

## **Hello NSB Parents (Fall Aquatics & STEM Camp - Mon Wed),**

Thank you for signing up for Newport Sea Base's - Aquatics & S.T.E.M. Camp! Be prepared for a FUN line up of marine science, STEM in sailing, and new adventures in sailing/paddle sports!

Activities are subject to change due to potential inclement weather conditions including wind and rain. With the sailing component, we will be mainly using our small boat fleet utilizing our RS Tera and RS Quest sailboats. Paddle sports will also be included with kayaks and stand up paddle boards. Your kids are going to have a blast with these activities and special events!

### **Below are contact numbers and general info items to reference as needed:**

- PM Sailing/Aquatics Assist. Program Director – Derek Taylor, [derekt@newportseabase.org](mailto:derekt@newportseabase.org)
- NSB Program Director – Jack T. Nguyen, [jack@newportseabase.org](mailto:jack@newportseabase.org)
- Website: [www.newportseabase.org](http://www.newportseabase.org)
- Phone: (949) 642-5031
- Address: 1931 West Coast Highway, Newport Beach, CA 92663
- Class Time: 2-5pm
- Parking: Drive thru check in and pick up only (Covid measure)

### **General Required Items:**

- Non-perishable lunch (if staying full day), snacks
- Swimsuit (for first day swim check and any days following where swim days are designated)
- Recommended daily clothing line up: Wear water clothes coming into NSB that way you don't have to change into your water clothes when the PM water activities start. Most water clothes are comfortable enough during the morning to wear for the entire day. (Children can opt to wear "normal" clothes during the morning and change at the end of lunch to be ready for water activities.) Pack your child with back up dry clothes with socks and shoes to wear potentially at the end of the day when leaving program. This allows your child to warm up at the end of the day and also allows for them to be dry while driving home in your car; you're welcome! 😊
- Towel
- Sunscreen
- Drinking water, refillable water bottle (NSB has a refillable bottle station; regular fountains closed temporarily)
- Closed-toed shoes (water shoes also for the wet activities, the type that have grip on the bottom and no extra openings on the top; cost effective types at the store range between \$10-\$15 a pair)
- Hat for paddle sport days

### **Covid Safety Measures:**

- Due to the Covid-19 pandemic we are taking special precautions to ensure the safety of our staff and children this year. Please be aware that all children will be required to wear a face mask while on property and must have a backup ready (bring 2 masks). Please also pack a Ziploc bag to keep masks dry when doing water activities. Children are asked to keep at a safe distance from individuals at all times. All of our camp staff will be wearing masks and ensuring that campers follow safety measures and protocols. When you arrive our staff will help guide you through our security checkpoints from the comfort of your car. Parents will be asked to stay in their vehicle for drop off and pick up; we will not have spots for parking. All campers will receive a temperature and health screening before being allowed to exit the car and enter camp. After the health screening campers will join their counselor and group on the lawn in front of the NSB parking lot. We know this is a difficult time and appreciate your help and cooperation. Please also be advised that our office will remain closed to the public until further notice. We will however have office staff ready to answer your questions by phone or email. For immediate assistance please call our office line at (949) 642-5031.

- Face masks are required for the time being per CDC regulations and Governor mandate. There isn't one style of mask that is required for youth development programs thus parents will need to make the best choice for their child in terms of mask comfort and safety. We also ask that the second mask (backup) be placed in a Ziplock bag with their name on it. We will potentially bring their mask in the provided Ziplock bag with the instructor to the beach and be able to hand the child back their bag back without having to touch their mask directly. This will allow your child to have a clean mask transported to a destination like the beach and will allow our instructors to handle your child's mask with care while your child is sailing/paddling. The beach will allow for water/splash play without the mask (regulation could change) however if there are other groups at the beach nearby then children will need to wear their mask during this water play time.
- **Sailing & Paddle Sports Guidelines:** 1 child per boat/paddle craft. Siblings and children who are in the same "bubble/carpool" already will be grouped together in boats to allow for teamwork. Since water sports are considered exercise, face masks are not required when preparing to launch their boat and also on the water. When children return to the docks in their boat they will need to social distance while putting away their boats, then when returning to the class, they must put their mask back on. Anytime a child is not wearing a mask, it is required that they stay 6 ft of distance away from the next person.
- While on breaks for snack, water, or lunch, children may take their masks off so long as they maintain 6 ft distance from the next child who is outside of their "bubble." At NSB, we want our children to feel comfortable and to get as much fresh air as possible throughout the day despite the regulations on youth programs.
- Classrooms will have doors and windows open to allow for maximum ventilation and air flow
- Staff will be cleaning items that are shareable in between usage and will also be regularly cleaning high-touch surfaces such as tables, handrails, restrooms, sailboats, and more.
- Other classes and groups will be on site at the same time of child's group, staff will ensure that your child's group is not mixing in with another group on site (Concentric Circles Method). Students must always be with the instructor at all times for general safety.
- Life jackets will be provided per child and kept at their seat daily at the end of the day. Sharing of life jackets will not be permitted. A child has the option also of bringing their own life jacket, Type 3.

### Reminders/Additional Notes:

- Swim check will be facilitated on the first day of class. **Children must pass the swim check to participate.**
- For the swim check, children will swim 4 laps (100 yds.) inside our dock area and then float for approximately 10 seconds. Children who either cannot or refuse to pass the swim check will not be allowed to continue with the camp. However, our staff will make all efforts to help the campers successfully complete the swim check. Mastery of swim strokes is not necessary and note that the swim check is not timed; the goal is comfortable completion and not speed.
- Please pick up on time, if arriving late for pick up please call the NSB office.
- Wetsuits and goggles are permitted but not provided.
- Children are not permitted to leave the Sea Base without a parent/guardian.
- Children **MUST WEAR CLOSED TOED SHOES AT ALL TIME.** No sandals, Crocs, or roller shoes are permitted. Shoes will get WET, so water shoes are suggested but not required.
- Electronics and other valued items should be left at HOME.
- Children have cubbies to put their personal belongings in; Sea Base is not responsible for any damaged or lost items.
- Children should label all personal belongings.
- Please refrain from arriving late to class. Late arrivals cause the teacher to repeat instructions several times which could lead to some children falling behind with projects. Thank you in advance for your help.
- Please call the office in advance if your child is arriving late or will be absent for the day.
- NSB is a peanut free facility

Please let me know if you have any questions. If you'd like to chat in person as well, our staff are available briefly during the drive thru drop off and pick up. More in depth conversations will need to be conducted over the phone or email. Thanks for your enrollment and support of our programs at NSB!