



There will be a mandatory zoom meeting before each ride to review the requirements and details.

Participation in the ride requires the following:

- Reliable/inspected bicycle (no single speed BMX type bikes for long rides, 25-50)
- Each rider must carry an extra inner tube
- Helmets are mandatory for all riders
- Carry water and snacks (500+ calories)
- Riding gloves recommended
- Each Scout must carry a first aid kit (focus on abrasions), emergency repair kit, means of tire inflation, and copies of route and maps
- Each Troop must have an adult driver on call in case pick up is required along the route
- Class B shirts for Scouts. Cycling or other appropriate (non-BSA) shorts and shoes acceptable
- Adult riders must be able to keep up with the Scouts. The group will not wait for you so train hard.

Pacifica District Torrance Beach Path

25 Mile Bike Ride

Saturday, March 22nd, 7:30 am

Saturday, May 3rd, 7:30 am

(weather permitting)

This event is \$10

Make sure to train & practice!

25-mile riders should have recently ridden 10+ miles. Recent cycling experience **HIGHLY** recommended



Register at [Greater Los Angeles Area Council - Pacifica's 25 Mile Bike Ride \(scoutingevent.com\)](https://scoutingevent.com).

Cost includes lunch. Equipment will be inspected prior to the ride. If not safe, you will not be allowed to ride. For information contact Sheila A Stewart at sheandjc@yahoo.com