

IOLS Participant Packing List

Camping Gear

- Tent
- Sleeping bag
- Sleeping pad
- Pillow
- Camp chair
- Headlamp or flashlight
- Lantern (optional)

Clothes

- BSA Field shirt
- Camp shirt
- Camp pants
- Undergarments
- Socks
- Shoes - close toed
- Jacket
- Warm hat/beanie
- Gloves (optional)
- Rain gear jacket + pants

Personal

- Toothbrush
- Toothpaste
- Hand towel
- Medications (if needed)

Ten Essentials

- Pocket knife
- Compass
- Match/firestarter
- Sun protection - hat, sunscreen
- Sun glasses (if desired)

Mess Kit

- Plate
- Spoon
- Knife
- Fork
- Cup/mug (optional for hot drinks)

Day Pack

- Water bottle
- Notebook
- Pen or pencil
- Watch (optional)

Medical Forms

- Form A
- Form B

We will be moving from place to place. A lightweight camp chair is nice to take with you to sit.

We will be wearing BSA Field uniforms for parts of the day. At other times we will be changing into activity shirts.

You will be cooking and eating as part of a Patrol. You should have an appropriate mess kit for meals.

Don't forget the water bottle.

This is an overnight stay. Be mindful of overpacking. A single change of clothes is appropriate. Temperatures may drop at night so plan accordingly and dress warm.