

# Sailing

**THANK YOU** for your class registration at the Newport Sea Base! Be prepared for all the fun activities by reviewing these items below with your child. Please let us know if you have any questions. Enjoy and welcome aboard!

#### **NSB Contacts & General Info:**

For the day of the activity **only**, if you have questions or are running late etc., please call the guest services phone at **714-856-1420**.

• Registration/General Questions: outdoor@ocbsa.org

• Website: <u>www.newportseabase.org</u>

• Office Phone: (714) 923-3191

• Address: 1931 West Coast Highway, Newport Beach, CA 92663

#### **Aquatic Class Required Items/General Info:**

- A mandatory swim check will be facilitated on the first day of class. **Children must pass the swim check to participate.**
- For the swim check, children will swim 4 laps (3 laps freestyle, 1 lap backstroke = 100 yds.) inside our dock area and then float for approximately 10 seconds. Children who either cannot or refuse to pass the swim check will not be allowed to continue with the class. However, our staff will make all efforts to help the campers successfully complete the swim check. Mastery of swim strokes is not necessary and note that the swim check is not timed; the goal is comfortable completion and not speed. In advance, we recommend practicing in a pool and also at a local beach (Marina Park) if you feel that your child needs to warm up to past the test and get used to the murky water.
- Closed-toed shoes required (water shoes with rubber grip on the bottom with no openings on the top that expose toes or heels; cost ranges between \$10-\$15 a pair). Do not wear tennis shoes to aquatic classes; they will be ruined and will not dry well. Sandals or flip-flops are not allowed.
- Life jackets will be provided per child and are required while children are on the docks and in the water or on boats. Participants also have the option of bringing their own life jacket, Type 3, from home.
- Wetsuits and goggles are permitted but not provided.
- Also bring a towel, hat, sunscreen, and a change of clothes.
- Electronics and other valued items should be left at home.
- There will be cubbies for participants to put their personal belongings in, Sea Base is not responsible for any damaged or lost items.



### **Lunch/Snack Info:**

- If staying a full day, lunch must be provided from home. NSB will not be serving any lunches or snacks. Refrain from bringing food items that need to be refrigerated or heated up.
- Lunch supervision will be provided for youth in designated areas and will be supervised by staff.

## **Drop Off & Pick Up**

- Parking procedures will allow for parents to park in the lot and drop off their child for class, parents may also come onto property to greet staff on the lawn. Parents may park at pick up, and walk to the lawn, as instructors will bring children back to the lawn for pick up.
- Please also refrain from arriving late to class. Late arrivals cause the teacher to repeat
  instructions several times which could lead to some children falling behind with projects. Also,
  many classes leave the facility on boat and launch, making late arrivals very difficult if not
  impossible to catch your child up with the class.

Thanks again for your participation at the Newport Sea Base. Have a GREAT class!