB office to set up a time to come in and submit the completed work along with your blue card which will be signed and stamped for merit badge completion. If there is an extensive amount of incomplete work or missed classes, there may be an extra fee to aid in the completion of the merit badge or your child may potentially need to register and take the class again either partially or completely depending on the completion status.

### Class Required Items/General Info:

- Be sure your camper picks up a syllabus from the instructor on the first day of class and reviews the syllabus with parents/guardians.
- Closed-toed shoes are required. Sandals, Crocs, or roller shoes are not permitted.
- Electronics and other valued items should be left at home.
- There will be cubbies for participants to put their personal belongings in, Sea Base is not responsible for any damaged or lost items.

### First Day Expectations:

- Per Physical Fitness Requirement 1.A, Scouts must have a physical done within 12 months of taking the class. **Please bring a copy.** If your Scout has not had a physical done within the past 12 months, please make sure to schedule one as soon as possible as appointments tend to fill up quickly.
- Discuss a reasonable Allowance with your child that will cover ALL their expenses over the next 13 WEEKS. **Scouts will set up a Budget on Day 1.**
- **Household Chores** – Discuss possible chores with your scout that can be done in exchange for weekly allowance.
- Bring a signed copy of the dental exam form.
- Bring clothes and running shoes for fitness testing.
- Bring water.
- Bring binder, three divider pages, paper and pencil or pen for note taking.
- Bring merit badge booklets for all three badges.

### Lunch/Snack Info:

- If staying a full day, lunch must be provided from home. NSB will not be serving any lunches or snacks. Refrain from bringing food items that need to be refrigerated or heated up.
- Lunch supervision will be provided for youth in designated areas and will be supervised by staff.

Thanks again for your participation at the Newport Sea Base.  
Have a GREAT class!

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