

## WELCOME TO NEWPORT SEA BASE'S

# SUP (Stand Up Paddle Board) CLASS!



**Thank you for your class registration. We're excited to have you aboard!**

***ALERT: Due to the Covid-19 pandemic we are taking special precautions to ensure the safety of our staff and campers this year. Please be aware that all campers will be required to wear a face mask while on property and must have a backup ready (bring 2 masks). Campers are asked to keep at a safe distance from individuals at all times and will need to bring their own refillable water bottles to camp (we have a refillable station on site). All of our camp staff will be wearing masks and ensuring that campers follow safety measures and protocols. When you arrive our staff will help guide you through our security checkpoints from the comfort of your car. You will be asked to stay in your vehicle for pick up and drop off and we will not have spots for parking. All campers will receive a temperature and health screening before being allowed to enter camp. After the health screening campers will join their counselor and group. We know this is a difficult time and appreciate your help and cooperation. Please also be advised that our office will remain closed to the public. We will however have office staff ready to answer your questions by phone or email. For immediate assistance please call our office line at (949) 642-5031.***

### **Course Description:**

- Children will not be required to wear face masks on the water while exercising. Face masks will be required when arriving at the facility and in the classroom/lawn for the class intro, basic training/skills demo, and safety briefing before launching from our docks.
- 1 stand up paddle board per person. You may sit down and paddle if you feel more comfortable doing so.
- A trained and certified instructor will be assisting you and chaperoning your group around the harbor either following your lead or leading your group for the duration of your event.

- No swim check required for this 3 hour event; all participants will be wearing life jackets. You may bring your own life jacket if you do not feel comfortable wearing a NSB life jacket from our rack. All life jackets are cleaned and disinfected after every use.
- Life vests **MUST** be worn on docks and boats! Bring sun block and a towel. Snacks, hats, and a change of clothes are recommended.
- Participants **MUST WEAR CLOSED TOED SHOES AT ALL TIME**. No sandals, Crocs, or roller shoes are permitted. Shoes will get **WET**, so water shoes are suggested but not required. Please don't wear your nice tennis shoes or shoes that will have a hard time drying off etc.
- Electronics and other valued items should be left at **HOME**.
- Participants have cubbies to put their personal belongings in; Sea Base is not responsible for any damaged or lost items.
- Children should label all personal belongings.

**Note:** Orange County Council, Boy Scouts is dedicated to the safety of all youth and adults who participate in our programs. Consequently, participants must be able to repeat back, in their own words, an accurate understanding of all safety instructions. Participants who are unable or unwilling to do so, may not be eligible to participate. (Participants who are working on their English language skills can decide to bring an interpreter but may still not be eligible to participate.)

**Thanks again for your participation at the Newport Sea Base. Have a GREAT class!**

**NEWPORT SEA BASE STAFF**

[www.newportseabase.org](http://www.newportseabase.org)