# Troop Program Guide



January 9-11, 2026 EL Dorado Park, Long Beach



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### Welcome to Webelos Woods and AOL Adventure!

Arrow of Light (AOL) Adventure and Webelos Woods is an outdoor adventure designed to engage Arrow of Light and Webelos scouts in fun and useful scout skills that will prepare them to bridge into a Scout Troop. Webelos Woods and AOL Adventure is the perfect opportunity for Troops to support Cub scouts and their parents as they prepare to bridge into Scouts. It is also an excellent opportunity for Troops to present leadership and outdoor skills, and to use the Explain, Demonstrate, Guide, Enable (EDGE) method.

This event is an overnight camping experience for AOL Scouts (5th grade) and a Saturday event for Webelos. This is not an overnight event for Webelos.

# What to expect at AOL Adventure and Webelos Woods

At Arrow of Light (AOL) Adventure and Webelos Woods, Troops will be hosting adventure stations related to Webelos and AOL rank adventures. Webelos and AOL Scouts will be given passports that detail the adventures they will complete at each station. Troops will run a skill station (aka Adventure Station) and Cub Scouts will rotate through each Adventure Station during the morning and afternoon 'Adventure Sessions.' Troops can showcase their scout skills, EDGE method and have some fun teaching the Cubs some cool scout skills. There will be 11 different Adventure Stations for Troops to sign up for. See TROOP ADVENTURES below for available adventures.

The goal of Webelos Woods and AOL Adventure is to engage Webelos & Arrow of Light Scouts in an outdoor adventure in an effort to prepare them, and their parents, to bridge into a Scout Troop.

# Webelos Woods and AOL Adventure Team & Contact Information

If there are any issues over the weekend, please come to Headquarters and see one of the following people for assistance.

| AOL Woods Program Director      | Council Representative         | District Representative |
|---------------------------------|--------------------------------|-------------------------|
| Kathy Glynn                     | Hannibol Sullivan              | Sheila Stewart          |
| 310-283-4374                    | Hannibol.Sullivan@scouting.org | 310-502-1858            |
| -pacificawebeloswoods@gmail.com |                                | sheandjc@yahoo.com      |

# Guide to Safe Scouting

All participants in official Scouting activities should become familiar with the Guide to Safe Scouting and applicable program literature or manuals and be aware of state or local government regulations that supersede Scouting America's practices, policies, and guidelines. The guidelines, policies and rules presented in this Leader's Guide are based on the Guide to Safe Scouting. Narrative from the guide has been summarized for inclusion in this guide. For the complete narrative, please reference the Guide to Safe Scouting at the following location:

Guide to Safe Scouting

# SAFE Project Tool Use

The safety of our Scouts, volunteers, employees, and communities is our top priority. This document outlines several minimum guiding protocols that adult leaders and other volunteers must consider for Scouting service projects that include the use of tools. The following link will take you to the guidelines and provide links to other resources.

SAFE Project Tool Use

# Accessibility

Units shall identify accessibility needs for Scouts and Scouters immediately after registering, but prior to the registration deadline to allow for maximum accommodation by emailing the Camporee Chair. Unfortunately, not all requests can be fulfilled. If you have any questions or concerns, please contact the Pacifica Webelos Woods Chair (pacificawebeloswoods@gmail.com.)

## Weather

Webelos Woods AOL Adventure will not be called off due to weather unless there is extreme weather expected. Weather can change quickly, check weather reports before you depart and plan for applicable weather.

# **Registration Details**

EACH TROOP MUST REGISTER PRIOR TO THIS EVENT USING BLACK PUG. PLEASE INDICATE WHICH ADVENTURE YOU'LL BE DOING WHEN YOU REGISTER.

Webelos Woods and AOL Adventure Fees:

| Troop - Scouts-camp        | \$ 15.00  | Camp fee, patch, troops cook own meals |
|----------------------------|-----------|--|
| Troop adult-camp           | \$ 15.00  | Camp fee, patch, troops cook own meals |
| Troop Scout- Saturday only | No Charge |  |
| Troop Adult -Saturday only | No Charge |  |

\$8 - Parking Fee (paid directly at El Dorado Park)

Registration opens October 1, 2025 and closes on Friday, January 2, 2026.

Camperships are available for participants who need them. Contact Sheila Stewart at <a href="mailto:sheandic@yahoo.com">sheandic@yahoo.com</a>

# Meals and Cooking

Troops are responsible for cooking their own food.

# **Troop Adventure Stations**

The following is a list of the adventures that will be offered at AOL Adventure and Webelos Woods that Troops can sign-up to run. These adventures specifically address an activity in the AOL or Webelos program. Each Troop can sign up for one activity. Please read the description of the activity so you understand the objective and goals of the adventure and can plan accordingly. *Troops can sign up for the adventure they want to lead when they register in Black Pug. Sign-ups are on a first-come first-assigned basis.* Links are included for the AOL and Webelos adventures for your reference (no need to reinvent the wheel!)

AOL and Webelos scouts will have an Adventure Booklet (a Cub version of a blue card) and each Troop will stamp the activities they cover in the individual Adventure Book. Assign someone at your Adventure to complete the "sign off". Remember, the Cub Scout Motto is "Do Your Best." Sign off the cubs regardless of proficiency.

### The Adventure Stations are:

| WEBELOS ADVENTURE  | AOL ADVENTURE  |
|--|--|
| Webelos Walkabout - Done in conjunction with Math on the Trail using the 2. 1 mile trail around El Dorado East. # 1 gather Cub Scout six essentials and weather appropriate clothing and shoes #2 Plan a 2 mile route #3 Check the weather forecast # 5 Demonstrate first aid for blister, sprained ankle, sunburn, dehydration and heat related illness #6 go on a 2 mile hike (done in conjunction with Math on the Trail)                                     | Fishing requirements 4, 5 & 7.  #2 Use Scouting America's SAFE Checklist to plan what you need for your fishing experience.  #4 Make a list of the equipment and materials you will need to fish.  #5 Determine the best type of knot to tie your hook to your line and tie it.  |
| Math on the Trail - two 40 minute sessions. Utilize the 2.1 mile trail around El Dorado East. Session 1 #1 Determine your walking pace by walking ½ mile. Make a projection on how long it would take you to walk 2 miles. #3 Make a projection on how long it would take you to hike a 20-mile trail over two days. List all the factors to consider for your projection. Session 2: #2 Walk 2 miles and record the time it took you to complete the two miles. | Outdoor Adventurer #1 - Learn about the Scout Basic Essentials. #4 - Locate the campsite on a map. #5 - With your patrol or a Scouts BSA troop, participate in a campout. #6 - Upon arrival at the campout, determine where to set up your campsite: kitchen, eating area, tents, and firepit. Help the patrol set up the patrol gear before setting up your own tent. We will be setting up a camp as part of one of our sessions. Have your Scouts set up their own tents at your site. #7 - Explain how to keep food safe and the kitchen area sanitary at the campsite. Demonstrate your knowledge during the campout. |

<u>First Aid</u> Both Webelos and Arrow of Light Scouts will have First Aid sessions. First Aid is an essential skill that is good to review annually.

- #2 Explain what you should do if you encounter someone in need of first aid.
- #4 Demonstrate how to help a choking victim.
- #5 Demonstrate how to treat shock.
- #6 Demonstrate how to treat the following: cuts and scratches, burns and scalds, bites and stings of insects and animals, and nosebleeds.

### Chef's Knife

- #1 Read, understand, and promise to follow the "Cub Scout Knife Safety Rules."
- #2 Demonstrate the knife safety circle.
- #3 Demonstrate that you know how to care for and use a kitchen knife safely.
- #4 Choose the correct cooking knife and

Knife Safety requirements 1, 2, 3

(sharpening) and 4 (marshmallow stick)

- #1 Read, understand, and promise to follow the "Cub Scout Knife Safety Rules."
- #2 Demonstrate the knife safety circle.
- #3 Demonstrate that you know how to care for and use a knife safely.

| demonstrate how to properly slice, dice, and mince | #4 - Demonstrate the proper use of a pocketknife to make a useful object on a campout (marshmallow stick for campfire Saturday night). #5 - Choose the correct cooking knife and demonstrate how to properly slice, chop, and mince.   |
|--|--|
|  | High Tech Outdoors requirements 1-4. #1 With an adult, use a weather app or website to see the forecast for an outdoor activity and discuss any preparation needed to accommodate the weather. #2 With an adult, find a knot-tying app. Select one knot to learn, and tie it using the app. #3 Discuss how technology has improved camping gear. #4 Think of a way technology can improve camping gear used on one of your outdoor activities. |

<u>Let's Camp</u> - Both Webelos and Arrow of Light Scouts will have sessions for knots and fire building (Webelos Let's Camp). These are skills that are worth reviewing.

- #3 Set up your tent without help from an adult.
- #5 Show how to tie a bowline. Explain when this knot should be used and why.
- #6 Know the fire safety rules.
- #7 Using those rules, locate a safe area to build a campfire. Using tinder, kindling, and fuel wood, properly build a teepee fire lay. If circumstances permit, and there is no local restriction on fires, show how to safely light the fire while under adult supervision. After allowing the fire to burn safely, extinguish the flames with minimal impact to the fire site.
- #8 Recite the Outdoor Code and Leave No Trace Principles for Kids from memory.

TROOPS, Please register and sign up for an adventure station early, so planning can proceed smoothly. Sign-ups for the adventure stations are done through Black Pug, when you register, and are first come first assigned.

### Check in Procedure

At Check-in, Medical forms A & B will be checked. (please double check dates on your medical forms. Medical forms must be dated no later than 1/11/2026. Permission to Transport forms and Troop Roster will be collected. All attendees will receive a wristband and will need to wear

it for the duration of the event. The final schedule and maps will be posted throughout camp. Patrol Guides will have a copy as well. The entrance gate at El Dorado Park closes at 5pm on January 9, 2026. Troops need to arrive by 4:30. If you are not able to arrive by 4:30, early Saturday morning check in will be an option.

### **Check Out Procedure**

Once your Troops campsite is clean and ready for check out, send a Scout to HQ to let us know. We will send a staff over to do a once-over and hand back your forms, collect your survey and hand out your patches. Campsites are expected to be free of trash and gear during check out. All trash can go in bins by the campsite. Fire pits are expected to be cool to the touch and with coals placed in the coals bin located by the lake.

# Webelos Woods and AOL Adventure Jan. 2026 Schedule (Subject to change)

|                    | Time            | Activity  | Notes   |
|--------------------|-----------------|---|---|
| FRIDAY<br>SCHEUDLE | 3:00-4:30 PM    | Optional Check-in and camp Set up for AOL Scouts & Troops. Staff set up | Gate closes at 5pm so scouts need to arrive before 4:30 |
| January 9,         | 5:30-6:30 PM    | Dinner  |   |
| 2026               | 7:00-8:00 PM    | Camp Meeting  | For Troops and staff                                    |
|                    | 8:00 - 10:00 PM | Scouts on their own- campfire etc                                       |   |
|                    | 10:00 PM        | Lights out  |   |

|                      | Time             | Activity                          | AOL                 | WEBELOS       |
|----------------------|------------------|-----------------------------------|---------------------|---------------|
| SATURDAY<br>SCHEDULE | 7:30 - 8:15 AM   | Breakfast                         |                     |               |
| January 10,          | 8:00 - 10:00 AM  | Check in for Webelos (and others) |                     |               |
| 2026                 | 10:30 - 10:40 AM | Opening Flags                     | Opening flags       | Opening flags |
| Sunrise approx       | 10:45 - 11:25 AM | Session 1                         | High Tech Adventure | Let's Camp    |
| 6:59am,              | 11:30 - 12:10 PM | Session 2                         | Let's Camp          | First Aid     |
| Sunset               | 12:15 - 1:15 PM  | Lunch                             | lunch               | lunch         |

| approx 5:03          | 1:20 - 2:00 PM                | Session 3   | First Aid                            | Chef's Knife            |  |
|----------------------|-------------------------------|---|--------------------------------------|-------------------------|--|
| pm 2:05 - 2:45 PM    |                               | Session 4 Knife Safety  |                                      | Webelos Walkabout       |  |
|                      | 2:50 - 3:30 PM                | Session 5   | Fishing                              | Math on the Trail       |  |
|                      | 3:35 - 4:15 PM                | Session 6   | Outdoor Adventure                    | Math on the trail       |  |
|                      | 4:20 - 5:20 PM                | Troop Visits  | Troop Visit                          | Troop Visit             |  |
|                      | 5:25 - 6:25 PM                | Dinner  | Dinner                               | Dinner                  |  |
|                      | 6:30 - 6:40 PM                | Closing Flag  | Closing Flag                         | Closing Flag            |  |
|                      | 6:40 - 7:00 PM                | Webelos Depart  |                                      | Webelos Depart          |  |
|                      | 7:00 - 9:30 PM                | Campfire Program & Cracker<br>Barrel  | Campfire and Cracker barrel          |                         |  |
|                      | 10:00 PM                      | Lights Out  |                                      |                         |  |
| PARENT'S<br>SATURDAY | 1:20 - 2:00 PM<br>AOL Parents | AOL to Scouting America Transition- learn about the differences between Cub scouts and Troops. What to expect and when to plan for bridging to a troop. |                                      |                         |  |
| SCHEDULE             | 1:20 - 2:00 PM<br>Webelos     | Webelos to AOL transition - learn how best to plan your AOL calendar for timely bridging to Troops.   |                                      |                         |  |
|                      | 2:50 - 3:30 PM                | Gear Expo - when to be thrifty and what you sho   |                                      | save up for and buy new |  |
|                      |                               |   |                                      |                         |  |
| Sunday<br>Schedule   | 7:30-7:40 AM                  | Opening Flags   |                                      |                         |  |
| January 11,<br>2026  | 7:45- 8:45 AM                 | Breakfast and breakdown camp  |                                      |                         |  |
| Sunrise              | 9:00 - 9:30 AM                | Interfaith Service  |                                      |                         |  |
| approx<br>6:59am     | 10:00 - 10:40 AM              | Closing Flags, Awards, Survey   |                                      |                         |  |
|                      | 10:40 -noon                   | Checkout and departure  | Optional AOL Champions for Nature #6 |                         |  |
|                      |                               |   |                                      |                         |  |

<sup>\*</sup>A one page schedule will be available upon check in.

# **Campfire Program**

There will be a camp-wide campfire on Saturday evening that will feature a variety of songs, skits and cheers performed by each AOL den patrol, scout troops and staff. Troop members are **expected** to prepare a 'run on' or a short skit. Cub patrols will be performing a skit, so please keep your run-on or skit short. Troops will need to sign up by 2pm Saturday with the

campfire leads. The sign up sheet will be available at the headquarters table. Please refer to Scouting America's 'Ceremonies and Campfire Guidance' for acceptable skit content.

# What to pack?

| Individual  Small Day pack with Scout 10 essentials Class A Uniform- to be worn during Flag Ceremony, dinner and campfire Class B Uniform - can be worn Saturday Shorts/Pants x2 Underwear x2 Socks x2 Outdoor Shoes - closed toe Pajamas Insect Repellent Spending Money - OA Trading Post Toothbrush Toothpaste Deodorant Bedding Sleeping Bag Pillow Ground Pad Tent (work with your Troop if you do not have one) Camp Chair | Troop Supplies  Flyers (customizable template available here)  Posters to show off your Troop  Form to collect interested family information  Brief FAQ about your troop ie: types of activities, sources of fundraising, meeting place/time/frequency, religious affiliation or not, if they have merit badge counselors for eagle required badges. if you're sister/brother troops  Supplies for your Adventure Station  Table  Canopy  Other supplies specific to your Adventure station.  Equipment for your Meals Overnight Equipment Campfire Supplies |
|--|--|
| Forms - Medical Form A & B Parental Commitment to Transport form   | Leave the Following Items at Home: Toys - Large, fixed blade knives - Fireworks - Firearms & Ammunition - Drugs & controlled substances  |

# Camp Policies and Procedures

### General Reminders:

- Participants are to follow the Scout Oath and Law at all times!
- · Always use the Buddy System.
- Scouts and Leaders are expected to follow the Outdoor Code, and Leave No Trace guidelines will apply at all times please help us leave the park better than we found it!
- Quiet time is from 10:00 P.M. to 6:00 A.M. Lights out at 10:00 P.M.
- A camp medic will be on site throughout the duration of the event.
- Park gates open at 7:00 am and close at 5pm. No admission to park after the gates close cars may exit at any time via the Wardlow Rd gate.

No parking on the Road, this reserved for STAFF ONLY. Attendees vehicles must be parked in the main parking lot. Back into parking spots.

- Admission: \$8 per car Credit Card only carpooling recommended. (Remember to have your parking receipts stamped so it's valid for both days)
- Check-in Friday evening will be located by the main parking lot. Check-in Saturday morning will be near the Pavilion at headquarters.
- Campsites will need to be clean, packed up, and inspected Sunday by 10:40 Sunday
- Any prescription and non-prescription medications should be in the original container and in the possession of a parent or the camp health office.
- Enjoy the Trading Post with all its available Scout items and goodies.
- The uniform for this event is both Class A and Class B. Class A will be worn for all flag ceremonies, dinner, interfaith worship and campfire program. Class B uniforms can be worn during the stations on Saturday.
- Garbage should all be placed in the appropriate barrels; the staff will remove the trash.
- Smoking and vaping is forbidden for scouts, highly discouraged for adults and is only permitted in the parking lot, out of the sight of the Cub Scouts.

### Wildlife Guidelines

- El Dorado Park is home to a variety of wildlife including squirrels, skunks and waterfowl.
- Participants are not to chase or bother any of the wildlife found in the camp area.
- Unusual animal sightings are to be reported immediately to Event HQ.

• Please discourage critters by NOT storing food items in your tent – lock them in your car.

### Fires

- Ground fires are permitted in designated fire pits.
- Charcoal for cooking can be used in an elevated container.
- All fires must be properly supervised and completely extinguished after use ("COLD OUT" you should be able to touch the ash without feeling any heat).
- Bring a water bucket for extinguishing the fire and a shovel to take the ash to a nearby ash bin.

### Water

- Water is a limited resource in camp.
- Water fountains are available at the public restrooms and near campsites A and H, and there is a standpipe at campsites C and E.
- Campers may wish to supplement by bringing their own water carriers for their own convenience. (In keeping with Leave No Trace, refillable water bottles are preferred over bottled water)
- •. Do not pour dishwater in the sinks, toilets, lake or fire pits. Utilize a food strainer and gray water bucket to strain your dishwater and food. Filtered food waste can be thrown in the trash. Mildly dirty dishwater can be scattered over a wide area of grass to the east (freeway side) of the bike path.

### Restrooms / Hygiene

- There will be separate restroom facilities for adults and youth, as per Scouting America Youth Protection policy, and these will be clearly marked.
- Adults may use the existing public facilities once they confirm no youth are present.
- Youth need to use the portable facilities. Do not bring youth into the adult restrooms!
- Handwashing stations at the portable facilities can run out of water quickly, use sparingly.
- Teeth cleaning and personal hygiene matters need to be taken care of at the campsites spit into trash can or fire pit, not the ground or near the standpipes
- Hand sanitizer will be provided at the portables and Event HQ.
- Porta-Potty Etiquette

- close the door softly so it does not bang especially at night
- close the toilet lid to keep the smell down
- NEVER use the potty as a trash can—only dispose of toilet paper.
- There are no public showers.

# **Event Headquarters**

- HQ will be at the Pavilion at the south end of the campsite area. Staff will be able to assist you with First Aid, Lost and Found, schedules, coffee (for adults) and any other questions.
- In case of night-time emergencies, staff will be camping on the south side of the campground by Areas A and B (between the pavilion and Horseshoe Lake).

# Safety

- All participants will be given a wristband and will be expected to wear it the whole weekend. Any one we see in our campground without a wristband will be asked to leave for youth safety.
- Stay within the Youth Campground area bounded by road to west, parking lot to north, bike path to east and lake to south.
- All Scouts of any age should walk everywhere with a buddy, never alone.
- Troops are permitted to approach the lake with permission from their SPL and/or unit leader. The buddy system must be strictly observed. Cub Scouts are not permitted to approach the lake without a parent. The lake is not part of our event except for the fishing derby on Sunday.

# **Emergency Evacuation Route**

• In the event of an Emergency where we need to evacuate - everyone will exit via Wardlow Gate and rally at the Long Beach Fire Dept Station 5 located at 7575 E Wardlow Rd, Long Beach, CA 90808.

# Exit and Re-entry

- Notify the staff prior to leaving the campground
- If you did not get your park entry ticket stamped on arrival, tell the park attendant that you are staying at the Youth Campground this weekend and ask them to stamp your pass so that you will not be charged again when you re-enter the park.
- If you leave the park after it closes at dusk, you will not be able to return. The park will re-open at 7:00 A.M



| AOL ADVENTURES-WEBELOS WOODS CHECK IN ROSTER FOR |       |          |                     |             |        |           |        |        |
|--|-------|----------|---------------------|-------------|--------|-----------|--------|--------|
| CAMPERS ONLY. NOT NEEDED FOR DAY USE             |       |          | Administration only |             |        |           |        |        |
| UN   | 11T V | IO       |                     |             | Campin | g Spot: _ |        |        |
|  |       | IASTER:  |                     |             |        | Page _    | of     |        |
|  |       | # Adults |                     |             | _ # Sc | couts     |        |        |
|  |       |          |                     |             | FRII   | DAY       | SATU   | RDAY   |
| #  | A/Y   | Name     | A & B               | Perm. to TX | ARRIVE | DEPART    | ARRIVE | DEPART |
| 1  |       |          |                     |             |        |           |        |        |
| 2  |       |          |                     |             |        |           |        |        |
| 3  |       |          |                     |             |        |           |        |        |
| 4  |       |          |                     |             |        |           |        |        |
| 5  |       |          |                     |             |        |           |        |        |
| 6  |       |          |                     |             |        |           |        |        |
| 7  |       |          |                     |             |        |           |        |        |
| 8  |       |          |                     |             |        |           |        |        |
| 9  |       |          |                     |             |        |           |        |        |
| 10   |       |          |                     |             |        |           |        |        |
| 11   |       |          |                     |             |        |           |        |        |
| 12   |       |          |                     |             |        |           |        |        |
| 13   |       |          |                     |             |        |           |        |        |

# Parental Commitment to Transport

To be completed and submitted to camp upon arrival.

This form is not required if the Scout is licensed and has driven their own vehicle to camp.

I understand that any time during my child's stay at any Unit/Post/Meeting/Activity I may be called on to transport my camper (youth or adult) from camp for medical reasons. I commit to being available for the duration of the session by phone should I need to be contacted by the camp management team. Furthermore, upon consultation with the camp management team I agree to pick up my participant within 2 hours of being contacted, but no later than by the scheduled end of the event. I will also provide a second level contact to be prepared for unforeseen circumstances.

| Participant Name                    | Unit Type & Number             |
|-------------------------------------|--------------------------------|
| Parent/Guardian Name                | Parent/Guardian Mobile Phone # |
| Parent/Guardian Signature           | # Date                         |
| Primary Contact Name During Event   | Mobile Phone #                 |
| Secondary Contact Name During Event | Mobile Phone #                 |